ALL THE BEST BANK HOLIDAY TV

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24-30 MAY 2025

TV & Satellite week

NEW

Walking with Dinosaurs

Jurassic giants stomp back after 25 years

NEW

DEPT. Q

Is this the new Slow Horses?

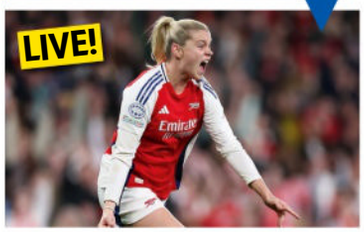
NEW

DEATH VALLEY

Timothy Spall's quirky murder mystery

HotList This week's 28

Saturday 24



Women's Champions League Final

FOOTBALL *TNT Sports 1 & DAZN, k-o 5pm*

While the Arsenal men fell at the semi-final stage, their female counterparts have made it to the final, where they take on Barcelona. *See Sport Week, page 28*

Doctor Who

SCI-FI *BBC 1, 6.50pm (times vary)*

The start of the two-part season finale finds the Doctor facing a terrible battle while Belinda is lost and Ruby is trapped, meaning the Unholy Trinity is able to rule supreme. Will the Doctor save the day?

The Last Anniversary

DRAMA *BBC 1, 9pm & 9.50pm (box set, BBC iPlayer)*

From the writer of *Nine Perfect Strangers* comes this six-parter about a woman who inherits a house on Scribbly Gum Island, a place with many secrets. *See feature, p6*

Liza: A Truly Terrific Absolutely True Story

PROFILE *BBC2, 9pm*

Liza Minnelli (above), the legendary film star and daughter of Judy Garland, opens up about living life in the spotlight as well as her issues with addiction.

■ Full listings start on **p35**

Sunday 25

French Open

TENNIS *TNT Sports & Discovery+, from 12.45pm*

Coverage of the opening day at Roland Garros in Paris, where the defending champs are Spain's Carlos Alcaraz and Poland's Iga Swiatek (above). Continues all week.

Premier League

FOOTBALL *Sky Sports & TNT Sports, k-os 4pm*

While Liverpool have already clinched the title, other top-flight teams may be waiting until the final whistle today to learn if they'll be playing in Europe next season. *See Sport Week, page 28*

Walking with Dinosaurs

FACTUAL *BBC 1, 6.25pm (box set, BBC iPlayer)*

More than 25 years since it debuted, this brand-new series transports us back in time, with state-of-the-art CGI bringing dinosaurs to life. *See feature, page 4*

Death Valley

COMEDY DRAMA *BBC 1, 8.15pm (box set, BBC iPlayer)*

Timothy Spall (above) stars as actor John Chapel, who made his name playing a TV detective, as he teams up with a police officer to solve real cases. *See feature, p8*

■ Full listings start on **p45**

Holiday Mon 26

Jamie Oliver Cooks: Georgia

COOKERY *C4, 7pm*

Starting in the Eastern European country's capital Tbilisi, the chef (above) explores a street market and is taught an innovative way of using herbs in traditional cookery, then heads east to visit a wine region.

Springwatch

NATURE *BBC2, 8pm*

The wildlife series marks its 20th anniversary with a new location for presenters Michaela Strachan and Chris Packham, while Iolo Williams is in Northern Ireland. Continues to Thursday. *See feature, page 12*

Jane Austen: Rise of a Genius

DOCUMENTARY *BBC2, 9pm (box set, iPlayer)*

In the year that marks 250 years since the birth of the writer (above), this series explores how her works reinvented the novel. *See Documentaries, page 21*

The Last of Us

SCI-FI *Sky Atlantic, 9pm*

Season 2 of the post-apocalyptic drama draws to a close tonight, and we'll find out if Ellie (Bella Ramsey, above) will get the opportunity to exact revenge over Abby (Kaitlyn Dever). *See feature, page 7*

■ Full listings start on **p55**

Tuesday 27

Bake Off: The Professionals

COOKERY *C4, 8pm*

As the popular show returns for its 10th series, contestants must re-create one of judge Cherish Finden's signature desserts and make a Showpiece involving a hidden Victoria sandwich.

Ellie Simmonds: Should I Have Children?

DOCUMENTARY *ITV 1, 9pm*

In an honest and revealing documentary, the former Paralympian swimmer talks to medical professionals about her decision of whether or not to have children.

Implosion: The Titanic Sub Disaster

DOCUMENTARY *BBC2, 9pm*

Looking into the incident of a submersible that imploded while descending to the wreck of the *Titanic* in June 2023, killing all five on board. *See Documentaries, p20*

Who Do You Think You Are?

FACTUAL *BBC 1, 9pm*

This week sees *First Dates* favourite Fred Sirieix (above) on an emotional journey back to France, where he discovers both heartbreak and a great love story in his family history.

■ Full listings start on **p65**

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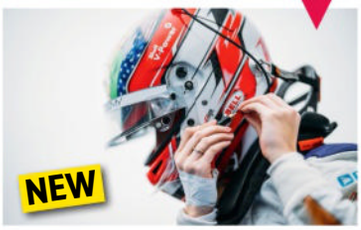
Wednesday 28



F1: The Academy

DOCUMENTARY Netflix

Docuseries following the all-female F1 Academy, where a rising generation of women are tearing up the track in one of the most male-dominated sports in the world. *See Your Watchlist, page 16*

Captain America: Brave New World

SUPERHERO DRAMA Disney+

After meeting with US President Thaddeus Ross (Harrison Ford), Captain America (Anthony Mackie) soon finds himself amid an international incident. *See review, p26*

Conference League Final

FOOTBALL TNT Sports 1 & Discovery+, kick-off 8pm

Chelsea take on Real Betis in Poland. The trophy was last brought back to England by West Ham in 2023. The final will be free to view on Discovery+. *See Sport Week, p28*

The Rise and Fall of Michelle Mone

DOCUMENTARY BBC2, 9pm (box set, BBC iPlayer)

A look at the story of how Baroness Michelle Mone (above) became caught up in a PPE scandal during the COVID pandemic.

■ Full listings start on **p75**

Thursday 29

Dept. Q

CRIME DRAMA Netflix

Matthew Goode (above) stars as an English cop who's tasked with heading up a new unit in Edinburgh investigating cold cases, to spin some positive light on the force. *See Your Watchlist, page 14*

The Better Sister

THRILLER Prime Video

Jessica Biel and Elizabeth Banks play estranged sisters Chloe and Nicky, who are forced together after Chloe's husband – who also happens to be Nicky's ex – is murdered. *See Your Watchlist, page 17*

England v West Indies: 1st ODI

CRICKET Sky Sports Main Event & Sky Sports Cricket, play starts 1pm

Today should see Harry Brook (above) leading England out at Edgbaston, having taken over from Jos Buttler as white-ball captain.

Britain Under the Nazis: The Forgotten Occupation

DOCUMENTARY C4, 8pm (box set, Channel 4 Streaming)

Re-examining the Nazi occupation of the Channel Islands, one of the most controversial periods in World War Two history.

■ Full listings start on **p85**

Friday 30

Bono: Stories of Surrender

DOCUMENTARY Apple TV+

A look at the one-man show by the U2 frontman (above). He regales us with stories about his life and those he loves, along with performances of the band's iconic songs. *See Your Watchlist, page 16*

Old Guy

ACTION COMEDY Sky Premiere, 12.35pm & 8pm

Christoph Waltz (above) plays an ageing contract killer assigned to train a young hitman in Northern Ireland – a mission that goes awry. *See review, page 23*

And Just like That...

COMEDY DRAMA Sky Comedy & Sky Showcase, 9pm

Carrie (Sarah Jessica Parker) returns for a third season of the *Sex and the City* spin-off, and change is in the air for the friends in New York. *See feature, page 11*

The Power of Parker

COMEDY BBC1, 9.30pm (box set, BBC iPlayer)

The hit comedy – set in Stockport in the 1990s – returns for Series 2. Martin Parker (Conleth Hill) is now at an all-time low. *See feature, page 12*

■ Full listings start on **p95**

24-30 MAY 2025

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More than 25 years after the groundbreaking series debuted, *Walking with Dinosaurs* returns

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Dinosaur planet

The acclaimed docuseries returns to shed fresh light on **the prehistoric world**

NEW FACTUAL

Walking with Dinosaurs

Sunday, 6.25pm, BBC1 (box set, BBC iPlayer)

In 1999, BBC1's groundbreaking show *Walking with Dinosaurs* transported viewers millions of years into the past to see how prehistoric creatures once roamed the Earth.

Now, over 25 years on, a six-part reimagining of the award-winning series, narrated by *Dalgliesh* actor Bertie Carvel, once again uses cutting-edge science and visual effects to get closer than ever before to a variety of dinosaurs.

This time, cameras also follow palaeontologists on digs as they unearth fossils and bones – with their findings then inspiring the imagined stories of six animals at the most dramatic moments of their lives.

'The original series was innovative – we had to push the boundaries again,' explains showrunner Kirsty Wilson. 'Advancements in visual effects [VFX] have taken it to the next level.'

Here, Wilson tells us about the incredible dinosaurs who are being brought back to life…

EPISODE ONE

THE ORPHAN – TRICERATOPS

The remains of a baby Triceratops are discovered in Montana, which was a subtropical forest 66 million years ago. Dubbed Clover, she is imagined as an orphan meeting an angry Infernodrakon, an older Triceratops and a Tyrannosaurus rex.

'People will fall in love with Clover and be surprised,' says Wilson. 'When she was found, scientists told us they'd located T-rex bones near her. So we show a prey dynamic as T-rex and Triceratops evolved in a battle to take each other on. Who'll come out on top?'

EPISODE TWO

THE RIVER DRAGON – SPINOSAURUS

Spinosaurus, which had two-metre sails on their backs, lived 100 million years ago. In the Sahara Desert in Morocco, then a river system, bones of one, named Sobek, are located and we follow him as he escorts his young on a perilous journey.

'We were inspired by a modern crocodilian called a gharial where the male has a role in raising babies,' reflects Wilson. 'Sobek takes his offspring to where there are sawskate fish to feed on. But they encounter other carnivores and environmental challenges.'

EPISODE THREE

THE BAND OF BROTHERS – GASTONIA

George was a young Gastonia – an Ankylosaurus with protective bony armour – and his remains have been discovered alongside others of his species in Utah. But 130 million years ago, a forest fire and Utahraptors prove threatening.

'Gastonia is the spikiest dinosaur to have lived,' shares Wilson. 'It's a coming-of-age story about ragtag youngsters banding together to protect themselves against the terrifying Utahraptor, which is the size of a grizzly bear.'

WORDS: CAREN CLARK. PHOTOS: ADOBE STOCK, BBC

Creating realistic water ripples

MAKING MONSTERS

How the prehistoric past was re-created...

The production crew spent three years painstakingly working on the hundreds of VFX shots of the dinosaurs we see on screen. Following meticulous scientific research, they sent briefs to the VFX artists, who then crafted the intricate anatomy of each creature. And to capture the environments each dinosaur lived in, filming took place across the globe.

'We wanted a sense of realism from our own natural world but we researched what the Cretaceous era looked like, and with every plant, we thought, "Would that be there?"' says Wilson. 'We filmed in Canada, the USA and Scotland. We were in the Azores for tropical scenes and we even shot in a forest in Slough!'

Palaeontologists unearth a bone

EPISODE FOUR

THE PACK – ALBERTOSAURUS

The Albertosaurus, which had fur-like feathers, lived 71 million years ago and could run up to speeds of 30mph. Remains of a group have been unearthed in Alberta, Canada, but for teenager Rose, problems arise during a hunt.

'An Albertosaurus is like a smaller T-rex,' reveals Wilson. 'We wanted to reflect the pack dynamics. Rose is a young adult and lower down the pecking order and when the migration of Edmontosaurus is delayed, the starving Albertosaurus turn on each other...'

EPISODE FIVE

THE JOURNEY NORTH – PACHYRHINOSAURUS

Some 73 million years ago, the Pachyrhinosaurus lived in herds of potentially thousands. Young Albie's bones are dug up in Alberta and he is shown joining a 400-mile migration. Meanwhile, predators and hostile weather bring danger.

'This dig is a bone bed with the remains of maybe 40,000 animals,' says Wilson. 'They would have undertaken annual migrations to summer feasting grounds. But Albie and his mother are followed by a carnivorous Gorgosaurus. And we see how the herd is wiped out.'

EPISODE SIX

ISLAND OF GIANTS – LUSOTITAN

Near Pombal, Portugal, the skeleton of a long-necked 40-tonne Lusotitan, which was alive 150 million years ago, has emerged and been named Old Grande. But as we see him try to attract a mate, he has a rival.

'This is the largest dinosaur found in Europe,' explains Wilson. 'People think, "Dinosaurs tear each other to shreds." But there's more complexity than that. We're telling the story of a love triangle and there's humour. And his search for love pulls at my heartstrings.'

Legacy of lies

The latest twisty tale from author **Liane Moriarty** comes to our screens

NEW DRAMA

The Last Anniversary

Saturday, 9pm & 9.50pm, BBC1 (box set, BBC iPlayer)

Nicole Kidman's collaborations with acclaimed author and fellow Australian Liane Moriarty have proved a match made in heaven. *Big Little Lies* won a raft of Emmys and Golden Globes, while *Nine Perfect Strangers* returns for its second season from Thursday 22 May. So expectations are high for the pair's latest project, *The Last Anniversary*.

This time, however, Kidman is only involved behind the scenes, as executive producer of the gripping six-parter, which was made by her own production company.

Opening with a double bill, the story follows Sophie Honeywell (Teresa Palmer), a journalist who is stuck at a crossroads in her life until a sudden twist of fate takes her in a whole new direction…

'Sophie's unlucky in love, desperately unhappy and is wanting to have a baby. She's riddled with insecurities – then she gets this big surprise,' reveals Palmer, 39, whose credits include *A Discovery of Witches* and *The Clearing*.

Sophie is stunned when her ex-boyfriend reveals his relative Connie (Angela Punch McGregor) has left her a house in her will.

'Sophie inherits this house, much to the dismay of many members of the family, who were all expecting to get the place for themselves,' reveals Palmer. 'Sophie wants a fresh start, so she jumps at the opportunity. However, she's not met with a lot of love.'

When Sophie arrives at the property on the picturesque Scribbly Gum Island, where three generations of Connie's family still live, she discovers the area is now something of a tourist attraction because of a long-standing mystery.

Decades earlier, Connie and her sister Rose (Miranda Richardson) were invited for dinner with local couple Alice and Jack Munro, only to arrive at their house to discover that the Munros had vanished without a trace – leaving behind their baby daughter.

Connie changes Sophie's life

MYSTERY

Taking her in, the sisters raised the girl as their own, and named her Enigma. Now, in the present day, Enigma (Helen Thomson) runs a tourist attraction about what happened to her parents all those years ago, bringing visitors and income to the island.

Meanwhile, as Sophie settles into her new home, she meets Callum, a former lover who is now married to Enigma's daughter, Grace, a new mum who is struggling with postpartum depression.

As Sophie resolves to solve the mystery of the Munros, she unearths a

WORDS: STEVEN PERKINS. VICTORIA WILSON. PHOTOS: BBC/IFC FILMS, GETTY, SKY, ADOBE STOCK

Three generations come together

disturbing chain of events that threatens to expose the island's darkest secrets…

COMPLEX

'The heart of this story is about family and the dysfunctional relationships between mothers and daughters, underpinned with this wild mystery,' says Palmer. 'There's so much to explore. Liane Moriarty's stories are always so intriguing. She is the queen of suspense and her twists keep audiences engaged.'

For the writer herself, the characters and location she created for *The Last Anniversary* hold a special place in her heart.

Producer Nicole Kidman and author Liane Moriarty

'When I was writing the story, my grandmother was still alive, and I would write down the things she said – and I weaved some of her conversation style into the voices of Connie, Rose and Enigma,' recalls Moriarty, 58, who was determined that the TV series be filmed in Australia.

'The island in *The Last Anniversary* was a really important part of the story. It's the one book of mine where the setting really matters,' she says. 'That was another reason why it was so important to me that the show was set in Australia with a mostly Australian cast.'

Ellie (Bella Ramsey)

DEATH wish

Will Ellie take the **ultimate revenge** against Abby in the finale?

LAST ONE SCI-FI

The Last of Us

Holiday Monday, 9pm, Sky Atlantic

Post-apocalyptic drama *The Last of Us* reaches the end of its second season this week – but will young Ellie (Bella Ramsey) finally get the vengeance she's been thirsting for?

Fans of the video-game franchise that the show is adapted from knew that this season was likely to feature the death of Joel Miller (Pedro Pascal), Ellie's protector and father figure, but many were nonetheless shocked when it happened early in the run, at the end of the second episode.

DETERMINED

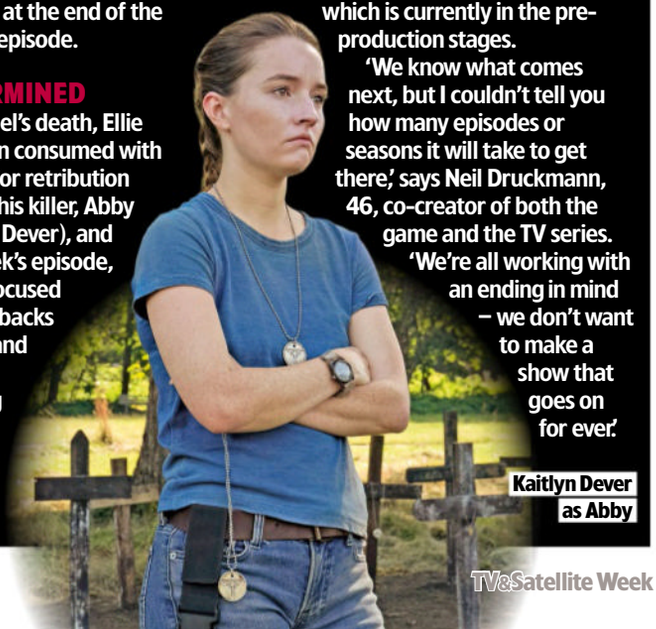
Since Joel's death, Ellie has been consumed with a need for retribution against his killer, Abby (Kaitlyn Dever), and last week's episode, which focused on flashbacks to Joel and Ellie's growing bond over the years, ended with a shot of Ellie in the present day, poised to carry out her mission.

'The key themes of Season 2 are love and loss,' says Ramsey, 21. 'It's about how different people deal with the complex emotion that grief is, and how it changes you as a person. *The Last of Us* explores anger in a way that I haven't seen before, and it's very fresh and exciting to play.'

ENDGAME

While it remains to be seen how the current run will end, the good news is that the show has already been renewed for a third season, which is currently in the pre-production stages.

'We know what comes next, but I couldn't tell you how many episodes or seasons it will take to get there,' says Neil Druckmann, 46, co-creator of both the game and the TV series. 'We're all working with an ending in mind – we don't want to make a show that goes on for ever.'



Kaitlyn Dever as Abby

John Chapel
Timothy Spall
The award-winning actor has been living as a recluse since the death of his wife 10 years ago, but finds a new lease of life as an amateur sleuth.

Changing the script

Timothy Spall is a retired actor who turns amateur sleuth

NEW COMEDY DRAMA
Death Valley
Sunday, 8.15pm, BBC1 (box set, BBC iPlayer)

A reclusive actor comes out of retirement when an ambitious young detective enlists his help to solve cases in BBC1's new comedy drama *Death Valley*.

The six-part series stars Timothy Spall as John Chapel, erstwhile lead of the hit fictional crime drama *Caesar*, who has been living quietly in rural Wales since turning his back on the limelight. But his peaceful life is shattered when DS Janie Mallowan (Gwyneth Keyworth) knocks on his door while making inquiries about a suspicious death nearby – and it turns out she's his biggest fan…

'For a brief moment, Janie completely forgets that she's a police officer when she sees her all-time hero in the house,' chuckles *Lost Boys & Fairies* star Keyworth, 34. 'When John suggests that he might be able to help her, as an actor with an emotional understanding of what drives people to do things, she's so star-struck that she agrees. Then she comes to her senses – but it's too late!'

GETTING INTO CHARACTER

John's actorly instincts mean he pays very close attention to what's going on around him, so he's able to offer unique insights into Janie's investigations – and his performing talents allow him to charm people into confiding in him.

'He's not a master of disguise or anything like that, but he tunes into other people and becomes what they want him to be,' explains Spall, who won a BAFTA in 2024 for his role as Peter Farquhar in BBC1's true-crime drama *The Sixth Commandment*. 'If someone is a bit crude, he can do that, and he can also jump straight into being a literary pseud – he goes from one thing to the other very quickly.'

Unfortunately for Janie, John's enthusiasm for solving crimes puts her career in danger. Unofficially involving a civilian in her work is a serious breach of protocol, and she's terrified that her boss, DCI Barry Clarke (Steffan Rhodri), will work out what's going on.

'John keeps showing up in places where he's not meant to be, much to her distress,' says Keyworth. 'He literally turns up at the police station and she's thinking to herself, "You can't be here! You're not meant to be involved!" DCI Clarke is a bit lax, but suspicions rise throughout the series.'

For Spall, the chance to play a self-important actor was an enticing prospect, and he couldn't resist drawing on some of the showbiz types he's met over the course of his lengthy career.

'John's quite arrogant and conceited,' explains Spall. 'He's a little bit in love with the idea of being an actor, but also because he hasn't worked for a long time, he's

WORDS: STEVEN PERKINS, ALISON SLADE. PHOTOS: BBC, ITV

WHO'S WHO

DCI Barry Clarke
Steffan Rhodri
The police boss got elevated to the top job in unusual circumstances, and prefers to work with minimal drama.

DC Evan Chaudhry
Rithvik Andugula
Janie's colleague is still a little green when it comes to the nitty-gritty of detective work, but has enthusiasm.

Helen Baxter
Alexandria Riley
The straight-talking pathologist is a good friend of Janie's, and one of the few who calls her out on not having dealt with her grief properly.

Yvonne Mallowan
Melanie Walters
Janie's mother is critical of a lot of what her daughter does, but will she be charmed by her famous new friend?

DS Janie Mallowan
Gwyneth Keyworth
A talkative, ambitious detective who is coping with the grief over the death of her best friend with an almost obsessive focus on her job.

John gets to work

terrified that he might have lost it. So there are some wonderful opportunities to illustrate that slightly more pretentious side of it – but if I'm taking the mick out of anybody, it's mostly myself.'

Later episodes will see John and Janie teaming up to investigate killings within an amateur-theatre company, a group of hikers, and at a murder-mystery weekend, and Spall, 68, was delighted to get to film at a variety of locations around South Wales.

'I always enjoy filming there,' he smiles. 'We were out in the Brecon Beacons, and on the pier in Penarth – it was fantastic. Things are often filmed in Wales where it's pretending to be somewhere else, so it's lovely to make something with a Welsh setting and hearing Welsh being spoken around you.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

John and Aaron make it to the venue...

EMMERDALE

Will killer John be exposed on his wedding day to Aaron?

» **John Sugden has** more to worry about than seating plans as he prepares to marry Aaron Dingle. The paramedic, who has a 'hero complex' and has accidentally killed Nate, and deliberately harmed others in order to then 'save' them, is terrified that he'll be exposed.

Panic rises as he discovers the water company is about to dredge the lake where Nate's corpse lies, and he packs his bags to scarper. Caught out by his fiancé, he claims he just has wedding jitters, then drives off to the lakeside. Luckily for him, the dredging is called off, and he returns home… only to discover that former fiancé Aidan, who recently awoke from his coma, is now talking and wants to see him.

John heads to the hospital, terrified of what Aidan might reveal, as Aaron, meanwhile, has doubts about their future. As the guests congregate for the ceremony, both grooms are a no-show, but they eventually arrive. Will the couple say 'I do' or are the police going to tip up with a pair of handcuffs?

What will Aidan say to John?

» **PLUS** Lewis blackmails Ross into telling him the truth about Emma's death, Sarah is diagnosed with cervical cancer but remains intent on having a baby, and Joe comes up with a plan to get Billy out of his and Dawn's lives.

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ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» George proposes to Eileen at Julie's wake (above), Jason returns, Brody lashes out at Kit, Carl embarks on a dodgy car scam, Mick's up in court, Theo gets a blast from the past, and Lou opens up to Gary about her domestic abuse.

EASTENDERS

» Avani and Barney get closer (right), residents are in danger as a car plunges into a lake, Teddy discovers Zack is Barney's father, Nigel is upset when his birthday is ignored, and Gina offers to help Kojo find a flat.

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Uptown girls

Carrie and the gang return for more Big Apple adventures...

NEW COMEDY DRAMA

And Just like That...

Friday, 9pm, Sky Comedy & Sky Showcase

After almost a two-year hiatus, friends Carrie (Sarah Jessica Parker), Miranda (Cynthia Nixon) and Charlotte (Kristin Davis) are back for more shenanigans in New York as *Sex and the City* spin-off *And Just like That…* returns for a third season.

This time, the 12-part series sees Charlotte handling her teen kids, while Carrie's relationship with Aidan (John Corbett) remains up in the air following their bizarre decision to take a five-year break, with Carrie deciding to throw herself into a new career as a romantic fiction writer.

'She's in this beautiful home that she's very lucky to have, and it feels a little bit like she's at sixes and sevens again,' says Parker, 60. 'But she's so much older and it feels less out of control.'

NEW ROMANCE

As for straight-talking lawyer Miranda, now that she's split from non-binary comedian Che Diaz (Sara Ramirez), she's considering dating Joy (British star Dolly Wells), the woman she met on the set of a BBC interview.

'She's decided she wants to date women and non-binary people,' says Nixon, 59. 'But you know, it's a brave new world, and when you're of this age, in your late 50s, dating looks very different than it did when Miranda was in her 30s. There's a fair amount of high jinks involved. How do you meet people? How do you find people to date?'

STRUGGLES

Elsewhere, Lisa (Nicole Ari Parker) is dealing with her miscarriage and navigating a work crush, and real-estate broker Seema (Sarita Choudhury) is enjoying multiple dates, while the cast are joined by guest stars such as Rosie O'Donnell and British actor Jonathan Cake (*Desperate Housewives*). There's no return for Kim Cattrall, however, despite her cameo appearance as Samantha in the Season 2 finale.

'It's a brave new world, and there's a fair amount of high jinks involved'

CYNTHIA NIXON

Meanwhile, Nixon says that she still loves playing Miranda, perhaps even more so than when *Sex and the City* first began in 1998.

'With the original show, we were always OK to break our own rules and let the characters evolve,' she says. 'And that's been equally true, or maybe even more true, of our new show – in that we're not trying to be younger than we are.

'I certainly feel closer to Miranda than I did when I first started to play her. I've always loved her and always thought, "Wow, what a great character to be entrusted with."'

Sarah Jessica Parker as Carrie

From left: Miranda, Carrie, Lisa and Charlotte

WORDS: HANNAH DAVIES. PHOTOS: HBO/SKY

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Ellie Simmonds

Ellie Simmonds: Should I Have Children?

NEW

Tuesday, 9pm, ITV1

Ex-Paralympic swimming gold-medallist Ellie Simmonds was most recently seen on TV as part of the C4 team covering dog show Crufts (inset). Since retiring from sport, the 30-year-old has competed in *Strictly Come Dancing* and made two acclaimed documentaries – *A World Without Dwarfism?* and the BAFTA-winning *Finding My Secret Family*, in which she tracked down the birth mother who had placed her for adoption as a baby.

2025

HER NEW SHOW

This week, Simmonds meets expectant parents who are facing emotionally fraught decisions when they are told their child may be born with a disability. 'With all the couples, there was the fear of the unknown. When they find out their child has a disability, their brain is on overload,' says Simmonds, who also shares her own dilemma on whether or not she wants a baby in the future. 'What prompted me to explore this topic now is seeing what my birth mum went through. I wanted to see if that has improved. Society has got better with different disabilities but we still have a long way to go.'

Ellie Simmonds meets those affected

Michaela Strachan and Chris Packham

Happy birthday, Springwatch!

Celebrating 20 years of UK wildlife

LIVE NATURE

Springwatch

Hol Mon-Thu, 8pm, BBC2

It's 20 years since BBC2's *Springwatch* first brought the wonders of British wildlife into our living rooms.

Now, in the latest run of the series, Chris Packham and Michaela Strachan are live at new location Longshaw Estate in the Peak District, where they will follow the fortunes of local birds, badgers and bats, while Iolo Williams is showcasing nature in Northern Ireland.

Here, Packham, 64, and Strachan, 59, reveal all about the 20th anniversary…

What is it like to be marking 20 years of *Springwatch*?

Strachan Presenting a programme we both love is joyous. There's always stuff you never expect.

Packham This series, we'll see how the programme has matured, how the technology we use has changed, and we'll look at changes in species. Many have diminished, but 20 years ago, some species like white storks weren't breeding in the UK and they're now being reintroduced.

What are you hoping to see in the Peak District?

Packham There could be redstarts,

Diane, Martin and Kath

Electric dreams

Can former businessman Martin get **back to the top**?

NEW COMEDY

The Power of Parker

Friday, 9.30pm, BBC1 (box set, BBC iPlayer)

It's 1992, John Major is Prime Minister and the Queen is in the midst of her annus horribilis as we head back to Stockport for the second series of BBC1 comedy *The Power of Parker*.

In the first series, electrical-goods tycoon Martin Parker (Conleth Hill) was swimming in debt as his business began to crumble, while his wife Diane (Rosie Cavaliero) discovered he'd been having a long-term affair with her sister, Kath (series co-creator Sian Gibson).

Diane and Kath teamed up to get one over Martin

WORDS: CAREN CLARK, REBECCA FLETCHER, NATASHA HOLT, TESS LAMACRAFT, RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: ALAMY, BBC, C4, ITV, SHUTTERSTOCK, SKY, U&ALIBI

A white stork and a badger

curlews and short-eared owls, plus merlins would be amazing as they're in decline. One of the joys is the unpredictability.

Strachan In a new segment called Springwatch Street, we're putting cameras in gardens in Sheffield. People will be surprised by what's in a garden, particularly things that come out at night.

What are your highlights from your time on the show?

Strachan We spotted a common sandpiper by a railway track [in Wales in 2012] and we thought it would get hit by a train, but by the end of the series it had chicks. Following golden eagle Freya [in Scotland in 2016] from when she hatched to when she fledged was amazing, too.

Packham We turned Spineless Si the stickleback [in Suffolk in 2015] into a national hero! And it was romantic watching an elusive water rail [in Wales in 2013] dreaming in a reed bed.

Do you enjoy working together?

Packham Michaela is consummately professional, while I'm more cavalier. But we approach things with the same determination and support one another.

Strachan We know each other's strengths, too, and allow each other to shine.

Could *Springwatch* still be around in another 20 years?

Strachan Chris would be too old!

Packham I'm a whippersnapper! There will still be an audience because people love the wildlife they share their communities with.

A short-eared owl

and gained control of his business in the finale – only for Martin to burn it down for the insurance money.

MAKING A COMEBACK

As Series 2 begins, it's two years on and Diane's now running Parker's Power & Electricals with Martin's old business associate, Sandy Cooper (Steve Pemberton). Kath has reunited with Martin, but is fretting about her father Dougie (George Costigan), who's about to be evicted from his home.

Meanwhile, Martin is plotting an unlikely comeback and determined to become a retail kingpin once again.

'Martin is at the lowest point that we've ever seen him and the absolute opposite of what he was at the beginning of the first series,' reveals Hill, 60. 'His name is dirt, he's got no friends and he's been living above a Chinese takeaway – he's rudderless.'

However, things start to look up in Episode 2 when he's asked to make a delivery for the Chinese takeaway and meets Mic (played by *Motherland*'s Diane Morgan), who's prepared to give him the opportunity to work in sales again.

'Martin tidies himself up and gets his suit back on – it's all in the image, you see,' says *Game of Thrones* star Hill. 'After two years in the wilderness, somebody's talking his language again and giving him a chance.'

Stars Conleth Hill and Rosie Cavaliero

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

Hudson & Rex

Sunday, 7pm, U&Alibi

John Reardon is back as Detective Charlie Hudson, alongside his trusty German shepherd Rex, an extraordinary former K9 dog, for a seventh season of the popular cop show. The eight-part run sees Charlie searching for his missing brother in Central America and tackling all manner of crimes, starting with a double-murder investigation. Sadly, Diesel, the pooch who played Rex, died while filming the new season and is replaced by his nephews, Dillon and Dante, from Episode 3 onwards.

The Rehearsal

Holiday Monday, 10pm & 10.50pm, Sky Comedy (box set, Sky Box Sets & NOW)

A double bill kicks off the six-part second season of Canadian comedian Nathan Fielder's genre-bending, experimental cult comedy. This time, he addresses the issue of aviation safety as he tries to help pilots communicate better by making them role-play, while re-creating the life of pilot hero Chesley 'Sully' Sullenberger using puppets and stilt-walkers.

NEW

Bake Off: The Professionals

Tuesday, 8pm, C4

Former *Bake Off* contestant Liam Charles and comedian Ellie Taylor are back to host as the ultimate baking competition returns for a 10th series. Once again, 12 elite teams made up of two pastry chefs battle it out to impress expert judges Cherish Finden and Benoit Blin.

NEW

Later... with Jools Holland

Sunday, 10pm, BBC2

This week, Holland welcomes the return of indie rockers Franz Ferdinand (right), who perform songs from their latest album *The Human Fear*. Also in the studio are soul singer Joy Crookes and rising country star Jackson Dean from Nashville, while joining Holland to chat at the piano are musical-theatre star Beverley Knight and Holly Johnson, the iconic frontman of Frankie Goes to Hollywood.

Rose, Carl and Akram are assigned to the basement

Misfits & murder

Slow Horses meets *Rebus* in a cold-case crime drama starring **Matthew Goode**

NETFLIX Dept. Q

NEW *Available: Thu 29 May Genre: Crime drama Season: 1 Episodes: 9*

A group of unlikely crime-fighters tackle some mysterious cold cases in a dark new Netflix series from Scott Frank, the creator of hit chess-based drama *The Queen's Gambit*.

Set in Edinburgh, nine-parter *Dept. Q* stars Matthew Goode as brash but brilliant English detective DCI Carl Morck, whose world is falling apart following a shooting that leaves his partner paralysed and an officer dead.

A traumatised Carl is exiled to the police station's basement, where he finds himself the sole member of Department Q, a new unit charged with solving the city's darkest cold cases.

'Carl is aggressive and rude, but I love his sense of humour,' says Goode, 47, who's best known for *A Discovery of Witches*. 'He's a complicated character and you see him warts and all. He's a horrible colleague but a brilliant detective. I think he's going to be a bit divisive at the start, but hopefully viewers will learn to love him.'

Stars Kelly Macdonald and Kate Dickie

In the unit, Carl is soon joined by DC Rose Dickson (Leah Byrne), who has been confined to desk duties after a mental-health-related breakdown, and Akram Salim (Alexej Manvelov), who also has something to prove to boss DCS Moira Jacobson (Kate Dickie).

FORMING A BOND

'Akram was a detective in Syria who fled the country when civil war broke out and started working his way up from the bottom in Edinburgh,' explains Goode. 'Carl underestimates him quite a bit at the beginning, but their relationship develops and by the end they're close friends.'

At first, Carl isn't interested in the cases assigned to his department and spends much of his time tormenting his therapist,

'Carl's a horrible colleague but a brilliant detective'
MATTHEW GOODE

Dr Rachel Irving (Kelly Macdonald). But he's intrigued by a mystery surrounding the disappearance of prosecutor Merritt Lingard (Chloe Pirrie) several years ago.

'It's a very dark case and they have no idea just how dark it is at the start,' says Goode. 'It takes Akram and Rose to convince Carl that Merritt's disappearance is a mystery worth solving, but once the case gets its hooks into him, he wants to find the answer.'

Carl's former partner, James Hardy (Jamie Sives), is also on hand with his expertise as the team begin to sift through the city's secrets – and they soon find themselves in serious danger.

'The story takes us to some scary and horrifying places, but it also has this layer of comedy woven through it,' says Goode. 'It's a love letter to how difficult and psychologically affecting it is to work in this field.'

What we're watching...

The shows being enjoyed by the *TVSW* team

Disney+ Suspect: The Shooting of Jean Charles de Menezes

Genre: Drama Season: 1 Eps: 4

A heartbreaking and harrowing dramatisation of how innocent Brazilian Jean Charles de Menezes (Edison Alcaide, right) was fatally shot by police at London's Stockwell Underground station on 22 July 2005 in the aftermath of the 7/7 bombings and the failed 21/7 attacks. The series shows the pressure the Metropolitan Police were under, the blunders that led to de Menezes being wrongfully identified as a terrorist, and how misinformation continued to spread.

Netflix The Four Seasons

Genre: Comedy
Season: 1 Episodes: 8

Tina Fey co-creates and stars in a witty comedy about three couples who have holidayed together for years until Nick (Steve Carell, pictured with Fey) makes a life-changing decision.

Prime Another Simple Favour

Genre: Thriller
Episodes: One-off

In a sequel to the dark comedic mystery *A Simple Favour*, Emily (Blake Lively) invites Stephanie (Anna Kendrick, right) to her lavish wedding, where blackmail, betrayal and murder ensue.

Now in production...

Three upcoming shows to look out for soon

tv+ The Wanted Man

Hugh Laurie (above) will star in Apple TV+'s thriller as the leader of a crime syndicate who ends up in prison when he is betrayed by someone close. But can he escape and get revenge? Thandiwe Newton, Fionn Whitehead and Gina McKee also appear.

Prime Off Campus

Prime Video is adapting Elle Kennedy's novels about a university ice-hockey team and their partners as they deal with romance and major rites of passage. Belmont Cameli (above) is cast as star player Garrett, who falls for music student Hannah (Ella Bright).

tv+ Trying

A fifth run of the Apple TV+ comedy, which explores the rewards and challenges of adoption, will follow parents Jason and Nikki (Rafe Spall and Esther Smith, both above) as they handle the arrival of Kat (Charlotte Riley), the biological mother of their adopted children.

WORDS: CAREN CLARK. JUDY EWENS, SEAN MARLAND. PHOTOS: ©2025 DISNEY & ITS RELATED ENTITIES, GETTY, NETFLIX, PRIME VIDEO

Speed queens

Taking to the track

On the grid with F1's up-and-coming female drivers

NETFLIX F1: The Academy

NEW *Available: Wednesday 28 May*
Genre: Factual Season: 1 Episodes: 7

Motor racing has long been male-dominated, with only a handful of women making it to Formula One level. However, that could be about to change thanks to *F1: The Academy*, a *Drive to Survive*-style series that follows the female-only Formula 4 championship.

Launched in 2023 and operating with the support of the F1 teams, the F1 Academy sees drivers in identical cars competing across seven rounds staged during F1 weekends at circuits around the world. The reward for the champion is a fully funded seat in the GB3 Championship, the next rung on the ladder.

'It's set up to nurture female talent,' explains Susie Wolff, managing director of the Academy. 'If you don't get enough women entering the sport, you won't get the best rising to the top.' The seven-parter follows the 2024 season on and off the track, profiling competitors including American former rally driver Lia Block, Dutch driver Maya Weug and Brit Abbi Pulling.

DRIVING AMBITION

'We start with Lia, who has a super-interesting story given the family tragedy she's trying to overcome [Block's rally-driver father Ken died in a snowmobile accident in 2023],' says Wolff. 'Then Abbi and Maya are the out-and-out racers. It was important to bring those stories to life, so our audience will understand what the journey is like.'

A former Williams F1 development driver, Wolff says the landscape has changed since she was behind the wheel.

'I was often the only woman out on the track, whereas now I've never seen so many young girls competing,' she says. 'And with the *Drive to Survive* effect, 42% of the global fan base is now female, and the fastest-growing fan demographic is 18 to 24-year-old women. It's an opportune moment.

'I never had a female role model. I looked up to Damon Hill and David Coulthard – because he was Scottish like me. I didn't worry that they were male, I just thought: "If they can do it, I can." Now, young women can be empowered by these female drivers going out there and racing on F1 weekends. And that's inspirational.'

Racers (from left) Lia Block, Emely de Heus, Maya Weug, and Chloe Chambers

Bono on stage in 1992

Unforgettable FIRE

U2 frontman Bono reflects on his life and career

tv+ Bono: Stories of Surrender

NEW *Available: Friday 30 May*
Genre: Documentary

Rock legend Bono opens up about his life and career, and performs some of his most iconic songs, in this film based on his one-man stage show that debuted in New York in 2023.

As well as never-before-seen footage from those shows, and performances of classics including *Where the Streets Have No Name*, the U2 frontman discusses how he met his wife, Ali, his emergency heart operation in 2016, and his complicated relationship with his parents.

COMPLEX CHARACTER

There are also vignettes from his childhood in Dublin and memories of his encounters with some of the world's most influential people, including Bill Gates and Nelson Mandela. The singer also plays several versions of himself – from punk-loving teenager to dedicated activist – as well as impersonating a variety of real-life characters, including his father, the three other members of U2 and even the Italian tenor Luciano Pavarotti.

'I look at this film and I see a man of a thousand faces, at least,' says Bono, who turned 65 earlier this month. 'A man still confused about who he is, but who has a clearer knowledge of where he came from.'

However, he adds that his life story should be taken with a pinch of salt.

'Something to know about performers is that we are capable of more untruths than most,' he smiles. 'These are the tall tales of a short rock star.'

WORDS: CAREN CLARK, IAN MACEWAN, RICHARD MCCLURE. PHOTOS: 5, ALAMY, BBC, C4, GETTY, NETFLIX, PRIME VIDEO

Biel and Banks as Chloe and Nicky

Chalk-and-cheese siblings investigate a brutal murder

Sister secrets

The sisters are plunged into a nightmare

prime The Better Sister

NEW *Available: Thursday 29 May Genre: Thriller Season: 1 Episodes: 8*

***The Sinner*'s Jessica Biel** and *Pitch Perfect*'s Elizabeth Banks are estranged sisters who are forced to reunite following a brutal murder in Prime Video's intriguing whodunnit.

New York magazine executive Chloe (Biel) is enjoying a privileged life until she discovers her lawyer husband Adam (Corey Stoll) murdered in their home. As Adam's teenage son Ethan (Maxwell Acee Donovan) becomes a suspect in the case, Chloe turns to her older sister Nicky (Banks), who has been battling addiction and struggling to make ends meet.

The sisters have a difficult relationship – not least because Nicky is Ethan's biological mother and was Adam's ex, until he left her to marry Chloe. But together, they try to work through their toxic history to uncover the truth.

'I'm excited for viewers to see it unfold, and all the twists and turns that happen,' says Banks, 51. 'What's fun about the series is that we're all chess pieces getting moved around. Each episode explores the level of control each person has.

'I have two sisters of my own, and that was a great connection point. I brought that dynamic to our relationship: how sisters speak to each other, and push each other's buttons.'

The cast includes Kim Dickens as detective Nancy Guidry, Lorraine Toussaint as Chloe's boss Catherine Lancaster, and Matthew Modine as Bill Braddock, a partner at Adam's law firm.

'I read the original book before filming, and loved it – it's a juicy, fun read about family and how far we would go to protect our own,' shares Biel, 43, who says she loved appearing with her co-star Banks for the first time.

'We had this great, natural sister relationship right off the bat. I basically did whatever Elizabeth said – like a real sister thing!'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

5 The Game

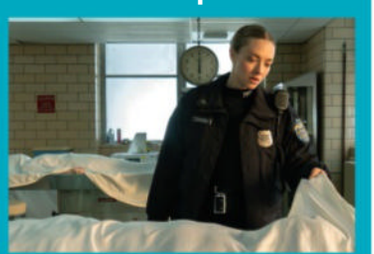
5's thriller sees Jason Watkins (above, right) as former cop Huw, who's troubled by the unsolved case of a murderous stalker. His life unravels as new neighbour Patrick (Robson Green) uses the killer's catchphrase, 'Catch you later...'

BBC iPLAYER Unforgotten: The Bradford City Fire

In BBC2's film about the fire that swept through Valley Parade stadium in May 1985, survivors and those who lost loved ones share their memories, including Matthew Wildman, who suffered 50% burns.

BBC iPLAYER Alison Hammond's Big Weekend

As she delves into celebrities' home lives on BBC1, Hammond (above, right) hangs out with Perrie Edwards, who talks about anxiety and is reunited with the surgeon who treated her as a child.



4 Long Bright River

The C4 drama follows Philadelphia cop Mickey Fitzpatrick (Amanda Seyfried, above), who investigates deaths that seem to be the result of overdoses. But she suspects murder, and fears that her sister, a drug addict, could also be in danger.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Surviving the Tunisia Beach Attack
Sunday 25 May

Documentary about the Tunisia beach massacre of 26 June 2015 when 38 people, mostly British tourists, were killed by a lone gunman at a hotel in the tourist resort of Port El Kantaoui in Tunisia. Ten years on, survivors recall the attack and how it changed them.

NASCAR
Sunday 25 May

Prime Video begins streaming five consecutive NASCAR Cup Series races, starting with the Coca-Cola 600 in Charlotte, North Carolina.

Crime Scene Sweden
Holiday Monday

Docuseries about notorious Swedish crimes that focuses on a different case each episode. The investigations are analysed through courtroom audio, press conferences and news footage as well as interviews with eyewitnesses, family members, lawyers, police and journalists.

Cold Case: The Tylenol Murders
Holiday Monday

Docuseries about the unsolved deaths of at least seven people in Chicago in 1982 after they took Tylenol that had been laced with cyanide. The series examines the theories behind the killings and also tracks down a suspect.

Wild Cards
Tuesday 27 May

Canadian crime drama with comedy elements. A detective (*Grey's Anatomy* star Giacomo Gianniotti), who has been demoted to water-cop duty, and a charismatic con artist (Vanessa Morgan), who is facing prison, get the chance to redeem themselves by working together, each using their unique skills to solve crimes. With *Beverly Hills, 90210*'s Jason Priestley.

Wild Cards

90 Day: Hunt for Love
Tuesday 27 May

Reality series. Eight singletons travel to an exclusive retreat in Tulum, Mexico, to mingle, party and hopefully find love. They try new dating techniques, guided by professional coaches and an events coordinator.

F1: The Academy
Wednesday 28 May

Docuseries about the 15 drivers in the female-only Formula 4-level single-seater racing championship. With behind-the-scenes access, the series highlights the drama of the races as well as the personal stories of the drivers and their teams. See feature, page 16.

A Quiet Place Part II
Wednesday 28 May

John Krasinski directs the sequel to his 2018 post-apocalyptic horror film. Evelyn Abbott (Emily Blunt) and her family fight for survival in silence in a world dominated by deadly blind aliens with hyper-sensitive hearing.

Dept. Q
Thursday 29 May

Crime drama from Scott Frank, creator of *The Queen's Gambit*, and based on Nordic-noir novels of the same name by Jussi Adler-Olsen. Matthew Goode stars as a brilliant but brash cop haunted by tragedy who becomes head of a new, poorly funded police department set up to investigate cold cases in Edinburgh. Kelly Macdonald co-stars. See feature, page 14.

Take Cover
Friday 30 May

British action-thriller film. A burnt-out sniper (Scott Adkins) finds himself trapped in an all-glass penthouse by a lethal rival and must find a way to survive and escape with little to no cover between him and the killer. Co-starring Alice Eve.

The Better Sister
Thursday 29 May

Murder-mystery thriller starring Jessica Biel as Chloe, a media executive living a seemingly perfect life with her lawyer husband Adam (Corey Stoll) and teen son Ethan (Maxwell Acee Donovan), while her estranged sister Nicky (Elizabeth Banks) battles addiction and struggles to make ends meet. But when Adam is murdered, the two sisters are reunited as they try to discover the truth behind the killing. See feature, page 17.

Bono: Stories of Surrender
Friday 30 May

Documentary about Bono's one-man stage show, *Stories of Surrender: An Evening of Words, Music and Some Mischief*, in which he talks about his life, his family, friends and faith, as well as sharing stories about his journey as a son, father, husband, activist and rock star. He also performs many of U2's hit songs. See feature, page 16.

The Heart Knows
Friday 30 May

Argentinian drama. After a heart transplant, a hardened businessman (Benjamín Vicuña) feels a personality shift and explores his donor Pedro's life, leading him to meet Pedro's widow and her community. Concealing his identity, he fights to save Pedro's neighbourhood.

Lost in Starlight
Friday 30 May

Korean animated romance. When an astronaut leaves Earth for Mars, the vast space divides star-crossed lovers.

Lulu Is a Rhinoceros
Friday 30 May

Animated family musical special based on the children's book of the same name by father-daughter duo Jason and Allison Flom. Lulu is a bulldog who sees a rhinoceros when she looks in the mirror. On a quest to spread kindness, Lulu embarks on the adventure of a lifetime, powered by new friends, courage and catchy songs.

A Widow's Game
Friday 30 May

Spanish thriller, inspired by a real-life murder in 2017. A man is stabbed to death in a car park in Valencia and his seemingly sweet widow, who had only been married to him for less than a year, becomes the prime suspect.

The Second Best Hospital in the Galaxy
Tuesday 27 May

The second season of the adult animated comedy, set in the Ergulon Galaxy in the year 14,002. Dr Sleech (Stephanie Hsu) and Dr Klak (Keke Palmer) are enjoying the fame surrounding recent successes until a cyborg journalist digs into Dr Sleech's past.

WORDS: JUDY EWENS. PHOTOS: PARAMOUNT+, PRIME VIDEO, THE CW

Documentaries

The *Titan*

Lost at sea

Cameras follow the investigation into the ***Titan*** **submersible catastrophe**

NEW FACTUAL

Implosion: The Titanic Sub Disaster

Tuesday, 9pm, BBC2

Two years ago, the world watched in horror as a frantic search-and-rescue mission was launched for the *Titan* submersible, which had been diving 12,500ft beneath the Atlantic Ocean as part of a tourist expedition to explore the wreckage of the *Titanic*.

On board were 19-year-old University of Strathclyde student Suleman Dawood and his father Shahzada, 48. Their fellow crew members were businessman Hamish Harding, submariner Paul-Henri Nargeolet, and the pilot and CEO of *Titan*'s owners, Stockton Rush.

TRAGEDY

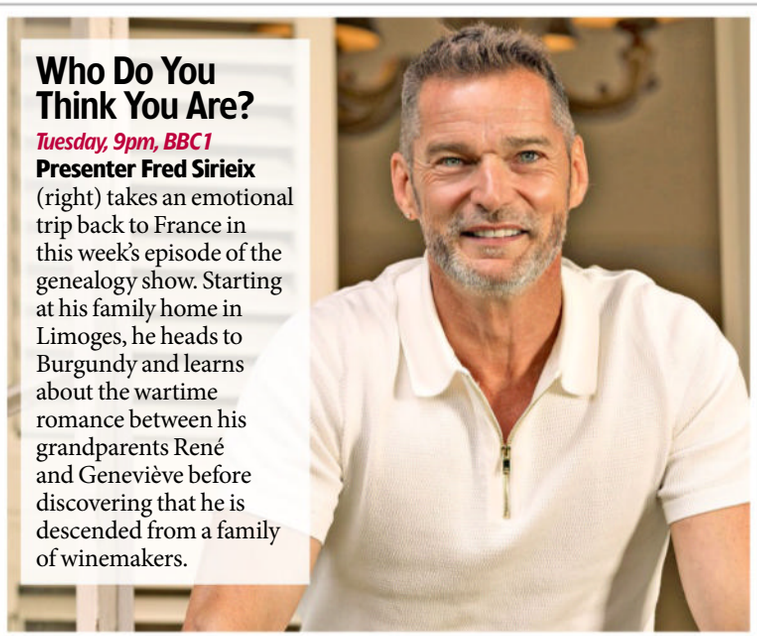
Less than two hours into the voyage, however, the submersible lost contact with its surface ship, the *Polar Prince*. Four frenetic days unfolded in an attempt to locate it, until the US Coast Guard confirmed the five on board had died in a catastrophic implosion.

Now, BBC2's documentary *Implosion: The Titanic Sub Disaster* hears from Christine Dawood, who was waiting

The Rise and Fall of Michelle Mone

Wed, 9pm, BBC2 (box set, BBC iPlayer)

Underwear entrepreneur Baroness Michelle Mone's story was a rags-to-riches fairy tale. But this two-part documentary recounts how the Ultimo bra creator (above) went from being celebrated to embroiled in scandal after her family's company was awarded PPE contracts worth over £200m during the pandemic.



Who Do You Think You Are?

Tuesday, 9pm, BBC1

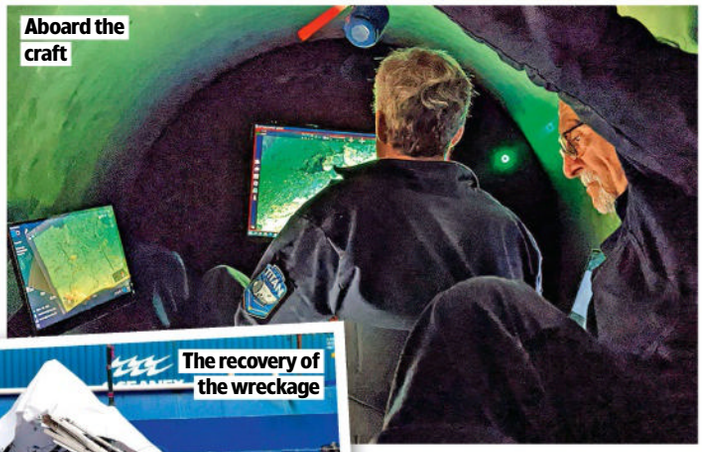
Presenter Fred Sirieix (right) takes an emotional trip back to France in this week's episode of the genealogy show. Starting at his family home in Limoges, he heads to Burgundy and learns about the wartime romance between his grandparents René and Geneviève before discovering that he is descended from a family of winemakers.

Liza: A Truly Terrific Absolutely True Story

Saturday, 9pm, BBC2

A profile of Liza Minnelli, told through home videos and interviews with Mia Farrow, George Hamilton and the musical star herself. Minnelli won an Oscar for 1972's *Cabaret* (above) but, as the documentary reveals, she's also been in the public eye for her addictions and four high-profile marriages.

WORDS: HANNAH DAVIES, IAN MACEWAN, REBECCA MAHONEY PHOTOS: ALAMY, BBC, SKY, U&W


Aboard the craft

The recovery of the wreckage

on board the *Polar Prince* when she learnt the fate of husband and son.

'The moment we knew they'd found debris and there were no survivors, my daughter Alina and I went on deck,' says Dawood, from Surrey. 'Until that moment, we'd had hope. We took some cushions with us and just sat there looking out at the ocean. We were both crying.'

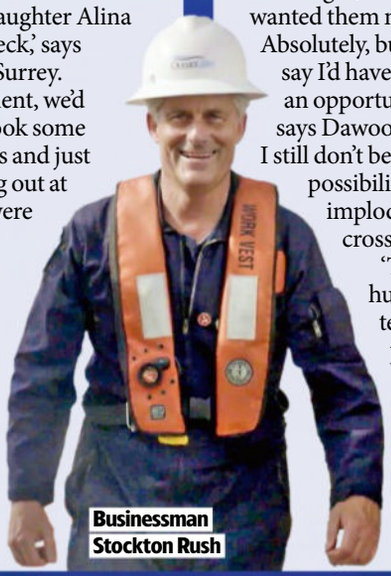
With unprecedented access to the Marine Board Investigation, as well as previously unseen footage from *Titan*'s previous dives, the documentary reveals how the submersible had equipment issues leading up to the disaster.

Not only that, but Stockton Rush, the founder and CEO of OceanGate, which built, owned and operated *Titan*, had openly boasted about breaking rules. So could the implosion have been prevented?

AFTERMATH

'In hindsight, would I have wanted them not to go? Absolutely, but I can't really say I'd have denied them an opportunity like that,' says Dawood. 'Sometimes I still don't believe it. The possibility of *Titan* imploding never crossed our minds.

'To lose a husband is terrible, but no parent should have to grieve for their child. All of a sudden, your purpose and identity is ripped away from you.'


Businessman Stockton Rush

Deadly Waters with Captain Lee

Holiday Monday, 9pm, U&W (box set, U)

Below Deck's Captain Lee Rosbach (above) investigates murders on the water, starting with the 2007 disappearance of fishing vessel *The Joe Cool* en route to the Bahamas. The crew were missing when the boat was recovered, with the survivors who chartered it claiming that pirates had attacked them.

The Girl Who Caught a Killer

Sunday, 9pm, Sky Documentaries & Sky Showcase

In 1990, seven-year-old Rachael Watts (above) was snatched near her home in Brighton and left for dead after being sexually assaulted. Miraculously, she survived and helped police bring her assailant, Russell Bishop, to justice. In this two-part series, she tells her story.

Jane Austen

Austen *powers*

Actors, authors and fans celebrate the life and legacy of **a literary icon**

The BBC's 1995 version of *Pride and Prejudice*

NEW FACTUAL

Jane Austen: Rise of a Genius

Holiday Monday, 9pm, BBC2 (box set, BBC iPlayer)

Fresh off the success of Keeley Hawes-led drama *Miss Austen*, BBC2 celebrates beloved author Jane Austen with a three-part documentary marking the 250th year of her birth.

Jane Austen: Rise of a Genius offers a rare glimpse into the novelist's innermost thoughts, family dynamics, flirtations and heartbreak through the private letters she wrote to her loyal sister and confidante, Cassandra.

THE REAL STORY

While much of her correspondence was destroyed after her death in 1817, the surviving notes are brimming with witty observations and affectionate gossip, painting a more nuanced portrait of the mastermind behind timeless classics such as *Pride and Prejudice* and *Emma*.

With dramatic re-enactments and contributions from writers, historians and actors, the series traces Austen's evolution from a self-taught Hampshire country girl to a revolutionary storyteller who defied the conventions of her day.

INFLUENTIAL

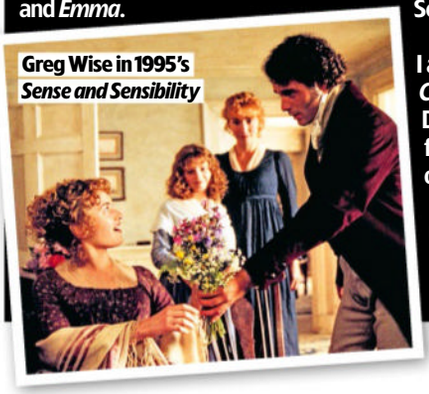
'Jane Austen's voice is so strong, funny and perceptive, and her work is still being copied and stolen by people like me. I shall be eternally grateful to her because I stole her plot for *Bridget Jones's Diary*,' says author Helen Fielding, 67. 'I learnt most of what I know about writing by trying to imitate her.

'She's the first novelist to write realistic portrayals of women, with wit, intelligence and irony. Elizabeth Bennet was the first woman I came across in a novel who seemed like a real person. She's brave, decent, hilarious, kind and timeless. My heroine.'

Also sharing their insights on why Austen's novels are still treasured more than two centuries later are stars including Samuel West, Greta Scacchi and Tamsin Greig.

'Jane Austen is the reason I am with my wife now,' says *The Crown*'s Greg Wise, who met Dame Emma Thompson while filming the 1995 adaptation of *Sense and Sensibility*.

'Austen completely understands the human condition and what it is to be alive. That is her genius.'


Greg Wise in 1995's *Sense and Sensibility*

Film Our pi of this

SINNERS

Michael B Jordan plays twins in this extraordinary tale of blues and horror

HORROR THRILLER

Available now, to buy or rent from digital stores including Prime Video and Sky Store ★★★★

Director Ryan Coogler makes a wide departure from the franchise fare of his *Creed* and *Black Panther* movies with this exhilarating horror thriller set in the US Deep South in 1932. Michael B Jordan plays identical twin brothers, veterans of the trenches of World War One and the gang battles of Al Capone's Chicago who have returned to their home town in the Mississippi Delta to open a juke joint under the racist noses of the Ku Klux Klan. It is supernatural evil, however, that comes knocking on their saloon's opening night.

Viewers will probably come primed for the sharp turn the movie takes, but no matter how forewarned, brace yourself for some truly audacious, jaw-dropping sequences. The action is lurid and gory but never overwhelms the performances, which include striking roles for Miles Caton (in an astonishing breakout performance) as the brothers' cousin, a prodigiously talented young blues guitarist they recruit to perform, Delroy Lindo as an alcoholic veteran musician, Hailee Steinfeld and Wunmi Mosaku as strong-willed women from the twins' pasts, and Jack O'Connell as the story's devilishly creepy interloper. Just make sure to stick around through the end credits, too. 2025, 15, 138MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner ›››

week's Best Movies

WAR

Warfare

Available now to buy or rent from digital stores ★★★★

Written and directed by Alex Garland (*Ex Machina*, *Civil War* etc) and ex-US soldier Ray Mendoza, this nerve-jangling combat movie puts us in the boots of a platoon of Navy SEALs trapped inside a house in Ramadi while on a surveillance mission during the Iraq War. Based on Mendoza's first-hand experiences and unfolding in near real time, the film re-creates the men's ordeal with convincingly visceral, unflinching immediacy. Thanks to Garland and Mendoza's technical skills and the incredibly authentic performances from the cast – including Will Poulter, Cosmo Jarvis, Joseph Quinn and D'Pharoah Woon-A-Tai (who plays Mendoza himself) – the film delivers one of the most realistic depictions of war ever put on screen. 2025, 15, 95MIN

Under seige: Will

On the brink: Tilda and co

ARTHOUSE MUSICAL

The End

Available now, Mubi ★★★★

A musical quite unlike any other, Joshua Oppenheimer's opus aims high. He throws the kitchen sink at it with mixed but intriguing results, as it follows a monied family – mother Tilda Swinton, father Michel Shannon and adult son George MacKay – and its entourage (butler Tim McInnerny, friend Bronagh Gallagher and doctor Lennie James) as they live in a salt mine surrounded by fabulous wealth after some indeterminate apocalypse destroyed the world 25 years before. It's a strange, artificial set-up (which singing amplifies) that starts to come apart when a young woman (Moses Ingram) suddenly appears... Although way too long, the sheer ambition on show here is simply stunning, as you witness the walls closing in on this pampered, delusional clan, even though the film itself is often rather opaque. 2024, 12, 148MIN

Driven: Archie

SPORT BIOPIC

Gran Turismo

Available now, Netflix ★★★

Teenage Cardiff gamer Jann Mardenborough (played by Archie Madekwe) transformed his skill on the titular racing videogame into a real-life career as a professional race-car speedster. How he did it provides the compelling engine for a film that is less a plug for PlayStation than a motorsports *Rocky*: a rags-to-riches tale of a plucky British underdog who got handed a shot at the title, helped by testy taskmaster Jack (David Harbour), a former driver-turned-grumpy garage hand. Structured a little like the game, *Gran Turismo* may be formulaic but is still a fun thrill-ride. From 23 May. 2023, 12, 129MIN

ACTION COMEDY

Old Guy

Friday, 12.35am & 8pm, Sky Premiere ★★★

A fitfully fun movie elevated by a fine cast but weighed down by tired script, this stars Christoph Waltz as a contract killer who's long in the tooth and about to be put out to pasture, when he's assigned young buck Cooper Hoffman to train up. Lucy Liu pops up but isn't given much to do as chalk 'n' cheese buddy movie clichés ensue. The action scenes are decent and setting the movie in London and Belfast makes a nice change, but these actors deserve better. 2024, 15, 94MIN

Gun play: Lucy, Christoph and Cooper

Films

Pairing up: Adam and Sebastian

BLACK COMEDY

A Different Man

Saturday, 12.30pm & 8pm, Sky Premiere ★★★★

A caustic comedy that burrows into the 'beauty is only skin deep' cliché and comes out with something fresh and challenging, even if the humour is of the blackest kind. Piled under prosthetics, Sebastian Stan plays wannabe actor Edward, a sad, nervous mouse of a man who has a severe facial deformity. Through a revolutionary drug therapy, though, he is transformed and becomes the Sebastian Stan we recognise, 'killing off' Edward and becoming the handsome 'Guy'. Trouble is, he's still the sad sack he always was.

So when he meets Oswald (Adam Pearson), a genial, confident man with the same condition (neurofibromatosis) he once had, Guy becomes increasingly bitter, especially as his playwright girlfriend (Renate Reinsve) has based her latest work on the old Edward and is entranced by Oswald.

Writer-director Aaron Schimberg's sharp, often cringe-filled comedy asks too many questions and doesn't have many answers, but is still engrossing. He's helped by the wonderful Stan and Pearson who make for a brilliantly awkward odd couple. 2024, 15, 112MIN

Hidden gems Great movies you might have missed...

DRAMA

Cat Person

StudioCanal ★★★★

Courtship can be a minefield, as college student Margot (Emilia Jones) discovers when a flirty encounter escalates into a round-the-clock, text-based relationship. Is Robert (Nicholas Braun) the man of her dreams, or is she making the biggest mistake of her life? Based on a short story, this uses a 20-year-old's doubts and fears as a springboard for a perceptive, funny and occasionally terrifying delve into the potential hazards of modern dating. 2024, 15, 118MIN

FOLK CHILLER

The King Tide

Paramount+ ★★★★

Off the coast of Newfoundland, an island community has severed all connection to the mainland. They have everything they need, thanks to the magical powers of a 10-year-old girl, Isla (Alix West Lefler). She can heal the sick, as well as bring fish into the waiting nets and, so, is regarded somewhat as a deity. But what happens if her power fades? An engrossing, gorgeously filmed allegory that's thoroughly absorbing. 2024 15, 100MIN

PERIOD DRAMA

Shirley

Mubi ★★★★

Elisabeth Moss is brilliant as legendary horror writer Shirley Jackson in this offbeat psychodrama set in 1950s New England. Jackson – boozy and mean – and her condescending, sleazy professor husband (Michael Stuhlbarg) meet newlyweds Rose (Odessa Young) and Fred (Logan Lerman) after Fred takes up a post at an elite college, with Rose unwittingly becoming the inspiration for Jackson's next book. It's queasily enthralling. 2020 15, 107MIN

Saturday 24 May

ANIMATION

Wallace & Gromit: Vengeance Most Fowl

3.45pm, BBC1 (3.15pm Wales, not Scotland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

This joyful display of visual jokes, daft puns and homespun charm sees dotty inventor Wallace (voiced by Ben Whitehead following the death of Peter Sallis in 2017) and his clever canine companion Gromit (expressively silent, as ever) on cracking form. Mayhem results when Wallace's latest gadget, 'smart' gnome Norbot (Reece Shearsmith), develops a mind of its own and brings about the return of a vengeful figure from the pair's past: Feathers McGraw, the larcenous penguin from 1993's short *The Wrong Trousers*. As the slapstick crime caper gathers pace, the film references, pastiches and satirical jabs flow with hilarious results. 2024, U, 79MIN

A gnome for trouble: Gromit

HORROR

Control Freak

Available now, Disney+ ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Motivational speaker and self-help guru Valerie (Kelly Marie Tran) gets an itch on her head she can't stop irritating – and the scratching slowly takes over her life. It may be the simplest of plots, but writer-director Shal Ngo's clever chiller travels to some dark and twisty places as Vietnamese-American Valerie unwillingly starts delving into her familial and cultural roots. Whether she suffers from a psychological condition or there's a demonic entity torturing her is up for debate, making for an intriguing trip. 2025, 15, 104MIN

THRILLER

Mission: Impossible - Dead Reckoning

8pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

With the latest *M:I*, *The Final Reckoning*, in cinemas, this is your chance to catch up on the plot. It sees Tom Cruise's Ethan Hunt and trusty sidekicks Simon Pegg and Ving Rhames tackling their biggest foe yet - AI. Cruise must find both halves of a mysterious key that controls this all-powerful force, but with plenty of interested parties – including Hayley Atwell, Rebecca Ferguson, Vanessa Kirby and Esai Morales – floating about it's no easy task... A big, busy spectacle with thrilling set pieces. 2023, 12, 163MIN

CLASSIC MUSICAL

Meet Me in St Louis

2.25pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Judy Garland was reputedly dead set against appearing in this turn-of-the-last-century romantic musical. Strange then to consider that it turned out to be one of her most memorable performances and that she went on to marry the film's director, Vincente Minnelli. There's little in the way of plot – we follow the romantic fortunes of three sisters over the course of a year – but it's a riot of colour and sound, the unforgettable musical highlights being *The Trolley Song* and *Have Yourself a Merry Little Christmas*. 1944, U, 113MIN

THRILLER

Retreat

12.25am, BBC1 (1.10am Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

Cillian Murphy and Thandiwe Newton travel to an uninhabited island somewhere off the coast of Britain in order to heal their fractured relationship. But they are interrupted by the arrival of a bloodied, wounded soldier (Jamie Bell), who insists that a deadly pandemic has swept across the mainland. But is he telling the truth..? This claustrophobic three-hander sags a bit in its central section, but it's tense and the fine actors keep us engrossed to the bitter finale. 2011, 15, 86MIN

■ Full listings start on p35

Sunday 25 May

ANIMATION

Toy Story 4

2.30pm, BBC1 (not Scotland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Another winner, this fourth outing for Woody (voiced by Tom Hanks), Buzz (Tim Allen) and co is every bit as inventive as its predecessors. The story finds Woody taking a road trip when young owner Bonnie loses her new toy, craft project Forky (Tony Hale). His quest reunites him with an old love, Bo Peep (Annie Potts), now a fiercely independent free agent, but places him in peril with faulty talking doll Gabby Gabby (Christina Hendricks). The film tackles its surprisingly weighty philosophical issues with skill, giving a depth and resonance to the laughs and thrills, and expect to shed a tear or two before the heart-tugging close. 2019, U, 100MIN

To infinity: Woody and Forky

ANIMATION

How to Train Your Dragon

2.20pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Absolutely enchanting entertainment, this first film in the animated series is a triumph for its gripping, robust story, cute laid-back sense of humour and fantastic visuals. It spectacularly re-creates a mythical Viking era in which (according to the book by Cressida Cowell) there be dragons. Jay Baruchel provides the voice of teen hero Hiccup, who secretly befriends a wounded dragon while in training at dragon-slayers school, America Ferrera is Astrid, the feisty girl he takes a shine to, and Gerard Butler is Hiccup's warlike father Stoick. 2010, PG, 98MIN

BIOPIC

What's Love Got to Do With It

11.45pm, BBC2 (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Little Anna Mae Bullock gets a yen for singing and, later, is discovered in a nightclub by her musical idol Ike Turner. But before you can say Nutbush, Tennessee, Anna Mae has become Tina Turner and Ike a Svengali-like mentor whose mental and physical abuse of his wife knows no bounds. With the real Tina Turner providing her singing voice, Angela Bassett is amazingly convincing, practically transforming herself into the star, while as Ike Laurence Fishburne gives an astonishing performance of charisma and cruelty. 1993, 18, 118MIN

FANTASY ROMANCE

Three Thousand Years of Longing

10.55pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Discovering a curious bottle at a bazaar, Tilda Swinton's 'narratologist' Alithea releases a benevolent genie (Idris Elba's pointy-eared Djinn) and is promised three wishes. They spend much time philosophising in an Istanbul hotel room as the Djinn tells Alithea how he ended up in a glass-blown cell, a tale spanning dynasties, continents and millennia. It falls short in places, but this collection of short stories and fantastical flashbacks brings director George Miller's visual invention to the fore. 2022, 15, 108MIN

SCI-FI THRILLER

Blank

12.40am, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

Novelist Rachel Shelley signs up for a fully AI-operated retreat in a bid to shift her writer's block. But when a virus infiltrates her unit's software the system glitches, leaving her locked inside with an increasingly unstable android, Rita (Heida Reed). Director Natalie Kennedy's debut plays like a mash-up of *M3GAN*, *Misery* and *Black Mirror*. Though the plot feels stretched at feature length, Reed and Shelley are solid throughout, and the last act satisfies. 2023, 15, 95MIN

■ Full listings start on p45

Weekday movies over page

Holiday Monday 26 May

CRIME COMEDY

Greedy People

4.10am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A consistently agreeable crime comedy in which cops Joseph Gordon-Levitt and Himesh Patel stumble on the set-up for a spousal hit. The duo make off with a stash of cash that becomes the driving factor in a story where the bodies – and laughs – start piling up. Standouts among the fine support are Lily James as Patel's pregnant wife and Tim Blake Nelson, ace as the shrimp magnate whose plan to bump off this wife (Traci Lords) sets in motion the bloody chain of events. Good, grimy fun. 2024, 15, 112MIN

Out of line: Himesh and Joseph

ANIMATION

Captain Underpants

12.45pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

Mischievous eight-year-olds George (voiced by Kevin Hart) and Harold (Thomas Middleditch) get their own back on their mean headteacher (Ed Helms) by hypnotising him into believing he is the exuberantly idiotic superhero of the comic book they've created: Captain Underpants. This animated comedy is unashamedly puerile and irredeemably silly – its heroes would heartily approve. 2017, U, 89MIN

COMEDY FANTASY

The Truman Show

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

An ingenious satire from director Peter Weir that gives Jim Carrey a chance to flex his comedy skills and acting talent as an innocent husband unaware that his whole life is the subject of a global TV show, presided over by its god-like producer (Ed Harris). While the film offers little in the way of great revelations about our attitudes towards television, it is intelligent, inventive and uplifting. 1997, PG, 99MIN

DISASTER MOVIE

The Poseidon Adventure

2.35pm, Legend ★★★★★

Sex ●●● Violence ●●● Language ●●●

This still-gripping movie created the template for the modern-day disaster movie. New Year's Eve celebrations aboard luxury liner *Poseidon* are interrupted when a freak wave capsizes it. The all-star cast is headed by Gene Hackman as a preacher trying to lead the motley group of survivors (including Ernest Borgnine, Shelley Winters and Red Buttons) to safety through the upside-down innards of the ship. 1972, PG, 117MIN

ACTION THRILLER

The Contractor

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Chris Pine's discharged special forces sergeant finds work with a private contracting firm run by veteran Kiefer Sutherland. Director Tarik Saleh's film is routine as a mission in Berlin goes awry, but Pine makes a reliable hero as the family man caught up in corruption and criminality, and he gets solid support from the likes of Eddie Marsan, Nina Hoss and Ben Foster. 2022, 15, 103MIN

■ Full listings start on p55

Tuesday 27 May

COMEDY DRAMA

I'll Be Right There

12.20am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

This pleasant comedy stars a wonderful Edie Falco as a woman whose needy family leave her with no 'me' time. Her mother (Jeannie Berlin) has various medical conditions, her eight-month pregnant daughter (Kayli Carter) is freaking out, her ex-addict son (Charlie Tahan) refuses to go to therapy and her lover (Sepideh Moafi) seems to see Falco as nothing more than a sexual outlet. This little movie bustles along nicely enough and is good company, but lacks a forceful propellant to really make it sing. 2023, 12, 98MIN

Family ties: Edie

SCI-FI ROMANCE

The Adjustment Bureau

10.30am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Matt Damon's rising politician suffers a setback when a past misdemeanour is exposed. Then he meets Emily Blunt's ballet dancer and things start looking up, only to take an odd turn when creepy blokes in suits and funny hats appear, intent on breaking them up... Based on a Philip K Dick tale, this is an entertaining and charming mix of sci-fi, romance and action. 2011, 12, 105MIN

DRAMA

The Big Chill

9.35pm, Sky 80s ★★★★

Sex ●●● Violence ●●● Language ●●●

Director and co-writer Lawrence Kasdan's perceptive, touching and witty film reunites a group of 1960s college pals in the 1980s at the funeral of a friend. During the course of a weekend, they talk, eat, drink, jog, flirt and get to know each other again. Glenn Close, Tom Berenger, William Hurt, Kevin Kline, Meg Tilly and JoBeth Williams are excellent, but Kevin Costner's role as the deceased ended up on the cutting room floor. 1983, 15, 115MIN

WESTERN

The Good, the Bad and the Ugly

9pm, ITV4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The third and last of Sergio Leone and Clint Eastwood's spaghetti Westerns is arguably the best. A rambling tale set during the American Civil War, it has a powerful trio of stars in Eastwood, Eli Wallach and Lee Van Cleef, who are all on the trail of a hoard of gold, double-crossing each other up to the protracted climax. The film is full of vivid images and boasts a memorable Ennio Morricone score. 1966, 15, 155MIN

FANTASY

Field of Dreams

10.05pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

This classic feel-good fantasy stars Kevin Costner as an Iowa farmer who builds a baseball diamond over a corn field because he hears a voice one day telling him, 'If you build it, he will come.' And one evening famous player Shoeless Joe Jackson (Ray Liotta) appears... A magical, heart-warming fairy tale of the very highest order. 1989, PG, 106MIN

■ Full listings start on p65

Wednesday

SUPERHERO

Captain America: Brave New World

Starts today, Disney+ ★★★

Sex ●●● Violence ●●● Language ●●●

Anthony Mackie has his turn to shine with the shield as his Cap becomes entangled in a conspiracy when new US president Thaddeus Ross (Harrison Ford) narrowly

Taking control: Anthony

THRILLER

Eileen

10.45pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Working at a grim detention facility, Thomasin McKenzie's timid Eileen also has to pander to her drunken ex-cop dad (Shea Wigham). That is, until Anne Hathaway's exotic psychologist Rebecca flutters into her life. A rash move on Rebecca's part obliges the same from Eileen, suggesting a vein of calculating criminality lurking under the submissive surface... A taut, lean and compelling journey into twisted immorality. 2023, 15, 98MIN

SCI-FI CLASSIC

Things to Come

10.55pm, Talking Pictures ★★★★

Sex ●●● Violence ●●● Language ●●●

Co-scripted by HG Wells and based on his book *The Shape of Things to Come*, this pivotal sci-fi movie may creak mightily in its story and dialogue, but triumphantly depicts what the 21st-century might look like. Moving forward from a prophetically war-ravaged 1940 to 1970 and then to 2036, TV, helicopters, Ralph Richardson and Raymond Massey are all part of the futuristic equation. 1936, PG, 113MIN

28 May

escapes an assassination attempt. It's a solid, entertaining flick that ties together plenty of loose Marvel story threads, but does little new and wastes the likes of Giancarlo Esposito and Tim Blake Nelson. That said, Joaquin Torres as Mackie's new wingman, Danny Ramirez, is a charismatic scene-stealer. 2025, 12, 118MIN

THRILLER

The Whistleblower

11.25pm, GREAT! movies ★★★

Sex ●●○ Violence ●●○ Language ●●○

Rachel Weisz's committed turn in this searing conspiracy thriller, based on a true story, blazes with integrity. She's a Nebraska police officer-turned-UN peacekeeper who uncovers a sex-trafficking operation in war-ravaged Bosnia. She finds that US defence contractors and UN workers are complicit in the crimes, and puts her own life in danger while attempting to bring the scandal to light. 2010, 15, 107MIN

COMEDY

The Edge of Seventeen

4.10am, Sky Cinema Comedy ★★★★

Sex ●○○ Violence ○○○ Language ●●○

Socially inept Hailee Steinfeld's teen is an emotional mess, and the only person she can turn to for advice is jaded history teacher Woody Harrelson. This first-rate comedy captures adolescent turbulence brilliantly, thanks to writer-director Kelly Fremon Craig's smart script and the terrific Steinfeld. 2016, 15, 104MIN

■ Full listings start on p75

Thursday 29 May

COMEDY HORROR

Werewolves Within

11.55pm, Film4 ★★★

Sex ○○○ Violence ●●● Language ●●○

No sooner does new Ranger Finn Wheeler (Sam Richardson) arrive in the small town of Beaverfield than he's holing up at an inn with a bunch of colourful locals, one of whom is likely a werewolf, as a storm rages and the power cuts out. Directed by Josh Ruben, this horror comedy is a smart, fun adaptation of the popular multiplayer game. Admittedly, the scares and creature design never quite get the hairs rising, but the consistent gags are sure to make you howl. 2021, 15, 97MIN

Hunting party: Sam

ANIMATION

The Angry Birds Movie

9.05am, Sky Animation ★★★

Sex ○○○ Violence ○○○ Language ○○○

Having hatched a brood of popular spin-offs, including books, toys and a TV series, it was inevitable the blockbuster videogame would become a film. It's a boisterous animation that has fun explaining why the game's flightless birds have been catapulting themselves at those egg-stealing green pigs. Some of the humour may fly over the heads of youngsters, but the exuberant silliness will go down a treat. 2016, U, 97MIN

SCI-FI ADVENTURE

Stargate

2pm, Sky Greats ★★★★

Sex ○○○ Violence ○○○ Language ○○○

The premise of this hugely enjoyable sci-fi thriller is that the Egyptian pyramids were built by aliens who left behind a secret portal – the Stargate – to a galaxy, millions of light years away. Tough military man Kurt Russell and eccentric academic James Spader lead an expedition to the other side, but what they find confounds expectations. The story's mix of straight faces, eye-catching visuals and silly lines works like a charm. 1994, PG, 125MIN

THRILLER

L.A. Confidential

9pm, Legend ★★★★★

Sex ●○○ Violence ●●● Language ●●○

Set in a sleazy LA in the 1950s, this homage to old-style Hollywood police stories oozes style. Russell Crowe, Guy Pearce and Kevin Spacey are very different detectives playing key roles in a complicated tale, based on James Ellroy's crime novel, that takes in corruption and murder. It's expertly directed by Curtis Hanson and the acting is superb, with Kim Basinger winning an Oscar as a film-star lookalike hooker who falls for Crowe. 1997, 18, 138MIN

CLASSIC THRILLER

Dirty Harry

11.10pm, ITV4 ★★★★★

Sex ●○○ Violence ●●○ Language ●○○

Maverick San Francisco cop 'Dirty' Harry Callahan (Clint Eastwood) will stop at nothing in his relentless pursuit of a serial killer (Andy Robinson) holding the city to ransom. Don Siegel's 1970s classic pushed the cop thriller into a new era and gave Eastwood one of his most iconic roles (after it was turned down by John Wayne, Robert Mitchum and Frank Sinatra). 1971, 15, 103MIN

■ Full listings start on p85

Friday 30 May

DISASTER MOVIE

Twisters

8pm, Sky Blockbusters ★★★★

Sex ○○○ Violence ●○○ Language ●○○

A terrific suspense sequence opens this reboot/sequel to the 1996 hit that's a swirl of spectacle and sentiment. Daisy Edgar-Jones stars as an intuitive ex-storm-chaser who, following a tragedy, now sits behind a desk. Then old pal Anthony Ramos needs her help to chase a once-in-a-generation cluster of twisters set to raze Oklahoma, while cocky social media star Glen Powell stands in their way. With a keen eye for rural Americana and its communities, this is a blustery blockbuster with real feeling. 2024, 12, 122MIN

Wind up: Anthony, Daisy and Glen

COMEDY

Problemista

6am & 2.20pm, Sky Pride ★★★

Sex ●●○ Violence ●○○ Language ●●○

In this absurdist comedy, writer-director-star Julio Torres' gentle wannabe toy designer faces deportation to El Salvador unless he can earn sponsorship by arranging an art show of the weird egg paintings made by the cryogenically frozen husband of his monstrous art critic boss (Tilda Swinton). A head-spinning mix of deadpan parody, poignant satire and lo-fi fantasy, this is chaotic but wildly imaginative. 2024, 15, 105MIN

CRIME COMEDY

The Heat

10.40pm, BBC1 (11.10pm Wales) ★★★

Sex ●○○ Violence ●●○ Language ●●○

This knockabout crime comedy sees Sandra Bullock, as an uptight FBI agent who does everything by the book, having to team up with foul-mouthed, aggressive Boston cop Melissa McCarthy who throws the rules out of the window. The film is crude and rude, but it is great fun watching the stars striking comic sparks off each other as, naturally, they bond and use their contrasting skills to get the bad guy. 2013, 15, 117MIN

WESTERN

The Power of the Dog

11pm, BBC2 ★★★★

Sex ●○○ Violence ●○○ Language ●○○

In 1920s Montana, rancher George (Jesse Plemons) marries Rose (Kirsten Dunst), which sends his rough-hewn brother Phil (an excellent Benedict Cumberbatch) into a rage. Soon, he's brutally haranguing Rose – but there's much more to this story than jealousy in director Jane Campion's elegant drama. It's a subtle spin on sibling rivalry, repressed emotions and rural living. 2021, 12, 126MIN

ACTION HORROR

Shadow in the Cloud

12.30am, BBC1 (not Wales) ★★★★

Sex ●○○ Violence ●●● Language ●●●

As a bomber plane takes off during World War Two, a woman (Chloë Grace Moretz) jumps aboard with a mystery cargo, a crisp English accent and a secret operation to carry out. But misogyny and dogfights aren't the only perils that she has to fight in this audacious, genre-mashing creature feature. It's brilliantly bonkers. 2020, 15, 83MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

A host of trophies are up for grabs in an unmissable week of action

Feast of football

WOMEN'S CHAMPIONS LEAGUE FINAL

Saturday, kick-off 5pm, TNT Sports 1 & DAZN

The men's team may have fallen in the semi-finals, but Arsenal's women stand on the brink of a famous Champions League victory when they meet holders Barcelona in Lisbon. Barça are seeking a fourth title in five seasons, while the Gunners are bidding for a second victory after lifting the trophy in 2007. Renée Slegers' side includes WSL player of the season Mariona Caldentey, who faces her former club after moving to London last summer.

CONFERENCE LEAGUE FINAL

Wednesday, kick-off 8pm, TNT Sports 1 & Discovery+

It may not be the most prestigious of the European trophies, but Chelsea fans won't mind that as they take on Spanish side Real Betis in the Polish city of Wrocław. Betis coach Manuel Pellegrini managed Chelsea boss Enzo Maresca for two years when the pair were at Málaga. Having rested many of his Premier League players in the tournament, will Maresca keep faith in youngsters such as winger Tyrique George for the final? As well as airing on TNT Sports 1, the match is available for free on Discovery+ if you register for a free account.

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY

LIVE FOOTBALL

There's some mouth-watering live football on our screens this week, with Chelsea and Arsenal going for European glory, the Premier League finale and the Scottish Cup finals, not forgetting the EFL play-offs at Wembley and the home nations' latest qualifiers in the Women's Nations League (see page 33).

Here's our guide to all the big games…

SCOTTISH CUP FINALS

Saturday & Sunday, BBC1 (Scotland only), BBC iPlayer & Premier Sports 2

PFA Scotland player of the year Daizen Maeda will be aiming to complete a memorable season on Saturday as Celtic target the Scottish Cup for a third year in succession (kick-off 3pm). Having claimed the league and League Cup, Brendan Rodgers' Hoops are going for a sixth treble in nine seasons at Hampden Park when they take on Aberdeen. In the women's final on Sunday, Rangers' prolific Katie Wilkinson will be out for goals against Glasgow City (kick-off 2pm).

PREMIER LEAGUE FINALE

Sunday, kick-offs 4pm, Sky Sports & TNT Sports

The Premier League comes to an end on Sunday, when captain Virgil van Dijk's Liverpool side will be parading the trophy in front of the Kop as they celebrate a 20th title against Crystal Palace at Anfield. With relegation already confirmed, interest will focus on the fight for the European places, with nine teams competing next season, including six in the Champions League. Key matches include Chelsea away to Nottingham Forest and Aston Villa away to Manchester United. Can Ollie Watkins help end Villa's season on a high?

THE MAIN EVENT

Britain's Jack Draper

LIVE TENNIS

French Open

From Sunday, TNT Sports 1, TNT Sports 4 & Discovery+

Defending champion Carlos Alcaraz and Jannik Sinner renew a rivalry that looks set to dominate men's tennis for the next decade when play begins on the red clay of Roland-Garros this weekend. Sinner recently returned from a three-month doping ban and joins a men's singles field that includes an out-of-form Novak Djokovic, who is looking to overtake Margaret Court with a record 25th Grand Slam title, and Britain's world No 5 Jack Draper, who made the final of the Madrid Open earlier this month. Meanwhile, in the women's competition, Iga Świątek is hot favourite to claim her fifth French title, but will face stiff competition from world No 1 Aryna Sabalenka, while Britain's Emma Raducanu has shown better form on clay in recent weeks.

Title holder Carlos Alcaraz

Northampton's Tommy Freeman

LIVE RUGBY UNION

European Champions Cup final

Saturday, kick-off 2.45pm, Premier Sports 1 & S4C

After a famous victory at Leinster in the semi-finals, Northampton Saints are in the European Champions Cup final for the first time since 2011, having won the tournament once before, in 2000. As they take on Bordeaux Bègles in Cardiff, Tommy Freeman will want to repeat his hat-trick of tries from the semi-final, while the French outfit have their own potential matchwinner in back-three star Louis Bielle-Biarrey.

England captain Harry Brook

LIVE CRICKET

England v West Indies: First ODI

Thu, play starts 1pm, Sky Sports Cricket & Sky Sports Main Event

This week's cricket action includes the opening ODI in a three-match series between England and West Indies at Edgbaston. It's the first white-ball series for England since Harry Brook was named captain, and is followed by three T20s. Other highlights include the start of the T20 Blast. It's the first time that all men's and women's teams will play side by side, with Sky Sports+ showcasing Somerset v Surrey (Fri, 6.25pm). Also this week, England's women face the West Indies in their final T20 clash (Hol Mon, 2pm) and the opening ODI (Fri, 12.30pm) on Sky Sports Cricket.

Charles Leclerc

LIVE MOTORSPORT

F1: Monaco Grand Prix

Sun, race starts 2pm, Sky Sports F1 & Sky Sports Main Event

Monte Carlo-born Charles Leclerc couldn't hide his emotions in 2024 when the Ferrari driver won his home Grand Prix for the first time, beating Oscar Piastri on the famous street circuit. This year, his season has been overshadowed by Sir Lewis Hamilton's arrival and Ferrari's failure to kick on after a successful 2024 when they ran McLaren close for the constructors' title.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Diamond League
Sun 7pm BBC3
The fourth round of the series staged at Prince Moulay Abdellah Stadium in Rabat, Morocco.

LIVE Grand Slam Track Athletics
Fri 9.30pm TNT Sports 2
The opening day of the third round of the competition at Franklin Field.

AUSTRALIAN RULES

LIVE Hawthorn Hawks v Brisbane Lions
Sat 7am TNT Sports 3

LIVE North Melbourne Kangaroos v Collingwood Magpies
Sat 12noon TNT Sports 1

LIVE Adelaide Crows v West Coast Eagles
Sat 4am TNT Sports 2

LIVE Melbourne Demons v Sydney Swans
Sun 6am TNT Sports 4

LIVE Brisbane Lions v Essendon Bombers
Thu 10.30am TNT Sports 2

LIVE Collingwood Magpies v Hawthorn Hawks
Fri 10.30am TNT Sports 2

LIVE Gold Coast Suns v Fremantle Dockers
Fri 4am TNT Sports 2

BASEBALL

LIVE Boston Red Sox v Baltimore Orioles
Sat 9pm TNT Sports 1
The MLB American League match.

LIVE New York Mets v Los Angeles Dodgers
Sat 12m't TNT Sports 2
The MLB National League game.

LIVE Boston Red Sox v Baltimore Orioles
Sun 6.30pm TNT Sports 3
The MLB American League match.

LIVE New York Mets v Los Angeles Dodgers
Sun 12m't TNT Sports 2
The MLB National League match.

LIVE Kansas City Royals v Cincinnati Reds
Mon 9pm TNT Sports 4
The MLB inter-league fixture.

LIVE Cleveland Guardians v Los Angeles Dodgers
Mon 11.01pm TNT Sports 2
The MLB inter-league match.

Darts
Can Luke Littler claim a second Premier League title in two years?

LIVE Philadelphia Phillies v Atlanta Braves
Tue 11.30pm TNT Sports 2
MLB National League.

LIVE Cleveland Guardians v Los Angeles Dodgers
Wed 6pm TNT Sports 2
The MLB inter-league game.

LIVE San Diego Padres v Miami Marlins
Wed 9pm TNT Sports 3
The MLB National League match.

LIVE Philadelphia Phillies v Atlanta Braves
Thu 11.31pm TNT Sports 2
The MLB National League fixture.

LIVE Chicago Cubs v Cincinnati Reds
Fri 7pm TNT Sports 3
The MLB National League match.

BASKETBALL

LIVE Indiana Fever v New York Liberty
Sat 6pm TNT Sports 3
A match in the WNBA.

LIVE NBA Conference finals
Sat, Mon, Wed & Fri 1.30am, Tue & Thu 1am TNT Sports 1

LIVE NBA Play-offs
Sun 1am TNT Sports 1

CRICKET

LIVE England v Zimbabwe
Sat & Sun 10.15am Sky Sports Main Event & Sky Sports Cricket
Days three and four of the men's Test match staged at Trent Bridge.

LIVE Sunrisers Hyderabad v Kolkata Knight Riders
Sun 2.50pm Sky Sports +, 7pm Sky Sports Main Event & Sky Sports Cricket
The T20 match which is staged at Arun Jaitley Stadium, Delhi.

LIVE Ireland v West Indies
Sun 4.15pm TNT Sports 2
The third and final ODI match in the series which is staged at Malahide Cricket Club in Dublin.

LIVE England v West Indies
Mon 2pm Sky Sports Cricket
The third and final women's T20 in the series staged at Ambassador Cruise Line Ground, Chelmsford.

LIVE England v West Indies
Thu 12.15pm Sky Sports Cricket & 12.30pm Sky Sports Main Event
The first ODI in the three-match men's series at Edgbaston. See p29.

LIVE England v West Indies
Fri 12.30pm Sky Sports Main Event & Sky Sports Cricket
The first women's ODI in the three-match series staged at The County Ground, Derby.

LIVE Somerset v Surrey
Fri 6.25pm Sky Sports+
The T20 Blast South Group match at Somerset County Cricket Club.

CYCLING

LIVE UCI Mountain Bike World Series Women
Sat 10am & Sun 8.45am TNT Sports 1
From Nove Mesto, Czech Republic.

LIVE UCI Mountain Bike World Series Men
Sat 11am & Sun 10.45am TNT Sports 1
From Nove Mesto, Czech Republic.

LIVE Giro d'Italia
Sat & Wed 11.30am, Sun 10.15am, Tue 10am, Thu 12.30pm & Fri 11am TNT Sports 3
Stages 14 to 19 of the race in Italy.

LIVE Tour of Burgos
Sat 1.30pm TNT Sports 4
The third stage of the race, a 95km route from Valle De Valdebezana to Espinosa De Los Monteros.

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports+
Finals night at O2 Arena in London, featuring semi-finals and the final.

GOLF

LIVE The Soudal Open
Sat 12.30pm & Sun 12noon Sky Sports Golf
Days three and four at Rinkven International Golf Club in Belgium.

LIVE Charles Schwab Challenge
Sat & Sun 5pm Sky Sports Golf; Sat 8.30pm & Sun 8pm Sky Sports Main Event
Days three and four at Colonial Country Club in Fort Worth, Texas.

LIVE Austrian Alpine Open
Thu & Fri 12noon Sky Sports Golf
Days one and two staged at Gut Altentann Golf Club in Salzburg.

LIVE Memorial Tournament
Thu & Fri 12.30pm Sky Sports+, 5pm Sky Sports Golf
Days one and two at Muirfield Village Golf Club in Dublin, Ohio.

LIVE US Women's Open Golf
Thu & Fri 5pm Sky Sports Mix; Thu 11pm & Fri 9pm Sky Sports Main Event; Thu & Fri 11pm Sky Sports Golf
Days one and two of the Major staged at Erin Hills in Wisconsin.

GYMNASTICS

LIVE European Championships
Thu 1pm & Fri 3pm BBC2
Days four and five of the event at Leipzig Trade Fair in Germany.

HORSE RACING

LIVE Haydock, Goodwood, York and The Curragh
Sat 1pm ITV1

ICE HOCKEY

LIVE NHL Play-offs
Sat & Sun 12m't, Mon-Fri 1am Premier Sports 2; Sat 2.30am Premier Sports 1

LIVE IIHF World Championships
Sun 2.10pm Premier Sports 2
The third-place play-off from Avicii Arena in Stockholm, Sweden.

LIVE IIHF World Championships
Sun 7.10pm Premier Sports 2
The final in Stockholm, Sweden.

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Sat & Sun 12m't TNT Sports 3
The women's and men's bouldering finals from Salt Lake City, USA.

MOTORCYCLING

LIVE MotoGP
Sat 9.30am TNT Sports 2
The British Grand Prix Moto2 and Moto3 second practice sessions.

LIVE MotoGP
Sat 11am TNT Sports 2
British Grand Prix MotoGP qualifying at Silverstone.

LIVE MotoGP
Sat 1.45pm TNT Sports 2
The British Grand Prix Moto2 and Moto3 qualifying at Silverstone.

LIVE MotoGP
Sat 3.45pm TNT Sports 2
The British Grand Prix MotoGP sprint race staged at Silverstone.

LIVE MotoGP
Sun 9.30am TNT Sports 2
British Grand Prix warm-up session.

LIVE MotoGP
Sun 10am TNT Sports 2 & 10.30am Quest
The British Grand Prix Moto2 race staged at Silverstone.

LIVE MotoGP
Sun 12.15pm TNT Sports 2
The British Grand Prix MotoGP race staged at Silverstone.

LIVE MotoGP
Sun 2.15pm TNT Sports 2
The British Grand Prix Moto3 race.

LIVE Birmingham Brummies v King's Lynn Stars
Mon 7.30pm TNT Sports 2
Round four of the British Speedway season from Perry Barr Stadium.

LIVE Smederna v Indianerna
Tue 5.55pm Premier Sports 1

MOTORSPORT

LIVE Formula 3
Sat 9.40am Sky Sports F1
The Monaco Grand Prix sprint race.

LIVE Formula 1
Sat 11.15am Sky Sports F1
Monaco Grand Prix third practice.

LIVE Formula 2
Sat 1.10pm Sky Sports F1
The Monaco Grand Prix sprint race.

LIVE Formula 1
Sat 2.10pm Sky Sports F1 & 3pm Sky Sports Main Event
The Monaco Grand Prix qualifying.

LIVE British Talent Cup
Sat 5pm & Sun 8.30am TNT Sports 2
Races one and two at Silverstone.

LIVE Formula 3
Sun 6.55am Sky Sports F1
Monaco Grand Prix feature race.

LIVE Formula 2
Sun 8.35am Sky Sports F1
Monaco Grand Prix feature race.

LIVE British Touring Car Championship
Sun 10.45am ITV4
Round three at Snetterton.

LIVE Porsche Supercup
Sun 10.55am Sky Sports F1
At Circuit de Monaco, Monte Carlo.

LIVE Formula 1
Sun 12.30pm Sky Sports F1 & 1pm Sky Sports Main Event
The Monaco Grand Prix at Circuit de Monaco in Monte Carlo. See p29.

LIVE Indianapolis 500
Sun 5.30pm Sky Sports F1
The sixth round of the season at Indianapolis Motor Speedway.

LIVE NASCAR
Sun 10pm Premier Sports 1
The Coca-Cola 600 at Charlotte Motor Speedway in North Carolina.

LIVE British GT Championship
Mon 10.30am & 3.25pm Sky Sports F1
From Oulton Park, Cheshire.

LIVE Formula 3
Fri 8.50am Sky Sports F1
Spanish Grand Prix practice session.

LIVE Formula E
Fri 9am TNT Sports 2
The Shanghai ePrix first practice.

LIVE Formula 2
Fri 10am Sky Sports F1
Spanish Grand Prix first practice.

Sport A-Z and football planner >>>

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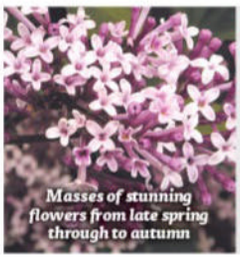

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Football planner

LIVE Formula 1
Fri 12noon & 3.40pm Sky Sports F1
Spanish Grand Prix practice sessions.

LIVE Formula 3
Fri 2pm Sky Sports F1
Spanish Grand Prix qualifying.

LIVE Formula 2
Fri 2.55pm Sky Sports F1
Spanish Grand Prix qualifying.

LIVE Indycar
Fri 8pm Sky Sports F1
The Chevrolet Detroit Grand Prix first practice session.

LIVE FIA Formula E
Fri 1am TNT Sports 3
Shanghai ePrix second practice.

LIVE FIA Formula E
Fri 3am TNT Sports 3
The Shanghai ePrix first qualifying session staged at Shanghai International Circuit.

NETBALL

LIVE London Mavericks v Nottingham Forest
Sat 3.55pm Sky Sports Mix
The Super League match staged at Hertfordshire Sports Village.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 3
Champions League final night.

RUGBY LEAGUE

LIVE Penrith Panthers v Newcastle Knights
Sat 8.30am Sky Sports Action
The NRL match staged at Carrington Park in Bathurst.

LIVE Sydney Roosters v Cronulla-Sutherland Sharks
Sat 10.30am Sky Sports Action
The NRL match staged at Industree Group Stadium in Gosford.

LIVE Catalans Dragons v Wigan Warriors
Sat 5pm Sky Sports Action (kick-off 5.30pm) The Super League match from the 12th round of fixtures at Stade Gilbert Brutus.

LIVE New Zealand Warriors v Canberra Raiders
Sun 7.05am Sky Sports Action
The NRL match staged at Go Media Stadium in Auckland.

LIVE Queensland Maroons v New South Wales Blues
Wed 10am Sky Sports Main Event & Sky Sports Action (kick-off 11.05am) Game one of the State of Origin three-match series at Suncorp Stadium in Brisbane.

LIVE New South Wales Blues v Queensland Maroons
Thu 10.30am Sky Sports Main Event & Sky Sports Action (kick-off 10.45am) The third and final match of the Women's State of Origin series from McDonald Jones Stadium in Newcastle, Australia.

LIVE Huddersfield Giants v Leigh Leopards
Thu 7.30pm Sky Sports Action (kick-off 8pm) The Super League match from the 13th round of fixtures at John Smith's Stadium.

LIVE Hull Kingston Rovers v St Helens
Fri 7.30pm Sky Sports Action (kick-off 8pm) The Super League the match from the 13th round of fixtures which is staged at Sewell Group Craven Park.

RUGBY UNION

LIVE Chiefs v Moana Pasifika
Sat 8am Sky Sports Mix (kick-off 8.05am) The Super Rugby match staged at FMG Stadium Waikato in Hamilton, New Zealand.

LIVE Western Force v Waratahs
Sat 10.30am Sky Sports Mix (kick-off 10.35am) The Super Rugby match from HBF Park in Perth.

LIVE Northampton Saints v Bordeaux Bègles
Sat 2pm Premier Sports 1 & 2.15pm S4C (kick-off 2.45pm) The European Champions Cup final match which is staged at Principality Stadium in Cardiff. See page 29.

LIVE Melrose Sevens
Sat 6pm Premier Sports 1
From the Greenyards in Melrose.

LIVE Highlanders v Chiefs
Fri 8am Sky Sports Action (kick-off 8.05am) The Super Rugby match from the 16th round of fixtures staged at Forsyth Barr Stadium in Dunedin, New Zealand.

LIVE Brumbies v Crusaders
Fri 10.30am Sky Sports Action (kick-off 10.35am) The Super Rugby match from the 16th round of fixtures at GIO Stadium Canberra.

LIVE United Rugby Championship
Fri 7pm Premier Sports 1
The first quarter-final.

LIVE Blues v Waratahs
Fri 5.35am Sky Sports Action (kick-off 5.35am) The Super Rugby match from the 16th round of fixtures staged at Eden Park in Auckland, New Zealand.

TENNIS

LIVE WTA & ATP Tours
Sat 1pm Sky Sports+ & Sky Sports Tennis
Tournaments including the ATP Hamburg Open, ATP Geneva Open, WTA Strasbourg Open and WTA Rabat Open.

LIVE French Open
Sun 10am TNT Sports 4, 12.45pm & 7pm TNT Sports 1
The first day of the tournament which is staged at Stade Roland-Garros in Paris, featuring matches in the first round. See p29

LIVE French Open
Mon 10am TNT Sports 1 & TNT Sports 4
The second day of the tournament staged at Stade Roland-Garros.

LIVE French Open
Tue 10am TNT Sports 1 & TNT Sports 4
Day three of the tournament staged at Stade Roland-Garros in Paris.

LIVE French Open
Wed 10am TNT Sports 1 & TNT Sports 4
Day four, which sees the start of round two of the tournament.

LIVE French Open
Thu 10am TNT Sports 1 & TNT Sports 4
Day five of the tournament staged at Stade Roland-Garros in Paris.

LIVE French Open
Fri 10am TNT Sports 1 & TNT Sports 4
Day six of the tournament at Stade Roland-Garros in Paris, featuring matches in the third round.

LIVE CHAMPIONSHIP

Sheffield United v Sunderland

Sat, kick-off 3pm, Sky Sports Main Event & Sky Sports Football

With a money-spinning place in the Premier League at stake, the Championship play-off final at Wembley has been dubbed the most lucrative match in world football. Striker Kieffer Moore will want to fire the Blades back to the top flight.

LIVE EFL

Play-off finals

Sun & Hol Mon, Sky Sports Football & Sky Sports Main Event

Leyton Orient keeper Josh Keeley was the shootout hero as the Os made it through to Sunday's League One play-off final at Wembley (kick-off 1pm) where they will take on either Charlton or Wycombe. It's followed on Holiday Monday by the League Two final (k-o 3pm).

LIVE WOMEN'S NATIONS LEAGUE

England v Portugal

Friday, kick-off 7.45pm, ITV4

Manchester City's Lauren Hemp returns to the Lionesses squad following injury for this Group A3 clash at Wembley. Also on Friday, Wales travel to Denmark (k-o 6.15pm), Northern Ireland host Poland (7pm), and winless Scotland take on Austria (7.35pm).

Saturday 24

LIVE Auckland FC v Melbourne Victory
7am TNT Sports 1 (kick-off 7am)
The A-League semi-final second-leg tie at Go Media Stadium.

LIVE Melbourne City v Western United
10.30am TNT Sports 4 (kick-off 10.35am)
The A-League semi-final second-leg tie at AAMI Park.

LIVE Aberdeen v Celtic
2pm BBC1 (Scotland only) & Premier Sports 2 (kick-off 3pm)
The Scottish Cup final staged at Hampden Park. See page 28.

LIVE Sheffield United v Sunderland
2pm Sky Sports Main Event & Sky Sports Football (kick-off 3pm)
The Championship play-off final staged at Wembley Stadium, as the teams contest a place in the Premier League next season.

LIVE Arsenal v Barcelona
4pm TNT Sports 1 & DAZN (kick-off 5pm)
The Women's Champions League final from Lisbon. See page 28.

LIVE Arminia Bielefeld v VfB Stuttgart
6.55pm Premier Sports 2 (kick-off 7pm)
The German Cup final from Olympiastadion in Berlin.

LIVE Serie A
7.30pm TNT Sports 2
A match from Italy.

LIVE Houston Dash v Bay FC
10pm TNT Sports 4 (kick-off 10pm)
The NWSL match from Shell Energy Stadium in Houston.

Sunday 25

LIVE League One play-off final
12noon Sky Sports Football (kick-off 1pm)
From Wembley Stadium.

LIVE Rangers v Glasgow City
1.30pm BBC1 (Scotland only) (kick-off 2pm)
The Women's Scottish Cup final staged at Hampden Park. See p28.

LIVE Premier League
3pm TNT Sports 1 (kick-off 4pm)
A match from the final day of the season, as the final places for next season's European tournaments are decided. See p28.

LIVE Premier League
4pm Sky Sports Main Event & Sky Sports Premier League (kick-offs 4pm)
Action from the final day of the season. See page 28.

LIVE LaLiga
5.55pm Premier Sports 1
A Spanish top-flight match.

LIVE Serie A
7.30pm TNT Sports 2

Holiday Monday

LIVE League Two play-off final
2pm Sky Sports Main Event & Sky Sports Football (kick-off 3pm)
From Wembley Stadium.

LIVE Bundesliga
7.20pm Sky Sports +
The relegation play-off second-leg match between the teams who finished in 16th place in Bundesliga and third in 2. Bundesliga.

LIVE Scottish Premiership play-off
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The second leg of the final, as the team that finished 11th in the Premiership this season host the winners of the semi-final.

Wednesday 28

LIVE Real Betis v Chelsea
6.30pm TNT Sports 1 & Discovery+ (kick-off 8pm)
The Conference League final from Wroclaw, Poland, which is available for free via Discovery+ if you register for a free account. This is just the fifth meeting between these two clubs and the first since the Champions League group stages back in 2005. Chelsea finished top of the league phase of this tournament after winning all six of their league games, while their opponents finished 15th overall with three wins to make it through to the knockout-phase play-offs. See p28.

Friday 30

LIVE Denmark v Wales
6pm BBC2 (Wales only) & BBC iPlayer (kick-off 6.15pm)
Both teams' penultimate UEFA Women's Nations League Group A4 match at Odense Stadium. Wales have just two points from their four matches so far and are in need of a win this evening to have any chance of avoiding relegation to League B. However, they have been competitive in all their matches, never losing by more than one goal, including when they met the Danes in Cardiff and fell to a 2-1 defeat, with Amalie Vangsgaard scoring the winner.

LIVE Northern Ireland v Poland
7pm BBC iPlayer (kick-off 7pm)
Both teams' penultimate UEFA Women's Nations League Group B1 match at Seaview in Belfast. These two teams sit at the top of the group, with Poland in first having won one more game than Northern Ireland. The reverse fixture at The Gdansk Stadium in February ended 2-0 to Poland

LIVE England v Portugal
7pm ITV4 (kick-off 7.45pm)
Both teams' penultimate UEFA Women's Nations League match in Group A3 staged at Wembley Stadium. The Lionesses played their opponents away in the first match of this year's campaign back in February, where they shared the points. After winning at home against Belgium but losing away, England sit second in their group's table behind Spain with Portugal in third. With Euro 2025 starting soon, Sarina Wiegman gets another chance to look at her squad in this match and she will be expecting victory on this occasion.

LIVE Scotland v Austria
7.25pm BBC Alba & BBC iPlayer (kick-off 7.35pm)
The UEFA Women's Nations League Group A1 match at Hampden Park. Scotland lost the reverse fixture at Josko Arena in February 1-0, and sit bottom of the group having yet to win a game, while only scoring two goals and conceding 13 in four games.

PHOTOS: GETTY

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Saturday

24 May

Evening Planner

Football

Women's Champions League Final
TNT Sports 1, kick-off 5pm
Arsenal take on Barcelona in the final at Estadio Jose Alvalade in Lisbon, Portugal.

Sci-Fi

Doctor Who
BBC1, 6.50pm (times vary)
The first in a two-part finale sees the Doctor in danger, Belinda lost and Ruby trapped. Can the Doctor save the day?

Drama

The Last Anniversary
BBC1, 9pm & 9.50pm (box set, iPlayer)
Miranda Richardson and Teresa Palmer star in this adaptation of Liane Moriarty's novel, set on an island of many secrets.

Profile

Liza: A Truly Terrific Absolutely True Story
BBC2, 9pm
Feature-length documentary charting the life of actress and singer Liza Minnelli.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 6.50 Doctor Who †	7.35 Blankety Blank †	8.10 Casualty		9.00 The Last Anniversary			10.35 News
	102 BBC2	7.00 Today at the Test		8.00 RHS Chelsea Flower Show		9.00 Liza: A Truly Terrific Absolutely True Story			
	103 ITV1	7.00 Britain's Got Talent: Live Semi-Final				9.05 The 1% Club		10.10 Fake	
	104 CHANNEL 4	◂ 6.30 F1: Monaco Grand Prix Qualifying...		8.00 Film: Mission: Impossible – Dead Reckoning Part One					
	105 5	◂ 6.30 Frogmore House: Royal Retreat		8.00 Secrets of the Royal Traditions		9.00 Harry: Can He Ever Be Forgiven?			10.30 Comedy Heroes
	106 SKY SHOWCASE	◂ 5.30 F1: Monaco...	7.30 Ted's Notebook	8.00 Rob & Romesh vs K-Pop		9.00 Film: Rampage			
ENTERTAINMENT	115 BBC3	7.05 EastEnders	7.35 Doctor Who...	8.05 Becoming...	8.30 Alison...	9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4		7.10 All Creatures Great and Small				9.15 Bob Servant		
	118 ITV2	◂ 6.30 Film: Indiana Jones and the Kingdom of the Crystal Skull				9.00 Film: Kingsman: The Golden Circle			
	136 MORE4	◂ 6.55 Four in a Bed		8.00 Film: Murder on the Orient Express				10.10 Travels with Agatha Christie &...	
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Best of...	8.30 Nothing to...	9.00 Elsbeth		10.00 The Equalizer	
	108 SKY ATLANTIC	◂ 6.30 Game of Thrones				9.00 The Penguin		10.00 Homicide: Life on the Street	
	110 U&GOLD	◂ 6.50 Only Fools and Horses							
	111 U&DAVE	7.00 Ghosts				9.00 The Office	9.40 Extras		10.20 The Cleaner
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	◂ 6.15 Film: The Living Daylights				9.00 English Football League...	9.45 Film: Mad Max Beyond Thunderdome		
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Christmas Show		9.00 Michael McIntyre: Happy & Glorious		10.00 Film: National Lampoon's Animal...	
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 The Walking Dead		8.00 Rob & Romesh vs K-Pop		9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 A League of Their Own: Mexican...	
	109 U&ALIBI	◂ 6.40 Death in Paradise		8.00 Beyond Paradise		9.00 Death in Paradise		10.00 Film: No One Would Tell	
	130 SKY ARTS	◂ 5.20 Concert for George		8.10 Discovering: Queen		9.10 Freddie Mercury: The Tribute Concert			
	132 U&W	7.00 Inside the Vets		8.00 999 Rescue Squad		9.00 Miranda			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Naked and Afraid		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Guardians of Rescue		9.00 Animal Cops Houston		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 WWII's Most Daring Raids				9.00 Greatest Prison Escapes with Billy Hayes			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash					
	121 SKY DOCS	◂ 5.50 Tina		8.00 Pee-Wee As Himself					
FILMS - Sky Cinema	301 PREMIERE	◂ 6.10 The Wild Robot		8.00 A Different Man				10.00 Cleaner	
	302 80s	◂ 5.55 Back to the Future		8.00 Back to the Future Part II			9.50 Back to the Future Part III		
	303 HITS	◂ 6.05 Transformers One		8.00 Wonder Woman					10.25 Justice League
	304 CULT CLASSICS	◂ 6.00 Blade Runner		8.00 Beetlejuice Beetlejuice			9.50 Being John Malkovich		
	305 ANIMATION	◂ 5.40 Shrek...	7.20 Shrek the Third			9.00 Shrek			10.35 Shrek 2
	306 FAIRYTALE	◂ 6.50 Snow White and the Huntsman				9.10 10 Lives			
	307 MI	◂ 6.40 Mission: Impossible			8.40 Mission: Impossible II				
	308 COMEDY	◂ 6.00 Scott Pilgrim vs. the World		8.00 Anyone But You				9.55 Thelma	
	309 THRILLER	◂ 5.40 State of Play		8.00 Inception					
	310 DRAMA	◂ 6.10 Jackie		8.00 Ghost					10.15 Turtles All the Way Down
	311 SCI-FI	◂ 6.15 I Am Legend		8.00 The Nun			9.45 A.I. Artificial Intelligence		
	313 FILM4	◂ 6.50 Romancing the Stone				9.00 Old			
SPORT	401 MAIN EVENT	◂ 4.00 EFL – Live: Sheffield United v Sunderland			8.30 PGA Tour Golf – Live: The Charles Schwab Challenge				
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 Fantasy Show	8.00 PL Preview	8.30 PL Stories	9.00 Chasing the Dream		10.00 Class of '92: Full Time	
	403 FOOTBALL	◂ 4.00 EFL – Live: Sheffield United v Sunderland			8.30 EFL Highlights		9.45 EFL		
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 Test Cricket		9.00 IPL		10.00 Best of...	10.30 Test Cricket...
	410 TNT SPORTS 1	◂ 4.00 UEFA Women's Champions League...		8.00 The Football's On		9.00 MLB – Live: Boston Red Sox v Baltimore Orioles (Start-time 9.10)			
	411 TNT SPORTS 2	7.00 PL Big Interview	7.30 Serie A – Live: Football from Italy's top division				9.45 The Football's On		

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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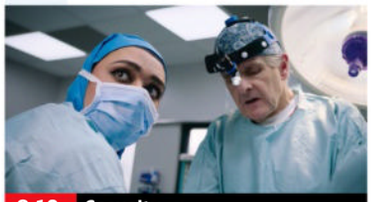
Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition (S)
11.30 **The Great Food Guys** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** Property series. (S)(R)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 **Garden Rescue** (S)(R)
2.30 **Deadly 60** (S)(R)
3.00 **Wallace & Gromit: A Close Shave**
3.30 NEW **Shaun the Sheep: The Shirleyverse** Animation. (S)
3.45 FILM **Wallace & Gromit: Vengeance Most Fowl** Animation. (S) (2024, U, 75min) ★★★★★
5.00 **BBC News** (S)
5.10 **Local News** (S)
5.20 **Celebrity Bridge of Lies** New edition 4/10. With Mark Chapman, JJ Chalmers, Beth Tweddle and Jeanette Kwakye. (S)



8.10 Casualty

6 PM

6.05 **The Hit List** New edition 10/12. Celebrity special with the Rev Kate Bottley, Denise Van Outen, Max George, Maisie Smith, Sally Lindsay and Eddie Kadi. (S)

6.50 **Doctor Who** New episode *Wish World:* 7/8. Part one of two. The Doctor returns Belinda home to a very different world. (S15) (S)(AD)

7 PM

7.35 **Blankety Blank** New edition 5/9. Panellists include Brian Conley, Kate Garraway and Jonathan Ross. (S)

8 PM

8.10 **Casualty** Sean betrays Rida to Russell, revealing that she leaked the list, and Flynn's efforts to secure funding for the ED are derailed by a stabbing. (S)(AD)

9 PM

9.00 NEW SERIES **The Last Anniversary** 1/6. Adaptation of Liane Moriarty's novel starring Teresa Palmer. (S)(AD)

9.50 **The Last Anniversary** New episode 2/6. Sophie finds clues as to what might have happened to Alice and Jack. *See feature, page 6.* (S1) (S)
■ Entire series on BBC iPlayer

10 PM

10.35 **BBC News** (S)

10.55 NEW **Sam Fender: Radio 1's Big Weekend Liverpool** The singer-songwriter performs at this year's festival in Liverpool's Sefton Park. (S)

12.25 AM FILM **Retreat** Thriller starring Cillian Murphy and Thandiwe Newton. A husband and wife are terrorised by a strange wounded man while staying in an island retreat. (S) (2011, 15, 85min) ★★★

1.50 **Weather for the Week Ahead** Seven-day forecast. (S)
1.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Children's Programmes**
9.00 **Around the World in 80 Gardens** From South Africa. (S)(R)(AD)
10.00 **Life in the Air** (S)(R)(AD)
11.00 **Interior Design Masters with Alan Carr** (S)(R)(AD)
12.00 NOON **Anna Haugh's Big Irish Food Tour** (S)(R)
12.30 PM FILM **Cockleshell Heroes** World War Two drama starring Jose Ferrer and Trevor Howard. (S) (1955, U, 95min) ★★★
2.05 **Musicals: Talking Pictures** (S)(R)
2.25 FILM **Meet Me in St Louis** Classic musical starring Judy Garland, Margaret O'Brien and Mary Astor. (S) (1944, U, 110min) ★★★★
4.15 **Race Across the World** The teams face a 7,000ft climb into the foothills of the Himalayas. (S)(R)
5.15 **Flog It!** Barnard Castle. (S)(R)

8.00 RHS Chelsea Flower Show

6.00 **Hidden Treasures of the National Trust** 2/6. The statue of a high-society mistress is restored at Knole House in Kent, and Townend, a Lake District farmhouse, undergoes a makeover. (S)(R)

7.00 **Today at the Test** England v Zimbabwe: Action from day three of the single Test at Trent Bridge. This is the first meeting between the two teams since the visitors travelled to these shores in 2003. (S)

8.00 **RHS Chelsea Flower Show** New edition Monty Don, Rachel de Thame and Arit Anderson look back at the highlights of their week at the horticultural event. (S)

9.00 NEW **Liza: A Truly Terrific Absolutely True Story** Documentary charting the life of actor and singer Liza Minnelli, examining the creative relationships she has had with her mentors and looking at her influences. (S)(AD)

10.40 FILM **New York, New York** Martin Scorsese's musical drama set during the Big Band era, starring Liza Minnelli and Robert De Niro as a singer and a musician who enjoy a turbulent relationship. (S) (1977, PG, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

1.20 AM **Sign Zone: The Bombing of Pan Am 103** 1/6. Dramatised documentary telling the story of the 1988 attack, in which a transatlantic flight was destroyed by a bomb while flying over the Scottish town of Lockerbie. With Patrick J Adams, Connor Swindells and Tony Curran. (S)(R)(AD)
2.15 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Love Your Garden** (S)(R)(AD)
6.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
11.40 NEW SERIES **Jeremy Pang's Hong Kong Kitchen** 1/6. A culinary trip to Hong Kong. (S)(AD)
12.40 PM **ITV News** (S)
1.00 LIVE **Racing** Coverage of races from Haydock Park, Goodwood, York and the Curragh. (S)
4.00 **Pictionary** With Angela Scanlon and Brian Conley. (S)(R)(AD)
4.30 **Tipping Point: Lucky Stars** With Judi Love and Pete Wicks. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

11.40 Jeremy Pang's Hong Kong...

6.00 **The Chase Celebrity Special** Toby Anstis, Paula Radcliffe, Rav Wilding and Vanessa Feltz answer general knowledge questions and work as a team to take on one of the Chasers and secure a charity prize. (S)(R)

7.00 **Britain's Got Talent: Live Semi-Final** New edition 13/14. The last semi-final of the series sees the next eight acts who impressed the judges during the audition rounds put on the performance of their lives as they compete for a spot in the live final, and edge one step closer to that life-changing cash prize of £250,000 and a coveted spot on the bill of the Royal Variety Performance. (S)

9.05 **The 1% Club** New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(AD)

10.10 **Fake** New episode *Eldorado:* 4/8. Joe makes huge promises to buy an expensive home for him and Birdie. (S1) (S)(AD)
■ Entire series on ITVX

10.55 **ITV News** (S)
11.15 FILM **Jaws: The Revenge** Action thriller sequel starring Lorraine Gary and Michael Caine. (S)(AD) (1987, 12, 105min) ★
1.00 AM **Shop on TV**
3.00 **The Assembly** (S)(SL)(R)
3.25 **For the Love of Dogs with Alison Hammond** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Food and Wine Tour: Australia** (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** (S4&5) (S)(R)
8.00 **Frasier** 13&14/24. (S9) (S)(R)(AD)
8.55 **The Simpsons** (S)(R)(AD)
11.00 **Come Dine with Me: The Professionals** In Swansea. (S)(R)
12.00 NOON FILM **The Next Karate Kid** Martial arts adventure sequel starring Noriyuki 'Pat' Morita and Hilary Swank. A rebellious teenage girl is taken under the wing of a wise karate instructor. (S) (1994, PG, 130min) ★★
2.10 PM **A Place in the Sun** (S)(R)
2.55 **Grand Designs** (S)(R)(AD)
3.55 **Kirstie and Phil's Love It or List It** Frank and Wilma need some help deciding whether to sell or renovate their home. (S)(R)(AD)
5.00 **The Piano** The pianists prepare to perform on a professional stage for the first time. (S)(R)(AD)

8.00 M:I - Dead Reckoning Part One

6.00 **News** (S)

6.30 **F1: Monaco Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for grid positions in the eighth round of the season staged at Circuit de Monaco in Monte Carlo. With analysis from Mark Webber, Jamie Chadwick and Ariana Bravo. (S)

8.00 FILM **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise, Hayley Atwell and Simon Pegg. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. (S)(AD) (2023, 12, 190min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 FILM **The Running Man** Drama with Arnold Schwarzenegger. (S)(AD) (1987, 18, 115min) ★★★
1.05 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.55 **The Simpsons** (S)(R)(AD)
3.10 **The Horne Section TV Show** (S)(R)
4.05 **Changing Rooms** (S)(R)(AD)
5.00 **Sarah Beeny's Little House, Big Plans** From Wiltshire. (S)(R)(AD)
5.55 **to 6.10** AM **Kirstie's House of Craft** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.15 **Entertainment News** (S)
9.20 **Bargain-Loving Brits in the Sun** Four editions. (S)(R)(AD)
1.05 PM **Dogs Behaving (Very) Badly** Graeme Hall meets a schnoodle who can't stand the groomers. (S)(R)
2.05 A Dachshund who hates public transport. (S)(R)
3.05 A dog who's been causing a non-stop racket. (S)(R)
4.05 Graeme Hall meets Tilly, who is defying her role as a therapy dog. (S)(R)
5.05 **Our Yorkshire Farm: 5 Years with the Owen Family** Special edition exploring how the Owen children have grown over the past five years. (R)

9.00 Harry: Can He Ever Be...?

6.25 **News** (S)
6.30 **Frogmore House: Royal Retreat** Royal journalists and historians reveal the secrets of the estate in the grounds of Home Park in Windsor, a private retreat for generations of royals going back to Queen Charlotte. (S)(R)
8.00 **Secrets of the Royal Traditions** New edition 5/6. A look at the customs of a royal wedding, discovering where the rituals originated and how they have evolved. (S)
9.00 NEW **Harry: Can He Ever Be Forgiven?** Documentary revealing intimate details of the royals' private lives with insider interviews, investigating what it would take for Prince Harry to be reconciled with his family in the UK. (S)
10.30 **Bradley Walsh's Comedy Heroes** 1/3. The actor celebrates his favourite sitcoms, including *The Liver Birds, Hi-de-Hi!, The Young Ones, Dad's Army* and *Absolutely Fabulous*. (S)(R)
12.05 AM **World's Most Expensive All-You-Can-Eat Buffet** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **A Country Life for Half the Price with Kate Humble** (S)(R)
3.50 NEW **The Secret Life of Your Recycling** Documentary. (S)
4.40 **Great British Bike Rides** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.00 **The F1 Show** A preview of the Monaco Grand Prix. (R)
9.00 **Whale with Steve Backshall** 1/4. Steve freedives with whales and dolphins. (S)(R)(AD)
11.00 **The Simpsons** (R)
2.00 PM **The Bachelor King** Documentary exploring the lives of king penguins. (S)(R)(AD)
3.30 **Greatest Escapes of WWII** A Russian soldier's daring escape from a Nazi death camp. (S)(R)
4.30 **World War Weird** (S)(R)
5.30 **F1: Monaco Grand Prix Qualifying Highlights** Action from Circuit de Monaco in Monte Carlo.

4.30 World War Weird

F1: Monaco Grand Prix Qualifying Highlights (film started at 5.30pm)
7.30 **Ted's Notebook** Ted Kravitz reviews all the biggest stories from qualifying at the Monaco Grand Prix. (R)
8.00 **Rob & Romesh vs K-Pop** Rob and Romesh enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)
9.00 FILM **Rampage** Fantasy adventure starring Dwayne Johnson, Naomie Harris and Malin Akerman. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.10 **James Acaster: Hecklers Welcome** A stand-up special by the comedian. (S)(R)
12.40 AM **Poker Face** 5/12. Charlie suspects foul play in the death of a baseball player. (S2) (S)(R)
1.40 **An Idiot Abroad 3** Karl Pilkington and Warwick Davis arrive in China. (S)(R)(AD)
2.40 **The Office (US)** (S5) (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00pm LIVE Scottish Cup Final (S) **5.35** Celebrity Bridge of Lies New edition (S) **6.20-6.30** BBC News (S) **6.35** Weather (S) **6.40** The Hit List New edition (S) **7.25-8.10** Doctor Who New episode (S)(AD) **10.55** Sportscene: Scottish Cup Final Highlights (S)(R) **11.40** NEW Sam Fender: Radio 1's Big Weekend Liverpool (S) **1.10am** FILM Retreat (S) (2011, 15, 85min) ★★★ **2.35** Weather for the Week Ahead (S) **2.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
2.00pm Deadly 60 (S)(R) **2.30** Wallace & Gromit: A Close Shave (S)(R) **3.00** NEW Shaun the Sheep: The Shirleyverse (S) **3.15** FILM Wallace & Gromit: Vengeance Most Fowl (S)(AD) (2024, U, 75min) ★★★★★ **4.30-5.00pm** Iolo's River Valleys (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.15pm Gardening Together with Diarmuid Gavin (S)(R) **5.30** Hidden Treasures of the National Trust (S)(R)(AD) **6.30-7.00pm** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.10** Canu gyda Fy Arwr **11.10** Ein Llwybrau Celtaidd **11.40** Ceffylau, Sheikhs a Chowbois **12.10pm** Ffermio **12.45** Cais Quinnell **1.15** Siwrna Scandi Chris **2.15** LIVE Clwb Rygbi **5.15** Rygbi Cymru yn Ewrop 30 **6.15** 3 Lle **6.45** Ralio+ **7.15** Newyddion a Chwaraeon **7.30** Cysgu O Gwmpas (AD) **8.00** Aur y Noson Lawen **9.00** Cyngherddau Eisteddfod Genedlaethol 2024 **11.20-11.55pm** Yn y Lwp

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Laugh Lessons**
7.05 **EastEnders** Stacey's behaviour worries Kat.
7.35 **Doctor Who: Unleashed** New edition 7/8. Behind the scenes of the sci-fi series.
8.05 **Becoming... the Doctor** Ncuti Gatwa reveals all about taking over the Tardis.
8.30 **Alison Hammond's Big Weekend** 2/6. Alison spends 48 hours in the company of Jimmy Carr.
9.00 **Two Pints of Lager and a Packet of Crisps** 2/14. Donna inherits a house. **9.30** 3/14. Gaz leaps into action to foil Louise's blackmail scheme. **10.00** 4/14. Donna plans to take revenge on Gaz. **10.30** 5/14. Donna seeks out new friends. (S5)
10.55 **I Kissed a Boy** Double bill.
12.35 AM **Glow Up: Britain's Next Make-Up Star**
1.35 **Paranormal: The Girl, the Ghost and the Gravestone**
2.05 **to 3.55** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Rabbits of Skomer** Wildlife and flora on the island of Skomer.
7.10 **All Creatures Great and Small** *Ace, King, Queen, Jack:* James dreads the forthcoming dog show. **8.05** *The Healing Touch:* James and Siegfried visit an animal hospital.
9.00 NEW **Brian Cox Remembers... Bob Servant** The actor reflects on the BBC sitcom.
9.15 **Bob Servant** 1/6. Comedy starring Brian Cox. **9.45** 2/6. The by-election favourite arrives in town. **10.15** 3/6. Bob looks for a campaign boost. (S1)
10.45 **Mark Lawson Talks to Brian Cox** The journalist interviews the Scottish actor, who rose to fame in 1983.
11.45 **Parkinson** Featuring guests Kim Novak, Julian Pettifer and AJP Taylor.
12.45 AM **The Good Life**
1.15 **Yes, Minister**
1.45 **to 3.35** AM **All Creatures Great and Small**

MORE4

136/137 127 147 18 124 15

8.55 AM **George Clarke's Old House, New Home**
10.00 **George Clarke's Amazing Spaces** A woman building a mobile juice bar.
11.00 **Location, Location, Location** From Edinburgh.
12.00 NOON **Four in a Bed**
2.40 PM **Come Dine with Me**
5.20 **Four in a Bed** The week begins at Creates Monmouth in Monmouthshire. **5.55** The rivals stay over at Coastal Park Accommodation in Llanelli.
6.25 **Four in a Bed** The Queens at Horton in Shropshire is the week's third location. **6.55** The final visit of the week is to Whychurch Farm Glamping in Wiltshire. **7.25** Payment Day arrives.
8.00 FILM **Murder on the Orient Express** Agatha Christie mystery starring Kenneth Branagh and Daisy Ridley. Hercule Poirot investigates the killing of an American businessman on board the famous train. (2017, 12, 114min) ★★★
10.10 **Travels with Agatha Christie & Sir David Suchet** 1/5. The *Poirot* star visits locations in Agatha Christie stories.
11.15 **24 Hours in A&E**
1.25 AM **Emergency Helicopter Medics**
2.25 **24 Hours in A&E**
3.30 **to 4.00** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Rude(ish) Tube Shorts**
6.10 **The Goldbergs**
8.35 **Lego Masters New Zealand** The teams build an original tabletop board game.
9.35 **Made in Chelsea**
10.35 **Ramsay's Kitchen Nightmares USA**
12.35 PM **The Big Bang Theory**
2.30 FILM **Hotel Transylvania 3: Summer Vacation** Animated sequel featuring the voice of Adam Sandler. (2018, U, 97min) ★★
4.30 **The Simpsons** Triple bill.
6.00 **The Simpsons** Six episodes of the series, including at: **7.30** *Exit Through the Kwik-E-Mart:* Bart's graffiti impresses a group of professional artists. **8.00** *Uncut Femmes:* Marge takes part in a jewel heist. **8.30** *Burger Kings:* Mr Burns begins selling plant-based burgers.
9.00 **Celebrity Gogglebox** Appraisals of shows including *Planet Earth II, Cape Fear* and *EastEnders*.
10.00 **Gogglebox** The armchair critics review *Wild Isles, Starstruck, The Apprentice, MILF Manor* and *The Piano*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **Gogglebox**
4.05 **Ramsay's Kitchen Nightmares USA**
5.00 **to 6.00** AM **Lego Masters New Zealand**

+1 hr 235/236 306 30 123 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Frontline Crime UK**
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed**
10.30 **Border Patrol**
12.00 NOON **Stop, Search, Seize** Documentary following the work of Ireland's border force.
1.00 PM **Border Security USA** The coastguards rescue a boat containing migrants.
2.00 **Nothing to Declare** Ten editions of the series following customs officers in Australia.

7.00 Nothing to Declare

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 The Best of Nothing to Declare Customs officers in Australia.
8.30 Nothing to Declare

9 PM

9.00 Elsbeth *The Wrong Stuff:* 2/20. Elsbeth investigates when a billionaire dies in a freak accident in a space training simulation. (S2)

10 PM

10.00 The Equalizer *Deception:* 15/18. The team suspect that Aunt Vi's friend is being taken advantage of by a conman. (S5)
11.00 Blue Bloods 19/20. Erin is stalked by a man recently released from prison. (S12)
12.00 M'T **FBI: Most Wanted** 1/22. A family are murdered. (S4)
1.00 AM **The Good Doctor** (S3)
2.00 to 6.00 AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Newsroom** (S2)
10.00 **Game of Thrones** Nine episodes including at: **1.15** 4/10. Jaime and Bronn head south. (S5) **2.15** 5/10. Jon enlists the help of an unexpected ally. (S5) **3.20** 6/10. Jorah and Tyrion run into slavers. (S5) **4.25** 7/10. Sansa tries to talk to Theon. (S5) **5.30** 8/10. Arya makes progress in her training. (S5) **6.30** 9/10. Daenerys hosts a much-anticipated celebration of athleticism. (S5)

9.00 The Penguin

7.50 Game of Thrones 10/10. Cersei finds herself seeking forgiveness in King's Landing. Stannis sets off on a gruelling march, Jon is challenged, and across the sea, Daenerys is surrounded by strangers. (S5)

9.00 The Penguin *Gold Summit:* 6/8. Oz seeks to expand his reach, while Victor crosses paths with a former adversary. (S1)

10.00 Homicide: Life on the Street *Betrayal:* 12/22. Tim and Frank investigate the murder of an abused girl. (S5)
11.00 Homicide: Life on the Street 13/22. A shopkeeper is killed. **12.00** M'T 14/22. A wealthy woman is murdered. **1.00** AM 15&16/22. (S5)
3.00 The Outsider 4/10. (S1)
4.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **S.W.A.T.** (S2&3)
11.00 **Grimm** 3-6/22. (S4)
3.00 PM **The Walking Dead** 14/16. Tyreese and Carol face problems with Lizzie's troubling behaviour. **4.00** 15/16. Daryl struggles to adjust to the Claimers' rules. **5.00** 16/16. The survivors are given a taste of life at the mysterious Terminus. (S4) **6.00** 1/16. The true motives of the Terminans are revealed as Rick and the group find themselves trapped. (S5)

8.00 Rob & Romesh vs K-Pop

7.00 The Walking Dead *Strangers:* 2/16. Rick leads a risky mission to a food bank as their supplies run low. (S5)

8.00 Rob & Romesh vs K-Pop Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon.

9.00 Big Zuu and AJ Tracey's Rich Flavours 1/3. Exploring the world's most expensive dishes, beginning in Seoul.

10.00 A League of Their Own: Mexican Road Trip 2/6. Jamie, Mo, Jill and Micah take part in the Day of the Dead parade.
11.00 Poker Face 5/12. Charlie suspects foul play in the death of a baseball player. (S2)
12.00 M'T **An Idiot Abroad 3** The duo arrive in China.
1.00 AM **Strike Back: Silent War**
2.00 The Force: North East
3.00 Road Wars
4.00 to 6.00 AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Deal or No Deal**
11.55 **American Ninja Warrior**
1.45 PM **The Masked Singer US**
2.40 **Britain's Got Talent: Live Semi-Final** Ant and Dec host as eight more acts compete for a place in this year's final.
4.40 **FILM Madagascar 3: Europe's Most Wanted** Animated comedy sequel featuring the voice of Ben Stiller. The runaway animals become wanted fugitives. (2012, PG, 93min) ★★★★

9.00 Kingsman: The Golden...

6.30 FILM Indiana Jones and the Kingdom of the Crystal Skull Adventure starring Harrison Ford and Cate Blanchett. In 1957, Indiana Jones tries to stop Soviet agents from seizing a crystal skull with psychic powers. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Kingsman: The Golden Circle Comedy adventure sequel with Taron Egerton and Colin Firth. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. (2017, 15) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 Family Guy 14/18. Featuring the voices of Cheryl Tiegs. **12.15** AM 9/18. Lois befriends a news presenter. (S9)
12.45 American Dad! (S7)
1.45 Iain Stirling's CelebAbility
2.30 World's Funniest Videos
2.55 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Mr Bean**
6.35 **A Touch of Frost** Double bill.
10.55 **Doc Martin**
12.55 PM **Agatha Christie's Poirot** *The Underdog.* A wealthy industrialist is murdered. **2.00** *The Yellow Iris:* An unsolved case resurfaces.
3.05 **Midsomer Murders** *Dressed to Kill:* DCI Barnaby investigates when a dominoes player is discovered dead. **5.00** *Red in Tooth and Claw:* A dead body surrounded by rabbits is discovered.

11.00 Lewis

7.00 Midsomer Murders *Last Man Out:* Barnaby and Winter investigate when Lower Pampling's star cricketer is discovered pummelled to death by cricket balls after a match.

9.00 Vera *The Escape Turn:* DCI Stanhope investigates the case of a wealthy betting shop tycoon who was murdered during a home invasion in front of his wife and daughter. Guest stars Karl Collins, Patrick Robinson and Katy Carmichael.
11.00 Lewis *Falling Darkness.* A professor is found dead on Halloween with a stake through her heart.
12.45 AM **Long Lost Family**
1.40 Mr Bean
2.05 On the Buses
2.30 to 3.00 AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Scottish Cup Final Highlights** Aberdeen v Celtic.
8.00 **The Mart** 1/6. Documentary following events at a livestock market in Thainstone, Aberdeenshire. **8.30** 2/6. Colin Slessor's daughter asks him to sell three of her lambs.
9.00 **The Mystery of Anthrax Island** How Scots activists got Gruinard Island decontaminated.
10.00 **Mrs Brown's Boys** 4/7. Agnes turns to the internet to find a date for Valentine's Day. (S3)
10.30 **Two Doors Down** 2/6. Cathy turns Colin's dad's wake into a party. (S4)
11.00 PM **to 12.00** M'T **Pitch Invasion: How the Scottish and Irish Changed Football**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Office (US)**
9.25 **Sex and the City** (S6)
1.30 PM **Sex and the City** Back-to-back episodes of the series, including at: **5.45** 15/20. Carrie struggles to deal with her feelings about having a child. **6.30** 16/20. Samantha tries a new hairstyle. **7.05** 17/20. Carrie and Aleksandr bed down for a cold snap. **7.45** 18/20. Aleksandr meets Carrie's friends. **8.20** 19/20. Carrie leaves her New York life behind and heads to Paris. **9.00** 20/20. Samantha opens up to Smith. (S6)
9.50 **Saturday Night Live** New edition Scarlett Johansson hosts.
11.20 **James Acaster: Hecklers Welcome**
12.50 AM **And Just Like That...**
1.40 **Entourage** (S8)
2.45 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Girls**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Sir Bryn Terfel and Friends: Songs of the Sea** Maritime songs.
7.15 **Cirque du Soleil: Amaluna**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **The Brontës by Anita Rani: Sisters of Disruption**
2.00 **Classic Movies: The Story of Scott of the Antarctic**
3.00 **FILM The Fortune Cookie** Comedy. (1966, b/w, U, 125min) ★★★★★
5.20 **Concert for George**
8.10 **Discovering: Queen**
9.10 **Freddie Mercury**
12.20 AM **Classic Albums**
1.20 **Paul McCartney and Wings: One Hand Clapping** Documentary.
2.50 **The Stones in Exile**
4.05 **Live from the Artists Den** John Legend.
5.05 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Play Your Pets Right**
8.15 **Silly Animals**
8.25 **Trolls: Trollstopia**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Africa's Claws and Jaws**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Baby Animals**
3.00 **Dogs with Extraordinary Jobs**
4.00 **A Bee's Diary**
5.00 **Animals Like Us**
6.00 **Super Shark Highway**
7.00 **Weird, Wild and Wonderful**
8.00 **Caught on Dashcam**
9.00 **Love You to Death** 7/20. A mother is beaten to death. (S1)
10.00 **Hawaii Five-0** (S1)
12.00 M'T **Hawaii Five-0** (S1)
1.00 AM **Sex and the City**
3.00 **Nothing to Declare**
4.00 **to 6.00** AM **The Force: Manchester**

ITV Be

131/132 125 119 28 119 22

7.30 **Buying the View**
8.00 **Olivia Meets Her Match**
8.55 **The Bardsley Bunch**
10.00 **Dinner Date**
1.00 PM **Project Bakeover**
3.55 **The Bardsley Bunch**
4.55 **The Real Housewives of Cheshire** Reality series.
6.00 **Celebrity Dinner Date** Dating show, featuring *The Only Way Is Essex* star, Bobby Norris. **7.00** Imogen Thomas chooses three blind dates from five menus. **8.00** Jess Wright chooses three men to date based on the menus she likes the look of.
9.00 **FILM Ghost** Romantic fantasy thriller starring Patrick Swayze, Demi Moore and Whoopi Goldberg. (1990, 12, 127min) ★★★★
11.40 **Loaded in Paradise**
12.40 AM **Backyard Builds**
1.10 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight back-to-back episodes, including at: **8.00** *A Song for Jason – Part Two:* Guest stars Giovanni Ribisi.
9.00 **Aurora Teagarden Mysteries: Heist and Seek** The sleuth and her friends investigate the theft of a priceless crown from a gala.
10.55 **An Aurora Teagarden Mystery: A Very Foul Play** At a true crime convention, the realism of the theatre proves excessive when one of the actors is killed.
12.50 AM **The New Avengers**
2.50 **GREAT! Movie News**
3.00 **Randall and Hopkirk (Deceased)** 4/26. (S1)
3.50 **GREAT! Movie News**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Minder**
7.25 **The Professionals**
8.25 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Hornblower** 2/8. (S1)
1.35 PM **FILM Tobruk** World War Two drama with Rock Hudson. (1967, PG, 110min) ★★★
3.55 **FILM Force 10 from Navarone** Adventure sequel starring Robert Shaw and Harrison Ford. (1978, 12, 118min) ★★

6.15 The Living Daylights

6.15 **FILM The Living Daylights** Spy adventure starring Timothy Dalton. Agent 007 discovers that there is more to a Russian general's defection than meets the eye. With Joe Don Baker. (1987, PG, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Sheffield United v Sunderland.
9.45 **FILM Mad Max Beyond Thunderdome** Futuristic action thriller starring Mel Gibson as post-apocalyptic adventurer Mad Max. The lone hero falls foul of the dictator of a primitive new community. With Tina Turner and Bruce Spence. (1985, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Wrestling: AEW Dynamite** Hard-hitting wrestling action.
1.50 AM **Minder**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Stargate – Ark of Truth** Sci-fi adventure. (2008, PG, 97min) ★★★
1.00 PM **Star Trek: Enterprise** Five episodes, including at: **4.00** 9/26. The crew begin acting strangely. **5.00** 10/26. Hoshi has her first experience of the transporter. (S2)
6.00 **Star Trek: Voyager** 4/26. The crew learn of a planned invasion of Earth. (S5)

1.00 Star Trek: Enterprise

7.00 **Star Trek: Voyager** *Once Upon a Time:* 5/26. Neelix helps a girl come to terms with life without her mother.
8.00 **Star Trek: Voyager** *Timeless:* 6/26. Chakotay and Kim steal a craft and try to change the fate of their long-dead crew.
9.00 **Star Trek: Voyager** *Infinite Regress:* 7/26. Seven of Nine loses her mind when she adopts different personalities.
10.00 **Star Trek: Voyager** *Nothing Human:* 8/26. The crew attempt to save Torres from an alien life form. (S5)
11.00 **The Walking Dead** 10/16. Rick and his fellow survivors encounter an odd collective. **12.00** 11/16. An Alexandrian resident becomes stranded within the Saviors' compound. **1.00** AM 12/16. Tara makes a challenging decision. (S7)
2.00 **The Walking Dead** (S7)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
10.00 **Father Brown**
12.00 NOON **Death in Paradise**
1.20 PM **Death in Paradise** 2/8. A surf-school owner is shot dead in his workshop. **2.40** 3/8. The president of a military re-enactment society dies mid-battle. **4.00** 4/8. A bride-to-be is found dead in her bath. **5.20** 5/8. A rock singer is electrocuted in a pool. **6.40** 6/8. A volleyball player is murdered. (S4)

8.00 Beyond Paradise

Death in Paradise (started at 6.40pm)
8.00 **Beyond Paradise** 4/6. The disappearance of a priest at a Catholic boarding school is linked to an ancient legend. (S2)
9.00 **Death in Paradise** *Flames of Love:* 8/8. A student backpacker is found dead with a gun in her hand. (S5)
10.00 **NEW No One Would Tell** A mother fights for justice for her daughter when the girl's seemingly perfect boyfriend turns violent.
11.55 **Death in Paradise** 1/8. A plantation owner is killed during a seance and his family believe it to be the work of a ghost. (S4) **12.55** AM As 1.20pm.
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **My Hero**
7.40 **Hi-de-Hi!**
8.15 **Only Fools and Horses**
1.20 PM **Only Fools and Horses** Del-Boy resolves to take the law into his own hands. **2.25** The Trotters prepare for Raquel to give birth. **3.30** Del grabs an opportunity to make a quick profit. **4.35** An audition gives Raquel the chance of a lifetime. **5.45** Del becomes a showbiz manager after discovering a Tom Jones-style singer.

7.55 Only Fools and Horses

6.50 **Only Fools and Horses** Del is invited to a school reunion organised by an old adversary. **7.55** Uncle Albert is mugged, so Del-Boy takes the law into his own hands, while Rodney becomes a director in Trotters Independent Traders.
9.00 **Only Fools and Horses** Rodney and Albert worry the flat will get overcrowded once Raquel and Del's baby arrives.
10.05 **Only Fools and Horses** Del grabs the chance to make a quick profit, and Rodney's marriage continues to deteriorate.
11.15 **Only Fools and Horses** An audition gives Raquel the chance of a lifetime – and an excuse to get out of Nelson Mandela House. **12.25** AM Del becomes a showbiz entrepreneur.
1.30 **to 4.00** AM **The Outlaws**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Fast Justice**
8.20 **Storage Hunters UK**
9.20 **James May: The Reassembler**
10.20 **Top Gear Vietnam Special**
12.00 NOON **Top Gear**
1.40 PM **Guy Martin: Last Flight of the Vulcan Bomber**
3.00 **Cape Carnage: Killer Catch**
4.00 **Motorhoming with Merton & Webster**
5.00 **Americas with Simon Reeve**
6.00 **Border Force: America's Gatekeepers** A man fears for his life after being stopped by a cartel in Laredo.

9.40 Extras

7.00 **Ghosts** A TV company decides to film a period drama in the house. **7.40** Mike and Alison learn their neighbours have an ancient claim over their land. **8.20** A luxury hotel chain makes Mike and Alison a tempting offer.
9.00 **The Office** A work experience trainee has a baptism of fire. **9.40** **Extras** Maggie tells Andy that he should ask the leading man for a line. **10.20** **The Cleaner** A pompous novelist suffers from writer's block. Guest stars David Mitchell.
11.00 **Not Going Out** Christmas special. Lee and Lucy reach unseen new highs.
12.00 M'T **Not Going Out**
1.00 AM **Have I Got a Bit More News for You**
3.00 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** Five editions.
2.00 PM **Chateau DIY**
6.00 **A Place in the Sun** Jasmine Harman heads to the Canary Islands. **7.00** A couple search for a holiday home in Los Gigantes, Tenerife.
8.00 **Location, Location, Location** From Surrey.
9.00 **Britain's Most Expensive Houses** Josh Marks tries to sell an £80 million penthouse.
10.00 **8 Out of 10 Cats Does Countdown** Alan Carr and Munya Chawawa take on Sarah Millican and Gary Delaney.
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Gogglebox**
1.10 **Celebrity Gogglebox**
2.15 **Night Coppers**
3.20 **Sarah Beeny's New Life in the Country**
3.50 **to 4.45** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4)
1.00 PM **NCIS** Nine episodes of the drama, including at: **7.00** *Leave No Trace:* 4/22. Agent Knight's former boyfriend teams up with the NCIS team. **8.00** *Guardian:* 5/22. Agent Parker steps up to protect Director Vance. **9.00** *The Good Fighter:* 6/22. The team look into the death of a fellow NCIS agent. (S20)
10.00 **Law & Order: Special Victims Unit** *Burning with Rage Forever:* 11/22. Benson suspects her son is being bullied. **11.00** *Tommy Baker's Hardest Fight:* 12/22. A popular fighter doesn't show up for the biggest bout of the year. (S23)
11.55 **Law & Order: SVU**
1.50 AM **Criminal Minds**
2.50 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Highway Patrol**
8.45 **Shoplifters: Caught Red Handed**
1.45 PM **Nightmare Tenants, Slum Landlords**
4.45 **FILM Mrs Caldicot's Cabbage War** Comedy starring Pauline Collins. (2002, 12, 107min) ★★★
7.05 **FILM From Time to Time** Ghost story with Maggie Smith and Timothy Spall. (2009, PG, 96min) ★★★★
9.00 **FILM Flowers in the Attic: Seeds of Yesterday** Drama sequel starring James Maslow. (2015, 12, 90min) ★★★
10.55 **The Girl in the Cellar: 8 Years Underground**
1.00 AM **Serial Killer Wives**
2.00 **NEW SERIES The Lizzie Borden Chronicles** 1&2/8. Drama starring Christina Ricci. (S1)
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Police Interceptors**
12.05 PM **Motorway Cops: Catching Britain's Speeders** Triple bill.
3.05 **FILM Hell Bent for Leather** Western. (1959, PG, 90min) ★★
4.50 **FILM Man Without a Star** Western starring Kirk Douglas. (1955, PG, 89min) ★★
6.40 **FILM Any Which Way You Can** Action comedy sequel starring Clint Eastwood. (1980, 15, 116min) ★★★
9.00 **Police: Night Shift 999** Police attempt to stop a suspected stolen car. **10.00** Gloucestershire officers attend a RTC.
11.00 **Police: Night Shift 999**
1.00 AM **Rookies & Raids : Police Interceptors Special** Documentary.
2.00 **Motorway: Hell on the Highway** Double bill.
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Pete Wicks: For Dogs' Sake**
5.00 **Inside the Vets** Triple bill, including at: **7.00** A bearded dragon has a bowel problem.
8.00 **999 Rescue Squad** On Hull docks, the team are called in after asylum seekers are discovered in a cargo container.
9.00 **Miranda** Penny threatens to cancel Miranda's Christmas. **9.40** Gary decides to join the dating scene. **10.20** The shop owner's friends accuse her of being immature.
11.00 **Wife Swap USA**
11.55 **999 Rescue Squad**
12.55 AM **Louis Theroux: Surviving America's Most Hated Family**
1.55 **to 3.00** AM **DNA Family Secrets**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Birds of a Feather**
8.05 **Bergerac**
11.20 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **2point4 Children** A visit from her mother makes Bill reassess her feelings. **5.40** Bill decides to take her driving test. **6.20** Bill's seedy boss refuses to give her a wage advance.
7.00 **The Brokenwood Mysteries** *Publish or Be Damned:* 3/6. Dame Audrey McKinnon is found dead, floating under a waterfall. (S10)
9.00 **Judge John Deed** *Duty of Care:* Jo Mills takes on a powerful businessman.
11.00 **Rebellion** 2/5. Dublin is divided as the rebels launch their attack. (S1)
12.10 AM **The Heart Guy**
1.15 **Birds of a Feather**
1.55 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Spain.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Derelict Rescue** Isadora and Ben tackle the restoration of a 500-year-old farmhouse in Devon.
9.00 **The Repair Shop** A beaten-up drum kit. **10.00** The team restore a homemade radio, dinner gongs and a musical carousel. **11.00** Metalworker Dom works on a toy bike gifted by Laurel and Hardy.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Game show.
11.00 **All Star Family Fortunes** Featuring guests Nikki Sanderson and Greg Rusedski. **11.40** With Nell McAndrew and Laurence Llewelyn-Bowen. **12.20** PM Featuring Michelle Collins and Christopher Biggins.
1.00 **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Double bill.
6.00 **The Chase** Triple bill.
9.00 **The Chase Celebrity Special** With guests Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 319 426 42 33

8.00 AM **The Lightning War**
9.20 **FILM Gunfighters** Western. (1947, PG) ★★
11.20 **FILM Three Violent People** Western. (1956, PG, 96min) ★★
1.35 PM **FILM Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
4.25 **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
6.10 **FILM Ten Wanted Men** Action Western. (1955, U, 80min) ★★★
8.00 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
9.50 **FILM Coroner Creek** Western adventure. (1948, PG, 89min) ★★
11.50 **FILM Lone Rider** Western. (2008, PG) ★★
1.40 AM **FILM Sub-Zero** Action adventure. (2004, 15, 90min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
9.30 **FILM Virtual Lies** Thriller. (2012, PG, 90min) ★
11.30 **FILM Lost Letter Mysteries: From the Heart** Crime drama. (2016, PG, 84min) ★★
1.25 PM **FILM Lost Letter Mysteries: One in a Million** Crime drama. (2016, PG, 84min) ★★
3.20 **FILM I Am Number Four** Thriller. (2011, 12) ★★★
5.40 **FILM Australia** Romantic adventure. (2008, 12, 158min) ★★★
9.00 **FILM The Bourne Supremacy** Espionage thriller sequel. (2004, 12, 108min) ★★★★
11.20 **FILM Papillon** Drama. (2017, 15, 133min) ★★★
2.10 AM **FILM Witness Unprotected** Thriller. (2018, 15, 90min) ★★
4.00 **to 6.00** AM **FILM The Rachels** (2017, PG) ★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Accidentally Engaged** Drama. (2016, PG, 86min) ★★
10.05 **FILM It Was Always You** Drama. (2021, PG) ★★
12.00 NOON **FILM Wedding Do Over** Drama. (2018, PG, 90min) ★★
2.05 PM **FILM A Romance Wedding** Comedy. (2020, PG, 85min) ★★
4.00 **FILM A Whirlwind Wedding** Comedy. (2020, PG, 90min) ★★
6.05 **FILM Wedding of Dreams** (2018, PG) ★★
8.00 **FILM Wedding Season** Romantic comedy. (2023, U, 84min) ★★
9.55 **FILM Bridal Wave** Romantic drama. (2015, PG, 84min) ★★
11.50 **FILM The Perfect Bride: Wedding Bells** Drama. (2018, PG, 84min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Romance Wedding**
+1hour 320 317 63

Rewind TV
182 92 150

6.00 AM **That's My Dog**
6.30 **Hancock** 1-3/13. (S1)
8.00 **The Fantastic Journey**
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S2)
2.00 PM **Blue Thunder** (S1)
3.00 **Born Free** 12/13. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **The Fantastic Journey**
7.00 **Carry On Laughing**
7.30 **In Loving Memory** 1/7. The local Legion President is run over. **8.00** 2/7. Ivy and Billy are glad to see the back of the late Jeremiah. **8.30** 3/7. Billy sets off for the local dance. **9.00** 4/7. The undertakers realise a rival is setting up in town. (S1)
9.30 **Please Sir!** (S2)
12.00 M'T **Police Woman** (S1)
1.00 AM **Mitch** 8/10. (S1)
2.00 **Blue Thunder** 3/11. (S1)
3.00 **Stereo Underground**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Born Free**

DMAX
159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** A pregnant woman wants to move back into her childhood home, but it is filled with her mother's belongings. **8.00** Featuring a woman who discovered hundreds of mice living in her kitchen.
9.00 **The Bad Skin Clinic** A man complains about smelly blisters in his armpits and groin. **10.00** A man seeks surgery for his nose, which has become big and bulbous.
11.00 **Boy with a Tail: Body Bizarre** Documentary.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa – Back to Basics**
11.00 **James Martin's Islands to Highlands**
3.00 PM **Marcus in the Med: Mallorca** Ten editions.
8.00 **Secrets of the Curry Kitchen** Asma Khan cooks recipes inspired by Kolkata's Chinatown.
8.30 **Nadiya Bakes**
9.00 **Adam Richman Eats Football** Adam is in West London to watch Chelsea FC. **9.30** Adam explores the football food culture of Newcastle United. **10.00** Adam heads into Nottingham for a great bowl of ramen. **10.30** Adam explores the matchday food culture surrounding Liverpool FC.
11.00 **Man v Food: Best Of**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
10.00 **Knight Rider** (S1&2)
3.00 PM **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
4.45 **FILM Cowboy** Western with Glenn Ford. (1958, PG, 90min) ★★★
6.40 **FILM Earthquake** Disaster movie starring Charlton Heston. (1974, PG, 129min) ★★★
9.00 **FILM Triple 9** Thriller starring Chiwetel Ejiofor. (2016, 15, 113min) ★★★
11.15 **FILM The Enforcer** Crime thriller starring Antonio Banderas. (2022, 18, 90min) ★★
1.05 AM **FILM Revenge** Crime thriller. (2017, 18, 108min) ★★★★
3.10 **to 5.00** AM **FILM The Fog** John Carpenter's supernatural thriller. (1979, 15, 90min) ★★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Monster Hunters** Sci-fi thriller. (2020, 15, 88min) ★
8.00 **FILM Slipstream** Sci-fi adventure starring Mark Hamill and Bob Peck. (1989, PG, 101min) ★
10.00 **Frank Herbert's Children of Dune**
4.00 PM **The Lost World** (S1)
9.00 **FILM Lone Survivor** Fact-based war drama starring Mark Wahlberg. Four soldiers face a battle for survival while on a mission to eliminate a terrorist leader in Afghanistan. (2013, 15, 116min) ★★★★
11.20 **FILM Death Trench** World War One horror with Rossif Sutherland and Robert Stadlober. (2017, 18, 88min) ★★
1.10 **to 3.00** AM **FILM She Never Died** Thriller starring Olunike Adeliyi. (2019, 15, 89min) ★★
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Contraband: Seized at Sea** Documentary.
11.00 **Airport Security: USA**
12.00 NOON **When Big Things Go Wrong**
2.00 PM **Legends of the Pharaohs** Double bill.
4.00 **Ancient Aliens**
7.00 **Ancient Aliens** The accounts of modern-day alien abductees.
8.00 **Alien Corridors** A formation is seen in the sky over the sleepy suburbs of Tinley Park.
9.00 **The Mothman Legacy** The legend of the Mothman, a creature seen by some as a harbinger of doom.
10.40 **The Proof Is Out There**
11.05 **Strange Evidence**
1.00 AM **Cops Who Kill with Will Mellor**
2.00 **Dog Patrol** Double bill.
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 166 138 46 133 30

9.15 AM **Frogmore House: A Royal Retreat**
10.40 **Osborne House: A Royal Retreat**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Walking Wartime Britain** Double bill.
7.00 **Endurance: Race to the Pole with Ben Fogle** Ben and Dwayne Fields re-enact expeditions to the South Pole.
8.00 **Michael Palin in North Korea** Michael travels to the east coast and the seaside town of Wonsan.
9.00 **James May's Great Explorers** Profile of Christopher Columbus.
10.30 **Discovering Atlantis with Dan Snow** Exploring the mysteries of the legendary island in the Atlantic.
12.00 M'T **The Stuarts: A Bloody Reign**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** People search for their ideal rural retreats.
8.00 **Love Your Garden** Alan Titchmarsh and his team of experts create a holiday-themed oasis for a Cambridgeshire mother who provides care for her sick son. **9.00** Alan and the team come to the aid of a south London family the Nwosus, making their tiny plot seem larger and providing them with a space that addresses all of their needs.
10.00 **Escape to the Country** People search for their ideal rural retreats.
1.00 AM **Rock the Block**
2.00 **to 4.00** AM **Flip or Flop**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Dr Lee and her staff are swamped once again. **9.00** Kenny's rare condition causes lumps to grow all over his body. **10.00** Jacqueline's shoulder growth makes it difficult to do her hobby. **11.00** Joe wants his head bumps removed.
12.00 M'T **Body Invaders**
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Mr Bean** (S1)
10.00 **Michael McIntyre's Big Christmas Show**
11.00 **Friends** (S6&7)
8.00 PM **Michael McIntyre's Big Christmas Show** With Dara O Briain, Ellie Goulding and Tom Jones.
9.00 **Michael McIntyre: Happy & Glorious**
10.00 **FILM National Lampoon's Animal House** Comedy. (1978, 15, 109min) ★★★★★
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **8 Out of 10 Cats**
2.15 **Reno 911!** 5/11. (S8)
2.45 **Key & Peele**
3.10 **Beavis and Butt-Head**
3.20 **The Comedy Central Chart Show**
3.25 **Michael McIntyre's Very Christmassy Christmas Show**
4.15 **to 5.00** AM **Blockbusters**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Culture Capsule**
9.15 **Criminally Funny**
11.40 **Takeshi's Castle**
3.40 PM **Michael McIntyre's Big Christmas Show**
5.00 **Whose Line Is It Anyway? USA**
8.00 **Friends** 13/24. Phoebe has a surreal day at work. **8.30** 14/24. The gang reminisce about their 30th birthdays. **9.00** 15/24. Rachel and Phoebe sabotage each other's plans. (S7)
9.30 **Friends** (S7&8)
3.00 AM **Impractical Jokers**
3.40 **Al Murray: The Pub Landlord – Live at the Palladium**
4.25 **Michael McIntyre's Very Christmassy Christmas Show**
5.10 **The Comedy Central Chart Show**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **FBI** *Clean Slate:* 5/15. A young girl has been abducted. **3.00** *Uncovered:* 6/15. The team infiltrate a drug trafficking gang. **4.00** *Discord:* 7/15. The agents hunt a killer who is shooting seemingly unrelated targets. **5.00** *Walk the Line:* 8/15. A bomb leaves three people dead. **6.00** *Leverage:* 9/15. The team work to find a motive when a reporter is kidnapped. (S3)
7.00 **Highway Cops**
9.00 **Dan Brown's The Lost Symbol** 8-10/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: Meltdowns** The boys help a man whose online girlfriend refuses to video chat.
8.00 **Catfish: The TV Show** Word that Nev and Kamie are in town leads to an explosive confrontation.
9.00 **Ghosted: Love Gone Missing** A woman confronts an old friend.
10.00 **FILM Resident Evil: The Final Chapter** Action horror sequel. (2016, 15, 107min) ★★★
12.05 AM **Dating Naked UK**
1.05 **Aussie Shore**
2.10 **Catfish: On the Run**
2.50 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Filthy Fortunes** Double bill.
10.00 **Salvage Hunters**
12.00 NOON **Gold Rush** Six editions of the series, including at: **3.00** PM Rick risks flooding to haul in big gold nuggets. **4.00** Sparks fly when Tony leaves his son with Cousin Mike. **5.00** Tensions escalate when two crewmembers get into a fight on Kevin's claim.
6.00 **Gold Rush: White Water** The team risk their lives to find a fortune in gold nuggets.

10.00 Salvage Hunters

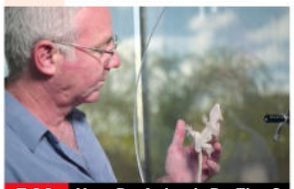
7.00 **Gold Rush: Mine Rescue with Freddy & Juan** Golden nuggets dry up on a couple's claim in British Columbia.
8.00 **Blowing Up History** Experts attempt to find the truth behind one of Rome's most enigmatic emperors.
9.00 **Naked and Afraid** Two survivalists from Mexico and Norway fight to reach 21 days amid torrential rain and little food.
10.00 **Marooned with Ed Stafford** The survivalist tests ancient Mayan hunting techniques in the Guatemalan jungle.
11.00 **Expedition X** Exploring a vast subterranean cave.
12.00 M'T **Deadliest Catch** Keith struggles to keep the *Wizard* afloat as a flooding collision void threatens to sink him.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pit Bulls & Parolees**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Treehouse Masters**
1.00 PM **Life at Vet University**
2.00 **Monster Croc Invasion**
3.00 **Pit Bulls & Parolees: Tia's Tales** Documentary.
4.00 **Pit Bulls & Parolees** The team members rush to rescue a dog seen on a busy highway.
5.00 **Alaska: Homestead Rescue**
6.00 **Pit Bulls & Parolees** Strays lead the staff on a chase.



7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How hyenas can eat pretty much anything. **7.30** A squirrel's ability to hide up to 10,000 nuts.
8.00 **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof, while Brian and Face help a woman.
9.00 **Animal Cops Houston** A dog is found with a tumour hanging from its neck, and the investigators face a custody battle.
10.00 **Alaskan Bush People** Ami prepares for a critical check-up, but Billy has concerns about progress on the homestead.
11.00 **I Was Prey** A 12-year-old dragged from his tent by a wolf. **12.00** M'T A woman is attacked by a crocodile.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Pit Bulls & Parolees**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Amsterdam Central 24/7**
12.00 NOON **WW2: Hell Under the Sea** Double bill of editions.
2.00 PM **Eyewitness WWII: Invasion Italy** 1&2/2. The story of World War Two's Italian campaign.
4.00 **World War II: The Apocalypse** Footage of D-Day in Normandy. **5.00** Exploring footage from the end of World War Two.
6.00 **Nazi Megastructures** Japan's use of suicide pilots.

8.00 Car S.O.S.

7.00 **Seconds from Disaster** An investigation into the causes behind the train crash that killed more than 100 people in Japan.
8.00 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Stockport to take on a 1994 Vauxhall Cavalier Turbo.
9.00 **Car S.O.S** Early onset dementia has left Ben struggling to maintain his beloved 1973 Porsche 911 Targa.
10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1984 Opel Manta GTE owned by a former amateur rally driver.
11.00 **Ice Road Rescue** Jo Roger looks to save a snow plough before a second truck crashes.
12.00 M'T **Ice Road Rescue**
2.00 AM **Money Meltdown**
2.55 **Food Factory** Double bill.
3.45 **Abandoned** Double bill.
4.35 **to 5.00** AM **When Sharks Attack**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Rust Valley Restorers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Triple bill.
1.00 PM **Auction Hunters** Eight editions, including at: **4.00** The traders discover construction equipment in LA. **4.30** A 1970s skateboard.
5.00 **Greatest Escapes of WWII** A Russian soldier's escape from a Nazi death camp.
6.00 **World War Weird** Bizarre events during wartime, including a Nazi anti-gravity device.

7.00 WWII's Most Daring Raids

7.00 **WWII's Most Daring Raids** A mission to take out four German howitzers about to assault Utah Beach.
8.00 **WWII's Most Daring Raids** Detailing how an elite group of British paratroopers managed to launch a midnight raid.
9.00 **Greatest Prison Escapes with Billy Hayes** An escape from a correctional facility using a hijacked helicopter.
10.00 **Greatest Prison Escapes with Billy Hayes** A look back at how Rédoine Faïd broke out of prison and into fame – twice.
11.00 **Greatest Prison Escapes with Billy Hayes** A correctional officer who participated in a prison break-out.
12.00 M'T **Hunting History with Steven Rinella** The story of an unidentified man, dubbed DB Cooper, who hijacked a Boeing 727 aircraft in 1971.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers: Best Of**
7.15 **American Pickers**
8.00 **American Pickers: Best Of**
9.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **'Allo 'Allo!** Herr Flick interrogates Rene. **3.40** Herr Flick is informed that the Communists have kidnapped his sausage. **4.20** Gruber is interrogated.
5.00 **Bangers & Cash: Restoring Classics** A 1969 Morris Mini Cooper MkII is totally restored. **6.00** A 1939 Morgan F4.

5.00 Bangers & Cash: Restoring

7 PM **7.00** **Bangers & Cash: Restoring Classics** The team invest in a piece of French art this week – a 1971 Citroen DS21 Pallas.
8 PM **8.00** **Bangers & Cash** A near-perfect 50s Chevy panel van and a very desirable low-mileage 80s Brooklands Capri.
9 PM **9.00** **Bangers & Cash** The team struggle to explain how a DAF 33 gearbox works, and Sarah attempts to bring order.
10 PM **10.00** **Bangers & Cash** Derek struggles to get his message across on a rare trip abroad to pick up a Bentley.
11.00 **Bangers & Cash** Dave finds a very rare 70s Sunbeam Lotus that has been rotting away in a farmyard for 29 years. **12.00** M'T Derek heads out to pick up a Rolls-Royce that once belonged to Fred Astaire.
1.00 **to 3.00** AM **Canal Boat Diaries**

+1hour 255 329

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **British Superbikes**
8.00 **Shed and Buried: Classic Cars**
9.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
5.00 **MotoGP** Recent action.
6.00 **Find It, Fix It, Flog It**
7.00 **Giro D'Italia Highlights**
8.00 **Find It, Fix It, Flog It**
9.00 NEW SERIES **Massive Engineering Mistakes** The devastating effects of engineering disasters. **10.00** New edition How engineers are fixing catastrophic issues.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **American Detective with Lt Joe Kenda**
9.00 **The Curious Case Of...** New edition A funeral home promises eco-friendly care but buries dark secrets.
10.00 **Jeffrey Dahmer: Mind of a Monster** A look into the chilling story of Jeffrey Dahmer.
12.00 M'T **The Murder of Gabby Petito: A Faking It Special**
1.00 AM **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** When a woman is killed in what looks like a home invasion, police quickly hone in on two suspects. **8.00** A transgender woman goes missing from a small town.
9.00 **Britain's Countryside Killers** Exploring the tragic murder of 18-year-old Lily Sullivan. **10.00** The tragic story of Sarah Williams.
11.00 **48 Hours** Marlene Warren was shot dead while her 21-year-old son looked on. **12.00** M'T Student Sarah Yarborough is found murdered 100 yards from her car.
1.00 AM **48 Hours**
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Five editions.
2.00 PM **Medical Detectives** Napa County police investigate a killing. **2.30** A look into how investigators use science to solve crimes. **3.00** A murderer tries to overturn his conviction. **3.30** Experts investigate a bomb blast which injured a farmer's wife. **4.00** A girl admits the testimony used to convict her uncle of murder was untrue. **4.30** The discovery of a killer fungus.
5.00 **Evidence of Evil** The case of Kelsey Berreth.
6.00 **Judge Judy** Real-life small-claims cases.
11.00 **Judge Judy**
2.00 AM **Psychic Private Eyes** Double bill.
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **How I Caught the Killer** Documentary.
2.00 **World's Most Evil Killers**
3.00 **Forensics: Catching the Killer** True-crime.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **The Murderer & Me**
12.45 AM **Forensics: Catching the Killer** Karen Price.
1.50 **Killer Siblings**
2.55 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Jungle War**
1.00 PM **America the Bountiful** Documentary.
1.35 **Mandate for Murder: Britain's Struggle in Palestine**
2.50 **Wrecks That Changed the World** Five editions of the series, including at: **6.40** How the Americans eradicated the Japanese fleet.
7.40 **Jungle War** 1/4. How the jungles of the Pacific shaped the battles. **8.45** 2/4. Aftershocks of World War Two. **9.50** 3/4. Examining jungle warfare tactics. **10.55** 4/4. Exploring jungle warfare in the last years of the Vietnam war.
12.00 M'T **America the Bountiful** Documentary.
12.35 **to 2.00** AM **Mandate for Murder: Britain's Struggle in Palestine**

SATURDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Jean Harlow**
7.00 **Discovering: Lee Marvin**
8.00 **The Directors** The life and work of Christopher Nolan. **9.00** The work of Nora Ephron.
10.00 **Paul Simon: In Restless Dreams** Two-part documentary exploring the 60-year career of the singer-songwriter.
2.10 PM **Wild Wild Space** Companies competing to launch satellite-carrying rockets.
4.00 **Nothing Compares** The story of Sinéad O'Connor's rise to worldwide fame.
5.50 **Tina** A celebration of Tina Turner's life and career.
8.00 **Pee-Wee As Himself** Two-part documentary tracing the life of Pee-Wee Herman. **10.00** The second installment of a two-part documentary tracing the life of the artist, actor and comedian.
12.00 M'T **I am Richard Pryor**
2.00 AM **The Girl Who Caught a Killer** Rachael Watts shares her story of being kidnapped.
3.10 **to 6.00** AM **TBA**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
8.00 **Wild Dogs: Running with the Pack** Double bill of editions.
9.00 **Deep Dive Australia**
12.00 NOON **Kui Buri: Thailand's Hidden Eden** A national park.
1.00 PM **Survival of the Beast**
2.00 **The Bachelor King**
3.30 **Micro Monsters with David Attenborough**
4.00 **Nature's Dress Code: Who Wears What and Why?**
5.00 **New Kids in the Wild**
7.00 **David Attenborough's Galapagos** Documentary exploring the Pacific archipelago. **8.00** The native species. **9.00** The differences between the 19 islands are revealed.
10.00 **Patagonia** A look at how humans and animals have turned from enemies to allies in the Patagonian Andes. **11.00** The creatures struggling in the far south of Patagonia.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **Kingdom of the Tide**
3.00 **to 6.00** AM **Africa's Hunters**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **World's First Battlefield**
10.00 **Spycraft**
11.00 **Myths & Monsters**
12.00 NOON **Ancient Aliens**
2.00 PM **Ultimate Mysteries**
3.00 **WWII's Most Daring Raids**
4.00 **Revolutions That Changed History** Queen Boudica.
5.10 **Guns That Changed the Game**
6.10 **How Disney Built America**
7.05 **Instruments of Death** Weapons that were used during 1916's Battle of the Somme.
8.05 **Custer: The Final Mystery** The weapons stripped from Custer's soldiers after the Battle of the Little Bighorn.
9.00 **Colosseum** Commodus, the son of Marcus Aurelius, risks his life in the arena.
10.00 **Scary Tales of New York** The story of Umberto Anastasia.
11.10 **Ancient Aliens** Triple bill.
2.00 AM **Clash of the Gods**
3.00 **Hitler's Handmaidens**
4.00 **Medieval Murder Mysteries**
5.00 **to 6.00** AM **Inside the Tower of London**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Taking the Stand**
12.40 PM **Killer in Plain Sight**
1.05 **Ozark Law** Double bill.
3.00 **Spring Break Murders**
4.00 **Tell Me How I Died**
5.00 **Accident, Suicide or Murder?**
7.00 **Gypsy Rose: Life After Lock Up**
8.00 **Secrets of Polygamy**
9.00 **Fatal Family Feuds** A deer hunter meets a tragic end, leaving behind a family left shattered by their loss.
10.00 **Interview with a Killer** A woman persuaded to kill her friend by a man she met online.
11.00 **Missing Presumed Dead**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Jade Eyed Leopard**
3.00 **Ice Road Rescue**
5.00 **Secrets of the Penguins**
7.00 **Queens** Under the rainforest canopy, two tiny insect queens set out to build their empires.
8.00 **Secrets of the Zoo** The Columbus Zoo makes room for three new cheetah cubs, while a langur monkey needs urgent life-saving treatment. **9.00** A new vet joins the zoo team, and a specialist is brought in to treat a bonobo with a serious heart condition.
10.00 **Malika the Lion Queen** Part one of two. Documentary telling the life story of a lioness, from cub to adult predator.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** A team of scientists explore what will happen if an asteroid hurtles towards Earth. **7.00** Examining the birth of stars, and how their creation changed the cosmos for ever. **8.00** Examining the formation of a black hole, which has a gravitational pull so strong not even light can escape it.
9.00 **Ancient Unexplained Files** New digital technology reveals the origins of two mysterious Egyptian mummies.
10.00 **Egypt's New Tomb Revealed** A gold coffin is unearthed in the Valley of the Kings, near the tomb of Tutankhamun.
11.00 **Revealed: Humayun's Tomb**
12.00 M'T **Massive Engineering Mistakes** Double bill of editions.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson** Double bill.
1.45 PM **Bargain Hunt**
3.40 **Parkinson** Triple bill.
7.15 **Bargain Hunt** Couples search for bargains in Lewes. **8.15** An antiques fair near Ardingly, West Sussex.
9.15 **Doctor Who** *The Ambassadors of Death – Part Six:* 17/25. The Doctor is kidnapped after speaking with the alien captain. **9.50** *The Ambassadors of Death – Part Seven:* 18/25. Brigadier Lethbridge-Stewart must rescue the Doctor and Liz. **10.25** *Inferno – Part One:* 19/25. The Doctor finds himself thrown into an alternative reality. **10.55** *Inferno – Part Two:* 20/25. The Doctor is disturbed by an unusual screeching noise. (S7)
11.25 **Doctor Who** Four episodes.
1.30 AM **Bargain Hunt** As 7.15pm.
2.30 **Parkinson** Double bill.
4.30 **Bargain Hunt** As 8.15pm.
5.20 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
10.00 **Southern Fried Homicide**
12.00 NOON **Who Killed Jane Doe?**
2.00 PM **Evil Talks: Chilling Confessions** Double bill.
4.00 **Web of Lies** Double bill.
6.00 **The Perfect Murder** A look at the murder of Washington Redskins star Sean Taylor. **7.00** The case of 42-year-old Miami mother Raquel Calderin.
8.00 **People Magazine Investigates** The case of Bonny Lee Bakley, wife of actor Robert Blake, who was found dead in her car.
9.00 **Grave Mysteries** Examining the murder of chemistry professor Dr Tiffany Maher.
10.00 **Faking It: Tears of a Crime** After a women dies in a speedboat accident, the owner claims he was innocent.
11.00 **Body Cam** Documentary.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Blood Relatives**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Massive Engineering Mistakes** Four editions.
4.00 PM **Incredible Engineering Blunders: Fixed**
5.00 **Kindig Customs** Triple bill of editions, including at: **7.00** Work on Kindig It Design's 1967 Nova is finally completed.
8.00 **World's Biggest Shipbuilders** Construction workers in Poland build a vessel's bow and stern. **9.00** In Norway, workers prepare for the delivery of the super tug's hull pieces. **10.00** The *Tangier* leaves port to begin her maiden voyage.
11.00 **Motor Pickers** A family man seeks an exciting hot hatch. **11.30** A perfect luxury SUV. **12.00** M'T A BMW 6 series. **12.30** AM Car buyers receive help to find their dream rides.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **The Cinema List**
7.10 **Rebellious** Animated fantasy adventure. (2024, PG, 94min)
8.50 **Beetlejuice Beetlejuice**
10.40 **The Wild Robot** As 6.10pm.
12.30 PM PREMIERE **A Different Man** As shown at 8.00pm.
2.30 **Cleaner** As 10.00pm.
4.15 **Beetlejuice Beetlejuice** Fantasy comedy sequel. (2024, 12, 105min) ★★★★
6.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★

8.00 A Different Man

8.00 PREMIERE **A Different Man** Thriller starring Sebastian Stan, Adam Pearson and Renate Reinsve. After facial reconstructive surgery, an actor fixates on a stage production based on his past. (2024, 15, 112min) *See review, page 24.*

10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists take 300 hostages and an ex-soldier-turned-window cleaner sets out to rescue them. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Damned** Horror mystery starring Odessa Young. (2024, 15, 89min) ★★★★
1.25 AM **Poison** Romantic drama. (2024, PG, 86min) ★★★★
3.00 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
5.00 **to 6.40** AM **Mob Cops** Crime drama. (2024, 15, 87min) ★

Sky Cinema Hits

303 303 403 503 517

6.00 AM **The Shamrock Spitfire** Drama. (2024, 12) ★★★
8.00 **Some Other Woman** Thriller. (2023, 15, 85min) ★★★
9.35 **Ride On** (2023, PG) ★★★
11.45 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
2.05 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
4.05 **Meg 2: The Trench** Thriller. (2023, 12, 115min) ★★★
6.05 **Transformers One** Animation. (2024, PG, 104min) ★★★★

2.05 The Meg

8.00 **Wonder Woman** Fantasy adventure starring Gal Gadot. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end by bringing down an ancient force that is driving the human race towards destruction. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Justice League** Adventure starring Ben Affleck. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Get Away** Comedy horror. (2024, 15, 100min) ★★★★
2.05 **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
4.05 **to 6.00** AM **57 Seconds** Thriller. (2023, 15) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **The Man with the Answers**
7.30 **Steve Jobs** As 12.10am.
9.40 **Ferrari** Biopic. (2023, 15) ★★★
12.00 NOON **P.S. I Love You** Drama. (2007, 12, 121min) ★★★
2.15 PM **The Great Escaper** Drama starring Michael Caine. (2023, 12, 96min) ★★★★
4.05 **The Colour Room** Period drama starring Phoebe Dynevor. (2021, PG, 109min) ★★★★
6.10 **Jackie** Drama starring Natalie Portman. Jacqueline Kennedy battles with grief following the assassination of her husband, President John F Kennedy. (2016, 15, 100min) ★★★★
8.00 **Ghost** Fantasy starring Patrick Swayze. A banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★
10.15 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
12.10 AM **Steve Jobs** (2015) ★★★★
2.15 **The Man with the Answers** Romantic drama. Subtitled. (2021, 12, 80min) ★★★★
3.45 **The Damned United** Biopic. (2009, 15, 98min) ★★★★
5.30 **to 7.15** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

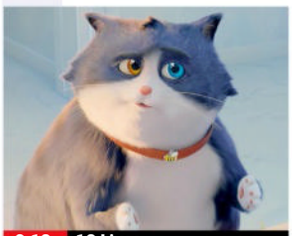
311 311 411 511 525

6.00 AM **Out of Darkness** As 1.55am.
7.35 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
9.30 **Star Trek Into Darkness** Thriller. (2013, 12, 132min) ★★★★
11.45 **Simulant** Sci-fi thriller. (2023, 15, 95min) ★★★
1.25 PM **A Quiet Place** Horror. (2018, 15, 90min) ★★★★
3.00 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
4.40 **Gravity** Sci-fi space thriller. (2013, 12, 91min) ★★★★★
6.15 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
8.00 **The Nun** Horror starring Taissa Farmiga. A priest and a novice nun discover a religious order's secret and battle a malevolent force. (2018, 15, 96min) ★★★
9.45 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment. (2001, 12, 145min) ★★★★
12.20 AM **The Harbinger** Horror. (2022, 15, 87min) ★★★★
1.55 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
3.30 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
5.10 **to 7.05** AM **The Purge: Election Year** Horror. (2016, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale
306 306 406 506 519

6.20 AM **Fireheart** As 2.15am.
7.55 **The NeverEnding Story** Fantasy. (1984, U) ★★★
9.35 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
11.25 **Harold and the Purple Crayon** (2024, PG) ★★★
1.00 PM **Jack the Giant Slayer** Fantasy. (2013, 12) ★★★
3.00 **Wonka** (2023, PG) ★★★★
5.00 **IF** Fantasy. (2024, U) ★★★
6.50 **Snow White and the Huntsman** (2012, 12) ★★★


9.10 10 Lives

Snow White and the Huntsman (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

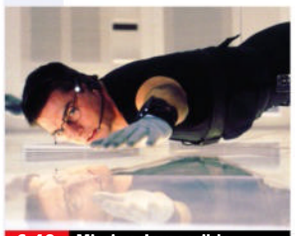
9.10 10 Lives Animated comedy with the voice of Mo Gilligan. A selfish cat loses his ninth life, but gets reincarnated as a different animal in each of his next lives. (2024, U, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 The Huntsman: Winter's War Fantasy adventure starring Chris Hemsworth. Two warriors battle the ice Queen Freya and her sister Ravenna. (2016, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
2.15 **Fireheart** (2022, U) ★★★
4.05 **to 5.50** AM **The Swan Princess** (1994, U) ★★★

Sky Cinema MI
307 307 407 507 521

6.00 AM **Mission: Impossible** (1996)
8.00 **Mission: Impossible II** (2000)
10.10 **Mission: Impossible III** (2005)
12.20 PM **Mission: Impossible** (1996)
2.20 **Mission: Impossible II** (2000)
4.30 **Mission: Impossible III** (2005)
6.40 **Mission: Impossible** Spy thriller starring Tom Cruise and Jon Voight. Secret agent Hunt goes on the run after being accused of treason and sets out to clear his name. (1996, PG, 110min) ★★★


6.40 Mission: Impossible

8.40 Mission: Impossible II Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt teams up with a burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Mission: Impossible III Spy thriller sequel with Tom Cruise. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of a ruthless arms dealer. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Mission: Impossible** As shown at 6.40pm.
2.55 **Mission: Impossible II** As shown at 8.40pm.
5.05 **to 7.15** AM **Mission: Impossible III** As 10.50pm.

Sky Cinema Comedy
308 308 408 508 522

7.20 AM **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
9.30 **Scott Pilgrim vs. the World**
11.35 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
1.35 PM **Shakespeare in Love** Period romantic comedy. (1998, 15, 122min) ★★★★
3.50 **Girls Trip** Comedy with Regina Hall. (2017, 15, 122min) ★★
6.00 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★

9.55 Thelma

8.00 Anyone But You Romantic comedy starring Sydney Sweeney and Glen Powell. After a first date, a duo's attraction turns chilly, until they are reunited at a lavish wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Thelma Comedy starring June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a risky journey across the city Los Angeles with revenge on her mind. (2024, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Fortune Cookie** Comedy with Walter Matthau. (1966, b/w, U, 125min) ★★★★★
1.55 AM **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
3.35 **The Brady Bunch Movie** Comedy starring Shelley Long. (1995, 12, 89min) ★★★
5.15 **to 7.25** AM **Girls Trip** (2017)

Sky Cinema Thriller
309 309 409 509 523

7.25 AM **Every Breath You Take**
9.20 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
11.30 **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
2.00 PM **Breakdown** Thriller. (1997, 15, 94min) ★★★★
3.45 **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★★
5.40 **State of Play** Political thriller. (2009, 12, 127min) ★★★★

3.45 Every Breath You Take

8.00 Inception Christopher Nolan's mind-blowing sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 The Island Sci-fi action thriller starring Ewan McGregor. An inhabitant of a hermetically sealed facility makes a shattering discovery about the purpose of his existence. (2005, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
2.50 **Rashomon** Drama. (1950, b/w, 12, 88min) ★★★★★
4.30 **to 6.40** AM **Rumble Through the Dark** Crime thriller. (2023, 15, 116min) ★★★

Film4
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
12.50 PM **Tooth Fairy** Comedy. (2010, PG, 101min) ★★★
2.55 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
4.50 **Call of the Wild** Adventure. (2020, PG, 96min) ★★★
6.50 **Romancing the Stone** Romantic comedy adventure. (1984, 12, 105min) ★★★★

9.00 Old

Romancing the Stone (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Old M Night Shyamalan's horror starring Gael García Bernal and Vicky Krieps. A vacationing family discover that the secluded beach where they are relaxing is somehow causing them to age rapidly. (2021, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Crawl** Horror thriller starring Kaya Scodelario. A woman tries to save her father during a hurricane, but finds herself trapped in a flooding house. (2019, 15, 87min) ★★★
12.55 **to 3.05** AM **Life** Sci-fi thriller starring Jake Gyllenhaal, Rebecca Ferguson, Ryan Reynolds and Ariyon Bakare. (2017, 15, 104min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 80s
302 302 402 502 516

6.25 AM **Gremlins** As 1.55am.
8.25 **The Naked Gun** As 4.15pm.
10.05 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
12.05 PM **Beverly Hills Cop II** Thriller sequel. (1987, 15, 99min) ★★★
2.05 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
4.15 **The Naked Gun** Spoof comedy. (1988, 15, 85min) ★★★★

5.55 **Back to the Future** Comedy fantasy starring Michael J Fox. (1985, PG, 115min) ★★★★★
8.00 **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future where he has to save his son from dire trouble. (1989, PG, 107min) ★★★
9.50 **Back to the Future Part III** Time-travel adventure sequel. (1990, PG, 112min) ★★★★

11.55 **E.T. The Extra Terrestrial** (1982)
1.55 AM **Gremlins** Comedy horror. (1984, 12, 106min) ★★★★
3.45 **Howard the Duck** Sci-fi comedy starring Lea Thompson. (1986, PG, 104min) ★★★
5.40 **to 6.00** AM **The Cinema List: British Sky Originals**

Sky Cinema Cult Classics
304 304 404 504 518

6.45 AM **Through a Glass Darkly**
8.30 **The China Syndrome** (1979)
10.45 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
1.00 PM **The Godfather** Gangster drama starring Marlon Brando. (1971, 15, 167min) ★★★★★
4.10 **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves. (1995, 15, 98min) ★★

6.00 **Blade Runner** Futuristic thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. (1982, 15, 130min) ★★★★★
8.00 **Beetlejuice Beetlejuice** Comedy sequel starring Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
9.50 **Being John Malkovich** Surreal comedy starring John Cusack. (1999, 15, 112min) ★★★★★
11.45 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★

1.50 AM **Through a Glass Darkly** Swedish drama. Subtitled. (1959, b/w, 15, 91min) ★★★★
3.25 **Quadrophenia** Teen drama starring Phil Daniels and Leslie Ash. (1979, 15, 115min) ★★★★
5.35 **to 6.35** AM **Sky Cinema Preview**

Sky Cinema Animation
305 305 412 500 514

6.10 AM **Shrek** As 9.00pm.
7.45 **Shrek 2** As 5.40pm.
9.25 **Shrek the Third** As 7.20pm.
11.05 **Shrek** As shown at 9.00pm.
12.45 PM **Shrek 2** As 5.40pm.
2.25 **Shrek the Third** As 7.20pm.
4.00 **Shrek** As shown at 9.00pm.
5.40 **Shrek 2** Animated comedy sequel featuring the voices of Mike Myers and Eddie Murphy. (2004, U, 93min) ★★★★★

7.20 **Shrek the Third** Animated adventure sequel featuring the voice of Mike Myers. The grumpy green ogre is daunted by the prospect of becoming king – and of becoming a father. (2007, U, 88min) ★★★★
9.00 **Shrek** Animated comedy adventure featuring the voice of Mike Myers. An ill-tempered ogre sets forth with a talking donkey to rescue a princess from a fire-breathing dragon. (2001, U, 90min) ★★★★★

10.35 **Shrek 2** Animated comedy sequel featuring the voices of Mike Myers and Cameron Diaz. (2004, U, 93min) ★★★★★
12.10 AM **Shrek the Third** (2007)
1.45 **Shrek** As shown at 9.00pm.
3.20 **Shrek 2** As 5.40pm.
4.55 **to 6.30** AM **Shrek the Third**

Movies 24
312 313 419

7.00 AM **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
9.00 **Romance with a Twist** Drama. (2024, PG, 84min) ★★
11.00 **Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
1.00 PM **Royal-Ish** Romantic drama. (2025, PG, 90min) ★★
3.00 **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★

5.00 **Marry Go Round** Romantic comedy starring Amanda Schull. (2022, PG, 84min) ★★
7.00 **Sweet as Pie** Romantic comedy with Rhiannon Fish and Kurt Szarka. (2022, PG, 93min) ★★
9.00 **Fashionably in Love** Comedy starring Celeste Desjardins. An aspiring fashion designer enters into a fake relationship to get the chance to meet her hero. (2023, PG, 87min) ★★
11.00 **Two Tickets To Paradise** Drama. (2022, PG, 84min) ★★

1.00 AM **Spring Breakthrough** Drama starring Keesha Sharp. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **CrimeTime: Freefall** Mystery drama. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures
328 445 82 306 36

6.00 AM **Thunder in the City** Comedy. (1937, b/w, PG, 88min) ★★
7.40 **A Lifetime Ago with the Baim Collection** Short film.
8.25 **Space Patrol** 19/39. (S1)
9.00 **Batman** 18/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 2/26. (S1)
10.30 **The Great Pony Raid** Adventure. (1968, b/w, U, 58min) ★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **Beyond the Time Barrier** (1960, b/w, U) ★★★
1.30 PM **Cinebox Memories**
1.35 **One Step Beyond** 13/22. (S1)
2.10 **Dick Barton – Special Agent**
2.25 **Captain Scarlet and the Mysterons** 20/32. (S1)
3.00 **Mon Oncle** (1958, U) ★★
5.15 **Derek Fowlds: Jobbing Actor**
6.25 **Scotland Yard** 36/39. (S1)
7.00 **Z Cars** 9/13. (S12)
8.00 **A Family at War** 1/19. (S2)
9.05 **The Big Combo** Cult film noir. (1954, b/w, PG, 90min) ★★★★

10.50 **The Innocent** Spy thriller. (1993, 15, 119min) ★★
1.10 AM **The Fly** Classic horror. (1958, PG, 95min) ★★★★
3.00 **Dead Man Out** Prison drama. (1989, 12, 87min) ★★
4.40 **Shoulder Arms** Comedy.
5.30 **to 6.00** AM **Out of Town**

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Test Cricket Bitesize** Action from England v Zimbabwe.
10.15 LIVE **Test Cricket England v Zimbabwe.** Coverage of day three of the single Test match from Trent Bridge. This is the first meeting between the two teams in a Test match since the visitors travelled to these shores in 2003.
3.00 PM LIVE **Formula 1** The Monaco Grand Prix qualifying session ahead of the eighth round of the season staged at Circuit de Monaco. Start-time **3.00pm**.
4.00 LIVE **EFL Sheffield United v Sunderland.** Coverage of the Championship play-off final staged at Wembley Stadium, as the teams contest a place in the Premier League. United are looking for an immediate return to the top flight after claiming a dominant 6-0 aggregate victory over Bristol City in the semi-finals.
8.30 LIVE **PGA Tour Golf** Coverage of day three of the Charles Schwab Challenge at Colonial Country Club in Fort Worth, Texas.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Show**
10.00 **Saturday Social**
11.00 **Premier League Preview**
11.30 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
12.00 NOON **Sports Saturday**
6.00 PM **Premier League Preview**
6.30 **Premier League Stories**
7.00 **The Big Interview**
7.30 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
8.00 **Premier League Preview**
8.30 **Premier League Stories** A tribute to Goodison Park.
9.00 **Chasing the Dream**
10.00 **Class of '92: Full Time** The Class of '92 begin their eighth season as owners of Salford City. **11.00** Fan unrest prompts Gary Neville to make some big changes. **12.00** M'T Salford's new manager has just five weeks of pre-season.
1.00 AM **PL Retro** A chance to see Fulham v Manchester United.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2011/12**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Season Review** Action from 2023/24.
7.30 **WSL: End of Season Special**
8.00 **Women's Championship Show**
8.30 **EFL Trophy** This year's final.
9.00 **EFL Cup Highlights**
10.00 **Saturday Social**
11.00 **EFL Play-Off Final Preview**
12.00 NOON **WSL: End of Season Special** Season review.
12.30 PM **Women's Championship Show** News and highlights.
1.00 **EFL Highlights** Championship.
3.00 **EFL Play-Off Final Preview**
4.00 LIVE **EFL Sheffield United v Sunderland.** Coverage of the Championship play-off final at Wembley Stadium. Sunderland scored in the 122nd minute of their semi-final second-leg against Coventry City to reach this match.
8.30 **EFL Highlights** League One.
9.30 **SPFL Highlights**
9.45 **EFL** Sheffield Utd v Sunderland.
11.45 **SPFL Highlights**
12.00 M'T **EFL Greatest Games**
12.30 AM **EFL Highlights**
1.30 **EFL Greatest Games**
2.00 **Championship Retro**
4.00 **EFL Cup Retro** The 2018 final.
4.30 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent action.
7.00 **Test Cricket** England v Zimbabwe.
8.00 **IPL** Recent highlights from India.
9.00 **Best of England v India**
9.20 **Ashes Greats** Adam Gilchrist.
9.30 **Best of England v India**
9.45 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v Zimbabwe.** Coverage of the third day's play of the single Test match staged at Trent Bridge. This is the first meeting between the two teams in a Test match since the visitors travelled to these shores in 2003. They met in a two-match series that saw England win both matches by an innings and 92 runs, and an innings and 69 runs respectively.
7.00 PM **Ashes Greats**
7.30 **Best of ICC WT20**
8.00 **Test Cricket** Highlights from England v Zimbabwe.
9.00 **IPL** Recent highlights from India.
10.00 **Best of England v India**
10.20 **Ashes Greats** Adam Gilchrist.
10.30 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
7.00 **PGA Tour Champions**
8.00 **PGA Tour** Highlights.
11.00 **Golf's Greatest Holes**
12.00 NOON **Rose Ladies Series**
12.30 PM LIVE **DP World Tour** Coverage of day three of the Soudal Open staged at Rinkven International Golf Club in Antwerp.
5.00 LIVE **PGA Tour** Coverage of day three of the Charles Schwab Challenge at Colonial Country Club in Fort Worth, Texas.
11.00 **Rose Ladies Series**
11.30 **PGA Tour Champions Learning Centre** Expert golfing tips.
12.00 M'T **Golf's Greatest Holes**
1.00 AM **Golf Academy**
2.00 **PGA Tour** Archive action.
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **PGA Tour** Highlights.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
1.00 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Hamburg Open, ATP Geneva Open, WTA Rabat Open and WTA Strasbourg Open.
4.00 **ATP Tour This Week**
4.30 **Tennis** Internazionali BNL d'Italia.
6.00 **ATP Tennis** Recent finals.
9.00 **WTA Tennis** Highlights.
1.00 AM **ATP Tennis** Geneva Open.
3.00 **ATP 2024 Best of Jack Draper**
3.15 **Bitesize Tennis** Highlights.
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 LIVE **Isuzu UTE A-League Auckland FC v Melbourne Victory.** Kick-off is at **7.00am**.
9.00 **Cycling** Orlen Nations Grand Prix.
10.00 LIVE **UCI Mountain Bike World Series** In Nove Mesto.
12.00 NOON LIVE **AFL North Melbourne Kangaroos v Collingwood Magpies.** From Marvel Stadium in Melbourne.
2.00 PM **Playing for Our Future**
3.30 **No Filter Football**
4.00 LIVE **UEFA Women's Champions League Arsenal v Barcelona.** Coverage of the final at Estadio Jose Alvalade. Kick-off **5.00pm**. *See feature, page 28.*
8.00 **The Football's On**
9.00 LIVE **MLB Boston Red Sox v Baltimore Orioles.** From Fenway Park. Start-time **9.10pm**.
12.15 AM **Premier League Preview**
12.45 **UEFA Europa League & Conference League Magazine**
1.15 **TNT Sports Reload**
1.30 LIVE **NBA** A Conference final.
4.00 **Serie A** Action from Italy.
5.00 **to 6.00** AM **One Day International Cricket**

TNT Sports 2

411 414 522 409 431

6.30 AM **TNT Sports Reload**
7.00 **Women's Cycling World Tour**
8.00 **MotoGP Highlights**
9.30 LIVE **MotoGP** Coverage from British Grand Prix practice and qualifying sessions at Silverstone.
1.45 PM LIVE **MotoGP** The British Grand Prix Moto2 and Moto3 qualifying sessions at Silverstone.
3.45 LIVE **MotoGP** The British Grand Prix MotoGP sprint race.
4.45 **British Superbikes Rewind**
5.00 LIVE **British Talent Cup** The first race from the second round of the season at Silverstone.
6.00 **True Grit** Documentary.
7.00 **Premier League: Big Interview**
7.30 LIVE **Serie A** Coverage of a game from Italy's top division.
9.45 **The Football's On**
10.45 **MotoGP** British Grand Prix.
11.15 **TNT Sports Cricket Reload**
11.30 **The Fantasy Show**
12.00 M'T LIVE **MLB New York Mets v Los Angeles Dodgers.** From Citi Field. Start-time **12.15am**.
3.15 AM **MLB: Off the Bat**
3.45 **TNT Sports Reload**
4.00 **to 7.00** AM LIVE **AFL Adelaide Crows v West Coast Eagles.**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night**
8.00 **Super League Highlights**
8.30 LIVE **NRL Penrith Panthers v Newcastle Knights.** Coverage of the match from the 12th round of fixtures staged at Carrington Park in Bathurst. Kick-off **8.30am**.
10.30 LIVE **NRL Sydney Roosters v Cronulla-Sutherland Sharks.** Coverage of the match from the 12th round of fixtures at Industree Group Stadium in Gosford. Kick-off is at **10.35am**.
12.30 PM **Fight Night International** Naoya Inoue v Ramon Cardenas.
1.30 **Super League** Warrington Wolves v Hull Kingston Rovers.
4.15 **Super League Highlights**
5.00 LIVE **Super League Catalans Dragons v Wigan Warriors.** Coverage of the match from the 12th round of fixtures at Stade Gilbert Brutus. Kick-off **5.30pm**.
7.45 **Top Rank Boxing Archive** Erik Morales v Marco Barrera.
9.00 **Super League** Catalans Dragons v Wigan Warriors.
11.45 **My Icon** Maggie Alphonsi.
12.00 M'T **Fight Night International**
1.00 AM **The Rugby Championship**
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News** With live analysis, comment and interviews.
12.00 NOON **Sports Saturday** Studio guests join the team for live reports and the latest scores from all the afternoon's sporting events.
1.00 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Hamburg Open staged at Am Rothenbaum, ATP Geneva Open at Tennis Club de Genève, WTA Strasbourg Open at Tennis Club de Strasbourg and WTA Rabat Open at Club des Cheminots.
4.00 **Sports Saturday** Studio guests join the team for live reports and the latest scores from all the afternoon's sporting events.
6.00 **Sky Sports News** Round-up of the sports news with live analysis and comment, plus extended interviews with headline-makers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **State of Origin Rugby League**
8.00 LIVE **Super Rugby Chiefs v Moana Pasifika.** From FMG Stadium Waikato. Kick-off **8.05am**.
10.00 **My Icon** Sporting influences.
10.30 LIVE **Super Rugby Western Force v Waratahs.** Coverage from HBF Park. Kick-off **10.35am**.
12.30 PM **Super League**
3.15 **My Icon** Sporting influences.
3.55 LIVE **Netball Super League London Mavericks v Nottingham Forest Netball.** From Hertfordshire Sports Village. Centre-pass **4.00pm**.
5.30 **Premier League Darts**
9.30 **Super League** A match replay.
12.15 AM **My Icon** Rachel Yankey.
12.30 **Golf's Greatest Holes**
1.00 **Fight Night International**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **Discovery Golf**
6.30 **The Fantasy Show**
7.00 LIVE **AFL Hawthorn Hawks v Brisbane Lions.** Coverage of the match from Melbourne Cricket Ground. Bounce-up is at **7.15am**.
10.00 **TNT Sports Reload**
10.30 **Cycling: Men's Giro d'Italia**
11.30 LIVE **Cycling: Men's Giro d'Italia** The 14th stage in Italy.
5.00 PM **ODI Cricket** Highlights.
6.00 LIVE **WNBA Indiana Fever v New York Liberty.** Coverage of the match staged at Gainbridge Fieldhouse. Tip-off is at **6.00pm**.
8.00 **Cycling** Recent highlights.
10.00 **No Filter Football**
10.30 **NBA** A Conference final.
12.00 M'T LIVE **IFSC Climbing World Cup** From Salt Lake City.
2.30 AM **UEFA Women's Champions League** Arsenal v Barcelona.
4.00 **WNBA** Fever v Liberty.
5.00 **Discovery Golf**
5.30 **to 6.00** AM **MLB: Off the Bat**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Champions League**
6.30 **UTMB World Series Highlights**
7.30 **MLB: Off the Bat**
8.00 **MLB Plays of the Week**
8.30 **One Day International Cricket**
9.30 **The Football's On**
10.30 LIVE **Isuzu UTE A-League Melbourne City v Western United.** Kick-off **10.35am**.
12.45 PM **Playing for Our Future**
1.00 **UEFA Europa League & Conference League Magazine**
1.30 LIVE **Cycling** The third stage of the women's Tour of Burgos.
3.00 **MLB Highlights**
4.00 **NBA** A Conference final.
5.30 **Isuzu UTE A-League**
7.30 **MLB Highlights**
8.30 **AFL** Carlton Blues v GWS Giants.
10.00 LIVE **NWSL Houston Dash v Bay FC.** Kick-off is at **10.00pm**.
12.15 AM **AFL** Two match replays.
3.15 **Cycling** Recent highlights.
5.15 **MotoGP** British Grand Prix.
5.45 **to 6.00** AM **Training Day**

Premier Sports 1

419 551

6.00 AM **Scottish Football Social Club** The latest news and results.
7.00 **PSA Squash Highlights**
8.00 **Transworld Sport** Magazine.
9.00 **Ibiza Marathon** Highlights.
9.30 **Champions Cup** Bordeaux v Toulouse in a semi-final. **11.30** Leinster v Northampton Saints in a semi-final.
1.30 PM LIVE **Champions Cup Northampton Saints v Bordeaux Begles.** Coverage of the final from Principality Stadium in Cardiff. Kick-off is at **2.45pm**.
6.00 LIVE **Melrose Rugby Sevens**
9.00 **Top 14 Rugby Union Highlights**
9.30 **Sporting Greats**
10.00 **Champions Cup** Northampton Saints v Bordeaux Begles.
12.00 M'T **Sporting Greats**
12.30 AM **Transworld Sport** Magazine.
1.30 **Sporting Countdowns**
2.30 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.30 **to 6.00** AM **NHL: This is Hockey**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Top 14 Rugby Union**
9.00 **NHL Ice Hockey**
11.00 **Football's Greatest**
11.30 **Scottish Cup Football**
1.30 PM **Football's Greatest**
2.00 LIVE **Scottish Cup Football Aberdeen v Celtic.** The final at Hampden Park. Kick-off **3.00pm**.
6.00 **LaLiga Match Highlights**
6.10 **LaLiga Specials**
6.25 **Football's Greatest**
6.55 LIVE **German Cup Arminia Bielefeld v VfB Stuttgart.** Coverage of the final from Olympiastadion. Kick-off **7.00pm**.
10.00 **Bike World** Magazine.
10.30 **GP Confidential** F1 news.
11.00 **NHL: This is Hockey**
11.30 **Football's Greatest**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Bike World** Magazine.
3.30 **GP Confidential** F1 news.
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Features**
6.30 **Ferrari Challenge UK**
7.00 **Ted Drives: F1 Car**
7.15 **Formula 1** Monaco Grand Prix.
8.30 **F1 Features**
9.40 LIVE **Formula 3** Coverage of the Monaco Grand Prix sprint race.
10.40 **F1 Features**
11.15 LIVE **Formula 1** The Monaco Grand Prix third practice session.
1.10 PM LIVE **Formula 2** The Monaco Grand Prix sprint race.
2.10 LIVE **Formula 1** The Monaco Grand Prix qualifying session.
5.00 **Ted's Notebook**
5.30 **Formula 1** Monaco Grand Prix.
7.30 **Ted's Notebook**
8.00 **British GT Championship**
9.00 **Formula 2** Monaco Grand Prix.
10.00 **Ferrari Challenge Europe**
1.00 AM **Formula 1** From Monaco.
2.15 **F1 Features**
3.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

25 May

Evening Planner

Tennis

French Open
TNT Sports & Discovery+, from 10am
Coverage of the opening day of the Grand Slam tournament at Roland Garros, featuring the singles first round.

Football

Premier League
Sky Sports & TNT Sports, kick-offs 4pm
It's the final day of the season and teams including Nottingham Forest will learn if they will be playing in Europe next year.

Documentary

Walking with Dinosaurs
BBC1, 6.25pm (box set, BBC iPlayer)
More than 25 years since the first episode, we're transported back to the prehistoric age through CGI imagery.

Comedy Drama

Death Valley
BBC1, 8.15pm (box set, BBC iPlayer)
Drama following the crime-solving duo of a former actor (Timothy Spall) and a Welsh detective (Gwyneth Keyworth).

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Death Valley	9.00 The Bombing of Pan Am 103		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Today at the Test		8.00 Top Gear Africa Special – Part One		9.00 Scandinavia with Simon Reeve		10.00 Later... with Jools Holland	
	103 ITV1	◂ 6.55 Celebrity Catchphrase		8.00 Who Wants to Be a Millionaire?		9.00 Code of Silence		10.00 News	10.20 Film: The Taking of...
	104 CHANNEL 4	◂ 6.30 F1: Monaco Grand Prix Highlights				9.00 The Piano: The Final		10.00 The Handmaid's Tale	
	105 5	◂ 6.55 Aldi's Middle Aisle: How Do They...		8.00 Summer in the Scilly Isles		9.00 Cause of Death			10.30 Murder...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Kingdom of...		9.00 The Girl Who Caught a Killer		10.10 F1: Monaco Grand Prix...	
ENTERTAINMENT	115 BBC3	7.00 Athletics: Diamond League Rabat – Live				9.00 I Kissed a Boy	9.50 Film: Booksmart		
	116 BBC4	7.00 Showstoppers			8.40 An Evening with Ethel Merman		9.30 Songs from My Fair Lady		10.30 Song by Song...
	118 ITV2	◂ 6.55 Film: Men in Black				9.00 Film: The Hitman's Bodyguard			
	136 MORE4	◂ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Little Fockers			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones							10.15 True Detective
	110 U&GOLD	◂ 6.35 Only Fools and Horses	7.55 Dad's Army		8.35 Only Fools and Horses				
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Cape Carnage: Killer Catch		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.00 Film: Clash of the Titans				9.00 English Football League...	9.45 Film: Dirty Harry		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Robin Hood: Men in Tights			
	139 SKY SCI-FI	7.00 From the Earth to the Moon							
	113 SKY MAX	7.00 Film: Ghost Rider: Spirit of Vengeance				9.00 Film: Mob Land			
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise 2022 Christmas Special				10.00 I, Jack Wright	
	130 SKY ARTS	◂ 6.50 When Elvis Met Priscilla	7.45 Buddy Holly: Rave On			9.00 Classic Movies: The Story of Scott of...		10.00 The Agatha Christie Hour	
	132 U&W	7.00 Inside the Ambulance				9.00 Katie Piper: Locked Up in Louisiana		10.00 Inside the Operating Theatre	
DOCUMENTARY	125 DISCOVERY	7.00 Building off the Grid		8.00 Alaska: Homestead Rescue				10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Treetop Cat Rescue		9.00 Tanked		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Pirates: Behind the Legends		8.00 Bloody Tales of the Tower					
	123 SKY HISTORY	7.00 Instruments of Death				9.00 9/11 Conspiracies: Fact or Fiction			
	155 U&YESTERDAY	◂ 6.40 'Allo 'Allo!			8.20 Villages by the Sea				10.25 Bangers & Cash
	121 SKY DOCS	7.00 Tell Them You Love Me				9.00 The Girl Who Caught a Killer		10.10 Spector	
FILMS – Sky Cinema	301 PREMIERE	◂ 6.05 Beetlejuice Beetlejuice		8.00 Cleaner			9.45 A Different Man		
	302 80s	◂ 5.50 Superman II		8.00 Superman III				10.10 Superman IV – The Quest for...	
	303 HITS	◂ 6.05 Baby Driver		8.00 Catch Me If You Can					10.25 Collateral
	304 CULT CLASSICS	◂ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II				10.00 Beverly Hills Cop 3	
	305 ANIMATION	◂ 5.40 Shrek...	7.20 Shrek the Third			9.00 Shrek			10.35 Shrek 2
	306 FAIRYTALE	7.00 Hook					9.35 Dragon Rider		
	307 MI	◂ 5.35 Mission: Impossible III	7.45 Mission: Impossible				9.45 Mission: Impossible II		
	308 COMEDY	◂ 6.10 Two Weeks Notice		8.00 I Now Pronounce You Chuck & Larry				10.05 Happy Gilmore	
	309 THRILLER	◂ 5.20 Inception		8.00 Chinatown					10.20 Marnie
	310 DRAMA	◂ 6.20 Cries and Whispers		8.00 A Star Is Born					10.25 Anatomy of a...
	311 SCI-FI	◂ 6.25 The Purge		8.00 Star Trek Beyond				10.10 The Purge: Election Year	
	313 FILM4	◂ 6.15 A Knight's Tale				9.00 Top Gun: Maverick			
SPORT	401 MAIN EVENT	7.00 IPL – Live		8.00 PGA Tour Golf – Live: The Charles Schwab Challenge					
	402 PREMIER LEAGUE	7.00 Champions Show: Liverpool		8.00 PL Stories	8.30 Big Interview	9.00 Transfer 360		10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL Highlights		8.00 EFL				10.00 EFL Highlights	
	404 CRICKET	7.00 IPL – Live		8.00 Ashes Greats	8.30 Test Cricket		9.30 Best of ICC...	10.00 IPL	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the first day of round one of the tournament							
	411 TNT SPORTS 2	7.00 What I Wore	7.30 Serie A – Live: Football from Italy's top division				9.45 Original Documentary		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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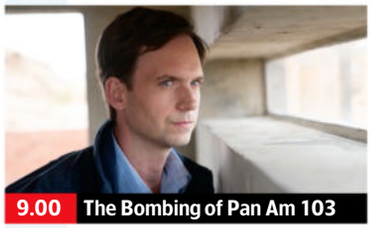
Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Animal Park Heroes** (S)(R)(AD)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 NEW SERIES **Points of View** (S)
2.05 **Lifeline** New edition (S)
2.15 **Planet Earth: An Elephant's Tale** The struggles of a newborn elephant and its mother. (S)(R)
2.30 FILM **Toy Story 4** Animated sequel. (S)(AD) (2019, U, 90min) ★★★★★
4.00 **Countryfile** New edition (S)
5.00 **BBC News** (S)
5.15 **Local News** (S)
5.25 **RHS Chelsea Flower Show** Series finale A look back on the highlights of the week. (S)



9.00 The Bombing of Pan Am 103

6 PM
6.25 NEW SERIES **Walking with Dinosaurs** 1/6. Computer graphics recreate Earth as scientists think it was millions of years ago. The first edition focuses on the life of a baby triceratops. *See feature, page 4.* (S)(AD)
■ Entire series on BBC iPlayer

7 PM
7.15 **Antiques Roadshow** New edition Fiona Bruce presents the show from Belfast's Botanic Gardens, where treasures include an old metal frame that made motorcycling history. (S)

8 PM
8.15 NEW SERIES **Death Valley** 1/6. Drama starring Gwyneth Keyworth as a detective who teams up with a retired actor. *See feature, page 8.* (S1) (S)
■ Entire series on BBC iPlayer

9 PM
9.00 **The Bombing of Pan Am 103** New episode 3/6. Evidence is discovered amid the wreckage that suggests the accidental signature of a known terrorist organisation. (S1) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Gary Lineker presents action from the final Premier League matches of the season, including Nottingham Forest v Chelsea and Newcastle United v Everton. (S)
12.10 AM **Doctor Who: Unleashed** 7/8. Behind the scenes. (S)(R)(AD)
12.40 FILM **Blank** Sci-fi horror starring Rachel Shelley. A writer signs up for a fully AI-operated retreat to cure her writer's block, but a technical glitch leaves her trapped. (S) (2023, 15, 95min) ★★★
2.15 **Weather for the Week Ahead** (S)
2.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **A to Z of TV Gardening** (S)(R)
7.15 **Life in a Cottage Garden with Carol Klein** Gardening tips. (S)(R)
7.45 **Countryfile** (S)(R)
8.40 **Beechgrove Garden** (S)(R)
9.10 **Landward** (S)(R)
9.40 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.10 **This Farming Life** (S)(R)
12.10 PM FILM **Kelly's Heroes** World War Two action comedy starring Clint Eastwood and Telly Savalas. (S) (1970, PG, 140min) ★★★★
2.30 FILM **Where Eagles Dare** World War Two adventure starring Richard Burton and Clint Eastwood. Allied commandos try to rescue a US general from a castle in the Bavarian Alps. (S) (1968, PG, 150min) ★★★★
5.00 **Final Score** Results round-up. (S)

10.00 Later... with Jools Holland

6.30 **Flog It!** Paul Martin and experts Mark Stacey and Philip Serrell are in Greater Manchester, where over 800 people arrived to have their items valued at Stockport Town Hall. (S)(R)
7.00 **Today at the Test** England v Zimbabwe: Action from day four of the one-off Test at Trent Bridge. This match marks the start of England's summer, which will also feature a series against West Indies. (S)
8.00 **Top Gear Africa Special – Part One** Jeremy Clarkson, Richard Hammond and James May visit Africa on a mission to find the definitive source of the Nile using ageing estate cars. (S)(R)
9.00 **Scandinavia with Simon Reeve** New edition 2/3. The second leg of Simon's journey takes him from Norway across the North Atlantic to Iceland. (S)
■ Entire series on BBC iPlayer
10.00 **Later... with Jools Holland** New edition 2/6. With performances by Franz Ferdinand, Billy Nomates and Jackson Dean. (S)
10.45 NEW **Mumford & Sons: Radio 1's Big Weekend Liverpool** The Grammy-winning rock folk band end a weekend of live music in Sefton Park. (S)
11.45 FILM **What's Love Got to Do with It** Biopic of singer Tina Turner, starring Angela Bassett. (S) (1993, 18, 115min) ★★★★
1.40 AM **Sign Zone: Question Time** From south London. (S)(R)
2.40 **Sign Zone: The Bombing of Pan Am 103** Documentary. (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **In for a Penny** (S)(R)(AD)
6.30 **James Martin's Saturday Morning** With Rob and Dave Nicholson. (R)
8.25 **Katie Piper's Weekend Escape** New edition Talk show. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 **Alan Titchmarsh's Gardening Club** Design tips for spring. (S)(R)
12.35 PM **ITV News** (S)
12.50 **Jeremy Pang's Hong Kong Kitchen** (S)(R)(AD)
1.50 **In for a Penny** (S)(R)(AD)
2.20 FILM **How to Train Your Dragon** Animated fantasy adventure. (S)(AD) (2010, PG, 120min) ★★★★
4.20 FILM **From Russia with Love** Spy adventure starring Sean Connery and Daniela Bianchi. (S)(AD) (1963, PG, 130min) ★★★★

8.00 Who Wants to Be a Millionaire?

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 **Celebrity Catchphrase** New edition Stephen Mulhern hosts another charity edition of the game show with Mel Blatt, Michelle Visage and Seann Walsh trying to win a £50,000 jackpot for their chosen good causes. (S)(AD)
8.00 **Who Wants to Be a Millionaire?** New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)
9.00 **Code of Silence** New episode 3/6. Alison's informant work grows riskier as she learns that the gang need an insider to access the vault. (S1) (S)(AD)
■ Continues tomorrow
10.00 **ITV News** (S)
10.20 FILM **The Taking of Pelham 123** Action thriller remake starring Denzel Washington and John Travolta. Four ruthless gunmen hijack a crowded New York subway train, leading to a battle of wits between the gang's leader and a train dispatcher. With John Turturro and Luis Guzmán. (S)(AD) (2009, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Shop on TV**
3.00 **Code of Silence** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Motorsport UK** (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** 2-5/26. (S5) (S)(R)
8.00 **Frasier** 15&16/24. (S9) (S)(R)(AD)
8.55 **The Great Big Tiny Design Challenge with Sandi Toksvig** The miniaturists create a Georgian kitchen in the semi-final. (S)(R)
10.00 **Sunday Brunch** New edition With guests Louise, Alex Horne, Georgia Tennant and Patrick Grant. Plus, music from cellist Sheku Kanneh-Mason. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
3.00 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
5.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** 6/7. Kirstie Allsopp and Phil Spencer look back at two shows that highlighted the need to get the balance between home and garden just right. (S)(R)(AD)

9.00 The Piano: The Final

6.00 **News** (S)
6.30 **F1: Monaco Grand Prix Highlights** Steve Jones presents action from the eighth round of the season staged at Circuit de Monaco in Monte Carlo. Ferrari's Lewis Hamilton will have been looking to join Frenchman Alain Prost in winning this race four times after succeeding in 2008, 2016 and 2019. With analysis from Mark Webber, Jamie Chadwick and Ariana Bravo. (S)
9.00 **The Piano: The Final** Series finale 7/7. The day of the final concert has arrived. Now, the seven amateur pianists must battle backstage nerves before playing in front of a sold-out auditorium. (S)(AD)
10.00 **The Handmaid's Tale** New episode *Promotion:* 4/10. June disrupts the rebels' plans, while Commander Lawrence gains power. (S6) (S)(AD)
10.55 FILM **Three Thousand Years of Longing** Romantic fantasy starring Tilda Swinton and Idris Elba. (S)(AD) (2022, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.40 **The Dog House** (S)(R)(AD)
2.35 **The Simpsons** (S)(R)(AD)
4.35 **Location, Location, Location** (R)
5.25 **Find It, Fix It, Flog It** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.50 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.10 **22 Kids & Counting** (S)(R)
1.00 PM **Inside the Tower of London** The fortress needs to make some changes to mark the new king's reign. (S)(R) **2.00** It is March 2023 and the Tower prepares for the crowning of a new monarch. (S)(R) **2.55** The Beefeaters' uniforms must be updated. (S)(R)
3.55 **When Camping Goes Horribly Wrong** Nightmare stories of people staying under canvas. (R)
5.25 **News** (S)
5.30 NEW **1980s Food: The Ones We Loved & Lost** A nostalgic look back at the popular food of the 1980s. (S)

8.00 Summer in the Scilly Isles

6.55 **Aldi's Middle Aisle: How Do They Really Do It?** Documentary exploring how the supermarket chain keeps customers coming back for more, shedding light on how Aldi manages to sell its products at bargain basement prices. (S)(R)

8.00 **Summer in the Scilly Isles** New edition 2/4. The students of the only secondary school prepare for the summer holidays, and a conservation team try to tag blue sharks. (S)

9.00 NEW **Cause of Death** Documentary following the work of senior coroner Dr James Adeley as he investigates the deaths of four pedestrians in road traffic collisions in very similar circumstances. (S)

10.30 **Murder Scene: The Incident Room** Series finale 4/4. Examining the death of a man who was stabbed while cycling back from work in 2014. (S)

11.30 **Most Shocking Celebrity Moments** Memorable incidents from the 2000s. (S)(R)
1.20 AM **PlayOJO Live Casino Show**
3.20 **Kate Humble: Good Life, Green Life** (S)(R)
4.10 **10 Years Younger: Quick Tricks** Beauty tips. (S)(R)
4.55 **Great British Bike Rides** (S)(R)
5.45 **to 5.50** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** The biggest news stories of the week. (R)
10.00 **F1: Monaco Grand Prix Highlights** Action from the battle for grid positions at Circuit de Monaco in Monte Carlo. (R)
12.00 NOON **The Simpsons** Four episodes, including at: **1.30** PM *Lisa the Greek*: Lisa begins to feel increasingly neglected by Homer. (S)(R)
2.00 **Gillette Labs Soccer Special**
5.30 **F1: Monaco Grand Prix Highlights** Action from round eight of the season at Circuit de Monaco in Monte Carlo. (R)

9.00 The Girl Who Caught a Killer

6.30 **Ted's Notebook** Ted Kravitz shares his thoughts on the Monaco Grand Prix. (R)

7.00 **The Simpsons** *Homer Alone:* Marge has a nervous breakdown. (R) **7.30** *Bart the Lover:* Mrs Krabappel tires of her lonely life and searches for love in the personal ads. (R)

8.00 **David Attenborough's Kingdom of Plants** 2/3. The naturalist explores how the plants at Kew Gardens change through the seasons. (S)(R)

9.00 NEW SERIES **The Girl Who Caught a Killer** 1/2. Rachael Watts shares her story of being kidnapped, strangled and left for dead as a child by Russell Bishop, the man later convicted of the 'Babes in the Wood' murders. (S)(AD)

10.10 **F1: Monaco Grand Prix Highlights** Highlights of the eighth round of the season at Circuit de Monaco. (R)

11.10 **Brassic** 8/8. McCann's men kidnap Tyler as a warning to Erin. (S3) (S)(R)(AD)
12.10 AM **The Force: North East** The dog unit deal with a man who has barricaded himself in. (R) **1.05** A trail of blood leaves officers puzzled. (R)
2.05 **Road Wars** Double bill. (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **12.00noon** Songs of Praise New edition (S) **12.35pm** NEW SERIES Points of View (S) **12.50-1.00** Lifeline New edition (S) **1.15** NEW Shaun the Sheep: The Shirleyverse (S) **1.30-4.00pm** LIVE Women's Scottish Cup Final (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.45pm Sunday Politics (S)(R) **11.15** NEW Mumford & Sons: Radio 1's Big Weekend Liverpool (S) **12.15am** Saving Lives in Cardiff (S)(R) **1.15-1.40am** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
6.30-7.00pm SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Nôl i'r Gwersyll **10.00** Garddio a Mwy **10.30** Cynefin **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Taith Bywyd (AD) **1.00pm** Y Fets **2.00** Pen Llyn Harri Parri (AD) **2.30** Y Sin (AD) **3.00** Am Dro! (AD) **4.00** Yr Ynys **5.05** Darn Bach o Hanes (AD) **5.35** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Prosiect Pum Mil New edition **9.00** Croeso I Eisteddfod yr Urdd New edition **10.00** Troseddau Cymru Gyda Sian Lloyd (AD) **11.00-11.35pm** Cartrefi Cymru

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM LIVE **Athletics: Diamond League Rabat** The Meeting International Mohammed VI d'Athlétisme.
9.00 **I Kissed a Boy** New edition 5/10. After a dramatic Kiss-Off in the rain, the masseria weeps for its departed. As a surprise creates curiosity and chaos, the future for some couples becomes uncertain.
9.50 FILM **Booksmart** Comedy starring Kaitlyn Dever, Beanie Feldstein and Jessica Williams. On the eve of their high-school graduation, two academic superstars and best friends realise they should have worked less and played more. (2019, 15, 102min) ★★★★★
11.25 **Bad Education** (S5)
12.25 AM **I Kissed a Boy**
1.15 **Paranormal: The Girl, the Ghost and the Gravestone**
1.45 **Daddy Issues** 1&2/6. (S1)
2.40 **Bad Education** 1/6. (S5)
3.10 **Ellie & Natasia**
3.25 **to 3.55** AM **Doctor Who: Unleashed**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Showstoppers** With Beverley Craven, John Nettles, Anthony Newley and Luther Vandross. **7.50** With Cliff Richard, Cy Coleman, Eternal and Bonnie Langford.
8.40 **An Evening with Ethel Merman** The American singer and actor performs a selection of hit songs from her musicals and films in a 1964 concert from London.
9.30 **Songs from My Fair Lady** Kiri Te Kanawa, Jeremy Irons and Warren Mitchell star in a gala concert, singing songs from *My Fair Lady*. First broadcast in 1989.
10.30 **Song By Song: Ira Gershwin** The lyrics of Ira Gershwin set to music by various composers.
11.30 **Who Could Ask for Anything More? A Celebration of Ira Gershwin** A 1996 concert at the Royal Albert Hall.
1.05 AM **Showstoppers**
2.45 **to 3.35** AM **An Evening with Ethel Merman**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
1.35 PM **A Place in the Sun**
3.35 **Come Dine with Me** Five editions of the culinary contest from Co Durham.
6.20 **Four in a Bed** The first visit is to Carly Cornwall's Juniperlea Inn in Midlothian. **6.50** From the Starshinezzz in County Durham. **7.25** The guests stay at the Hobbit-style Hideaway in North Yorkshire. **7.55** The participants head to the Hideout Hotel in Hull.
8.25 **Four in a Bed** On payment day, Carly is keen for Barney to enlighten her on his sleep issues. Later, the week's winner is announced.
9.00 **999: On the Front Line** New edition When a car collides with two children walking home from school, two ambulances, a doctor and a critical care paramedic are sent to the scene.
10.00 **24 Hours in A&E** A woman is rushed in after her horse fell on top of her, resulting in multiple injuries, and a partying 22-year-old has a laceration to her ankle after falling onto a gin glass.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Medical series.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 FILM **Ferdinand** Animation with the voice of John Cena. (2017, U, 102min) ★★★
9.20 **Ramsay's Kitchen Nightmares USA**
11.25 **Modern Family**
1.50 PM FILM **Hotel Transylvania: Transformania** Animation with the voices of Andy Samberg and Selena Gomez. (2022, PG, 87min) ★★
3.35 **The Big Bang Theory** 17-22/26. Six episodes. (S10)
6.30 **The Simpsons** Five episodes, including at: **8.00** *The Man Who Came to Be Dinner:* The family visit the home planet of Kang and Kodos. **8.30** *Bart's New Friend:* Homer is hypnotised.
9.00 FILM **Little Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A hapless male nurse must prove to his tough father-in-law that he is worthy of one day taking his place as the family patriarch. (2010, 12, 94min) ★★★
10.55 **Gogglebox** *Made in Chelsea, Dragons' Den* and *Line of Duty* are appraised.
12.00 M'T **Gogglebox**
1.00 AM **Naked Attraction**
2.05 **Gogglebox** Double bill.
4.00 **Modern Family**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Send in the Dogs**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Caught Red Handed**
12.00 NOON **Caught on Dashcam**
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions of the documentary following the lives of customs and immigration officers at Australia's biggest airports.

10.00 Matlock

7 PM 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM 8.00 **Caught on Dashcam** Outrageous road disasters captured in video form by drivers' dashboard cameras.

9 PM 9.00 **Fire Country** *Get Your Hopes Up:* 10/22. Rescuing two children brings back difficult memories for Vince. (S1)

10 PM 10.00 **Matlock** *Tricks of the Trade – Part Two:* 19/19. Mattie presses Olympia to prove that Julian didn't destroy the file. (S1)
11.00 **FBI: International** 18/22. (S2)
12.00 M'T **Bull** 7/16. (S5)
1.00 AM **Chicago Fire** 6/13. (S12)
2.00 **Elsbeth** New episode 3/20. An ex-child star believes she committed murder. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Newsroom** (S2)
11.20 **Game of Thrones** Seven episodes, including at: **1.30** PM 3/10. Tommen confronts the High Sparrow. **2.35** 4/10. Jorah and Daario undertake a difficult task. **3.40** 5/10. Brienne goes on a mission, while Arya is given a chance to prove herself. **4.45** 6/10. Jaime faces off with the High Sparrow, and Gilly meets Sam's family. **5.25** 7/10. The High Sparrow eyes another target, and Jaime confronts a hero. (S6)

10.15 True Detective

7 PM 6.50 **Game of Thrones** *No One:* 8/10. As Jaime weighs up his options, Cersei answers a request, and Tyrion's plans bear fruit.

8 PM 7.55 **Game of Thrones** *Battle of the B*******:* 9/10. As the Starks prepare to fight, Davos loses something dear.

9 PM 9.00 **Game of Thrones** *The Winds of Winter:* 10/10. As Cersei awaits judgement, Walder Frey and Jaime celebrate at Riverrun. (S6)

10 PM 10.15 **True Detective** *Seeing Things:* 2/8. A lead takes Hart and Cohle to a trailer-park brothel. (S1)
11.15 **The Staircase** 1/8. (S1)
12.20 AM **Succession** 10/10. (S4)
2.00 **The Last of Us** Series finale 7/7. Drama series. (S2)
3.00 **The Wire** 1/10. (S5)
4.05 **The Leftovers** 6/10. (S1)
5.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **SEAL Team** 3-7/22. (S1)
1.00 PM **TV's Greatest Gameshows** Exploring what makes game shows great.
3.00 **Grimm** 7/22. Nick and Hank spend Christmas pursuing three teenage Wesen. **4.00** 8/22. Nick discovers the truth behind the story of a legendary monster. **5.00** 9/22. Wu finally learns the truth about Nick. **6.00** 10/22. The Wesenrein plot to execute Monroe. (S4)

9.00 Mob Land

7 PM 7.00 FILM **Ghost Rider: Spirit of Vengeance** Comic-book adventure sequel starring Nicolas Cage. A motorcycle stuntman seeks redemption by striving to save a young boy from the Devil. (2012, 12, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM 9.00 FILM **Mob Land** Crime thriller starring Shiloh Fernandez. A sheriff tries to keep the peace when a desperate family man commits a robbery, alerting an enforcer for the New Orleans mafia. (2023, 15, 111 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM 11.00 **Brassic** 8/8. McCann's men kidnap Tyler as a warning to Erin, and Vinnie is so furious that he abducts the crooked businessman's twins in retaliation. (S3)
12.00 M'T **The Force: North East**
2.00 AM **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.15 **Dress to Impress**
10.15 **Deal or No Deal**
12.15 PM **The Masked Singer US**
1.15 FILM **Spy Kids 3: Game Over** Sci-fi adventure sequel. (2003, U, 90min) ★★★
2.55 **Britain's Got Talent: Live Semi-Final** Ant and Dec host the last semi-final.
5.05 FILM **Shrek** Animated comedy adventure. (2001, U, 90min) ★★★★★

9.00 The Hitman's Bodyguard

7 PM 6.55 FILM **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM 9.00 FILM **The Hitman's Bodyguard** Comedy thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman who is about to testify at the International Criminal Court. With Salma Hayek. (2017, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM 11.20 **Family Guy** 15/18. Mayor West becomes Peter's friend. **11.50** 10/18. Peter refuses to admit he has a problem. (S9)
12.20 AM **American Dad!** (S7)
1.20 **Iain Stirling's CelebAbility**
2.05 **to 3.00** AM **Totally Bonkers Guinness World Records**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
8.20 FILM **Carry On Doctor** Hospital comedy starring Frankie Howerd. (1968, PG, 90min) ★★★
10.20 **Agatha Christie's Poirot**
11.25 **Downton Abbey** Five episodes, including at: **2.55** PM 2/9. Mary hopes to receive a bailout from her grandmother Martha. **3.55** 3/9. Mrs Hughes anxiously awaits her results. **4.55** 4/9. Branson's political views land him in trouble. (S3)

8.00 Doc Martin

7 PM 6.00 **Midsomer Murders** *Death by Persuasion:* A woman is stabbed to death during a Jane Austen re-enactment.

8 PM 8.00 **Doc Martin** *Boho with a Shotgun:* 3/8. The new receptionist gets off to a bad start after arriving late on her first day.

9 PM 9.00 **Doc Martin** *Mother Knows Best:* 4/8. Louisa's hippie mother Eleanor arrives in the village. (S5)

10 PM 10.00 **Vera** *Recovery:* The body of an addiction support worker is found hidden among the woodlands.
11.50 **Agatha Christie's Poirot** *The Adventure of the Italian Nobleman.* A gangland murder leads the sleuth into the underworld of London's Little Italy.
12.50 AM **Out There** 3&4/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** From Aberfeldy's Crannog Centre.
8.00 **Paramedics on Scene** 8/10. Crews attend a potentially toxic fire on an industrial estate.
9.00 **Blood of the Clans** 2/3. The story of Rob Roy MacGregor.
10.00 **Still Game** Sitcom starring Ford Kiernan and Greg Hemphill.
10.30 **Scot Squad** 3/6. The officers deal with a drug dealer's endless excuses. (S2)
11.00 **General Assembly** New edition Coverage of the General Assembly of the Church of Scotland.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** A look at the harsh reality women face in the justice system.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Sort Of** (S1)
8.25 **Entourage** (S2)
10.45 **Insecure** (S3&4)
1.10 PM **And Just Like That...** A chance to see series one, including at: **5.30** 6/10. Carrie tries to embrace the past. **6.25** 7/10. Carrie gets a proposition from her book publisher. **7.20** 8/10. Miranda considers making a life-altering decision. **8.10** 9/10. Charlotte helps Lily through a crisis. **9.00** 10/10. Carrie tries to find closure. (S1)
9.50 **The Office (US)** (S5)
11.40 **Sex and the City** (S5)
12.50 AM **Barry** 5&6/8. (S3)
2.00 NEW SERIES **The Rehearsal** 1/6. Nathan Fielder puts his resources into something big. **2.50** New episode 2/6. Nathan draws extensively on his past. (S2)
3.40 **to 5.00** AM **The Office (US)**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Mozart: The Magic Flute** Opera production.
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Michael Bolton Live at the Royal Albert Hall**
3.00 FILM **Sherlock Holmes Faces Death** Vintage murder mystery. (1943, b/w, U, 68min) ★★
4.15 **The Brontës by Anita Rani: Sisters of Disruption**
5.15 **Elvis Presley: Aloha from Hawaii**
6.50 **When Elvis Met Priscilla**
7.45 **Buddy Holly: Rave On**
9.00 **Classic Movies: The Story of Scott of the Antarctic** Documentary.
10.00 **Agatha Christie Hour**
11.00 **National Theatre Live: The Crucible**
1.45 AM **Live from the Artists Den** Sheryl Crow.
2.45 **Women Who Rock**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Play Your Pets Right**
8.15 **Silly Animals**
8.25 **Trolls: Trollstopia**
8.50 **Alvinnn!!! and the Chipmunks**
9.00 **Send in the Dogs**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Caught Red Handed**
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Caught Red Handed**
7.20 **Caught Red Handed** A thieving employee is caught in the act.
8.00 **NCIS: Los Angeles** 17&18/22. (S13)
10.00 **Britain's Most Evil Killers** The story of cult killer Zahid Zaman.
11.00 **Snapped** A shop owner is murdered.
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.45 **Be Beautiful**
8.00 **Buying the View**
8.25 **Olivia Meets Her Match**
9.25 **Jason Atherton's Dubai Dishes**
10.25 **Dinner Date**
12.30 PM **The Real Housewives of New York City** Five editions.
4.55 **Dermot O'Leary's Taste of Ireland**
5.55 **John and Lisa's Food Trip Down Under**
7.00 **Celebrity Dinner Date**
8.00 **The Bardsley Bunch**
9.00 FILM **Pretty Woman** Romantic comedy starring Julia Roberts. A multi-millionaire businessman and a Hollywood Boulevard hooker fall in love. (1990, 15, 117min) ★★★★
11.25 **The Real Housewives of Cheshire**
12.30 **to 1.30** AM **The TOWIE Years**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight back-to-back episodes, including at: **8.00** *Harbinger of Death:* Jessica becomes involved in astronomy and a murder case.
9.00 **Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Aurora's high-school reunion is disrupted by a murder in the hotel pool.
10.55 **An Aurora Teagarden Mystery: An Inheritance to Die For** Aurora investigates poisonings at a wedding.
12.50 AM **The New Avengers**
2.50 **GREAT! Movie News**
3.00 **Randall and Hopkirk (Deceased)** 5/26. (S1)
3.50 **GREAT! Movie News**
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **The Protectors**
6.45 **Motorsport Mundial**
7.15 **Auto Mundial**
7.45 **World Rally Championship Highlights** Recent action.
8.40 **World Superbike Highlights**
9.40 **The Motorbike Show**
10.45 LIVE **British Touring Car Championship** Steve Rider presents coverage from the Snetterton 300 circuit.
5.50 PM **Hot Shots**
5.55 **The Motorbike Show**

9.45 Dirty Harry

7.00 FILM **Clash of the Titans** Fantasy adventure starring Sam Worthington and Gemma Arterton. Young demigod Perseus embarks on a perilous quest with a band of heroes to defeat a terrifying sea monster. (2010, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from the League One play-off final at Wembley Stadium.
9.45 FILM **Dirty Harry** Police thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan pursues a psychotic sniper. With Harry Guardino and Andy Robinson. (1971, 15, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Saint**
12.50 AM **Minder**
1.50 **The Professionals**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files** Museum ghosts.
12.00 NOON **Star Trek: The Next Generation** 21-25/26. (S5)
5.00 PM **From the Earth to the Moon** 1/12. Drama based on the Apollo space programme. President Kennedy wants to beat the Russians to the moon. **6.00** 2/12. The story of the *Apollo1* mission, in which the three crew members were killed in a flash fire. (S1)

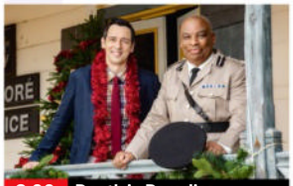
5.00 From the Earth to the Moon

7.00 **From the Earth to the Moon** *We Have Cleared the Tower:* 3/12. The back-up crew prepare to blast off into space.
8.00 **From the Earth to the Moon** *1968:* 4/12. The year is 1968 and the astronauts prepare for the *Apollo 8* launch .
9.00 **From the Earth to the Moon** *Spider:* 5/12. A NASA engineer recalls designing a vehicle for landing on the moon.
10.00 **From the Earth to the Moon** *Mare Tranquillitatis:* 6/12. A near disaster soon puts things in perspective for the astronauts. (S1)
11.00 **Grimm** 5/22. Nick and team encounter the mythical Rat King after being called to a crime scene at the local dump. **12.00** M'T 6/22. Monroe and Rosalee's friend is kidnapped. **1.00** AM 7/22. Juliette returns in the form of Eve. (S5)
2.00 **Grimm** 8&9/22. (S5)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S14)
10.00 **Father Brown** Triple bill.
1.00 PM **Death in Paradise** 4/8. A bride-to-be is found dead in her bath. **2.00** 5/8. A veteran rock singer is electrocuted in the hotel swimming pool. **3.00** 6/8. A volleyball player is stabbed through the heart. **4.20** 7/8. A company boss is killed during a team-building exercise. **5.40** 8/8. A prisoner is killed while in police custody. (S4)


8.00 Death in Paradise

7.00 NEW SERIES **Hudson & Rex** *Double Dog Dare:* 1/16. Detective drama. A murder case devolves into a kidnapping. (S7)
8.00 **Death in Paradise 2022 Christmas Special** 9/9. Christmas in Saint Marie is interrupted by the murder of a podcaster on the hunt for a missing child, an investigation linked to an old case of the Commissioner's. (S11)
10.00 **I, Jack Wright** *Salt in the Wound:* 5/6. A revelation threatens to ruin Sally's legal challenge and her entire family life. (S1)
11.00 **Death in Paradise** (S4)
1.00 AM **Pretty Hard Cases** 3/12. Trouble follows Elliot and Jackie, wreaking havoc on Sam and Kelly's search for the person who killed a police officer. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **The Green Green Grass**
7.40 **Only Fools and Horses**
1.15 PM **Only Fools and Horses** Nine episodes, including at: **3.55** The first-ever episode of the comedy. Rodney decides to move out and go it alone. **4.35** Del and Rodney make a bit of cash on a used-car deal. **5.15** Del gets his hands on a statue of a Hindu god. **5.55** One of Del's old flames turns up out of the blue. **6.35** Del enters the highly profitable tourist trade.

7.55 Dad's Army

7.15 **Only Fools and Horses** Del-Boy gains a nuclear fallout shelter, so the family prepare for war.
7.55 **Dad's Army** The platoon re-enact the battle of St George and the dragon.
8.35 **Only Fools and Horses** The first-ever episode. Rodney decides to move out and go it alone. **9.15** Del and Rodney celebrate a used-car deal with a night out in London's West End. **9.55** Del gets his hands on a statue of a Hindu god – which plunges him into the middle of an age-old feud. **10.35** One of Del's old flames turns up.
11.15 **Dad's Army** As 7.55pm.
12.00 M'T **The Outlaws** Frank accompanies Margaret on a visit to his ex-wife. **1.20** AM Christian and Esme receive a surprise visit from their mum.
2.30 **to 4.00** AM **The Outlaws**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Guy Martin: Proper Jobs**
9.00 **Guy Martin: Last Flight of the Vulcan Bomber**
10.15 **Top Gear USA Special**
11.20 **Top Gear: Polar Challenge**
12.20 PM **Top Gear Patagonia Special**
3.00 **Hairy Bikers' Best of British**
5.00 **Guy Martin: Proper Jobs** The presenter trains to become a firefighter.
6.00 **Greece with Simon Reeve** Part two of two. Simon travels into the north of the country.

8.00 Cape Carnage: Killer...

7.00 **Border Force: America's Gatekeepers** New edition A woman is apprehended for carrying a gun and ammunition in her vehicle.
8.00 **Cape Carnage: Killer Catch** New edition Bruce and Juanita rush to the side of Bruce's mother when she has a stroke.
9.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the quiz show, with Jo Brand and Munya Chawawa.
10.00 **QI** With panellists Julian Clary, Ross Noble, Bill Bailey and Alan Davies.
10.40 **Mock the Week End of Year Special** From 2021.
11.20 **Mock the Week** With guest panellists James Acaster, Josh Widdicombe, Katherine Ryan and Matt Forde.
12.00 M'T **Live at the Apollo**
1.00 AM **Red Dwarf** Triple bill.
2.45 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

Sunday

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **6.00** Danni Menzies helps a couple find a holiday home in Manilva. **7.00** Laura Hamilton helps a couple find a holiday home in Almeria, Spain.
8.00 **Millionaire Hoarders** Custodians of a 16th-century hall seek a way to help fund its running costs.
9.00 **Gogglebox** Double bill.
11.00 FILM **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
1.00 AM **8 Out of 10 Cats Does Countdown**
2.00 **Taskmaster**
3.05 **Britain's Most Expensive Houses**
4.05 **to 4.40** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods** (S4)
4.00 PM **NCIS** Six episodes of the drama, including at: **6.00** *Higher Education:* 9/22. The agents investigate the death of a college student. **7.00** *Too Many Cooks:* 10/22. The suicide of a professor who was due to retire is investigated. **8.00** *Bridges:* 11/22. Parker discovers he's a victim of identity theft. **9.00** *Big Rig:* 12/22. An old pal of Torres' disappears. (S20)
10.00 **Law & Order: Special Victims Unit** *If I Knew Then What I Know Now:* 13/22. A woman learning about her birth parents asks for help. (S23)
11.00 **Law & Order: Special Victims Unit** (S23&25)
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dogs Behaving (Very) Badly**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** The Tactical Support Group head up a dawn raid. **6.00** A suspect has something to hide. **7.00** Interceptors are on the tail of a Transit van. **8.00** A dog unit is deployed for an extreme version of hide and seek.
9.00 **999: Killer on the Line** The case of Jennifer Pan who in 2010 arranged for three men to target both of her parents.
10.00 **Cause of Death**
11.00 **Killer at the Crime Scene** Documentary.
12.00 M'T **Serial Killer Wives**
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **The Lizzie Borden Chronicles** New episodes
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Red Bull Soapbox Race** From London's Alexandra Park.
11.05 **Trucking Hell**
1.10 PM FILM **55 Days at Peking** Historical epic starring Charlton Heston. (1962, U, 154min) ★★★
4.15 FILM **Torpedo Run** World War Two drama starring Glenn Ford. (1958, U, 98min) ★★
6.20 FILM **The Devil's Brigade** Drama starring William Holden and Cliff Robertson. (1968, PG, 126min) ★★
9.00 FILM **The Dirty Dozen** World War Two thriller starring Lee Marvin and Ernest Borgnine. (1967, 15, 150min) ★★★★
12.05 AM FILM **To End All Wars** Drama starring Robert Carlyle. (2002, 15, 112min) ★★★★
2.25 **Police Interceptors**
3.25 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **My Family**
3.00 PM **Outnumbered**
7.00 **Inside the Ambulance** The West Midlands paramedics assist a pensioner who is having chest pains. **8.00** The paramedics help a woman who has had a series of seizures.
9.00 **Katie Piper: Locked Up in Louisiana** Series finale Katie meets Whitley, who was convicted of killing her brother after a row. ■ Entire series on U
10.00 **Inside the Operating Theatre** A man has his gall bladder removed after losing 11 stone.
11.00 **999 Rescue Squad**
12.55 AM **Louis Theroux: Dark States – Murder in Milwaukee**
1.55 **to 3.00** AM **Billionaire Boy**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill**
12.00 NOON **Lark Rise to Candleford** Double bill.
2.40 PM **Catherine Cookson's A Dinner of Herbs**
5.45 **Sharpe**
8.00 **Sister Boniface Mysteries** *How to Murder a Tune:* 5/10. TV show *Glory Be* arrives at St Vincent's, and the 'Chorister of the Year' contest turns deadly. (S3)
9.00 **Silent Witness** *History – Part Three:* A woman confesses to murdering her husband and the team must determine if all is as it seems.
11.20 **The Chelsea Detective** *Deadlock – Part One:* A body is discovered in an allotment plot.
12.20 AM **The Chelsea Detective**
1.25 **Hamish Macbeth**
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cyprus.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** A woman taken to Morocco as a toddler against her mother's will. **8.00** Two women who uncovered life-changing news as adults.
9.00 **Dr Pimple Popper** Former cruise ship worker Julie hopes Dr Lee can remove her large back growth.
10.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** Dealers Clive and Brenda compete to buy a ring in Southport.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **Through the Keyhole**
4.00 **Tenable** Double bill of the quiz show.
6.00 **The Chase Celebrity Special** Featuring Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** With contestants Louise Hazel, Joel Dommett, Sinitta and Les Dennis.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **The War in the Air**
9.55 FILM **A Farewell to Arms** Drama. (1932, b/w, PG, 78min) ★★★
11.55 FILM **Battle of Rogue River** Western. (1954, PG, 90min) ★★
1.25 PM FILM **The Big Trail** Western. (1930, b/w, U, 117min) ★★
3.55 FILM **North to Alaska** Adventure. (1960, U, 122min) ★★★
6.30 FILM **Rio Lobo** Western adventure. (1970, PG, 110min) ★★★
9.00 FILM **The Ballad of Lefty Brown** Western. (2017, 15, 111min) ★★★
11.20 FILM **Ain't Them Bodies Saints** Drama. (2013, 15, 95min) ★★★★
1.25 AM FILM **Arctic** Thriller. (2018, 12, 98min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.20 FILM **The House on the Hill** (2019, 12) ★★
12.15 PM FILM **Martha's Vineyard Mystery: Poisoned in Paradise** Thriller. (2021, PG) ★★
2.10 FILM **Just Like Heaven** Romantic fantasy. (2005, PG, 95min) ★★★★
4.15 FILM **Maid in Manhattan** Comedy. (2002, PG) ★★★
6.30 FILM **A Good Year** Comedy drama. (2006, 12, 117min) ★★★
9.00 FILM **The Bourne Ultimatum** Espionage thriller sequel. (2007, 12, 115min) ★★★★
11.20 FILM **Escobar** Drama. (2017, 15, 123min) ★★
1.55 AM FILM **American Heist** Crime drama. (2014, 15, 94min) ★★
4.00 **to 6.00** AM FILM **Cradle Swapping** (2017, 12) ★★

+1hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **A Wedding to Remember** Drama. (2020, PG, 85min) ★★
10.05 FILM **One Perfect Wedding** Drama. (2021, PG, 84min) ★★
12.00 NOON FILM **Christmas with a Prince: Becoming Royal** Drama. (2019, PG, 92min) ★★
2.00 PM FILM **Made for You, with Love** Drama. (2019, U, 95min) ★★
4.05 FILM **The Wedding Fix** Drama. (2022, PG) ★★
6.00 FILM **Team Bride** Drama. (2023, U, 91min) ★★
8.00 FILM **The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
9.55 FILM **Stop the Wedding** Drama. (2016, U, 105min) ★★
11.50 FILM **Love, Take Two** Drama. (2019, PG) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM FILM **Made for You, with Love**

+1hour 320 317 63

Rewind TV

182 92 150

6.00 AM **That's My Dog**
7.00 **Watching** (S1&2)
9.30 **Dick Turpin** (S3&1)
12.00 NOON **That's My Dog**
12.30 PM **Mitch** 8/10. (S1)
1.30 **Don't Drink the Water**
4.00 **Rewind and Remember**
4.30 **Tracing the Rails**
5.00 **Police Woman** (S1)
6.00 **Bramwell** Period drama with Jemma Redgrave. **7.00** 2/7. Eleanor opens her new infirmary. **8.00** 3/7. Lady Cora's pregnant maid is rushed to hospital. **9.00** 4/10. Eleanor is flattered by the attentions of Dr Hunter. **10.00** 5/7. Eleanor carries out tests. (S1)
11.00 **Watching** (S1&2)
1.30 AM **Don't Drink the Water** 1-5/7. (S1)
4.00 **That's My Dog**
4.30 **Rewind and Remember**
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **That's My Dog**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **In Search of Monsters** A team of researchers seek answers to mysteries surrounding the Mothman. **8.00** New evidence about an alleged monster in New Jersey.
9.00 **Mystery at Blind Frog Ranch** Duane explores new methods to find a dry entrance. **10.00** Duane makes a costly mistake.
11.00 **Expedition X** A craft flying above the waters off Catalina Island. **12.00** M'T The investigation into unidentified objects off Catalina Island's coast.
1.00 AM **Expedition X**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food with Casey Webb**
7.30 **Man v Food**
8.30 **Man v Food with Casey Webb** Triple bill.
10.00 **Man v Food**
11.00 **James Martin's Islands to Highlands**
3.00 PM **The Great British Bake Off** Six editions.
9.00 **Marcus in the Med: Mallorca** Marcus looks for lunch ingredients in the market in Palma. **9.30** Marcus visits a chef who cooks everything on his outside BBQ. **10.00** Marcus is on the hunt for the freshest catch on the island. **10.30** Marcus finds a local favourite, Vermouth. **11.00** Marcus explores the food Mallorcans eat.
11.30 **Marcus in the Med: Mallorca** Triple bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 FILM **Primal Force** Sci-fi adventure. (1999, 15, 85min) ★
10.00 **Six Million Dollar Man**
3.00 PM FILM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
4.50 FILM **The Lost World** Fantasy adventure. (1960, PG, 98min) ★★
6.45 FILM **Voyage to the Bottom of the Sea** Sci-fi action adventure starring Walter Pidgeon. (1961, U, 105min) ★★★
9.00 FILM **The Abyss** Sci-fi adventure with Michael Biehn and Ed Harris. (1989, 15, 134min) ★★★
11.40 FILM **Black Water** Crime action thriller. (2018, 15, 104min) ★★
1.40 AM FILM **Armored** Thriller with Matt Dillon. (2009, 12, 88min) ★★★
3.25 **to 5.15** AM FILM **The Driver** Thriller. (1978, 15, 91min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Mammoth** Action thriller. (2006, 12, 90min) ★★★
8.00 FILM **The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
10.00 FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
12.00 NOON FILM **MacShayne: Winner Takes All** Crime drama. (1994, PG, 87min) ★★
2.00 PM FILM **MacShayne: Final Roll of the Dice** Crime drama. (1993, PG, 88min) ★★
4.00 **The A-Team** (S2)
9.00 FILM **Doctor Faustus** Fantasy adaptation starring Richard Burton. (1968, PG, 93min) ★
10.55 FILM **The Witches** Hammer horror. (1966, 15, 91min) ★★
12.45 **to 3.00** AM FILM **Bulletproof** Drama. (2019, 15, 110min) ★★★

+1hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.00 **Junk and Disorderly**
10.00 **UFO Hunters**
12.00 NOON **Evidence of the Unexplained**
1.00 PM **The UnXplained with William Shatner**
2.00 **Alien Disclosure Files**
7.00 **Cities of the Underworld**
8.00 **Curse of Skinwalker Ranch** Documentary.
9.00 **Cursed Histories** How showman PT Barnum made millions off the defenseless.
10.00 **The Witches of Salem** How the demonic conspiracy terrorising Salem village grew.
11.00 **Medieval Murder Mysteries** Amy Dudley.
12.00 M'T **Alien Corridors**
1.00 AM **UFOs Declassified**
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare**
4.00 **to 6.00** AM **When Big Things Go Wrong**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
9.30 **The Secret Life of Bees**
10.30 **Reuben Owen: Life in the Dales**
11.30 **Columbo** Five episodes of the drama, including at: **6.00** PM *Blueprint for Murder:* A killer launches a scheme to make Columbo first suspect him, then reject him as the murderer.
7.30 **Dad's Army: Secret Lives & Scandals** The behind-the-scenes story of the beloved sitcom.
9.00 **The Two Ronnies: The Lost Sketches** Comedy clip show.
10.30 **Porridge: 50 Years of Laughs** A look back at the prison-based sitcom.
12.00 M'T **World War I in Colour** Documentary.
1.00 AM **Nazi Megastructures**
2.00 **Walking Wartime Britain** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
5.00 PM **Escape to the Country** Triple bill of the series in which people search for their ideal rural retreats.
8.00 **A Place in the Sun** A couple seek a dream home on Ibiza with a budget of £270,000. **9.00** A couple from north Wales seek a home on Spain's Costa Blanca for £125,000. **10.00** A couple look for a holiday home on Ibiza with £160,000. **11.00** A retired couple look for a dream home in the Almeria Province. **12.00** M'T A woman seeks a modern, two-bed apartment on the coast of Majorca.
1.00 **to 4.00** AM **Bargain Mansions**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones** Karen and Mina team up with their friend on a renovation.
8.00 **7 Little Johnstons**
9.00 **Forbidden Love** Lensa makes a jaw-dropping decision.
10.00 **Love & Translation**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
1.30 **I Didn't Know I Was Pregnant** Documentary.
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **The Best of Mr Bean**
9.00 **Mr Bean** 13&14/14. (S1)
10.00 **Friends** (S7&8)
4.00 PM FILM **Who Framed Roger Rabbit** Comedy thriller. (1988, PG, 103min) ★★★★★
6.00 **Friends** Six episodes of the sitcom, including at: **8.00** 9/24. The gang celebrate Thanksgiving. **8.30** 10/24. Guest stars Trudie Styler. (S8)
9.00 FILM **Robin Hood: Men in Tights** Mel Brooks' comedy spoof of the Robin Hood legend. (1993, PG, 102min) ★★
11.05 **Alan Carr: Yap, Yap, Yap!** Stand-up comedy.
12.05 AM **Whose Line Is It Anyway? USA**
1.05 **South Park** (S2)
2.05 **Whose Line Is It Anyway? USA**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Blockbusters**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
10.35 **Michael McIntyre's Big Christmas Show**
11.55 **Criminally Funny**
4.00 PM **Friends** 3/24. Rachel reveals the identity of the father of her baby, while Chandler and Monica go on their honeymoon. **4.30** 4/24. Ross and Rachel argue about why they slept together. **5.00** 5/24. Ross is horrified to learn Rachel has a date with a handsome soap star. **5.30** 6/24. Phoebe finds herself attracted to twin sister Ursula's fiancé. (S8)
6.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** (S7&8)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
10.00 **Motorway Patrol**
2.00 PM **FBI** *Checks and Balances:* 10/15. The team hunt for assailants. **3.00** *Brother's Keeper:* 11/15. A man is killed by an explosive package. **4.00** *Fathers and Sons:* 12/15. The team race to save two doctors abducted by a father. **5.00** *Short Squeeze:* 13/15. A finance CEO is shot during a protest. **6.00** *Trigger Effect:* 14/15. The team investigate a mass shooting at a New York restaurant. (S3)
7.00 **Highway Cops**
10.00 **Highway Patrol**
12.00 M'T **A League of Their Own** Double bill.
2.00 AM **A League of Their Own US Road Trip**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Just Tattoo of Us**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Catch of the Day** Reality series.
3.00 **Catfish: The TV Show**
9.00 **Teen Mom: The Next Chapter** Experiences for Amber, Maci, Ashley, Briana, Cate, Cheyenne, Jade and Leah.
10.00 **Dating Naked UK** As the experience nears its conclusion, the tension reaches fever pitch.
11.00 **Caught in the Act: Unfaithful** Reality series.
12.00 M'T **Ink Master**
1.00 AM **Beavis and Butt-Head** (S3)
1.30 **Jackass** Comedy.
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: The Last Frontier** For the first time, the Kilchers film themselves. **1.00** PM Eve kills chickens with her children to teach them. **2.00** Eve goes deerhunting. **3.00** Otto and Charlotte see where the family legacy began. **4.00** Otto and his son bond over a hunt for ptarmigan. **5.00** Atz Lee and Jane travel to catch massive lake trout.
6.00 **Border Control Sweden** Tomas suspects forbidden foods in a couple's luggage.

7.00 Building Off the Grid

7.00 **Building off the Grid** New edition In an effort to spend more time with their kids, a couple set out to build a treehouse.
8.00 **Alaska: Homestead Rescue** Marty re-rescues the Broadhead family, whose Ohio home faces major structural issues. He must restore a settling berm and construct a concrete storm.
10.00 **Kindig Customs** A friend wants Dave to turn a 1950s VW Bug into a glorified beach cruiser by adding more power.
11.00 **Wheeler Dealers World Tour** In Germany, Mike and Elvis are captivated by an E30 M3.
12.00 M'T **Alaskan Bush People** Bear and the siblings throw caution to the wind.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pit Bulls & Parolees**
9.00 **How Do Animals Do That?**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Treehouse Masters**
1.00 PM **Life at Vet University**
2.00 **Pet Nation Renovation**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** A wildfire prompts Marty to create an evacuation ark for the Grants' livestock.
6.00 **Pit Bulls & Parolees** Lizzy and Elise struggle to rescue a stray dog found on train tracks.

8.00 Treetop Cat Rescue

7.00 **Life at Vet University** Fourth-year student Clint assists in an emergency caesarean on a cocker spaniel.
8.00 **Treetop Cat Rescue** Shaun and Tom try to rescue a repeat offender. **8.30** Shaun braves a storm to bring down a cat.
9.00 **Tanked** Actor and producer Wilmer Valderrama asks Brett Raymer and Wayde King to build an aquarium.
10.00 **Alaskan Bush People** Barn construction means its all hands on deck, but someone isn't pulling their weight.
11.00 **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof.
12.00 M'T **Animal Cops Houston**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Pit Bulls & Parolees**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Double bill.
10.00 **Northwoods Survival**
11.00 **Air Crash Investigation**
2.00 PM **Europe from Above** New edition Featuring footage during Autumn.
3.00 **Drain the Oceans: Deep Dive**
4.00 **Inside the SS** Documentary about Hitler's private army. **5.00** A look into the role of the SS in the Holocaust.
6.00 **Nazi Megastructures** The creation of one of history's greatest air defence systems.

7.00 Pirates: Behind the Legends

7.00 **Pirates: Behind the Legends** The story of Grace O'Malley, the Pirate Queen of Ireland, who defied gender conventions.
8.00 **Bloody Tales of the Tower** Investigating why it took five blows to decapitate the Duke of Monmouth in July 1685.
9.00 **Bloody Tales of the Tower** The contrasting fates of three people imprisoned in the Tower of London for treason.
10.00 **Bloody Tales of the Tower** The deaths of Anne Boleyn, Catherine Howard and Lady Arabella Stuart.
11.00 **Air Crash Investigation** A plane is found in a mountain range miles from its flight path.
12.00 M'T **Air Crash Investigation**
2.00 AM **Money Meltdown**
2.55 **Food Factory** Double bill.
3.45 **Abandoned** Double bill.
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Auction Hunters**
7.00 **Pawn Stars** Triple bill.
10.00 **Mysteries of the Ancient Dead** Double bill of editions.
12.00 NOON **Buried: Knights Templar and the Holy Grail**
4.00 PM **Storage Wars** Six editions of the series, including at: **5.30** The Vegas ladies realise one of them has Texas flair. **6.00** Darrell stumbles over what may be a diamond in the rough. **6.30** Justin sinks money into a unit with an interesting pair.

9.00 9/11 Conspiracies

7.00 **Instruments of Death** Karl Ude-Martinez and Kevin Hicks explore how weapons and body armour were developed.
8.00 **Instruments of Death** Karl and Kevin look at the impact of the Battle of Towton during the War of the Roses.
9.00 **9/11 Conspiracies: Fact or Fiction** Theories that cloud the memory of the events of September 2001, and how by almost infinite repetition on social media, suspicions have nearly gained the status of truth.
11.00 **The UnBelievable with Dan Aykroyd** A look at some of the most peculiar contests humans have devised.
12.00 M'T **Storage Wars** Brandi and Jarrod to stumble across a wartime oddity. **12.30** AM Ivy puts economies of scale to the test.
1.00 **Storage Wars** Four editions.
3.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries** Eight editions, including at: **5.00** Robbie tackles large river locks on the scenic Upper River Thames.
6.00 **'Allo 'Allo!** The General discovers the sausage and hangs it in his closet to cure. **6.40** The Resistance arrange a parade to provide a diversion.

8.20 Villages by the Sea

7.40 **'Allo 'Allo!** Rene conceals the painting of the Fallen Madonna, while the British airmen make another escape attempt.
8.20 **Villages by the Sea** Ben Robinson visits Laxey on the Isle of Man. **8.55** Ben Robinson discovers more about the village of Ravenglass. **9.25** Ben visits the coastal village of Flamborough. **9.55** How Dutch settlers in the 1500s transformed the Norfolk village of Cley next the Sea.
10.25 **Bangers & Cash** Derek picks up some classics from the Far East when three Datsun Zs appear.
11.25 **Bangers & Cash** Derek auctions off some vehicles that were used in *Heartbeat*.
12.25 AM **Bangers & Cash: Restoring Classics**
1.25 **Bangers & Cash** Derek picks up a 1970 Aston Martin DBS.
2.20 **to 3.00** AM **Canal Boat Diaries**

+1 hour 255 329

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **James May and the Dull Men** Double bill.
8.00 **Find It, Fix It, Flog It**
10.00 **Shed and Buried**
10.30 **LIVE MotoGP** British Grand Prix at Silverstone.
3.30 PM **Shed and Buried**
4.00 **The Repair Shop**
5.00 **The Yorkshire Auction House**
6.00 **Celebrity Yorkshire Auction House**
7.00 **Giro D'Italia Highlights**
8.00 **The Repair Shop** Restoring a rugby trophy and an accordion. **9.00** Items include a pair of football boots and a jack-in-the-box. **10.00** Restoring a wooden toolbox. **11.00** As 8.00pm.
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Hunting Atlantis**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Reality series.
9.00 **Say Yes to the Dress**
12.00 NOON **FBI Files**
3.00 PM **Faking It: Tears of a Crime** Four editions.
7.00 **Boris Johnson: A Faking It Special**
8.00 **The Murder of Gabby Petito: A Faking It Special** Examining the murder of Gabby Petito.
9.00 **Killer in Question** The death of 11-year-old Teresa McAbee.
11.00 **Faking It: Tears of a Crime** Ben Butler.
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Serial Killer, Serial Liar Levi Bellfield: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** A woman is shot dead in a bad part of town. **8.00** A cheerleader is found murdered.
9.00 **Britain's Countryside Killers** The village of Bosham in West Sussex was rocked by the murder of Valerie Graves. **10.00** Michael O'Leary is murdered by his best friend Andrew Jones.
11.00 **48 Hours** Heidi Firkus calls 911 after her husband says an intruder is breaking in. **12.00** M'T A look at what happened to Andreen McDonald. **1.00** AM Police respond to a call at a home in Laredo, Texas.
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Five editions.
2.00 PM **Medical Detectives** Police use technology to solve the murder of a college student. **2.30** The discovery of a woman's charred remains. **3.00** Police uncover disturbing evidence about a woman's killer. **3.30** The case of a cyanide poisoner. **4.00** Investigating the unexpected and strange death of a health-conscious woman. **4.30** Evidence contained within saliva.
5.00 **Evidence of Evil** The investigation into a body found in a container.
6.00 **Judge Judy** Real-life small-claims cases.
11.00 **Judge Judy**
2.00 AM **Psychic Private Eyes**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
7.30 **Caught Red Handed**
9.00 **Brit Cops UK**
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **How I Caught the...**
2.00 **World's Most Evil Killers**
3.00 **Catching the Killer**
5.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **The Girl on the Milk Carton** Double bill.
11.10 **Killer in My Village**
12.20 AM **An Unexpected Killer** Documentary.
1.20 **The Real Manhunter: The Murder of Chris Donovan**
2.00 **Murders That Shocked the Nation**
3.00 **The Force: North East**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Peleliu: WWII's Most Well-Preserved Battlefield** As 7.35pm.
9.50 **Wheelchair President**
11.50 **Nixon in the Den**
1.00 PM **America the Bountiful** Documentary.
1.35 **Peleliu: WWII's Most Well-Preserved Battlefield** As 7.35pm.
2.50 **Wrecks That Changed the World** Five editions.
7.35 **Peleliu: WWII's Most Well-Preserved Battlefield** A look at the most well-preserved battlefield in the world.
8.50 **Wheelchair President**
10.55 **Nixon in the Den** The controversial career of former US President Richard Nixon.
12.00 M'T **Peleliu: WWII's Most Well-Preserved Battlefield** As 7.35pm.
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Anthony Quinn** The actor's career.
7.00 **Discovering: Joan Crawford**
8.00 **The Directors** Double bill.
10.00 **David Frost Vs**
11.00 **Villeneuve Pironi: Racing's Untold Tragedy**
1.00 PM **Dave Not Coming Back** Two divers' efforts to retrieve a body from a freshwater cave.
3.00 **Faye** The life of Faye Dunaway.
4.50 **100 Foot Wave**
7.00 **Tell Them You Love Me** An affair between a professor and a man with cerebral palsy.
9.00 **The Girl Who Caught a Killer** Rachael Watts shares her story of being left for dead as a child.
10.10 **Spector** Documentary about music producer Phil Spector. **11.10** How Phil Spector gained a sinister reputation. **12.10** AM Phil Spector assembles his defence team. **1.10** Phil Spector is finally convicted after a second trial.
2.10 **to 4.00** AM **Steve McQueen: The Lost Movie** Documentary exploring an unfinished movie.

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
9.00 **Extreme Animals: One Wild Day** Triple bill of editions.
12.00 NOON **Becoming Orangutan**
3.00 PM **Monkey Life** Four editions.
5.00 **New Kids in the Wild**
6.00 **Survival of the Beast** New edition Max Djenohan investigates the survival skills of the chimpanzee.
7.00 **David Attenborough's Kingdom of Plants**
8.00 **David Attenborough's Conquest of the Skies** The veteran naturalist examines creatures capable of flight. **9.00** Creatures that glide. **10.00** The creatures that dominate today's skies.
11.00 **Kingdom of the Tide** The creatures living in the realm between ocean and land.
12.00 M'T **Survival of the Beast**
1.00 AM **Hotspots: The Last Hope**
3.00 **Nature's Dress Code: Who Wears What and Why?**
4.00 **Wild Dogs: Running with the Pack** Double bill of editions.
5.00 **to 6.00** AM **Africa's Hunters**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Ancient Skies**
10.00 **Spycraft**
11.00 **Greatest Heists with Pierce Brosnan**
12.00 NOON **Ultimate Mysteries**
3.00 PM **Ancient Aliens**
5.00 **Weeks of War**
6.00 **Ancient Superstructures** Exploring the ancient city of Chichen Itza in Mexico. **7.00** A walk through India's Taj Mahal, the iconic mausoleum complex commissioned in 1632.
8.00 **Ancient Aliens** Investigating whether the US military has a secret space programme.
9.00 **Myths & Monsters** This edition places a focus on historical acts of love and betrayal.
10.00 **Hannibal: A March on Rome** Following the Carthaginian's route across the Alps.
11.00 **Ancient Aliens** Triple bill.
2.00 AM **Colosseum**
3.00 **Inside the Tower of London**
4.00 **Medieval Murder Mysteries**
5.00 **to 6.00** AM **Royal Murder Mysteries**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown**
11.00 **999: Killer on the Line**
12.00 NOON **999 Killer on the Line**
1.00 PM **Murder Detective**
3.00 **Spring Break Murders**
7.00 **When Missing Turns to Murder**
8.00 **Fatal Family Feuds** A deer hunter meets a tragic end.
9.00 **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
10.00 **Cold Case Files** New edition In 1986, two young girls are murdered months apart. **11.00** Human bones are discovered in the woods.
12.00 M'T **My Strange Arrest**
1.00 AM **Cold Case Files**
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **Interview with a Killer** New edition True-crime.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Wild Sides**
11.00 **Ice Road Rescue**
1.00 PM **Europe's Wild Places**
3.00 **Wild Bhutan: The Last Shangri-La** Documentary.
4.00 **Built to Survive**
5.00 **Secrets of the Zoo: Tampa**
7.00 **Born in Africa** Young predators hone their hunting skills as they prepare to face the dangers of the Savannah.
8.00 **Europe's New Wild** The importance of vultures in renewing the ecosystem of Bulgaria's Rhodopes Mountains. **9.00** Reindeer herders and conservationists try to save one of Europe's wildest frontiers.
10.00 **Alaska Animal Rescue** Documentary about the Alaska Wildlife Conservation Centre. A vet who is also a firefighter rescues a bald eagle with a skewered wing.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** The secrets of the sunken town of Baiae, which lies on the seabed of the Bay of Naples. **7.00** Experts reveal the secrets of Thermopylae, the site of an iconic ancient battle. **8.00** Experts use cutting-edge technology to reveal the secrets of the Empire State Building.
9.00 **Salvage Hunters: The Restorers** The restoration team transform a shabby set of apothecary drawers and refresh a French Victorian seat. **10.00** The artisan restorers revive a rare fairground ride and a Victorian park bench. **11.00** A quirky counter, a 100-piece chandelier and a vintage football table are restored.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.00 PM **Bargain Hunt**
4.00 **Parkinson** As 9.30pm.
5.15 **Doctor Who** Four episodes of the sci-fi drama, including at: **6.25** *Inferno – Part Five:* 23/25. The parallel universe's UNIT tries to penetrate Earth's core in search of a vast energy source. **6.55** *Inferno – Part Six:* 24/25. With the parallel universe doomed to destruction, the Doctor tries to escape. (S7)
7.30 **Bargain Hunt** Two teams scour an antiques fair in Deene Park, Northamptonshire. **8.30** Hunting for antiques in Oswestry, Shropshire.
9.30 **Parkinson** With Samuel L Jackson and Robbie Coltrane. **10.45** Guests include Cilla Black and Michael Crawford.
12.05 AM **Doctor Who**
2.20 **Bargain Hunt** As 7.30pm.
3.15 **Parkinson** Double bill.
5.20 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
10.00 **Killer Unknown**
12.00 NOON **Death by Fame**
2.00 PM **Forbidden: Dying for Love**
4.00 **Murder Under the Friday Night Lights**
5.00 **Mean Girl Murders**
6.00 **The Murder Tapes** A body found in Red Valley, Arizona. **7.00** The cas of a gruesome crime inside a man's house.
8.00 **Disappeared** The case of nine-year-old Stephanie Crane.
9.00 **Devil in the Ozarks** A sexual assault shocks a small town.
10.00 **Lost Women of Highway 20** When 13-year-old Rachanda Pickle goes missing, suspicion soon falls on her father. **11.00** Detectives discover that Rachanda's disappearance connects to other crimes. **12.00** M'T Detectives are close to nabbing their suspect.
1.00 AM **The Interrogator**
2.00 **Disappeared** Double bill.
4.00 **to 6.00** AM **I'd Kill for You**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Last Chance Garage** Tony Jr merges components from two Hudsons to breathe new life into an old flame. **1.00** PM The team look to restore a 2008 Smart Car. **2.00** A 1992 Jeep is rescued. **3.00** Tony's friend Joey needs help with Tony's old Camaro. **4.00** A 1953 Bel Air.
5.00 **Lucky!** Formula 1 grows in popularity and value. **6.00** Bernie Ecclestone finally bows out with style.
7.00 **Wheeler Dealers** The boys fix up a BMW 335i estate. **8.00** A 1999 Z3 M Coupe. **9.00** A BMW is restored. **10.00** A dilapidated BMW M5. **11.00** A BMW M3 E36. **11.30** The renovation of the BMW goes over budget. **12.00** M'T An original BMW Z1.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **PREMIERE Escape from the 21st Century** As 11.45pm.
8.40 **Cleaner** As 8.00pm.
10.25 **Beetlejuice Beetlejuice**
12.20 PM **The Wild Robot**
2.15 **A Different Man** As 9.45pm.
4.15 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
6.05 **Beetlejuice Beetlejuice** Comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★

11.45 Escape from the 21st...

8.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists take hostages and an ex-soldier now working as a window cleaner tries to rescue them. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

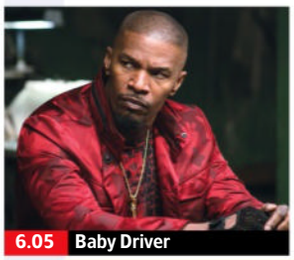
9.45 **A Different Man** Psychological thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage play based on his past. (2024, 15, 112min)

11.45 **PREMIERE Escape from the 21st Century** Chinese fantasy with Ruoyun Zhang. Subtitled. (2024, 15, 94min)
1.40 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
3.20 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
5.20 **to 7.00** AM **Rebellious** Animation. (2024, PG, 94min)

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Ordinary Angels** (2024)
8.00 **The Secret Kingdom** (2023)
9.55 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
11.40 **Transformers One** Animation. (2024, PG, 104min) ★★★★
1.35 PM **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
4.00 **Justice League** Adventure. (2017, 12, 120min) ★★
6.05 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★



6.05 Baby Driver

8.00 **Catch Me If You Can** Crime adventure starring Leonardo DiCaprio and Tom Hanks. In the 1960s, a teenager enjoys a remarkable crime spree, passing himself off as a pilot, a doctor and a lawyer, and cashing millions of dollars in false cheques. (2002, 12, 141min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. A contract killer chooses an LA taxi driver to act as his chauffeur while he carries out five hits in one night. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **57 Seconds** Thriller. (2023, 15, 99min) ★★★
2.20 **Ordinary Angels** Drama. (2024, 12, 113min) ★★★★
4.30 **to 6.20** AM **The Secret Kingdom** Fantasy adventure. (2023, PG, 98min) ★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Anatomy of a Murder**
10.00 **The Colour Room** Period drama starring Phoebe Dynevor. (2021, PG, 109min) ★★★★
12.00 NOON **Jackie** Biopic drama. (2016, 15, 100min) ★★★★
1.50 PM **Ghost** Romantic fantasy. (1990, 12, 127min) ★★★★
4.10 **The Danish Girl** Period drama starring Eddie Redmayne. (2015, 15, 117min) ★★★

6.20 **Cries and Whispers** Ingmar Bergman's Swedish drama with Harriet Andersson. Subtitled. (1972, 18, 106min) ★★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. A fading music star begins a tempestuous romance with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.25 **Anatomy of a Murder** Legal drama starring James Stewart and Ben Gazzara. (1959, b/w, 12, 160min) ★★★★★

1.15 AM **Cicada** Romantic drama starring Matthew Fifer, Sheldon D Brown and Sandra Bauleo. (2020, 15, 96min) ★★★★
3.05 **Cries and Whispers** (1972)
4.50 **to 6.40** AM **Calvary** Drama starring Brendan Gleeson. (2014, 15, 99min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Simulant** Sci-fi thriller. (2023, 15, 95min) ★★★
8.50 **A.I. Artificial Intelligence** Fantasy. (2001, 12) ★★★★
11.30 **Dual** (2022, 15, 94min) ★★★★
1.15 PM **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
3.05 **The Nun** Horror with Demián Bichir. (2018, 15, 96min) ★★★
4.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★

6.25 **The Purge** Horror thriller with Ethan Hawke and Lena Headey. In America in 2022, a family prepare for the one night of the year when all crime is legal. (2013, 15, 85min) ★★★
8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. The crew of the *USS Enterprise* are stranded on an alien world. (2016, 12, 122min) ★★★★
10.10 **The Purge: Election Yea** Action horror sequel starring Frank Grillo. (2016, 15, 108min) ★★★

12.05 AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
1.40 **Haunting of the Queen Mary** Horror. (2023, 18, 125min) ★★
3.50 **Night Swim** Horror with Wyatt Russell. (2024, 15, 98min) ★★
5.35 **to 7.10** AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale
306 306 406 506 519

6.25 AM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
7.55 **Spirit: Stallion of the Cimarron** (2002, U) ★★★
9.30 **Harold and the Purple Crayon** (2024, PG) ★★★
11.10 **IF** Fantasy. (2024, U) ★★★
1.00 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
3.00 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
5.00 **The BFG** (2016, PG) ★★★★
7.00 **Hook** Fantasy. (1991, U) ★★★

5.00 The BFG

Hook (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Dragon Rider** Animated adventure featuring the voices of Felicity Jones and Thomas Brodie-Sangster. A silver dragon and his friends search for a mythical safe haven hidden in the Himalayas. (2020, PG, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Brothers Grimm** Terry Gilliam's fantasy adventure. (2005, 12, 118min) ★★★
1.30 AM **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
2.55 **The Swan Princess** Musical. (1994, U, 89min) ★★★
4.40 **Sky Cinema Preview**
5.20 **to 7.05** AM **10 Lives** Animation. (2024, U, 98min) ★★★

Sky Cinema MI
307 307 407 507 521

7.15 AM **Mission: Impossible** (1996)
9.15 **Mission: Impossible II** (2000)
11.20 **Mission: Impossible III** (2005)
1.30 PM **Mission: Impossible** (1996)
3.30 **Mission: Impossible II** (2000)
5.35 **Mission: Impossible III** (2005)
7.45 **Mission: Impossible** Spy thriller starring Tom Cruise and Jon Voight. Secret agent Hunt goes on the run after being accused of treason and sets out to clear his name. (1996, PG, 110min) ★★★

9.45 Mission: Impossible II

Mission: Impossible (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Mission: Impossible II** Action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Mission: Impossible III** Spy thriller sequel starring Tom Cruise. Secret agent Ethan Hunt tries to save his wife from a ruthless arms dealer. (2005, 12, 126min) ★★★★
2.00 AM **Mission: Impossible**
3.55 **to 6.00** AM **Mission: Impossible II** As 9.45pm.

Sky Cinema Comedy
308 308 408 508 522

7.25 AM **Knocked Up** As 3.55pm.
9.45 **The Fortune Cookie** (1966)
11.55 **I Now Pronounce You Chuck & Larry** As shown at 8.00pm.
2.00 PM **Anyone But You** Comedy starring Sydney Sweeney. (2023, 15, 103min) ★★★★
3.55 **Knocked Up** Romantic comedy starring Seth Rogen. (2007, 15, 129min) ★★★★
6.10 **Two Weeks Notice** Comedy starring Sandra Bullock. (2002, 12, 101min) ★★★

10.05 Happy Gilmore

8.00 **I Now Pronounce You Chuck & Larry** Comedy starring Adam Sandler and Kevin James as a pair of New York firefighters who enter a same-sex marriage in order to pull a pensions scam. (2007, 12, 110min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Happy Gilmore** Comedy starring Adam Sandler. A volatile ice hockey player decides to enter a golf tournament in the hope of saving his grandmother's house. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Brady Bunch Movie** Comedy. (1995, 12) ★★★
1.35 AM **Fords on Water** Comedy. (1983, 15, 83min) ★★★
3.10 **The Accidental Husband** Comedy. (2008, 12, 86min) ★
4.50 **to 7.05** AM **The Fortune Cookie** Comedy. (1966, b/w, U, 125min) ★★★★★

Sky Cinema Thriller
309 309 409 509 523

6.40 AM **One Day as a Lion** (2023)
8.20 **Chinatown** As 8.00pm.
10.40 **State of Play** Political thriller. (2009, 12, 127min) ★★★★
1.00 PM **The Island** Sci-fi thriller. (2005, 12, 136min) ★★★
3.30 **Layer Cake** Thriller starring Daniel Craig and Sienna Miller. (2004, 15, 105min) ★★★★
5.20 **Inception** Christopher Nolan's mind-blowing sci-fi thriller starring Leonardo DiCaprio. (2010, 12, 148min) ★★★★★

10.20 Marnie

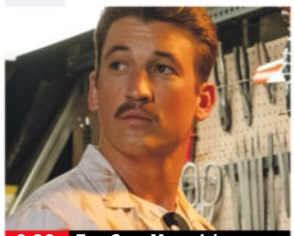
8.00 **Chinatown** Director Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. A private investigator agrees to take a routine matrimonial case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Marnie** Hitchcock thriller starring Tippi Hedren and Sean Connery. A wealthy publisher marries a compulsive thief and attempts to unravel her mysterious past. (1964, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Rumble Through the Dark** Thriller starring Aaron Eckhart and Bella Thorne. (2023, 15, 116min) ★★★
2.50 **One Day as a Lion** Thriller. (2023, 15, 87min) ★★★
4.30 **to 6.25** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Film4
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
1.25 PM **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
3.50 **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
6.15 **A Knight's Tale** Medieval romantic comedy with Heath Ledger and Paul Bettany. (2001, PG, 132min) ★★★


9.00 Top Gun: Maverick

A Knight's Tale (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Top Gun: Maverick** Action drama sequel starring Tom Cruise. Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits. With Miles Teller and Val Kilmer. (2022, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **Underwater** Sci-fi thriller starring Kristen Stewart and Mamoudou Athie. Beneath the surface of the Pacific Ocean, a crew fight for survival after a tremor wrecks their base. (2019, 15, 99min) ★★★
1.25 **to 3.50** AM **What Men Want** Romantic comedy starring Taraji P Henson and Aldis Hodge. (2019, 15, 117min) ★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 80s
302 302 402 502 516

6.00 AM **Royal Warriors** As 3.50am.
7.40 **The Young Master** As 1.55am.
9.40 **Raiders of the Lost Ark** (1981)
11.50 **Back to the Future** Fantasy. (1985, PG, 115min) ★★★★★
1.50 PM **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
3.50 **Back to the Future Part III** Time-travel adventure sequel. (1990, PG, 112min) ★★★★

5.50 **Superman II** Fantasy adventure sequel with Christopher Reeve. (1980, PG, 127min) ★★★
8.00 **Superman III** Adventure sequel starring Christopher Reeve. The Man of Steel battles against a megalomaniac tycoon who is using a computer genius to plan the crime of the century. (1983, PG, 123min) ★★★
10.10 **Superman IV – The Quest for Peace** Sci-fi adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★

11.45 **Raiders of the Lost Ark** Adventure with Harrison Ford. (1981, PG, 115min) ★★★★★
1.55 AM **The Young Master** Comedy. (1980, 15, 86min) ★★★
3.50 **Royal Warriors** Crime thriller. (1986, 18, 96min) ★★★
5.30 **to 6.00** AM **The Cinema List**

Sky Cinema Cult Classics
304 304 404 504 518

6.35 AM **Ben-Hur** As 1.40am.
10.20 **Johnny Mnemonic** Futuristic thriller. (1995, 15, 98min) ★★
12.10 PM **Blade Runner** Sci-fi thriller. (1982, 15, 130min) ★★★★★
2.10 **Beetlejuice Beetlejuice** Spooky comedy sequel. (2024, 12, 105min) ★★★★
4.10 **Dazed and Confused** Comedy drama starring Jason London. (1993, 15, 102min) ★★★★

6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills, California. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. (1987, 15, 99min) ★★★
10.00 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★

11.50 **Dazed and Confused** (1993)
1.40 AM **Ben-Hur** Multi-Oscar-winning epic starring Charlton Heston, Jack Hawkins, Stephen Boyd and Haya Harareet. (1959, PG, 212min) ★★★★★
5.30 **to 6.00** AM **The Cinema List: British Sky Originals**

Sky Cinema Animation
305 305 412 500 514

6.30 AM **Shrek** As 9.00pm.
8.05 **Shrek 2** As shown at 5.40pm.
9.40 **Shrek the Third** As 7.20pm.
11.15 **Shrek** As shown at 9.00pm.
12.50 PM **Shrek 2** As 5.40pm.
2.25 **Shrek the Third** As 7.20pm.
4.00 **Shrek** As 9.00pm.
5.40 **Shrek 2** Animation sequel with the voice of Mike Myers. The grumpy ogre meets his in-laws. (2004, U, 93min) ★★★★★

7.20 **Shrek the Third** Animated adventure sequel featuring the voices of Mike Myers. The grumpy green ogre is daunted by the prospect of becoming king. (2007, U, 88min) ★★★★
9.00 **Shrek** Animated comedy adventure with the voices of Mike Myers and Eddie Murphy. An ill-tempered ogre sets forth with a talking donkey to rescue a princess from a dragon. (2001, U, 90min) ★★★★★
10.35 **Shrek 2** As shown at 5.40pm.

12.15 AM **Shrek the Third** As 7.20pm.
1.55 **Sky Cinema Preview**
2.25 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
4.05 **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
5.45 **to 6.00** AM **The Cinema List**

Movies 24
312 313 419

7.00 AM **Love in the Limelight** Comedy. (2022, PG, 84min) ★★
9.00 **The Attraction Test** Romantic comedy. (2022, PG, 85min) ★★
11.00 **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
1.00 PM **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
3.00 **PREMIERE** **Journey to You** Romantic drama starring Erin Cahill. (2025, PG, 84min) ★★

5.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
7.00 **A Paris Proposal** Comedy starring Alexa PenaVega. Two work colleagues are mistaken for a couple and must keep up the pretence for a client's benefit. (2023, PG, 84min) ★★
9.00 **Luckless in Love** Comedy with Paniz Zade. A blogger's career takes off after a piece about a bad date, forcing her to keep seeing the man for her career's sake. (2023, PG, 86min) ★★

11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 AM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★
3.00 **to 5.00** AM **Learning to Love** Comedy. (2023, PG, 89min) ★★

Movies 24+ 315 314 420

Talking Pictures
328 445 82 306 36

6.00 AM **Department Store** Comedy. (1935, b/w, PG, 65min) ★★
7.20 **Dick Emery on Wiggins!**
7.40 **Voyage to the Planet of Prehistoric Women** Adventure. (1968, 18, 78min) ★★
9.15 **Dick Tracy Vs Cueball** Thriller. (1946, b/w, PG, 62min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Vengeance Valley** Western. (1951, PG, 83min) ★★

12.50 PM **Worzel Gummidge** (S1)
1.25 **Batman** 18/60. (S2)
2.00 **Brandy for the Parson** Comedy. (1951, b/w, U, 79min) ★★
3.35 **Blue Pullman** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town** Documentary.
5.00 **The Footage Detectives**
6.00 **The Story of Robin Hood and His Merrie Men** (1952, U) ★★★
7.45 **Look at Life** Documentary.
8.00 **Gideon's Way** 21/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club** 3/7. (S4)

9.55 **The Bargee** Comedy drama. (1964, PG, 106min) ★★
12.05 AM **Budgie** 2/13. (S2)
1.10 **The Heritage Chart Show**
2.15 **The High Terrace** (1956, 15) ★
3.35 **Up with the Lark** (1943) ★★★
4.45 **The Texan** 30/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v Zimbabwe.** Coverage of day four of the single Test match staged at Trent Bridge. The hosts will be fielding a relatively inexperienced bowling attack with the likes of Chris Woakes and Mark Wood still recovering from injuries that they sustained in the winter.
1.00 PM LIVE **Formula 1** Coverage of the Monaco Grand Prix, the eighth round of the season staged at Circuit de Monaco in Monte Carlo. Start-time is at **2.00pm**.
4.00 LIVE **Premier League** Coverage of a match on the final day of the season. Kick-off **4.00pm**. *See feature, page 28.*
7.00 LIVE **IPL Sunrisers Hyderabad v Kolkata Knight Riders.** Coverage of the T20 match staged at Arun Jaitley Stadium.
8.00 LIVE **PGA Tour Golf** Coverage of the fourth and final day of the Charles Schwab Challenge at Colonial Country Club, Fort Worth.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League Stories**
9.30 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
12.00 NOON **Gillette Soccer Special** The full story of the Premier League's final day, with the team on hand to provide all the latest updates and goal alerts.
3.00 PM **Premier League Highlights** Action from top-flight fixtures.
4.00 LIVE **Premier League** Coverage of a match on the final day of the season. Kick-off **4.00pm**. *See feature, page 28.*
7.00 **Champions Show: Liverpool** A look back at Liverpool's title-winning 2024/25 campaign.
8.00 **Premier League Stories** A tribute to Goodison Park.
8.30 **The Big Interview** A Premier League star of the past or present.
9.00 **Transfer 360** The inside story of Jurgen Klinsmann's move to Spurs.
10.00 **Premier League Highlights** Action from top-flight fixtures.
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **EFL Highlights** Action from Stockport County v Leyton Orient. **11.30** Highlights from Charlton Athletic v Wycombe Wanderers.
12.00 NOON LIVE **EFL** Coverage of the League One play-off final staged at Wembley Stadium, as the teams contest a place in the Championship. Kick-off **1.00pm**.
4.00 PM **Gillette Soccer Special** The full story of the Premier League's final day, with the team on hand to provide all the latest updates and goal alerts from the games.
7.00 **EFL Highlights** Action from Sheffield United v Sunderland the Championship play-off final.
8.00 **EFL** Another chance to see the League One play-off final.
10.00 **EFL Highlights** Play-offs.
12.00 M'T **Retro League One** Swindon Town v Sheffield United in the 2015 play-off semi-final.
2.00 AM **EFL Cup Highlights**
2.30 **EFL** A round-up of the best goals from the 2017/18 season.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights** Chelsea v Manchester City in the 2019 final.
5.00 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent highlights.
7.00 **Test Cricket** England v Zimbabwe.
8.00 **IPL** Recent action from India.
9.00 **Best of Ben Stokes**
9.15 **Best of England v India**
9.30 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v Zimbabwe.** Coverage of day four of the single Test match at Trent Bridge. This is the one and only Test match for England before they take on India in a five-match Test series. The hosts will be fielding a relatively inexperienced bowling attack with the likes of Chris Woakes and Mark Wood still recovering from injuries that they sustained in the winter.
7.00 PM LIVE **IPL Sunrisers Hyderabad v Kolkata Knight Riders.** Coverage of the T20 match at Arun Jaitley Stadium.
8.00 **Ashes Greats** Player profiles.
8.30 **Test Cricket** England v Zimbabwe.
9.30 **Best of ICC WT20**
10.00 **IPL** Recent highlights from India.
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
11.00 **Golf's Greatest Holes**
12.00 NOON LIVE **DP World Tour** Coverage of day four of the Soudal Open staged at Rinkven International Golf Club in Antwerp.
5.00 PM LIVE **PGA Tour** Early coverage of day four of the Charles Schwab Challenge at Colonial Country Club, Fort Worth.
6.00 LIVE **PGA Tour** Further coverage of the fourth day of the Charles Schwab Challenge staged at Colonial Country Club. Davis Riley was dominant here last year, finishing five strokes clear of his nearest challengers Keegan Bradley and Scottie Scheffler.
11.00 **Golf's Greatest Holes**
12.00 M'T **PGA Tour Champions Learning Centre**
12.30 AM **Rose Ladies Series**
1.00 **Playing Lessons**
2.00 **DP World Tour**
3.00 **Golf Academy** Expert tips.
4.00 **PGA Tour** Archive action.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Rabat Open.
8.00 **ATP Tennis** Hamburg Open final.
10.00 **WTA Tennis** Strasbourg Open.
12.00 NOON **ATP Tennis** Geneva Open.
2.00 PM **WTA All Access**
2.30 **ATP Tour This Week**
3.00 **WTA & ATP Tennis**
5.00 **WTA Tennis** Strasbourg Open.
6.00 **ATP Tennis** Hamburg Open final.
7.00 **WTA Tennis** Rabat Open final.
8.00 **ATP Tennis** Geneva Open final staged at Tennis Club de Genève.
9.00 **WTA Tennis** Strasbourg Open final at Tennis Club de Strasbourg.
10.00 **ATP Tennis** Hamburg Open final.
11.00 **WTA Tennis** Rabat Open final.
12.00 M'T **ATP Tennis** Geneva Open.
1.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Preview**
6.30 **The Fantasy Show**
7.00 **Premier League: Big Interview**
7.30 **TNT Sports Reload**
7.45 **Tennis** A gripping documentary centred around Rafael Nadal.
8.45 LIVE **UCI Mountain Bike World Series** The women's XCO Olympic elite race in Nove Mesto.
10.45 LIVE **UCI Mountain Bike World Series** Coverage of the men's XCO Olympic elite race in Nove Mesto, Czech Republic.
12.45 PM LIVE **French Open** Coverage of the first day of round one of the tournament staged at Stade Roland Garros in Paris.
3.00 LIVE **Premier League** A match on the season's final day. Kick-off **4.00pm**. *See feature, page 28.*
7.00 LIVE **French Open** Further coverage of the first day of round one at Stade Roland Garros.
11.00 **Cycling: Men's Giro d'Italia**
12.00 M'T **NBA Tip-Off** A look ahead.
1.00 AM LIVE **NBA** Coverage of a game in the play-offs.
3.30 **Inside the NBA**
4.30 **WNBA** Fever v Liberty.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

7.00 AM **MotoGP Highlights**
8.30 LIVE **British Talent Cup** The second race from the second round of the season at Silverstone.
9.30 LIVE **MotoGP** The British Grand Prix warm-up session.
10.00 LIVE **MotoGP** The British Grand Prix Moto2 race at Silverstone.
12.15 PM LIVE **MotoGP** British Grand Prix MotoGP race at Silverstone.
2.15 LIVE **MotoGP** The British Grand Prix Moto3 race at Silverstone.
3.30 **MotoGP Chequered Flag**
4.15 LIVE **One Day International Cricket Ireland v West Indies.** The third and final ODI in Dublin.
6.45 **TNT Sports Cricket Reload**
7.00 **What I Wore** John Obi Mikel.
7.30 LIVE **Serie A** Coverage of a game from Italy's top division.
9.45 **Original Documentary**
10.45 **The Football's On**
11.45 **No Filter Football**
12.00 M'T LIVE **MLB New York Mets v Los Angeles Dodgers.** From Citi Field. Start-time **12.10am**.
3.15 AM **MLB: Off the Bat**
3.45 **MLB Classic** Archive action.
4.00 **Women's Cycling World Tour**
5.00 **to 6.00** AM **Cycling**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League Highlights**
7.05 LIVE **NRL New Zealand Warriors v Canberra Raiders.** Coverage of the match from the 12th round of fixtures at Go Media Stadium. Kick-off **7.05am**.
9.00 **State of Origin Rugby League**
12.00 NOON **Super League Highlights** Top-flight action.
1.15 PM **PDC Classics**
2.15 **Super League Highlights**
2.30 **Super League** Catalans Dragons v Wigan Warriors.
5.00 **Super League Highlights**
5.45 **My Icon** Pam Cookey.
6.00 **The Rugby Championship** Argentina v Australia from 2024.
8.00 **Super League Highlights** Hull FC v Leeds Rhinos from 2024. **8.15** Warrington Wolves v Salford Red Devils from 2024.
8.30 **Fight Night** Another chance to see Natasha Jonas v Lauren Price at Royal Albert Hall in London.
9.30 **Fight Night International** Mikaela Mayer v Sandy Ryan at Fontainebleau Las Vegas.
10.30 **Darts Gold** Archive action.
11.00 **State of Origin Rugby League**
2.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday** A look at all the latest headlines ahead of another busy Sunday of football.
12.00 NOON **IPL** Recent action.
2.50 PM LIVE **IPL Sunrisers Hyderabad v Kolkata Knight Riders.** Coverage of the T20 match staged at Arun Jaitley Stadium, Delhi. These two sides met just the once last season in Kolkata when the Knight Riders came out on top with a four-run victory. They made 208-7 in their innings with Andre Russell leading the way with 64 not out before holding their nerve to restrict Sunrisers to 204-7 in their reply.
8.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
12.00 M'T **Premier League Darts** A chance to see night 16 at Utilita Arena Sheffield, which served as the final event before the finals night, and again followed the format featuring quarter-finals, semi-finals and a final in one night.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Super League** A match replay.
9.45 **My Icon** Martin Offiah.
10.00 **Fight Night International**
12.00 NOON **Premier League Darts**
4.00 PM **ATP Tennis** Hamburg Open.
6.00 **Super League** Catalans Dragons v Wigan Warriors.
8.45 **Super League Highlights**
9.00 **IPL** Recent action from India.
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Women's Champions League** Arsenal v Barcelona.
7.30 **UEFA Champions League Magazine** News and action.
8.00 **No Filter Football**
8.15 **One Day International Cricket**
9.15 **Cycling: Men's Giro d'Italia**
10.15 LIVE **Cycling: Men's Giro d'Italia** Coverage of the 15th stage in Italy, a route of 214km from Fiume Veneto to Asiago.
5.00 PM **MLB Highlights**
6.30 LIVE **MLB Boston Red Sox v Baltimore Orioles.** Coverage of the American League match from Fenway Park. Start-time **6.35pm**.
9.45 **NBA** A Conference final.
11.15 **British Superbikes Rewind**
11.30 **TNT Sports Reload**
12.00 M'T LIVE **IFSC Climbing World Cup** The men's bouldering final in Salt Lake City.
2.30 AM **French Open** Day one.
4.00 **Porsche Supercup**
5.00 **to 6.00** AM **The Football's On**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFL Melbourne Demons v Sydney Swans.** Coverage from Melbourne Cricket Ground. Bounce-up **6.20am**.
9.00 **MLB: Off the Bat**
9.30 **Court Side** A look ahead.
10.00 LIVE **French Open** Coverage of the first day of round one staged at Stade Roland Garros in Paris.
1.00 PM LIVE **French Open** Further coverage of the first day of round one of the tournament staged at Stade Roland Garros in Paris.
6.00 LIVE **French Open** Concluding coverage of the opening day of round one staged at Stade Roland Garros in Paris.
8.00 **Cycling: Men's Giro d'Italia**
9.00 **MotoGP** Highlights from the British Grand Prix at Silverstone.
10.00 **MotoGP Chequered Flag**
10.45 **British Superbikes Rewind**
11.00 **French Open** The first day.
12.30 AM **Serie A** Action from Italy.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
9.00 **Football's Greatest**
9.30 **EPCR Challenge Cup**
11.30 **Sporting Greats**
12.00 NOON **Champions Cup** A replay of Northampton Saints v Bordeaux Begles in the final.
2.00 PM **Sporting Greats**
2.30 **Scottish Cup Football** Aberdeen v Celtic in the final.
4.30 **Football's Greatest**
5.00 LIVE **LaLiga** Coverage of a game in the Spanish top-flight.
9.30 **Football's Greatest**
10.00 LIVE **NASCAR** Coverage of the Coca-Cola 600, the latest round of the season staged at Charlotte Motor Speedway in Concord, North Carolina.
4.00 AM **Michelin Le Mans Cup** Highlights from Le Castelet.
4.30 **Motorsport Highlights**
5.30 **to 6.00** AM **NHL: This is Hockey**

Premier Sports 2

420 552

6.00 AM **LaLiga Specials**
7.00 **FastZone** Motorsport highlights.
7.30 **Scottish Cup Football** Celtic v Aberdeen in the final.
9.30 **Football's Greatest**
10.00 **IIHF World Championships**
2.00 PM **URC Match Highlights**
2.10 LIVE **IIHF World Championships** Coverage of the third-place play-off from Avicii Arena, Sweden. Face-off **2.20pm**.
5.15 **NHL: This is Hockey**
5.45 **NHL Tonight** The top 50 players.
6.40 **NHL: This is Hockey**
7.10 LIVE **IIHF World Championships** Coverage of the final from Avicii Arena in Stockholm. Face-off **7.20pm**.
10.30 **NHL: This is Hockey**
11.30 **Bike World** Magazine.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **FastZone** Highlights.
3.30 **German Cup** The final.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Features**
6.55 LIVE **Formula 3** Coverage of the Monaco Grand Prix feature race.
8.00 **F1 Features**
8.35 LIVE **Formula 2** Coverage of the Monaco Grand Prix feature race.
9.55 **F1 Features**
10.20 **Ferrari Challenge UK**
10.50 **F1 Explained: Cadillac**
10.55 LIVE **Porsche Supercup** Coverage of the second round of the season at Circuit de Monaco.
11.45 **Ted Drives: F1 Car**
12.00 NOON **Ted's Notebook**
12.30 PM LIVE **Formula 1** Coverage of the Monaco Grand Prix.
5.00 **Ted's Notebook**
5.30 LIVE **Indycar** Indianapolis 500.
9.00 **Formula 1** Monaco Grand Prix.
10.00 **Ferrari Challenge Europe**
1.00 AM **Formula 3** From Monaco.
2.15 **Formula 2** Monaco Grand Prix.
3.35 **F1 Features**
4.00 **to 6.00** AM **The Home of F1**

Holiday Monday

26 May

Planner

Monday

Cookery

Jamie Oliver Cooks: Georgia
C4, 7pm
The chef visits Georgia to learn about the cuisine, starting in the capital of Tbilisi.

Nature

Springwatch
BBC2, 8pm
Now in its 20th year, the show returns to mark the changing season – from a new broadcast location in the Peak District.

Documentary

Jane Austen: Rise of a Genius
BBC2, 9pm (box set, BBC iPlayer)
Three-part documentary celebrating the much-loved *Pride & Prejudice* author.

Sci-Fi

The Last of Us
Sky Atlantic, 9pm
As the second season of the post-apocalyptic drama draws to a close, will Ellie (Bella Ramsey) get a shot at revenge?

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Scam... †	7.30 EastEnders	8.00 Celebrity Escape to the Country †		9.00 The Bombing of Pan Am 103		10.00 News	10.30 Have I Got...
	102 BBC2	7.00 Amazon: Earth's Great Rivers		8.00 Springwatch		9.00 Jane Austen: Rise of a Genius		10.00 Film: Pride & Prejudice	
	103 ITV1	◂ 6.30 The Chase...	7.30 Emmerdale	8.00 Coronation Street		9.00 Code of Silence		10.00 News	10.20 Twisted Twins
	104 CHANNEL 4	7.00 Jamie Oliver Cooks: Georgia		8.00 Meal Deals: Behind the Bargain		9.00 Night Coppers		10.00 Virgin Island	
	105 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 Fare Dodgers: At War with the Law		10.00 999: Police Hour of Duty	
	106 SKY SHOWCASE	◂ 6.00 Football's Funniest Moments		8.00 Film: Twister					10.10 Katherine Ryan – Missus
ENTERTAINMENT	115 BBC3		7.15 Film: Wallace & Gromit: Vengeance Most Fowl		8.30 Gavin & Stacey	9.00 I Kissed a Boy		9.50 Love, Victor	10.40 Glow...
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 Little Ships: The Miracle of Dunkirk		9.00 The Nazis: A Warning from...		9.50 Rise of the Nazis	
	118 ITV2		7.05 Film: Shrek 2			9.00 The 1% Club		10.00 Family Guy	
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Top Guns: Inside the RAF		10.00 8 Out of 10 Cats Does Countdown	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 Made in Chelsea	
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	◂ 6.50 The Last of Us						10.00 The Penguin	
	110 U&GOLD	7.00 Dad's Army	7.40 Blackadder the Third			9.00 Still Open All Hours	9.40 Harry Enfield's...		10.15 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Silence Is Golden		10.00 Gavin & Stacey	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grace	
	120 ITV4	◂ 6.50 Film: The Magnificent Seven Ride!				9.00 English Football League...	9.45 All Elite Wrestling: Collision		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans – Monsters		10.00 Rhod Gilbert: The Book of John	
	139 SKY SCI-FI	7.00 From the Earth to the Moon				9.00 Film: Stargate – Ark of Truth			
	113 SKY MAX	7.00 Joe Lycett's United States of Birmingham				9.00 Mr Bigstuff			
	109 U&ALIBI	7.00 Death in Paradise 2022 Christmas Special				9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Andre Rieu: Welcome to My World		8.00 André Rieu: Love in Venice					
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 Ambulance Australia		9.00 Deadly Waters with Captain Lee		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Harpoon Hunters		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Great White Appetite		9.00 Deadliest Sharks		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Car S.O.S.		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation: Surviving...		10.00 To Catch a Smuggler: Tropical...	
	123 SKY HISTORY	7.00 Bradley Walsh: Egypt's Cosmic Code		8.00 Weird or What? With William Shatner		9.00 Mengele Unveiled			10.10 Hell on Earth: WWII
	155 U&YESTERDAY	7.00 Canal Boat Diaries				9.00 Mediterranean with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 100 Foot Wave		8.00 Film: The Beatles: Eight Days a Week – The Touring Years				10.00 Blur: To the End	
FILMS – Sky Cinema	301 PREMIERE	◂ 6.10 The Wild Robot		8.00 A Different Man				10.00 Cleaner	
	302 80s	◂ 6.10 Planes, Trains and Automobiles		8.00 Parenthood					10.10 See No Evil, Hear No Evil
	303 HITS	◂ 6.05 Superbad		8.00 Horrible Bosses				9.55 The Bikeriders	
	304 GREATS	◂ 5.40 Far and Away		8.00 Ghost					10.10 The Great Gatsby
	305 ANIMATION		7.05 Shrek 2		8.40 Shrek the Third				10.15 The Prince of Egypt
	306 FAIRYTALE	◂ 6.20 Stardust			8.40 The Brothers Grimm				
	307 ACTION	◂ 6.05 Twister		8.00 Shazam!					10.15 The Patriot
	308 COMEDY	◂ 6.05 The First Wives Club		8.00 The Truman Show				9.55 Fords on Water	
	309 THRILLER	◂ 6.10 Last Seen Alive		8.00 Public Enemies					10.30 Law Abiding...
	310 DRAMA	◂ 5.40 The Blind Side		8.00 The Shawshank Redemption					10.35 Ray
	311 SCI-FI	◂ 6.00 Terminator Salvation		8.00 Passengers				10.00 Night Swim	
	313 FILM4		7.10 Made in Italy			9.00 The Contractor			
SPORT	401 MAIN EVENT	7.00 Sky Sports News	7.30 SPFL – Live: The second leg of the Scottish Premiership play-off final (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Fantasy Show	8.30 Gary Neville's...	9.00 PL Review		10.00 Fantasy Show	10.30 PL Icons
	403 FOOTBALL	◂ 6.00 Baller League	7.30 SPFL – Live: The second leg of the Scottish Premiership play-off final (Kick-off 8.00)						10.30 EFL Greatest...
	404 CRICKET	7.00 Best of England v Windies				9.00 IPL		10.00 Best of England v Windies	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the second day of round one of the tournament							
	411 TNT SPORTS 2	◂ 6.30 PL Review	7.30 British Speedway – Live: Birmingham Brummies v King's Lynn Stars					10.00 PL Stories	10.30 UEFA Europa...

◂ Denotes programmes starting before 7.00pm † Regions vary

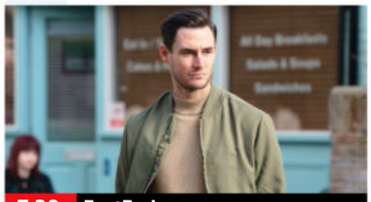
HOLIDAY MONDAY

Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.20 **Local News** (S)
1.30 **Money for Nothing** (S)(R)
2.30 **The Bidding Room** The dealers bid for dentist chair, a funfair horse and a curious pot. (S)(R)
3.00 **Escape to the Country** New edition Steve Brown helps a buyer to return to her childhood home of Devon. (S)
3.45 **Garden Rescue** New edition Transforming a Southampton garden dominated by a World War Two bomb shelter. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)



7.30 EastEnders

6 PM

6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)

7 PM

7.00 **Scam Interceptors** The team race to save one woman from falling for a scam before it's too late. (S)(R)
7.30 **EastEnders** Kat worries about Stacey, and Arthur shares a secret. (S)(AD)

8 PM

8.00 **Celebrity Escape to the Country** Ian 'H' Watkins from Steps puts Denise Nurse through her paces as she attempts to find a perfect family home in the south Wales countryside. (S)(R)

9 PM

9.00 **The Bombing of Pan Am 103** New episode 4/6. Investigators start to piece together an image of how the bomb could have slipped through airport security. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the satirical quiz, with panellists Chris McCausland and Janet Street-Porter. (S)(R)
11.15 **I Kissed a Boy** 5/10. As a birthday surprise creates curiosity and chaos, the future for some couples becomes uncertain. (S)(R)
12.05 AM 6/10. After the arrival of new boy Alex, chaos reigns in the masseria, and Dannii's Kissing Booth sets tongues wagging. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Inside Our Dyslexic Minds** Chris Packham helps a school councillor. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** An inherited 1950s moped and a hand-cranked butter churn barrel. (S)(R)
3.45 **Galapagos: Islands of Change – Natural World** The impact of increased migration and tourism on the archipelago's wildlife. (S)(R)
4.45 **Villages by the Sea** Ben Robinson discovers more about the quiet village of Ravenglass. (S)(R)
5.15 **Flog It!** Paul Martin meets the men of Chatham Dockyard. (S)(R)

10.00 Pride & Prejudice

6.00 **Richard Osman's House of Games** With Jimi Famurewa, William Hanson and Sinitta. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 1/15. A visit to the south-eastern region of Puglia. (S)(R)
7.00 **Amazon: Earth's Great Rivers** 1/3. Documentary following three of the world's largest rivers, beginning by uncovering the latest discoveries and secret locations of the Amazon. (S)(R)
8.00 NEW SERIES **Springwatch** 1/12. Chris Packham and Michaela Strachan present from the Longshaw Estate, and Iolo Williams explores the wildlife wonders of Northern Ireland. *See feature, page 12.* (S)
9.00 NEW SERIES **Jane Austen: Rise of a Genius** How a woman from a small English village became one of the greatest novelists who ever lived. *See feature, page 21.* (S)
■ Entire series on BBC iPlayer
10.00 FILM **Pride & Prejudice** Romantic period drama based on Jane Austen's novel, starring Keira Knightley and Matthew Macfadyen. There is an immediate clash of wills when the spirited Elizabeth meets the wealthy and aloof Mr Darcy, but they try to overcome their pride to find romance. (S)(AD) (2005, U, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Backlash: The Murder of George Floyd** The story of George Floyd's murder. (S)(R)(AD)
1.30 AM **Sign Zone: Countryfile** (S)(R)
2.25 **Sign Zone: Race Across the World** 5/9. The teams climb into the foothills of the Himalayas. (S)(R)
3.25 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.45 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Camilla Bassett-Smith explores a historic Scottish palace and gardens, Henry Agg builds a DIY pergola, and Errol Reuben Fernandes visits a unique Berkshire garden. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Deal or No Deal: Celebrity Special** Sam Thompson takes part in the game show. (S)(R)(AD)
5.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)

9.00 Code of Silence

6.00 **Local News** (S)
6.10 **ITV News** (S)
6.30 **The Chase Celebrity Special** Ortis Deley, Maggie Aderin-Pocock, Graeme Hall and Sarah Millican answer questions and work as a team to take on a Chaser and secure a charity prize. (S)(R)(AD)
7.30 **Emmerdale** It's John and Aaron's wedding day, and as John is tormented by nightmares, Ross orchestrates a plan. (S)(AD)
8.00 **Coronation Street** Brody lashes out at Kit, Debbie retaliates upon seeing Ronnie with an old flame, and Eileen bans Brian from Julie's funeral. (S)(AD)
9.00 **Code of Silence** New episode 4/6. Alison is invited on a lavish trip with Liam and soon discovers that he is using her as cover to spy on Amir Joshi. (S1) (S)(AD)
■ Entire series on ITVX
10.00 **ITV News** (S)
10.20 **Twisted Twins** 2/2. Police officers in Atlanta investigate the 2010 murder of a Nikki Whitehead in her own home and are led to her twin daughters Jasmiyah and Tasmiyah. (S)(R)(AD)
11.15 **Joanna Lumley's Danube** The actor travels down the famous river, beginning in Germany's Black Forest, and explores the Danube Gorge in Bavaria. (S)(R)(AD)
12.05 AM **Shop on TV**
3.00 **Code of Silence** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Wheel of Fortune** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 6-9/26. (S5) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 17-20/24. (S9) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.10 PM **Help! We Bought a Village** Two former naval officers take over a French hamlet with some incredible secrets. (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition With Harry Aikines-Aryeetey. (S)
3.00 **A Place in the Sun** A woman and her son seek a holiday home on Spain's Costa del Sol. (S)(R)
4.00 **Narrow Escapes** New edition In Northamptonshire, 23-year-old Jodi is making the move onto water and a home of her own. (S)(AD)
5.00 **Chateau DIY** Anna and Edward race to bring down an enormous fig tree. (S)(R)(AD)

8.00 Meal Deals: Behind the Bargain

6.00 **A Place in the Sun** Jasmine Harman helps house-hunters Jo and Graham find their dream holiday home in Mar Menor. (S)(R)
6.30 **News** (S)
7.00 NEW **Jamie Oliver Cooks: Georgia** Jamie Oliver explores the Eastern European country's cuisine. His journey begins in the street market of the capital city of Tbilisi. (S)(AD)
8.00 **Meal Deals: Behind the Bargain** Series finale 2/2. Joe Swash discovers which combinations are the most nutritious and how technology could banish plastic packaging. (S)(AD)
9.00 **Night Coppers** New edition Ramon races to break up a mass brawl, while Jake and Dan tackle some adventurous urban explorers who have scaled a crane on a building site. (S)(AD)
10.00 **Virgin Island** New edition The fifth phase of the course takes the group into unchartered waters, with lessons on how to achieve an orgasm. (S)(AD)
■ Continues tomorrow
11.05 **First Dates** (S)(R)(AD)
12.05 AM FILM **Instant Family** Comedy starring Mark Wahlberg, Rose Byrne and Isabela Merced. (S)(AD) (2018, 12, 120min) ★★★★
2.05 **Candy: A Death in Texas** 1/5. Fact-based crime drama starring Jessica Biel. (S1) (S)(SL)(R)(AD)
3.00 **Changing Rooms** (S)(R)(AD)
3.50 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

26 May Holiday Monday

5

105 105 105 5 105 105 5

5.50 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Conceived in Lies** Thriller with Holly Deveaux. A widowed first-time mother discovers a labyrinth of deceit that leads her back to the fertility clinic where her son was conceived. (S) (2024, 15, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Gill test runs her day trip planning business with a visit to Caminito del Rey, where she puts her fear of heights to the test. (S)
5.00 **News** (S)

9.00 Fare Dodgers: At War with...

6.00 **Dogs Behaving (Very) Badly** Trainer Graeme Hall meets a woman whose two Labradors pull her along at break-neck speed. (S)(R)
6.55 **News** (S)
7.00 **Traffic Cops** Police spot a car using fake registration plates, while a call comes in about the theft of an expensive 4x4. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition In Sunderland and in Blyth, PCs Andy Clark and Marc Crammond spot a car with no front number plate. (S)(AD)
9.00 **Fare Dodgers: At War with the Law** New edition Investigators search Surrey for a suspect thought to have evaded almost £20,000 of fares. (S)
10.00 **999: Police Hour of Duty** A man calls in to report that his neighbour is acting aggressively in the street, and police arrive to find a heavily intoxicated male who refuses to co-operate. (S)(R)
11.05 **Police 999: Clear & Present Danger** A police officer is attacked with a machete. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
3.50 **10 Years Younger: Quick Tricks** Make-up tips. (S)(R)
4.40 **Great British Bike Rides** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Monkey Life** (R)
7.00 **The Simpsons** (R)
10.00 **F1: Monaco Grand Prix Highlights** From Monte Carlo.
11.00 **Sports Funniest** (R)
1.00 PM **Secret World of Sound with David Attenborough** (R)
3.45 FILM **The Portable Door** Adventure starring Christoph Waltz and Sam Neill. Two interns eventually discover the true agenda of the corporation where they work. With Patrick Gibson and Sophie Wilde. (S) (2023, PG, 130min) ★★★
5.45 **The Simpsons** *The City of New York v Homer Simpson*: Homer takes the family to New York to retrieve his car, which has been abandoned between the towers of the World Trade Centre. (S)(R)

8.00 Twister

6.00 **Football's Funniest Moments** A look at the biggest laugh-out-loud moments and most comical incidents from the world of Premier League football. Featuring interviews with the great and good of the game, as well as contributions by pundits including Gary Neville and Chris Kamara and a range of comedians.
8.00 FILM **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. (S) (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.10 **Katherine Ryan – Missus** A stand-up show by the comedian in which she reveals how marriage has given her new perspectives on life, love and what it means. (S)(R)
11.10 **Curb Your Enthusiasm** 5/10. Larry misses a meeting with actor Diane Keaton. (S)(R) **11.50** 6/10. Larry and Cheryl go out of their way to woo the couple next door. (S1) (S)(R)
12.30 AM **The Force: North East** (R)
1.30 **Brit Cops: Rapid Response** (R)
2.30 **Road Wars** Triple bill. (S)(R)
5.00 **to 6.00** AM **Motorway Patrol** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
1.30-3.00pm FILM Toy Story 4 (S)(AD) (2019, U, 90min) ★★★★★ **7.00-7.30** Garden Rescue (S)(R) **8.00** Scam Interceptors (S)(R) **8.30-9.00** Scotland's Home of the Year New edition (S) **11.15** Sportscene: Premiership Play-off Final Highlights (S)(R) **11.45** Scotcast (S)(R) **12.15am** I Kissed a Boy (S)(R)(AD) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.30pm Hold the Front Page New edition (S) **11.15** Have I Got a Bit More News for You (S)(R) **12.05am** I Kissed a Boy (S)(R)(AD) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm Best of Weatherman Walking: Surprises of the South (R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Bog Amach New edition (S) **10.30** NEW The Warp, the Weft and the Weaver (S) **11.30pm-12.00m't** Live at the Apollo (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **10.30** Eisteddfod yr Urdd New edition **12.00noon** Newyddion a'r Tywydd **12.05pm** Eisteddfod yr Urdd New edition **1.55** Newyddion a'r Tywydd **2.00** Seremoni'r Dydd: y Fedal Gelf New edition **2.30** Eisteddfod yr Urdd New edition **6.30** Agor y Clo **6.45** Newyddion Ni **7.00** Heno New edition **7.45** Newyddion a'r Tywydd **8.00** Eisteddfod yr Urdd New edition **9.30** Ffermio New edition **9.58** Y Tywydd **10.00** Gwesty Aduniad **11.00** Sgwrs Dan y Lloer: Sarra Elgan **11.30pm-1.05am** Eisteddfod yr Urdd

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Shaun the Sheep: The Shirleyverse**
7.15 FILM **Wallace & Gromit: Vengeance Most Fowl** Animated adventure. (2024, U, 79min) ★★★★★
8.30 **Gavin & Stacey** 1/8. The happy couple return from their honeymoon. (S2)
9.00 **I Kissed a Boy** New edition 6/10. After the arrival of new boy Alex, chaos reigns in the masseria.
9.50 **Love, Victor** 5/10. Victor agrees to let his family throw him a birthday party. **10.15** 6/10. Victor panics when Mia tells him she wants to take their relationship to the next level. (S1)
10.40 **Glow Up: Britain's Next Make-Up Star**
11.40 **Cuckoo** 6&6/7. (S3)
12.35 AM **Paranormal: The Girl, the Ghost and the Gravestone**
1.05 **Gavin & Stacey** 1/8. (S2)
1.35 **Doctor Who: Unleashed**
2.05 **Birdsong** Comedy short.
2.20 **to 3.55** AM **I Kissed a Boy**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo heads for the Hertfordshire village of Perry Green.
7.30 **Wainwright Walks: Coast to Coast** Julia Bradbury begins at St Bees Head on the coast of Cumbria.
8.00 **Little Ships: The Miracle of Dunkirk** The boats that rescued thousands of Allied troops from Dunkirk in 1940.
9.00 **The Nazis: A Warning from History** Grassroots support for the Gestapo.
9.50 **Rise of the Nazis** Hitler calls a general election to increase Nazi representation in parliament.
10.50 **The War Lords**
11.50 **How the Wild West Was Won with Ray Mears**
12.50 AM **Great British Railway Journeys** As 7.00pm.
1.20 **Wainwright Walks: Coast to Coast** As 7.30pm.
1.50 **The Nazis: A Warning from History** As 9.00pm.
2.40 **to 3.40** AM **Rise of the Nazis**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
9.45 **A New Life in the Sun**
10.40 **Four in a Bed**
1.20 PM FILM **The Ten Commandments** Cecil B DeMille's epic biblical drama starring Charlton Heston, Yul Brynner and Anne Baxter. (1956, U, 219min) ★★★★
5.50 **Car S.O.S** A highly modified 1955 Ford Poplar has a host of problems. **6.55** Tim Shaw and Fuzz Townshend restore an iconic BMW E30 Alpina.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in Lancing, West Sussex who are battling over whether to stay put or move on from their Victorian semi by the sea.
9.00 **Top Guns: Inside the RAF** 1/6. Following key characters in the air and on the ground at the RAF's busiest operational airbases in the UK and abroad as tensions rise in Eastern Europe and the Middle East.
10.00 **8 Out of 10 Cats Does Countdown** With Sean Lock, Miles Jupp, Jon Richardson and Sara Pascoe.
11.05 **24 Hours in A&E**
1.10 AM **Emergency Helicopter Medics**
2.15 **24 Hours in A&E**
3.20 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Walking Big & Tall:* Animated comedy.
7.00 **Hollyoaks** Darren uncovers the chilling truth.
7.30 **The Simpsons** *Lisa Goes Gaga:* Lisa tries to make herself popular.
8.00 NEW SERIES **Below Deck Down Under** A new charter season gets underway in Cairns.
9.00 **Celebrity Gogglebox** Opinions on *Killing Eve, Serengeti* and *The Chase*.
10.00 **Made in Chelsea** New edition Julia and Yas are dragged into their own tearful confrontation.
11.05 **Gogglebox**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.30 **Made in Chelsea**
3.30 **Below Deck Down Under**
4.20 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Monday primetime

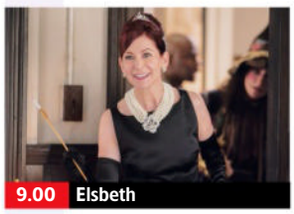
HOLIDAY MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **The Real A&E**
8.00 **Border Patrol** Double bill.
9.00 **Caught Red Handed** Four editions, including at: **11.15** How a gang of thieves were brought down to earth by an aviation crime squad.
12.00 NOON **Nothing to Declare** Ten editions of the series following the work of customs officers in Australia.
5.00 PM **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.


9.00 Elsbeth

7 PM
7.00 **Caught on Dashcam** A countdown of the most incredible, hilarious and spectacular real-life crashes in the world.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Elsbeth** New episode *Devil's Night:* 3/20. An ex-child star wakes up with amnesia, believing she committed murder. (S2)

10 PM
10.00 **Blue Bloods** *Silver Linings:* 20/20. Jamie and Joe look for an undocumented teenage girl who has been sex-trafficked. (S12)
11.00 **Law & Order: Organized Crime** 8/13. (S4)
12.00 M'T **FBI & FBI: Most Wanted**
2.00 AM **FBI: Most Wanted** (S4)
3.00 **The Good Doctor** 18/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Gangs of London** (S3)
2.30 PM **The Last of Us** 1/7. Five years on, Joel seeks help in mending his relationship with Ellie, who makes a discovery. **3.40** 2/7. The residents of Jackson Hole prepare for the worst amid increased sightings of infected. **4.45** 3/7. Ellie prepares to petition the town council. **5.50** 4/7. Ellie and Dina find themselves amid a battle. **6.50** 5/7. The WLF makes a dangerous discovery. (S2)

9.00 The Last of Us

7.50 **The Last of Us** 6/7. Drama set after a pandemic caused by a mass fungal infection caused its victims to transform into zombie-like creatures. (S2)

9.00 **The Last of Us** Series finale 7/7. Post-apocalyptic drama starring Bella Ramsey. *See feature, page 7.* (S2)

10.00 **The Penguin** *Top Hat:* 7/8. Oz fights to preserve his family and his enterprise, while Sofia makes a shocking discovery. (S1)
11.00 **Homicide: Life on the Street** 17/22. Munch's old high-school crush is raped and murdered. (S5)
12.00 M'T **The Gilded Age** (S2)
2.05 AM **Big Little Lies** 3/7. (S1)
3.05 **The Leftovers** 7/10. (S1)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **Never Mind the Buzzcocks**
12.00 NOON **Never Mind the Buzzcocks** Five editions of the quiz show, including at: **3.00** PM With Beth Ditto, Nick Grimshaw and Kimberly Wyatt. **4.00** With guests Sophie Willan, Joel Corry, Self Esteem and Joe Wilkinson.
5.00 **Joe Lycett's United States of Birmingham** 1/4. The comedian visits cities with the same name as his home town. **6.00** 2/4. From Ohio.

9.00 Mr Bigstuff

7.00 **Joe Lycett's United States of Birmingham** 3/4. The comedian's quest continues into the American Midwest.

8.00 **Joe Lycett's United States of Birmingham** 4/4. Joe's mission takes him to his final Birmingham in Alabama.

9.00 **Mr Bigstuff** 1/6. Comedy starring Danny Dyer. **9.30** 2/6. Lee remains ever more determined to track down Steve.

10.00 **Mr Bigstuff** 3/6. Glen steps in as acting manager of World of Carpets. **10.30** 4/6. Glen has his promotion ruined. (S1)
11.00 **Mr Bigstuff** 5&6/6. (S1)
12.00 M'T **Poker Face** 5/12. Charlie suspects foul play. (S2)
1.00 AM **Hacks** 9/10. (S4)
1.30 **Road Wars**
2.00 **Big Zuu and AJ Tracey's Rich Flavours** New edition
3.00 **Rob Beckett's Smart TV**
4.00 **Road Wars** Vehicle crime.
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.05 PM **Deal or No Deal**
2.05 **Ant & Dec's Limitless Win**
3.05 **Celebrity Wheel of Fortune**
4.05 **FILM Bee Movie** Animation featuring the voices of Jerry Seinfeld and Renée Zellweger. (2007, U, 91 min) ★★★
6.00 **Celebrity Catchphrase** With Fern Britton, Dominic Brunt and Kelle Bryan.

7.05 Shrek 2

7.05 **FILM Shrek 2** Animated comedy adventure sequel featuring the voices of Mike Myers and Eddie Murphy. A scheming Fairy Godmother threatens the marital happiness of newlyweds Shrek and Princess Fiona. (2004, U, 93 min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

10.00 **Family Guy** 16/18. Bertram goes back in time to kill Leonardo da Vinci. **10.30** 17/18. Bonnie and Lois visit Paris. (S9)
11.00 **Family Guy** 11/18. (S9)
11.30 **American Dad!** 10&3/18. (S7)
12.25 AM **Bob's Burgers** (S12)
1.25 **Totally Bonkers Guinness World Records**
2.25 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.30 **The Royal**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 5/9. An exciting offer for Edith divides opinion. (S3)
6.00 **Heartbeat** *Out of the Long Dark Night:* A Jewish woman is targeted by vandals.

4.55 Downton Abbey

7.00 **Heartbeat** *Take Three Girls:* An anti-fur protester gets in trouble when a fellow crusader starts a fire at a haulier's depot.

8.00 **Midsomer Murders** *The Curse of the Ninth:* Musicians compete for a prestigious award at the annual Thassingham Classical Music Festival, but the winner is killed and a violin is stolen.

10.00 **Grace** *Dead Like You:* A series of chilling attacks in Brighton all bear the same signs and Roy Grace has a feeling he has seen the MO before.
11.50 **Cracker** 5/7. Part two of two. Grady and Nash hide. (S3)
12.50 AM **Where the Heart Is**
1.50 **The Royal**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers** 1/6. The Garry.
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Beechgrove Repotted**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **The Narrow Sea, the Farther Shore with Phil Cunningham**
9.00 **Designing the Hebrides** Double bill.
10.00 **NEW SERIES The Rise and Fall of Michelle Mone** 1/2. How Baroness Mone of Mayfair got embroiled in a scandal.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Show People: Licensed to Thrill**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **TBA**
12.40 PM **And Just Like That...** A chance to see series two, including at: **6.30** 8/11. Charlotte gets ready to go back to work. **7.20** 9/11. Carrie makes a big decision for her and Aidan's future. **8.10** 10/11. Miranda takes steps to make amends with her exes. **9.00** 11/11. Carrie puts the finishing touches on her dinner party. (S2)
10.00 **The Rehearsal** 1/6. Nathan Fielder decides to put his resources into something big. **10.50** 2/6. Nathan draws extensively on his past. (S2)
11.40 **Curb Your Enthusiasm**
12.55 AM **Ramy Youssef: Feelings** Stand-up.
2.00 **NEW Jerrod Carmichael: Don't Be Gay** Stand-up.
3.05 **High Maintenance** (S2)
4.20 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **NEW A Midsummer Night's Dream Ballet**
8.10 **The Joy of Painting**
9.10 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape Artist of the Year 2024**
1.00 PM **42nd Street**
3.15 **Discovering**
4.05 **Paul McCartney and Wings: One Hand Clapping** Documentary.
5.35 **Andre Rieu: Songs from My Heart**
7.00 **André Rieu: Welcome to My World** New edition
8.00 **André Rieu: Love in Venice** A celebration.
11.15 **Hans Zimmer: Live in Prague** A 2016 concert.
2.00 AM **My Week with... Maggi Hambling**
3.00 **Inside Art**
4.00 **Landmark**
5.00 **to 6.00** AM **National Treasures: The Art of Collecting**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Stargate Origins: Catherine** Catherine Langford needs help.
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** 3/22. (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Imperfection:* 2/26. Seven of Nine has a brush with death. (S7)
8.00 **Star Trek: Deep Space Nine** 6/20. (S1)
9.00 **FBI** 19&20/22. (S1)
11.00 **Grimm** 2/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Buying the View**
8.05 **Georgia and Tommy: Baby Steps**
9.05 **Tour de Fred: Northern Ireland**
10.05 **Buying and Selling**
11.00 **The Real Housewives of Atlanta** Reality series.
11.55 **Georgia and Tommy...**
12.55 PM **The Only Way Is Essex** Reality series.
1.55 **Fletchers' Family Farm**
2.55 **Fletchers' Family Farm at Christmas**
4.00 **Fletchers' Family Farm**
7.00 **Gary Barlow's Wine Tour: South Africa**
8.00 **Dinner Date**
9.00 **The Real Housewives of Cheshire** Series finale
10.00 **The Real Housewives of Orange County**
11.00 **My Mum, Your Dad**
12.00 M'T **The Only Way Is...**
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 2/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 11/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 7/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *The House on Haunted Hill:* 9/26. A haunted house holds a secret. (S1)
10.00 **The New Avengers** *Trap:* 6/13. The team go on the run. (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Dramatic Finishes**
6.05 **Minder**
7.05 **The Professionals**
8.10 **The Saint**
9.15 **Magnum, PI**
10.15 **Kojak**
11.20 **Giant Lobster Hunters**
12.15 PM **The Saint**
1.25 **Magnum, PI**
2.25 **Kojak**
3.30 FILM **The Alamo** Epic Western starring John Wayne and Richard Widmark. (1960, PG, 161min) ★★★

11.20 Giant Lobster Hunters

6.50 FILM **The Magnificent Seven Ride!** Western sequel, the fourth in the series, starring Lee Van Cleef and Stefanie Powers. Gunfighter Chris is asked to help defend a small Mexican town under siege by bandits. (1972, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from the League Two play-off final at Wembley Stadium.
9.45 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
11.45 **Dark Side of the Ring** The legitimate fighting tournament held by the WWF.
12.40 AM **Motorsport UK**
1.35 **Two and a Half Men** (S2)
2.25 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate Universe** Five episodes, including at:
2.00 PM 9/20. Chloe prepares her final goodbyes.
3.00 10/20. The crew look into some wrecked ships. (S2)
4.00 **From the Earth to the Moon** 7/12. The *Apollo 12* team prepare to land on the moon.
5.00 8/12. The *Apollo 13* crisis unfolds above the Earth.
6.00 9/12. Alan gets another chance with *Apollo 14*. (S1)

9.00 Stargate: Ark of Truth

7.00 **From the Earth to the Moon** *Galileo Was Right:* 10/12. The lunar geologists compete for astronautical ranking.
8.00 **From the Earth to the Moon** *The Original Wives' Club:* 11/12. The astronauts' wives band together to provide support. (S1)
9.00 FILM **Stargate – Ark of Truth** Sci-fi adventure starring Michael Shanks and Ben Browder. The SG-1 team journey to another galaxy to stop an invasion of Earth and the destruction of humanity. (2008, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Wynonna Earp** 6/12. The gunslinger rallies her allies as time runs short for Purgatory.
12.00 M'T 7/12. Doc and Wynonna are haunted. (S2)
1.00 AM **True Blood** 3&4/12. (S4)
3.00 **Fact or Faked: Paranormal Files** Museum ghosts and a Nessie-like creature.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** Four episodes.
1.00 PM **Death in Paradise** 7/8. A company boss is killed during a team-building exercise.
2.20 8/8. A prisoner is killed while in police custody. (S4)
3.40 1/8. Humphrey investigates the death of a scientist studying a volcano.
5.00 2/8. A literature student is pushed off a cliff to her death.
6.00 3/8. Humphrey and Martha's romantic weekend on an island is cut short. (S6)

9.00 Shakespeare & Hathaway

7.00 **Death in Paradise 2022 Christmas Special** 9/9. Christmas in Saint Marie is interrupted by the murder of a podcaster on the hunt for a missing child, an investigation linked to an old case of the Commissioner's. (S11)
9.00 **Shakespeare & Hathaway: Private Investigators** 9/10. The duo look into a campaign of culinary sabotage.
10.00 **Shakespeare & Hathaway: Private Investigators** 10/10. The duo must recover a precious jewel. (S1)
11.00 **Death in Paradise** (S6)
1.00 AM **Elementary** 12/24. A clown is murdered. (S5)
1.55 **Murdoch Mysteries** 15/24. Watts and Murdoch go on a treasure hunt. (S17)
2.40 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **My Hero**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

7.40 Blackadder the Third

7.00 **Dad's Army** Captain Mainwaring sets his sights on Frazer's savings.
7.40 **Blackadder the Third** Edmund finds a rich bride for Prince George after discovering he is broke.
8.20 The Duke of Wellington challenges Prince George to a duel.
9.00 **Still Open All Hours** Granville is forced to take extra security precautions.
9.40 **Harry Enfield's Television Programme** Smashie and Nicey do some charity work.
10.15 **Absolutely Fabulous** Saffy flies the nest, so Patsy moves in with Eddie.
10.55 **Not Going Out**
11.35 **Only Fools and Horses**
12.15 AM **Harry Enfield's...**
12.50 **Still Open All Hours**
1.30 **Absolutely Fabulous**
2.05 **Not Going Out**
2.35 **Still Open All Hours**
3.10 **to 4.00** AM **The Two Ronnies**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Storage Hunters UK**
7.40 **Top Gear Patagonia Special**
10.15 **Top Gear Winter Olympics Special** From Norway.
11.20 **Top Gear: Burma Special**
2.00 PM **Gavin & Stacey** Six episodes, including at:
4.40 The Essex mob arrive for a day at the beach in Barry.
5.20 Nessa and Dave's wedding day arrives.
6.00 **Rick Stein's Long Weekends** The chef takes a culinary break in Bordeaux and takes an excursion to the coast.

9.00 Silence Is Golden

7.00 **Would I Lie to You?** With Warwick Davis, Paul Hollywood, Jason Manford and Joan Bakewell. **7 PM**
7.40 **Richard Osman's House of Games** With Diarmuid Gavin and Roo Irvine.
8.20 Featuring Rick Edwards, Scarlett Moffatt and Naga Munchetty. **8 PM**
9.00 **Silence Is Golden** New edition 4/6. A dad's naughty secrets test a studio audience. ■ Entire series on U **9 PM**
10.00 **Gavin & Stacey** The Shipmans spend Christmas with the Wests, but parenthood presents them with challenges. **10 PM**
11.25 **8 Out of 10 Cats** Guests Al Porter, the Rev Kate Bottley, Sara Pascoe and Dr Xand van Tulleken take part.
12.10 AM **Would I Lie to You?**
1.30 **Australian Ninja Warrior**
3.00 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer look for properties in Edinburgh.
7.00 **George Clarke's Remarkable Renovations** A solicitor renovates her local village shop in Yorkshire.
8.00 **Britain's Most Expensive Houses**
9.00 **The Piano: The Final**
10.00 **Gogglebox**
11.05 **Taskmaster**
12.05 AM **Open House: The Great Sex Experiment**
1.10 **Celebrity Gogglebox**
2.10 **Night Coppers**
3.15 **24 Hours in A&E**
4.15 **to 4.45** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Evil Eye:* 13/22. A world-renowned actress shadows the NCIS team. Guest stars Tania Raymonde.
7.00 *Old Wounds:* 14/22. Parker grapples with his emotions when a conman from his past turns up as a murder suspect.
8.00 *Unusual Suspects:* 15/22. The agents look into the death of a driver who was found after a car accident. (S20)
9.00 **NCIS: Hawaii** New episode *Desperate Measures:* 9/22. Chase is abducted from her home by an army ranger accused of murder. (S2)
10.00 **Law & Order: Special Victims Unit** (S23)
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Doorstep Scammers: Don't Get Caught Out**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** Two air ambulances are called to a road accident on a dual carriageway.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Cause of Death**
1.00 AM **Absentia** New episodes (S1)
2.45 **The Lizzie Borden Chronicles** New episode
3.30 **Home and Away**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.00 FILM **Stagecoach Express** Western drama starring Don 'Red' Barry. (1942, PG, 57min) ★★
12.10 PM FILM **Belle Starr** Western adventure starring Gene Tierney. (1941, PG, 90min) ★★★
2.00 FILM **Zeppelin** World War One espionage thriller with Michael York. (1971, PG, 101min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors**
9.00 **Warship: Life at Sea**
10.00 **Coastguard: Search & Rescue SOS**
11.00 **Yellowstone** 6/10. (S3)
11.55 **Outback Truckers**
1.55 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build Ireland**
1.00 PM **Tipping Point**
4.00 **Pete Wicks: For Dogs' Sake** Four editions.
8.00 **Ambulance Australia** Paramedic Laura is on her first shift on the road.
9.00 NEW SERIES **Deadly Waters with Captain Lee** True-crime series hosted by *Below Deck's* Lee Rosbach.
10.00 **Killer Women with Piers Morgan** The broadcaster meets Sheila Davalloo, who killed her lover's wife.
11.00 **999 Rescue Squad**
1.00 AM **Louis Theroux: Dark States – Trafficking Sex**
1.50 **to 3.00** AM **Gangsta Granny**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.25 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *Deception on His Mind:* Havers puts her career on the line to save a child.
10.00 **New Tricks** *Bank Robbery:* A police informant resurfaces after 17 years on the run.
11.15 **Bergerac**
12.25 AM **Sister Boniface Mysteries** 5/12. (S2)
1.25 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
1.00 PM **Salvage Hunters**
2.00 **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition 4/10. A widow is shocked to hear the value of her late husband's collection of football memorabilia. **10.00** Irita unearths military medals whilst helping sisters clear their childhood home.
11.00 **The Yorkshire Auction House** Angus Ashworth looks through an art deco collection.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.45 **Bruce Forsyth's Generation Game**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill of the quiz.
8.00 **The Chase** Double bill.
10.00 **Tenable** A team from London answer questions about top 10 lists.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.00 AM **Wild West Chronicles** Documentary.
8.30 FILM **Demetrius and the Gladiators** Epic sequel to *The Robe*. (1954, PG, 101min) ★★
10.50 FILM **Flight of the Phoenix** Adventure. (2004, 12, 113min) ★★★
1.50 PM FILM **Von Ryan's Express** Drama. (1965, PG, 117min) ★★★★
4.20 FILM **The Sand Pebbles** Action thriller. (1966, 15, 193min) ★★
8.00 FILM **Heaven Knows, Mr Allison** Wartime romantic drama. (1957, PG, 100min) ★★★★
10.20 FILM **French Connection II** Crime thriller sequel. (1975, 18, 119min) ★★★★
12.50 AM FILM **Midnight in Saint Petersburg** Thriller. (1995, 15, 85min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.40 FILM **Cheer Squad Secrets** Crime thriller. (2021, 15, 90min) ★★
11.40 FILM **Tracker** Period action drama. (2010, 12, 101min) ★★★
1.55 PM FILM **American Outlaws** Western. (2001, 12, 94min) ★
3.50 FILM **In the Line of Fire** Action thriller. (1993, 15, 127min) ★★★★
6.40 FILM **The Bourne Ultimatum** Thriller. (2007, 12, 115min) ★★★★
9.00 FILM **The Bourne Legacy** Thriller sequel. (2012, 12, 129min) ★★★
11.45 FILM **Eye for an Eye** Mystery. (2019, 15) ★
1.50 AM FILM **Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
4.00 **to 6.00** AM FILM **Cruel Fixation** Thriller. (2019, 12, 90min) ★★

+1hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **A Honeymoon to Remember** Drama. (2021, PG, 85min) ★★
10.05 FILM **Made for You, with Love** (2019, U) ★★
12.00 NOON FILM **Wedding at the Hamptons** Drama. (2022, PG, 90min) ★★
2.05 PM FILM **Our Dream Wedding** Drama. (2020, PG, 87min) ★★
4.00 FILM **Wedding Wonderland** Drama. (2017, PG, 92min) ★★
5.55 FILM **A Very Country Wedding** (2019, PG) ★★
8.00 FILM **Two Chefs and a Wedding Cake** Comedy. (2022, U, 91min) ★★
10.05 FILM **The Wedding Rule** Romantic comedy. (2023, U, 90min) ★★
12.05 AM FILM **The Wedding Arrangement** Drama. (2022, PG, 90min) ★★
2.05 **Highway to Heaven**
3.05 **to 5.00** AM FILM **Our Dream Wedding** (2020)

+1hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.00 **Don't Drink the Water**
10.30 **Watching** 2/8. (S2)
11.00 **A Fine Romance** (S4)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Brass** 2/13. (S1)
2.30 **Thick as Thieves** (S1)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 2/8. (S2)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 2/13. (S1)
7.30 **Thick as Thieves**
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **In Loving Memory** (S1)
9.30 **Gurney Slade** (S1)
10.05 **Carry On Laughing** (S1)
10.35 **The Cuckoo Waltz** (S3)
11.05 **Department S** (S2)
12.05 AM **Shine on Harvey...**
1.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
6.00 **Opal Hunters: Red Dirt Road Trip**
7.00 **Deadliest Catch** *The Wizard* crew call in a Coast Guard helicopter. **8.00** For a crab fisherman, violent storms and huge waves are part of the job.
9.00 **My Feet Are Killing Me** Double bill of editions.
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Double bill.
7.00 **The Great British Bake Off** Six editions.
1.00 PM **Gok Wan's Easy Asian** Eight editions.
5.00 **Tom Kerridge Barbecues** Eight editions, including at: **8.00** Featuring three recipes for an intimate al-fresco dinner for two. **8.30** A method for slow cooking joints of meat.
9.00 **River Cottage Every Day** Hugh Fearnley-Whittingstall prepares a variety of treats.
10.00 **Secrets of the Curry Kitchen** A selection of recipes inspired by Kolkata's Chinatown.
10.30 **Nadiya Bakes**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 17/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 3/24. (S2)
11.00 FILM **Brothers of the Frontier** Western. (1995, U, 87min) ★★
1.00 PM FILM **The Shooting** Haunting Western. (1966, 15, 82min) ★★★
2.35 FILM **The Poseidon Adventure** Disaster movie. (1972, PG, 117min) ★★★★★
5.00 **Star Trek** 15/30. (S1)
6.00 **Knight Rider** 4/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Bullet to the Head** Action thriller. (2012, 15, 89min) ★★★
10.55 FILM **A Certain Justice** Action adventure. (2014, 15, 96min) ★★
12.50 AM FILM **The Factory** Thriller. (2012, 15) ★★
2.50 **to 4.50** AM FILM **The Loft** Thriller. (2013, 15, 98min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **George and the Dragon** As 5.00pm.
8.00 **Frank Herbert's Children of Dune**
10.00 **The Lost World** (S1)
11.00 FILM **MacShayne: Final Roll of the Dice** Drama. (1993, PG, 88min) ★★
1.00 PM FILM **Mega Shark vs Kolossus** Fantasy. (2015, 12, 90min) ★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 8/23. (S2)
5.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 9/23. (S2)
9.00 FILM **Capricorn One** Adventure starring Elliott Gould. (1978, PG, 128min) ★★★★
11.25 FILM **Money Plane** Crime action thriller. (2020, 15, 82min) ★★
1.00 **to 3.00** AM FILM **Man Down** Wartime drama. (2015, 15, 90min) ★★

+1hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars: Texas**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Mysteries from Above** A fiery vortex.
1.05 **Pawn Stars**
2.05 **Storage Hunters**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Secrets in the Sand**
12.00 M'T **Strangest Things**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
9.35 **Inside the Tower of London** Documentary.
10.30 **Dan & Helen's Pennine Adventure**
11.25 FILM **A Star Is Born** Musical drama. (1954, U, 154min) ★★★★★
3.00 PM **Murder, She Wrote**
4.00 **Columbo** *Dead Weight.*
5.30 **Walking Victorian Britain** In Liverpool.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities**
8.00 **Ben Fogle: New Lives in the Wild**
9.00 **Susan Calman's Grand Day Out**
10.00 **Jane McDonald: My Yorkshire** In Hawes.
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Dan & Helen's Pennine Adventure**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Dream Derelict Home in the Sun**
1.00 PM **My Dream Derelict Home in the Sun** Seven editions, including at: **7.00** A renovation project on a coach house in the south of France.
8.00 **Love Your Garden** A cottage-style garden for a wounded war hero.
9.00 NEW SERIES **Castle Impossible** Daphne Reckert and Ian Figueira convert the solar into a studio apartment.
10.00 **Celebrity IOU** Film star Kate Hudson joins forces with Jonathan and Drew.
11.00 **Home Town** A retired father of six find the perfect place in Laurel.
12.00 M'T **My Dream Derelict Home in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
4.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons**
8.00 **1000-lb Sisters**
9.00 **Polyfamily** New edition
10.00 **Sister Wives** Mykelti welcomes her twins.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Sister Wives**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Couponing**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Most Ridiculous**
9.00 **The Best of Mr Bean**
10.00 **Mr Bean** 9-14/14. (S1)
1.00 PM **Friends** (S8)
8.00 **Friends** 21/24. Phoebe holds a coaching session for a nervous Chandler. **8.30** 22/24. Chandler falls asleep at Joey's film premiere. (S8)
9.00 **Lee Evans – Monsters**
10.00 **Rhod Gilbert: The Book of John** Stand-up comedy.
11.35 **Whose Line Is It Anyway? USA**
12.35 AM **South Park** (S3)
2.05 **Michael McIntyre's Very Christmassy Christmas Show**
2.55 **Iain Stirling – Failing Upwards** Stand-up.
3.45 **Whose Line Is It Anyway? USA**
4.10 **The Comedy Central Chart Show**
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Becker** 9&10/24. (S2)
11.00 **Friends** 12-15/24. (S8)
1.00 PM **Criminally Funny**
2.30 **The Best of Mr Bean**
3.30 **Mr Bean** 9-14/14. (S1)
6.30 **The Best of Mr Bean**
7.30 **Mr Bean** 9/14. The hapless hero bags a bargain in the sales. **8.00** 10/14. The bumbling hero decides to have a day at the fair. **8.30** 11/14. The clumsy hero decides to revisit his school days. **9.00** 12/14. The hapless fool plays crazy golf. (S1)
9.30 **Mr Bean** 13&14/14. (S1)
10.30 **Friends** 7-12/24. (S8)
1.30 **The Ren & Stimpy Show**
2.55 **The Ricky Gervais Show**
3.45 **Becker** 9&10/24. (S2)
4.30 **Reno 911!** 4&5/16. (S5)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Motorway Patrol**
9.00 **Hold the Front Page**
3.00 PM **Highway Patrol**
6.00 **FBI** 15/15. (S3)
7.00 **The Cleaning Lady** *TNT:* 1/10. A single mother becomes a cleaning lady for the Mob. (S1)
8.00 **Stop, Search, Seize** Two sniffer dogs are put through their paces.
9.00 **Brit Cops: Rapid Response** Following police officers on patrol.
10.00 **Brit Cops: Law & Disorder** The work of London police.
11.00 **Supergirl** 7&8/20. (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

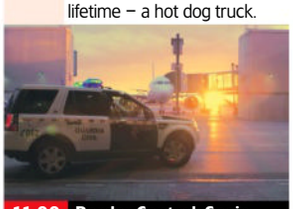
6.00 AM **MTV Cribs US**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom 2**
11.00 **Catfish: The Dramatic**
12.00 NOON **Catfish: Teams**
1.00 PM **Catfish: Catch of the Day** Reality series.
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Reality series.
9.00 **Ex on the Beach: Body SOS** Reality series.
10.00 **Skin A&E** Dr Adil operates on a model with seborrheic keratosis.
11.00 **Aussie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo Wood welcome Gigi Goode.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers World Tour**
1.00 PM **Alaska: Homestead Rescue** Homesteading mastery for a Vermont couple.
3.00 **Gold Divers** Double bill.
5.00 **Building off the Grid** Two brothers team up with their girlfriends to build a yurt that can survive Maine winters.
6.00 **Junkyard Empire** Bobby takes on the build of a lifetime – a hot dog truck.


11.00 Border Control: Spain

7.00 Wheeler Dealers: Dream Car Mike Brewer and Marc Priestley are on a mission to find on a Mk2 Ford Escort car.

8.00 Harpoon Hunters When Niko's zapper fails at the worst possible moment, Tyler has to step in to save the day.

9.00 Alaska: Homestead Rescue Novice farmsteaders in Iowa are on the verge of losing the legacy of their late father. The Raneys must quickly give them an off-grid masterclass.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** The team decide to split up and corner Bigfoot.
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pit Bulls & Parolees**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Treehouse Masters**
1.00 PM **Life at Vet University**
2.00 **Tanked** A custom fish tank.
3.00 **Life at Vet University**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** Help for a Colorado family whose crops are failing.
6.00 **Pit Bulls & Parolees** Amanda Giese arrives to help a dog that only has three legs.

7.00 Life at Vet University

7.00 Life at Vet University Graduation is around the corner – but the trainees still have much to prove to become veterinarians

8.00 Great White Appetite Information that could help scientists understand the feeding behaviour of the great white shark.

9.00 Deadliest Sharks A look into whether oceanic whitetip sharks deserve their reputation as the 'world's deadliest sharks.'

10.00 Alaskan Bush People The Wolfpack brace for a looming wildfire that puts the completion of the barn under threat.

11.00 **Treetop Cat Rescue** A moody repeat offender is rescued.
11.30 **Treetop Cat Rescue**
12.00 M'T **Tanked** An aquarium.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Pit Bulls & Parolees**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Construction Fails**
12.00 NOON **Rebuilding Notre Dame: The Next Chapter**
1.00 PM **Rebuilding Notre Dame: The Final Chapter**
2.00 **Megastructures**
3.00 **Destruction Decoded** The 10 worst motorsport crashes. **4.00** A look at 10 infamous train and plane disasters.
5.00 **Car S.O.S** A Land Rover Discovery Series 1 is restored. **6.00** Tim and Fuzz set out to restore a BMW M3 E46.

8.00 Amsterdam Central 24/7

7.00 Car S.O.S Tim and Fuzz put their skills to the test when they restore a Wolseley Hornet – a car that requires rare parts.

8.00 Amsterdam Central 24/7 New edition Menno and Carolien attempt to manage an aggressive fare dodger.

9.00 NEW SERIES **Air Crash Investigation: Surviving Disaster** A collision between two aircraft that killed 21 passengers.

10.00 To Catch a Smuggler: Tropical Takedown New edition Agents race to intercept suspected narcotics traffickers.

11.00 **Air Crash Investigation** A plane targets the Pentagon.
12.00 M'T **Air Crash Investigation**
1.00 AM **To Catch a Smuggler**
2.00 **Food Factory**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Strangest Things**
7.45 **Secrets in the Ice**
9.35 **Pawn Stars** Triple bill.
11.05 **The Egyptian Book of the Dead** A version of the text once buried with a scribe.
1.00 PM **Egypt's Unexplained Files** Four editions.
5.00 **Bradley Walsh: Egypt's Cosmic Code** The presenter visits some of Ancient Egypt's greatest monuments. **6.00** The presenter considers the riddle of the Sphinx.

9.00 Mengele Unveiled

7.00 Bradley Walsh: Egypt's Cosmic Code The resting places of Akhenaten and King Tutankhamun's successor Horemheb.

8.00 Weird or What? With William Shatner A young Tasmanian pilot is chased by unidentified aircraft before disappearing.

9.00 Mengele Unveiled Series finale An analysis of the life of infamous German officer and physician Josef Mengele.

10.10 Hell on Earth: WWII Series finale A look at the lifting of the siege of Leningrad and the Battle of Normandy.

11.10 **Pawn Stars** An original sketch from a popular animation arrives at the shop. **11.40** Including a deadly Revolutionary War halberd. **12.10** AM Rick hits the road to check out a 1966 Chevy II.
12.40 **Storage Hunters**
1.10 **Greatest Escapes of WWII**
2.10 **to 6.00** AM **Egypt's Unexplained Files**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Nazi Murder Mysteries**
11.00 **The Buildings That Fought Hitler** Exploring Reigate Fort.
12.00 NOON **Vintage Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Murder Mysteries**
5.00 **The Buildings That Fought Hitler** Reigate Fort.
6.00 **Vintage Antiques Roadshow** An edition from Belfast.

9.00 Mediterranean with...

7.00 Canal Boat Diaries Robbie Cumming discovers a mysterious message in a bottle on the Ashby Canal.

8.00 Canal Boat Diaries New edition Robbie moors in Abingdon and tackles an emergency DIY repair to fix a leak.

9.00 Mediterranean with Simon Reeve Simon explores Cyprus, Lebanon, Israel and Gaza in the eastern Mediterranean.

10.00 Bangers & Cash: Restoring Classics The team work on a 1972 VW Fastback and a 40-year-old police bike.

11.00 **Bangers & Cash** Dave finds two Fiats and a VW Corrado.
12.00 M'T **Classic Car Garage** Colin brings a rare Ford Zephyr into the 21st century, a VW Beach Buggy is tuned, and a E-Type Jag gets supersized air filters.
1.00 **to 3.00** AM **Abandoned Engineering**

+1hour 255 329

Monday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
8.00 **The Repair Shop**
3.00 PM **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried** Henry and Fuzz trawl through Dave's eclectic mix of items. **8.00** Henry and Fuzz meet Tim, a specialist bike restorer.
9.00 **Wheeler Dealers World Tour** Mike Brewer and Marc Priestley tackle the last truly analogue Ferrari.
10.00 **MotoGP Highlights** The British Grand Prix.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress: UK** Reality series.
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Harold Shipman.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Fall of Diddy**
11.00 **Murder on CCTV**
12.00 M'T **Gary Glitter: A Faking It Special**
1.00 AM **Faking It: Tears of a Crime** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A murder scene is staged to try and look like a drug deal gone wrong.
8.00 **See No Evil** The disappearance of Natasha Cournoyer.
9.00 **Storm of Suspicion** New edition Police are called to a chilling scene in Bismarck, North Dakota.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition An unknown dead man leads police to a conspiracy involving an illegal taxi service.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** Scientists prove the injured victim of a blast was the person who constructed the bomb. **4.30** A man is found hanging naked from a tree with 'FED' scrawled on his chest. **5.00** The murder of a 13-year-old boy. **5.30** A single mother looking for love goes missing without a trace. **6.00** An American water-borne epidemic. **6.30** A 20-year-old woman sets out on her bike and never returns.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Brit Cops: Law & Disorder** Double bill.
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **The Cult of the Family** Triple bill.
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **Britain's Most Evil Killers**
9.00 **The Bambers: Murder at the Farm**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 M'T **World's Most Evil Killers** Richard Kuklinski.
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Great Fire: London Burns**
9.00 **The Great Fire: Death and Destruction**
10.00 **The Great Fire: A City Rebuilt**
11.05 **One PM Central Standard Time**
1.00 PM **The Great Fire: London Burns**
2.00 **The Great Fire: Death and Destruction**
3.00 **The Great Fire: A City Rebuilt** Documentary.
4.00 **The Crusades** Triple bill of the documentary.
7.25 **Apocalypse: Stalin** 1/3. Joseph Stalin's rise to the most powerful man in Russia. **8.35** 2/3. Finding out the truth behind the 'Man of Steel.' **9.45** 3/3. Documenting Joseph Stalin's rise to power in Russia.
10.50 **Armenia, My Home**
12.00 M'T **to 2.00** AM **One PM Central Standard Time**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

HOLIDAY MONDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2000s**
7.00 **Discovering: Buster Keaton**
8.00 **The Directors** James Cameron.
9.00 **The Good Fight Club**
10.00 **Documentary Feature**
2.00 PM **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
4.00 **Spitfire** The story of the British single-seat fighter plane.
5.00 **Discovering: Buster Keaton**
6.00 **100 Foot Wave** Brazilian surfers new to Nazare fail to heed safety advice. **7.00** Nazare's largest swell paves the way for a record.
8.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
10.00 **Documentary Feature**
12.00 M'T FILM **Dogtown and Z-Boys** Documentary. (2001, 15, 91min) ★★★
1.50 AM **Pantani: The Accidental Death of a Cyclist**
5.00 **to 6.00** AM **Discovering: Buster Keaton**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
8.00 **Secret Life of the Tasmanian Devil** Double bill of editions.
10.00 **Secret World of Sound with David Attenborough**
1.00 PM **Shark with Steve Backshall** Four editions.
5.00 **New Kids in the Wild**
7.00 **Micro Monsters with David Attenborough** Battles and rivalries in the world of bugs. **7.30** How predators defuse the defences of their prey. **8.00** A look into courtship within the bug world. **8.30** The mating habits of bugs. **9.00** Bugs that prefer co-operation to conflict. **9.30** Insect colonies.
10.00 **Hotspots: The Last Hope** The diversity of Costa Rica. **11.00** A look at Spain's biodiversity hotspot. **12.00** M'T The great biodiversity of Madagascar.
1.00 AM **Into the Wild: India**
2.00 **How the Wild Things Sleep**
3.00 **to 6.00** AM **Deep Dive Australia**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Sand**
9.00 **Hitler's Engineers**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Egypt's Unexplained Files**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Hitler's Engineers**
5.00 **Ultimate Mysteries**
6.00 **National Park Mysteries**
7.00 **Close Encounters Down Under** Paranormal events in the Southern Hemisphere.
8.00 **Curse of the Ancients**
9.00 **Ross Kemp: Deep Sea Treasure Hunter**
10.00 **Secrets in the Sand** Curiosities once concealed within the planet's desert sands.
11.00 **The Lost City of Ramses II**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Close Encounters Down Under**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Buried in the Backyard**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Killer in Plain Sight**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Interview with a Killer** New edition Bo Pete Jeffrey.
11.00 **Cops Gone Bad**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Cops Gone Bad**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Leopard Kingdom**
3.00 **Secrets of the Zoo: Tampa**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Built to Survive** New editions Island-dwelling animals, from the dingo to the death adder. **7.30** Phil Breslin ventures into the Australian savannah.
8.00 **Hunter Vs Hunted** Exploring footage of people who stray into the territory of dangerous wild animals. **9.00** Footage of lions, baboons and alligators.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition Unknown** Explorer Josh Gates presents from the chambers of an excavation site.
9.00 **Secrets Underground** Rob Nelson investigates whether a strange lake in California might be home to alien life.
10.00 **How Do They Do It?** How toilet paper is made from trees. **10.30** Insulin production.
11.00 **The 1980s: The Deadliest Decade** Documentary.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.05 PM **Bargain Hunt**
4.05 **Parkinson** As 9.40pm.
5.25 **Doctor Who** *Inferno – Part Seven:* 25/25. The Doctor must stop Stahlman before the Earth suffers the same fate as the parallel one. (S7) **6.00** *Terror of the Autons – Part One:* 1/25. The Doctor encounters a Time Lord. **6.35** *Terror of the Autons – Part Two:* 2/25. The Doctor faces his first battle with the Master. **7.10** *Terror of the Autons – Part Three:* 3/25. The Doctor continues his first battle with his arch-nemesis, the Master. (S8)
7.40 **Bargain Hunt** Double bill.
9.40 **Parkinson** With Celine Dion, Nigel Havers and Ian Hislop. **11.00** With Martin Clunes, Michelle Collins and Travis.
12.20 AM **Doctor Who**
2.35 **Bargain Hunt**
3.25 **Parkinson** Double bill.
5.30 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
9.00 **Reasonable Doubt**
11.00 **Murder Under the Friday Night Lights** True-crime.
12.00 NOON **Mean Girl Murders**
1.00 PM **Murder Chose Me**
3.00 **Web of Lies** Double bill.
5.00 **Murder Comes to Town**
7.00 **Blood Relatives** A case that began when NYPD officers found a bullet-pierced body found in the boot of a car. **8.00** A case in which a homeowner was found dead in a driveway, riddled with bullets.
9.00 **Faking It: Tears of a Crime** John Canaan is the prime suspect in the disappearance of estate agent Suzy Lamplugh.
10.00 **American Monster** Ann Metz's husband Marshall despises Ann giving her time to anyone else.
11.00 **Before They Kill Again** A copycat Zodiac killer terrorises New York City.
12.00 M'T **Six Degrees of Murder**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **Blood Relatives**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers: Dream Car**
3.00 **Big, Big Bikes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried: Classic Cars**
8.00 **Last Chance Garage** A botched 2020 Jeep comes in with an engine from 20 years prior.
9.00 **Motor Pickers** Double bill.
10.00 **World's Greatest Motorcycle Rides** From John O'Groats.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Hand Built Hot Rods**

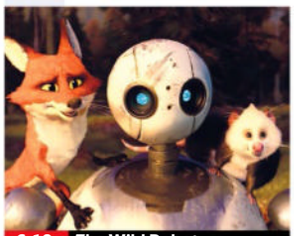
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Escape from the 21st Century** As shown at 4.20pm.
8.55 **Bookworm** Adventure. (2024, 12, 103min) ★★★★
10.45 **The Wild Robot** As 6.10pm.
12.35 PM **A Different Man** (2024)
2.35 **Cleaner** As 10.00pm.
4.20 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
6.10 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★



6.10 The Wild Robot

8.00 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min)

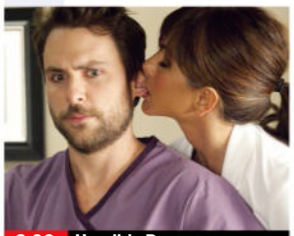
10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists take 300 hostages and an ex-soldier working as a window cleaner tries to rescue them. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★
1.45 AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
3.45 **Escape from the 21st Century** As 4.20pm.
5.45 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.20 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
8.05 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
9.45 **The Bikeriders** As 9.55pm.
11.45 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
1.50 PM **Baby Driver** Thriller. (2017, 15, 113min) ★★★★
3.45 **Catch Me If You Can** Biopic. (2002, 12, 141min) ★★★★★
6.05 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★



8.00 Horrible Bosses

8.00 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. With Jennifer Aniston. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Bikeriders** Drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a sinister gang. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Dry** Crime drama starring Eric Bana, Genevieve O'Reilly and Julia Blake. (2020, 15, 117min) ★★★★
2.10 AM **Force of Nature: The Dry 2** Thriller with Eric Bana. (2024, 15, 120min) ★★★
4.10 **to 6.10** AM **One More Shot** Thriller starring Scott Adkins. (2023, 15, 102min) ★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Ray** As 10.35pm.
9.25 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
11.35 **Cries and Whispers** Ingmar Bergman's Swedish drama with Harriet Andersson. Subtitled. (1972, 18, 106min) ★★★★★
1.20 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
3.45 **Calvary** Comedy drama. (2014, 15, 99min) ★★★★
5.40 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.35 **Ray** Biopic starring Jamie Foxx as Ray Charles, who overcame poverty, racism and the loss of his sight to forge a ground-breaking musical career. (2004, 15, 152min) ★★★★
1.10 AM **What Dreams May Come** Romantic fantasy drama. (1998, 15, 106min) ★★★
3.10 **Pawn Sacrifice** Sports drama. (2014, 12, 115min) ★★★★
5.15 **to 7.10** AM **Field of Dreams** Fantasy starring Kevin Costner. (1989, PG, 106min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Dual** Sci-fi thriller. (2022, 15, 94min) ★★★★
8.50 **The Frighteners** As 1.20am.
10.45 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.20 PM **The Purge** Horror thriller. (2013, 15, 85min) ★★★
1.55 **Star Trek Beyond** Adventure. (2016, 12, 122min) ★★★★
4.05 **The Adjustment Bureau** Sci-fi thriller. (2011, 12, 105min) ★★★★
6.00 **Terminator Salvation** Action thriller sequel starring Christian Bale and Sam Worthington. (2009, 12, 110min) ★★★
8.00 **Passengers** Sci-fi drama with Jennifer Lawrence and Chris Pratt. (2016, 12, 116min) ★★★
10.00 **Night Swim** Horror with Wyatt Russell and Kerry Condon. A woman swimming in her pool at night is terrorised by an evil spirit. (2024, 15, 98min) ★★
11.45 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
1.20 AM **The Frighteners** Horror comedy starring Michael J Fox. (1996, 15, 110min) ★★★
3.15 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
5.05 **to 6.50** AM **Lisa Frankenstein** Comedy with Kathryn Newton. (2024, 15, 101min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

7.05 AM **Dragon Rider** Animation. (2020, PG, 91min) ★★★
8.40 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
10.10 **The Amazing Maurice** Animation. (2022, PG) ★★★★
11.50 **The Cinema List**
12.10 PM **The BFG** Adventure. (2016, PG, 117min) ★★★★
2.10 **The NeverEnding Story**
4.00 **Hook** Fantasy. (1991, U) ★★★
6.20 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★

8.40 The Brothers Grimm

8.40 The Brothers Grimm Adventure starring Matt Damon. In early 19th century Germany, two brothers travel the countryside and con locals by pretending to vanquish monsters – until they find themselves pitted against a real curse. (2005, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 The NeverEnding Story Fantasy adventure starring Barret Oliver. (1984, U, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
2.10 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
3.55 **The Swan Princess: The Secret of the Castle** Romantic animated adventure sequel. (1997, U, 89min) ★★
5.25 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Action

307 307 407 507 521

6.00 AM **Cinema List: Westerns**
6.20 **Twilight of the Warriors: Walled In** As 1.00am.
8.30 **Project A** As 3.10am.
10.20 **Dragon Lord** As 5.00am.
12.05 PM **Vendetta** Action thriller. (2022, 15, 96min) ★★
1.45 **The Patriot** As 10.15pm.
4.30 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.05 **Twister** Disaster movie with Helen Hunt and Bill Paxton. (1996, PG, 114min) ★★★

10.15 The Patriot

8.00 Shazam! Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Patriot Drama starring Mel Gibson, Heath Ledger and Jason Isaacs. A pacifist plantation owner is drawn into the American War of Independence. (2000, 15, 167min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
3.10 **Project A** Martial arts thriller. (1985, 12, 72min) ★★★
5.00 **to 6.45** AM **Dragon Lord** Comedy starring Jackie Chan. (1982, 15, 102min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Weird Science** (1985)
8.50 **Snack Shack** As 1.05am.
10.50 **Borat Subsequent Moviefilm** Comedy documentary. (2020, 15, 95min) ★
12.35 PM **Two Weeks Notice** Comedy. (2002, 12) ★★★
2.30 **The Accidental Husband** Comedy. (2008, 12, 86min) ★
4.10 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
6.05 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★

6.05 The First Wives Club

8.00 The Truman Show Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Natascha McElhone and Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Fords on Water Comedy starring Elvis Payne and Mark Wingett. Two unemployed young men find freedom from a hopeless future by fleeing their London home in a stolen car. (1983, 15, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Weird Science** Fantasy. (1985, 12, 94min) ★★★
1.05 AM **Snack Shack** Comedy. (2023, 15, 107min) ★★★
3.05 **The Big Lebowski** Comedy. (1998, 18, 117min) ★★★★★
5.15 **to 7.00** AM **I'll Be Right There** Comedy starring Edie Falco. (2023, 12, 93min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **Kill** As shown at 2.25am.
8.05 **The Cinema List**
8.25 **False Positive** As 4.25pm.
10.00 **Marnie** (1964, 15) ★★★★
12.25 PM **Layer Cake** Thriller. (2004, 15, 105min) ★★★★
2.25 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
4.25 **False Positive** Horror thriller. (2021, 15, 92min) ★★
6.10 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★

10.30 Law Abiding Citizen

8.00 Public Enemies Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Cult Killer** Thriller starring Antonio Banderas and Alice Eve. (2024, 15, 105min) ★★★
2.25 **Kill** Thriller with Brian Vernel. (2023, 15, 94min) ★★★
4.10 **to 6.15** AM **Greedy People** Comedy with Himesh Patel. (2024, 15, 108min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
2.10 PM **Little Women** Historical drama starring Saoirse Ronan. (2019, U, 135min) ★★★★★
4.50 **Roman Holiday** Comedy with Audrey Hepburn. (1953, b/w, U, 118min) ★★★★★
7.10 **Made in Italy** Comedy drama starring Liam Neeson. (2020, 15, 94min) ★★★★

7.10 Made in Italy

Made in Italy (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 The Contractor Action drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **White House Down** Thriller starring Channing Tatum. A cop strives to save the day after armed terrorists seize control of the White House. (2013, 12, 131min) ★★★
1.40 **to 3.25** AM **Fire Will Come** Spanish drama with Amador Arias, Benedicta Sánchez and Inazio Abrao. Subtitled. (2019, 12, 86min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

6.00 AM **Earth Girls Are Easy** (1988)
7.55 **The Adventures of Baron Munchausen** As 1.45am.
10.10 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
12.20 PM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
2.30 **Superman IV – The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
4.15 **Brewster's Millions** Comedy starring Richard Pryor and John Candy. (1985, PG, 97min) ★★★
6.10 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
8.00 **Parenthood** Comedy with Steve Martin and Mary Steenburgen. (1989, 15, 124min) ★★★★
10.10 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
12.00 M'T **Earth Girls Are Easy** Musical. (1988, PG) ★★★
1.45 AM **The Adventures of Baron Munchausen** Fantasy adventure. (1988, PG, 126min) ★★★★
3.55 **Brewster's Millions** As 4.15pm.
5.40 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Funny Face** As 4.45am.
8.00 **Champion** As 12.40am.
9.40 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
11.40 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
1.40 PM **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15, 104min) ★★
3.35 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
5.40 **Far and Away** Romantic drama. (1992, 15, 140min) ★★
8.00 **Ghost** Fantasy starring Patrick Swayze. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★
10.10 **The Great Gatsby** F Scott Fitzgerald's melancholy tale of a rich bootlegger and his romantic obsession with a woman from his past, starring Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★
12.40 AM **Champion** Boxing drama starring Kirk Douglas, Marilyn Maxwell and Arthur Kennedy. (1949, b/w, PG, 99min) ★★★★
2.30 **Birdy** As shown at 3.35pm.
4.45 **to 6.45** AM **Funny Face** Musical starring Fred Astaire. (1956, U, 103min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **The Swan Princess** (1994)
7.45 **Sinbad: Legend of the Seven Seas** As shown at 12.00m't.
9.20 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
11.00 **The Prince of Egypt** (1998)
12.45 PM **Captain Underpants** Animated comedy adventure. (2017, U, 89min) ★★★★
2.20 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
4.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
5.30 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★
7.05 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
8.40 **Shrek the Third** Animated comedy adventure sequel. (2007, U, 88min) ★★★★
10.15 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★
12.00 M'T **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
1.35 AM **The Swan Princess** Animation. (1994, U) ★★★
3.10 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
4.10 **The Inventor** (2023, PG) ★★★
5.55 **to 6.50** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **Stepping into Love** Drama. (2023, PG, 82min) ★★
9.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
11.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
3.00 **The Love Issue** Romantic drama with Alicia Dea Josipovic. (2023, PG, 85min) ★★
5.00 **Two Tickets To Paradise** Drama. (2022, PG, 84min) ★★
7.00 **Love and the Radio Star** Romantic comedy with Laura Miyata and Luke Humphrey. (2022, PG, 90min) ★★
9.00 **Love Under the Lemon Tree** Comedy starring Maddison Bullock. A travel photographer hopes to win a competition with her images of a sunny island. (2022, PG, 88min) ★★
11.00 **Sweeter Than Chocolate** Comedy. (2023, PG, 84min) ★★
1.00 AM **Fashionably in Love** Comedy starring Andrew Bushell. (2023, PG, 87min) ★★
3.00 **to 5.00** AM **The Attraction Test** Comedy starring Tara Wilson. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Frightened Man** Thriller. (1951, b/w, PG, 69min) ★★
7.20 **Where Strangers Meet**
7.40 **Calling Paul Temple** Mystery. (1948, b/w, U, 92min) ★★
9.30 **What's On TPTV with Noel**
9.45 **SOS Pacific** Adventure. (1959, b/w, PG, 91min) ★★
11.30 **Operation Stogie** Comedy. (1959, b/w, U, 75min) ★★
12.40 PM **Cinebox Memories**
12.45 **Stagecoach** Western remake. (1966, PG, 114min) ★★
3.05 **Medway Queen** Documentary.
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 15/39. (S1)
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town** Documentary.
7.00 **The Footage Detectives**
8.00 **Public Eye** 9/13. (S6)
9.05 **A Line in the Sand** Thriller.
11.10 **The Importance of Being Earnest** Oscar Wilde comedy starring Michael Redgrave. (1952, U, 95min) ★★★★★
1.00 AM **A Matter of Choice** Drama. (1963, b/w, PG, 100min) ★★
2.40 **Firewalker** Action adventure. (1986, 15, 104min) ★
4.45 **Four Star Theatre**
5.15 **Look at Life** Documentary.
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **Lunchtime Live**
2.00 PM **LIVE EFL** Coverage of the League Two play-off final at Wembley Stadium, as the teams compete for promotion to League One. Crawley Town won this game last season after they defeated Crewe Alexandra 2-0 at Wembley thanks to goals in either halves from Danilo Orsi and Liam Kelly. They became the first side since Northampton Town in 2020 to finish seventh in the league but get promoted. Kick-off **3.00pm**.
6.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews.
7.00 **Sky Sports News**
7.30 **LIVE SPFL** Coverage of the second leg of the Scottish Premiership play-off final, as the team that finished 11th in the Premiership host the winners of the semi-final. Kick-off **8.00pm**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Years**
3.00 **PL Retro** Replay of Arsenal v Wigan Athletic from 2006.
5.00 **Best PL Goals 17/18**
6.00 **Ref Watch** Refereeing decisions.
6.30 **Premier League 100** Former goalkeeper David James looks at his Premier League career.
7.00 **Premier League Review**
8.00 **Fantasy Show** Insight and tips.
8.30 **Gary Neville's Soccerbox** The presenter talks to Gianfranco Zola.
9.00 **Premier League Review**
10.00 **Fantasy Show** Insight and tips.
10.30 **Premier League Icons** A profile of Ruud Van Nistelrooy.
11.00 **Premier League Years**
1.00 AM **PL Retro** Another chance to see Liverpool v Blackburn Rovers from the 1994/95 season.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **SPFL Highlights**
6.15 **Best Goals: EFL Cup 24/25**
6.45 **EFL Trophy Football**
7.15 **EFL Highlights**
8.15 **EFL Cup Highlights**
9.15 **EFL Trophy Football**
9.45 **SPFL Highlights**
10.00 **EFL Highlights**
2.00 PM **LIVE EFL** Coverage of the League Two play-off final at Wembley Stadium, as the two teams compete for promotion to League One. Kick-off **3.00pm**.
6.00 **LIVE Baller League** Coverage from the 10th round of the six-a-side football league at Copper Box Arena in London.
7.30 **LIVE SPFL** Coverage of the second leg of the Scottish Premiership play-off final as the team that finished 11th in the Premiership host the winners of the semi-final. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
11.00 **EFL Highlights**
1.00 AM **EFL Greatest Games**
1.30 **EFL Cup Highlights**
2.00 **EFL** League Two play-off final.
4.00 **EFL Highlights**
5.00 **EFL Trophy Football**
5.30 **to 6.00** AM **Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Highlights of a T20 match.
7.00 **Test Cricket** Highlights of England v Zimbabwe from Trent Bridge.
8.00 **IPL** A replay of a match from the lucrative Twenty20 competition.
1.10 PM **Ashes Modern Classics**
1.20 **Ashes Greats** A look at Andrew Flintoff's performances in 2005.
1.30 **Best of ICC WT20** Highlights of matches from the archives.
2.00 **LIVE Women's International T20 Cricket England v West Indies.** Coverage of the third and final T20 in the series at the County Ground, Chelmsford.
6.00 **Ashes Greats** Archive action.
6.10 **Ashes Modern Classics**
6.20 **Ashes Greats** Archive highlights.
6.30 **Best of ICC WT20** Highlights.
7.00 **Best of England v Windies**
9.00 **IPL** Action from a match in the lucrative Twenty20 competition.
10.00 **Best of England v Windies**
11.00 **IPL** Highlights of a match in the lucrative Twenty20 competition.
12.00 M'T **Best of England v Windies**
1.00 AM **Women's International T20 Cricket** Another chance to see England v West Indies.
5.00 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **DP World Tour**
11.00 **PGA Tour** Day four of the Charles Schwab Challenge.
4.00 PM **LPGA Tour** The final day of the Riviera Maya Open.
6.00 **Rose Ladies Series**
6.30 **DP World Tour**
7.00 **PGA Tour** Action from the Charles Schwab Challenge.
8.00 **Legends Tour** Irish Legends.
9.00 **DP World Tour** A review of this year's Soudal Open.
9.30 **Rose Ladies Series** Action from West Lancashire Golf Club.
10.00 **PGA Tour** Action from the Charles Schwab Challenge.
11.00 **Legends Tour**
12.00 M'T **DP World Tour**
12.30 AM **Rose Ladies Series**
1.00 **PGA Tour**
5.00 **to 6.00** AM **DP World Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **Tennis** The United Cup final.
9.00 **ATP Tour This Week**
9.30 **WTA Tennis** Doha Open review.
10.00 **ATP Tennis** Hong Kong Open.
11.00 **WTA Tennis** Event highlights.
1.00 PM **ATP Tennis** Highlights from the Brisbane International final.
2.00 **WTA Tennis** Doha Open review.
2.30 **ATP Tennis** Hong Kong Open.
3.30 **WTA Tennis** Hobart International. **4.30** Brisbane International.
5.30 **ATP Tennis** Brisbane International.
6.30 **WTA Tennis** Doha Open review.
7.00 **ATP Tour This Week**
7.30 **Tennis** The United Cup final.
9.30 **WTA Tennis** Brisbane International.
10.30 **ATP Tennis** Brisbane International.
11.30 **ATP Tour This Week**
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League** A replay of a match from the top-flight.
7.30 **Premier League Review**
8.30 **One Day International Cricket** Action from the third and final ODI in the series between Ireland and West Indies from Malahide Cricket Club in Dublin.
9.30 **Court Side** Analysis ahead of the second day of the French Open.
10.00 **LIVE French Open** Coverage of the second day of round one of the tournament, which takes place at Stade Roland Garros in Paris. Spain's Carlos Alcaraz was the winner of the men's tournament last year, while Poland's Iga Swiatek was crowned women's champion for the fourth time.
11.00 PM **French Open** Action from the second day of the tournament.
12.30 AM **UEFA Champions League Magazine** News and updates.
1.00 **NBA Action** Latest action.
1.30 **LIVE NBA** Coverage of a Conference final match .
4.00 **French Open** Action from the second day of the tournament.
5.30 **to 6.00** AM **UEFA Europa League & Conference League Magazine**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of races at the British Grand Prix.
9.30 **MotoGP Chequered Flag**
10.15 **British Superbikes Rewind**
10.30 **Motocross World Championship** Highlights of races held in Ernée, France.
1.30 PM **MLB Highlights**
2.30 **NBA** Another chance to see a Conference final match.
4.00 **One Day International Cricket** Ireland v West Indies in Dublin.
5.00 **MLB Highlights**
6.00 **What I Wore**
6.30 **Premier League Review**
7.30 **LIVE British Speedway Birmingham Brummies v King's Lynn Stars.** Coverage from round four of the season from Perry Barr Stadium.
10.00 **Premier League Stories**
10.30 **UEFA Europa League & Conference League Magazine**
11.00 **LIVE MLB Cleveland Guardians v Los Angeles Dodgers.** Coverage of the inter-league match staged at Progressive Field in Cleveland, Ohio. Start-time is at **11.10pm**.
2.15 AM **MLB Classic**
3.00 **to 6.00** AM **Motocross**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League** Another chance to see Warrington Wolves v Hull Kingston Rovers.
8.45 **Super League Highlights**
9.00 **Super League** Replay of Catalans Dragons v Wigan Warriors.
11.45 **NFL Bitesize Highlights** LA Rams v Minnesota Vikings.
12.00 NOON **NFL Highlights** Kansas City Chiefs v Buffalo Bills in the AFC Championship match.
1.00 PM **Good Morning Football** Up-to-the-minute NFL news.
3.00 **NFL Highlights** Kansas City Chiefs v Houston Texans in the first Divisional play-off match.
4.00 **PDC Classics** Highlights of darts matches from the archives.
6.00 **Fight Night** Highlights from Natasha Jonas v Lauren Price at Royal Albert Hall in London.
7.00 **Fight Night International** Mikaela Mayer v Sandy Ryan.
8.00 **NFL Highlights** Dallas Cowboys v Cincinnati Bengals.
9.00 **Super League** Replay of Catalans Dragons v Wigan Warriors.
12.00 M'T **The Insiders**
1.00 AM **Super League** Warrington Wolves v Hull Kingston Rovers.
3.45 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk** Live analysis.
5.00 **Sports Centre** Interviews.
7.00 **Bundesliga Legends** A brief look at Frank Ribery's career. **7.05** Mario Gomez's career.
7.10 **Bundesliga Top 10 Moments: Der Klassiker** Brief highlights of archive Bayern Munich v Borussia Dortmund matches.
7.20 **LIVE Bundesliga** Coverage of the relegation play-off second-leg match, played between the team who finished 16th in the Bundesliga, and the team who finished third in 2. Bundesliga.
8.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League** Another chance to see Warrington Wolves v Hull Kingston Rovers.
2.45 AM **Super League** Replay of Catalans Dragons v Wigan Warriors at Mend-a-Hose Jungle.
5.30 **to 6.00** AM **My Icon**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Action from recent games.
11.00 **WTA Tennis** Strasbourg Open.
12.00 NOON **ATP Tennis** Highlights.
1.00 PM **WTA Tennis** Rabat Open.
2.00 **ATP Tennis** Geneva Open final.
3.00 **Fight Night International**
4.00 **EFL Greatest Games**
5.00 **PL Greatest Games**
5.15 **LIVE Baller League** Round 10 at Copper Box Arena in London.
11.00 **Formula 1** Monaco Grand Prix.
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
1.30 **Rose Ladies Series**
2.00 **IPL** Match highlights.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Cycling: Men's Giro d'Italia Highlights** The 15th stage.
7.00 **Women's Cycling**
8.00 **Cycling** Orlen Nations Grand Prix.
9.00 **AFL** Essendon v Richmond Tigers.
10.30 **AFL** Carlton Blues v GWS Giants.
12.00 NOON **AFL** North Melbourne Kangaroos v Collingwood Magpies.
1.30 PM **What I Wore** Mikel John Obi.
2.00 **UEFA Women's Champions League** Another chance to see Arsenal v Barcelona in the final.
3.30 **NWSL** Utah Royals v Orlando.
5.30 **A-League Highlights**
6.00 **LIVE Ultimate Pool** Coverage from finals night of the Champions League, as some of the country's leading eightball players battle it out for the main prize.
9.30 **IFSC Climbing World Cup Highlights** From Salt Lake City.
10.30 **Porsche Supercup** Monaco.
11.30 **NBA** A Conference final match.
1.00 AM **No Filter Football**
1.30 **to 6.00** AM **AFL**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Champions League – Classics** Double bill of editions.
7.00 **UEFA Champions League Greatest Nights** Arsenal's most unforgettable matches.
8.00 **French Open** Action from the first day of the tournament.
9.30 **Court Side** Analysis ahead of the second day of the French Open.
10.00 **LIVE French Open** Coverage of the second day of round one of the tournament staged at Stade Roland Garros in Paris.
8.00 PM **MLB Highlights** Action from recent MLB baseball games.
9.00 **LIVE MLB Kansas City Royals v Cincinnati Reds.** Coverage of the inter-league match from Kauffman Stadium in Kansas City, Missouri. Start-time **9.10pm**.
12.15 AM **TNT Sports Cricket Reload**
12.30 **Serie A** Football action from Italy.
2.30 **Cycling: Men's Giro d'Italia**
3.30 **A-League** Football action.
5.30 **to 6.00** AM **What I Wore**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **PSA Squash Highlights**
9.00 **World Surf League**
10.00 **Euro Le Mans Highlights**
11.00 **Transworld Sport** Magazine.
12.00 NOON **Indy Autonomous Challenge** Racing highlights.
1.00 PM **Ultimate Karting Championship** Whilton Mill.
3.00 **PSA Squash Highlights**
4.00 **World Surf League** Action from the Surf City El Salvador Pro.
5.00 **Africa Eco Race**
6.00 **Viva LaLiga** The latest news.
7.30 **Top 14 Rugby Union Highlights** Action from the latest fixtures.
8.00 **LaLiga Highlights**
9.00 **Transworld Sport** Magazine.
10.00 **Indy Autonomous Challenge**
11.00 **PSA Squash Highlights**
12.00 M'T **Africa Eco Race**
1.00 AM **LaLiga Highlights**
2.00 **World Surf League**
3.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Bike World** Magazine.
7.00 **FastZone** Motorsports highlights.
7.30 **NASCAR** Charlotte Speedway.
11.30 **Bike World** Magazine.
12.00 NOON **Scottish Cup Football**
2.00 PM **LaLiga News**
2.30 **EPCR Challenge Cup** Another chance to see the final.
4.30 **FastZone** Motorsports highlights.
5.00 **Champions Cup** Another chance to see Northampton Saints v Bordeaux Begles in the final.
7.00 **Bike World** Magazine.
7.30 **Scottish Cup Football** Aberdeen v Celtic in the final.
9.30 **FastZone** Motorsports highlights.
10.00 **LaLiga** A Spanish top-flight clash.
12.00 M'T **Bike World** Magazine.
12.30 AM **NHL: This is Hockey**
1.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Another chance to see the Monaco Grand Prix.
10.30 **LIVE British GT Championship** From Oulton Park, Cheshire.
12.05 PM **Formula 1** Season highlights.
12.15 **Lewis's Secret Cinema**
12.45 **Formula 1** The Monaco Grand Prix second practice session.
2.00 **The F1 Show**
3.00 **Ted Drives: Part 1 – Training**
3.25 **LIVE British GT Championship** From Oulton Park, Cheshire.
5.05 **F1 Features**
5.30 **Formula 1** Replay of the Monaco Grand Prix qualifying session.
7.30 **Ted's Notebook**
8.00 **Formula 1** Monaco Grand Prix.
10.15 **Ted's Notebook**
10.45 **72 Hours with Jack Doohan**
11.00 **Formula 1** Monaco Grand Prix.
12.00 M'T **British GT Championship**
1.30 AM **F1 Features**
1.40 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

27 May

Evening Planner

Cookery

Bake Off: The Professionals
C4, 8pm
Pastry chefs compete to be the best in Britain, starting with a secret challenge set by Benoit Blin and Cherish Finden.

Factual

Who Do You Think You Are?
BBC1, 9pm
First Dates' host Fred Sirieix heads back to his homeland to try to learn about his mother's mysterious side of the family.

Documentary

Ellie Simmonds: Should I Have Children?
ITV1, 9pm
The former Paralympian talks to doctors about whether to have children or not.

Documentary

Implosion: The Titanic Sub Disaster
BBC2, 9pm
The Titan submersible that imploded while visiting the *Titanic* wreck in 2023.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 Crime...
	102 BBC2	7.00 Iolo's River...	7.30 Nigella's Cook...	8.00 Springwatch		9.00 Implosion: The Titanic Sub Disaster		10.00 QI	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Love Your Garden		9.00 Ellie Simmonds: Should I Have Children?		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 Virgin Island	
	105 5	7.00 The Yorkshire Vet: At Home with the...		8.00 Reuben Owen: Life in the Dales		9.00 Faking It			10.15 Ben Fogle: New Lives in...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own: Mexican...		9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Gavin & Stacey		9.00 Zara McDermott: Uncovering Rape...		10.00 Him & Her	
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville: White Man Walking	
	118 ITV2	7.00 Deal or No Deal Celebrity Special		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Plebs	
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted				10.00 The Cleaning Lady	
	108 SKY ATLANTIC	◂ 6.45 Billions		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	7.10 Dad's Army		7.50 The Good Life		9.00 Still Open All Hours	9.40 Harry Enfield's...		10.15 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grace	
	120 ITV4	◂ 6.55 The Motorbike Show		8.00 Beat the Chasers		9.00 Film: The Good, the Bad and the Ugly			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: National Lampoon's Animal House			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: Mexican...		9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Sigourney Weaver		9.00 My Week with... Maggi Hambling		10.00 Jacqueline du Pré: Genius and Tragedy	
	132 U&W	7.00 Nick Knowles' Big House Clearout		8.00 Don't Hate Your House with the...		9.00 First Responders		10.00 Katie Piper: Locked Up in Louisiana	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Harpoon Hunters		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Flying Wild Alaska		9.00 Pit Bulls & Parolees		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes On The East				10.00 Hitler: The Lost Tapes of the Third...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Greatest Escapes of WWII		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Canal Boat Diaries				9.00 Bangers & Cash: Restoring Classics			
	121 SKY DOCS	7.00 100 Foot Wave		8.00 Kings from Queens: The Run DMC Story		9.00 Pee-Wee As Himself			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.00 Beetlejuice Beetlejuice		8.00 Cleaner			9.45 A Different Man		
	302 80s	◂ 6.00 Twins		8.00 The Money Pit			9.35 The Big Chill		
	303 HITS	◂ 6.05 Horrible Bosses		8.00 Captain Phillips					10.20 Black Hawk Down
	304 GREATS	◂ 5.45 Chinatown		8.00 The Day of the Jackal					10.25 The Firm
	305 ANIMATION		7.25 The Wild Robot			9.15 Monster House			
	306 FAIRYTALE	◂ 6.10 The Wizard of Oz		8.00 The NeverEnding Story			9.40 The Adventures of Baron Munchausen		
	307 ACTION	◂ 5.35 Man of Steel		8.00 Superman Returns					10.35 Ghost...
	308 COMEDY	◂ 6.15 Big Daddy		8.00 The Sting					10.15 The Big Lebowski
	309 THRILLER	◂ 6.00 The Bikeriders		8.00 Vanilla Sky					10.30 Sleepers
	310 DRAMA	◂ 6.30 Sundown		8.00 Pawn Sacrifice				10.05 Field of Dreams	
	311 SCI-FI	◂ 6.15 Men in Black		8.00 Interstellar					
	313 FILM4		7.10 Daddy's Home			9.00 Oblivion			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Fantasy Show	8.30 Gary Neville's...	9.00 PL Review		10.00 Fantasy Show	10.30 PL Icons
	403 FOOTBALL	7.00 Best Scottish...	7.30 EFL Highlights						10.30 Best Goals...
	404 CRICKET	7.00 Women's International T20 Cricket							
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the third day of round one of the tournament							
	411 TNT SPORTS 2	7.00 UEFA Europa League & Conference...		8.00 PL Stories		9.01 Premier League			10.30 PL Reload

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in South Shields, Newcastle-under-Lyme and Sheffield. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Sarah Moore repurposes a bag of polystyrene heads about to be dumped at the tip. (S)
2.45 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** (S)(R)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Who Do You Think You Are?

7 PM

7.00 **The One Show** JB Gill and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** Teddy demands answers, Honey and Billy step in to help Phil, while Avani sees Barney in a new light. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** 2/6. Stacey and a team of experts help a family that have been hit hard by redundancy and the cost of living crisis declutter their home. (S)(R)(AD)

9 PM

9.00 **Who Do You Think You Are?** New edition 6/8. Fred Sirieix returns to France to explore his family roots, discovering a wartime romance worthy of *First Dates* and ancestors who survived against the odds. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Crime I Can't Forget** 2/6. Detectives in Co Antrim finally solve the sexual assault and murder of nine-year-old Jennifer Cardy three decades after she was abducted while cycling to a friend's house. (S)(R)
11.40 **Ambulance** 3/6. A frantic 999 caller reports witnessing an XL bully dog attack. Crews are dispatched – but the dangerous animal is still on the loose. (S)(R)
12.40 AM **Celebrity Bridge of Lies** Guests Mark Chapman, JJ Chalmers, Beth Tweddle and Jeanette Kwakye play to win money for their chosen charities. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Extraordinary Portraits with Bill Bailey** (S)(R)
8.30 **Sign Zone: Alison Hammond's Big Weekend** (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Puerto Rico: Island of Enchantment – Natural World** (R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 2/15. Clive visits the Sicilian village used for a wedding scene in classic movie *The Godfather*. (S)(R)

7.00 Iolo's River Valleys

7.00 **Iolo's River Valleys** Series finale 4/4. Exploring the Vale of Clwyd, starting on the north Wales coast. (S)
7.30 **Nigella's Cook, Eat, Repeat** 3/6. Recipes including a layered chocolate and peanut butter cake. (S)(R)(AD)
8.00 **Springwatch** New edition 2/12. Chris Packham and Michaela Strachan continue the 20th anniversary celebrations at the National Trust's Longshaw Estate in the Peak District. (S) ■ Continues tomorrow
9.00 **NEW Implosion: The Titanic Sub Disaster** Examining when the *Titan* submarine imploded while on a dive to the *Titanic*, with access to investigators and exclusive new evidence. *See feature, page 20.* (S)(AD)
10.00 **QI** Sandi Toksvig is joined by Bridget Christie, Rosie Jones, Cariad Lloyd and Alan Davies to find out about ulex and other obscure U words. (S)(R)
10.30 **Newsnight** (S)
11.00 **Scandinavia with Simon Reeve** 2/3. Simon travels from the fjords of Norway to the original land of fire and ice, Iceland. (S)(R)(AD)
12.00 M'T **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)
1.00 AM **Sign Zone: Change Your Mind, Change Your Life with Matt and Emma Willis** (S)(R)
1.50 **Sign Zone: Surgeons – At the Edge of Life** (S)(R)(AD)
2.50 **Sign Zone: Antiques Roadshow**
3.50 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition Chefs John Hooker, Paul Ainsworth and Mark Birchall help James prepare a fruit roulade for guests Jenni Falconer and John McGuinness. Plus, a masterclass on making butter. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

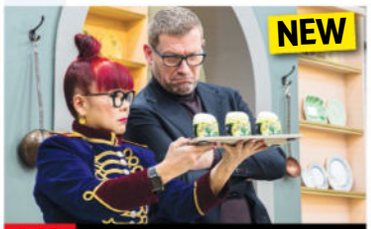
7.30 **Emmerdale** It is the wedding day and John is tormented by secrets and nightmares, while Sarah goes to get her biopsy results on her own. (S)(AD)
8.00 **Love Your Garden** In Enfield, north London, the team transform a garden for Yvonne, a woman who has devoted her life to combatting knife crime after the death of her son. (S)(R)(AD)
9.00 **NEW Ellie Simmonds: Should I Have Children?** The former Paralympic swimmer sets out to discover how her genetic condition could impact her starting a family and investigates attitudes towards children with disabilities. (S)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Jaws: The Revenge** Action thriller sequel starring Lorraine Gary and Michael Caine. Years have passed since a shark terrorised the seaport of Amity. Widow Ellen Brody has rebuilt her life and her son Sean is now the town's deputy sheriff, but out in the deep something is waiting for revenge. (S)(AD) (1987, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Teleshopping**
3.00 **Fake** 4/8. Joe promises to buy a home for him and Birdie. (S1) (R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 10-13/26. (S5) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 21-24/24. (S9) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A newlywed couple seek a Spanish holiday home near the Mar Menor. (S)(R)
4.00 **Narrow Escapes** New edition Kim and Roo cruise down the Shropshire Union Canal. (S)(AD)
5.00 **Chateau DIY** Chris and Jolyon convert a narrow space into a luxurious bathroom. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition Fuengirola bar owners Steve and Gill take over new premises. (S)



8.00 Bake Off: The Professionals

7.00 **News** (S)
8.00 **NEW SERIES Bake Off: The Professionals** A fresh batch of professional pastry chefs compete in the contest, working on a dessert without a recipe and taking the humble Victoria sandwich to new heights. (S)(AD)
9.00 **NEW SERIES 24 Hours in A&E** A superbike rider is rushed in after a motorcycle crash, a 75-year-old woman has fallen down the stairs, and a 62-year-old man has sliced off two fingers chopping firewood. (S)
10.00 **Virgin Island** Series finale Joy tries to coax Ben into undressing and Charlotte attempts to become a dominatrix. At their graduation ceremony, the group learn who has overcome their fears. (S)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **Taskmaster** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
1.50 **Candy: A Death in Texas** (S)(R)
2.45 **The Piano: The Final** (S)(SL)(R)
3.40 **Sarah Beeny's Little House, Big Plans** A woman who wishes to downsize. (S)(R)(AD)
4.30 **Find It, Fix It, Flog It** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

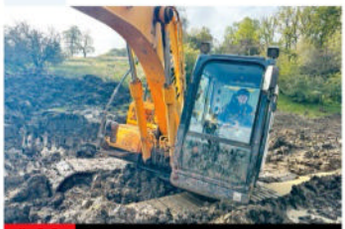
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **Reap What You Sew: An Aurora Teagarden Mystery** Crime drama starring Candace Cameron Bure. (S)
4.00 **Bargain-Loving Brits in the Sun** New edition Bar owners Andy and Matt put on a Bollywood-themed evening. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall tries to help the owners of Bella, an aggressive collie in Sheffield. (S)(R)
6.55 **News** (S)



8.00 Reuben Owen: Life in the...

7.00 **The Yorkshire Vet: At Home with the Greens** Following Britain's oldest working farmers, Steve and Jean Green, who are looking for new ways to keep their farm afloat. (S)(R)
7.55 **News** (S)
8.00 **Reuben Owen: Life in the Dales** New edition Reuben takes on a new apprentice – his 18-year-old brother Miles – and together they excavate a giant pond for friend and farmer Adam. (S)
9.00 **Faking It** New edition 2/3. Rani, a chatty fish and chip shop owner from Sheffield, tries to fake it as a high-end sushi chef. She starts by meeting her mentors – the owner and executive chef at top restaurant Chotto Matte. (S)
10.15 **Ben Fogle: New Lives in the Wild** Ben heads to Slab City in California to meet an extraordinary homeless artist called DNA, who Ben had previously met whilst making another documentary. (S)(R)
11.15 **Inside the Force** (S)(R)
12.15 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.10 **PlayOJO Live Casino Show** (S)
3.10 **Friends** 6&7/24. (S5) (S)(R)
3.55 **10 Years Younger: Quick Tricks** Clothes and colour. (S)(R)
4.40 **The World's Greatest Bridges** Golden Gate Bridge. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 4/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Step Brother from the Same Planet:* Grampa becomes a doting stepfather. (R) **5.30** *From Beer to Paternity:* Homer goes on a road trip with Duffman and Lisa. (R)
6.00 **The Office (US)** 14/28. Part one of two. Michael decides the staff needs help with stress relief. (S)(R) **6.30** 15/28. Part two of two. Michael stages a no-holds-barred roast of himself. (S5) (R)

9.00 Big Zuu and AJ Tracey's Rich...

7.00 **The Simpsons** *When Nelson Met Lisa:* An episode set in the future in which Lisa and Nelson are an unlikely couple. (R) **7.30** *Game Done Changed:* Bart discovers a profitable glitch in an online game. (R)
8.00 **A League of Their Own: Mexican Road Trip** 3/6. The gang take MLS-style penalties in front of 60,000 fans at top-flight football club Guadalajara's Estadio Akron. (S)(R)(AD)
9.00 **Big Zuu and AJ Tracey's Rich Flavours** New edition 2/3. The rappers explore the Highlands' most expensive and outrageous dishes and immerse themselves in the Scottish region's culture. (S)
10.00 **Never Mind the Buzzcocks** Roisin Conaty, ArrDee and James Bay join the regulars for the quiz show. (S)(R)(AD) **10.45** Joy Crookes, Serge Pizzorno and Tom Davis join host Greg Davies and the regulars. (S)(R)(AD)
11.30 **Brassic** 1/8. The gang go to Ringo and Babs' wedding, and Vinnie gets wind of Erin's hiding place. (S4) (S)(R)(AD)
12.30 AM **The Force: North East** (R)
1.30 **Road Wars** (R)
2.00 **Hawaii Five-0** 6/25. The team track a serial killer. (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 4/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Scotcast (S)(R) **12.10am** Ambulance (S)(R) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm Iolo's River Valleys New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm Bad Nanny (S)(R) **11.55pm-12.00m't** Suzie Lee: Home Cook Hero (R)

WALES
Sky 968, Freesat 968
7.00-7.30pm The One Show (S)

ITV1

As main ITV1 except:

WALES
8.00-9.00pm Face to Face New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **10.30** Eisteddfod yr Urdd New edition **12.00noon** Newyddion a'r Tywydd **12.05pm** Eisteddfod yr Urdd New edition **1.55** Newyddion a'r Tywydd **2.00** Seremoni'r Dydd New edition **2.30** Eisteddfod yr Urdd New edition **6.30** Cymry ar Gynfas **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Eisteddfod yr Urdd New edition **9.30** Newyddion a'r Tywydd **9.35** Cynefin **10.35** Rygbi Cymru yn Ewrop 30 **11.35pm-1.10am** Eisteddfod yr Urdd

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Jeremy and James go on an adventure to rescue Richard from a remote area of Canada.
7.55 **The Catch Up**
8.00 **Gavin & Stacey** 2/8. Gavin sets out to help Smithy accept his responsibilities. **8.30** 3/8. Smithy and Nessa visit the hospital for their first ultrasound scan. (S2)
9.00 **Zara McDermott: Uncovering Rape Culture** The reality TV star and model investigates sexual assault in Britain's schools.
10.00 **Him & Her** 5/6. Steve meets Becky's parents. **10.30** 6/6. Steve argues with Becky about her close friendship with a man. (S1)
11.00 **I Kissed a Boy** 5/10. A birthday surprise creates curiosity and chaos. **11.50** 6/10. Chaos reigns after the arrival of a new boy.
12.35 AM **Gavin & Stacey** (S2)
1.35 **Zara McDermott: Uncovering Rape Culture**
2.35 **My Mate's a Bad Date**
2.55 **to 3.55** AM **Top Gear**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** A visit to the racecourse at Newmarket.
7.30 **Wainwright Walks: Coast to Coast** The mountain ranges of the Lake District.
8.00 **The Good Life** Tom hurts his back, leaving Barbara to harvest the couple's crops.
8.30 **Yes, Minister** Hacker faces a massive challenge.
9.00 **Simon Schama's Power of Art** 3/8. A look at Rembrandt's painting *The Conspiracy of Claudius Civilis.*
10.00 **Storyville: White Man Walking** New edition Exploring why the BLM movement provokes rage in white Southern Americans.
11.10 **Subnormal: A British Scandal** Documentary.
12.10 AM **Mark Lawson Talks to Brian Cox**
1.10 **Great British Railway Journeys** As 7.00pm.
1.40 **Wainwright Walks: Coast to Coast** As 7.30pm.
2.10 **to 3.20** AM **Simon Schama's Power of Art**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me**
3.10 **Four in a Bed** From North Bridge Street B&B in Hawick. **3.40** At the Golden Fleece in Ruleholme, Cumbria. **4.15** The third day is at The Bubble Inn in Stenson. **4.50** From Ayuda House in Greater Manchester. **5.20** The week's winner is finally announced.
5.50 **Car S.O.S** An XR2.
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw work to restore their first ever Honda.
7.55 **Kirstie and Phil's Love It or List It** The duo are in Cowbridge, Wales to help a couple whose home seems perfect – if it were not for the long list of gripes making Amy want to move.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** Series finale 5/5. The Owens gear up for another busy lambing season – but there is still the task of putting the ancient hearth stone back in place in front of the fire.
10.00 **24 Hours in A&E** Doctors treat a cyclist who collided with a stampede of deer.
11.05 **999: On the Front Line**
12.10 AM **Our Farm Next Door: Amanda, Clive and Kids**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks**
7.30 **The Simpsons** *The Serfsons:* Marge's mother is turned into an Ice Walker.
8.00 **Below Deck Down Under** New edition The charter guests are still on edge with each other, a new steward captivates the deck team, and one crew member overcommits to the cancan.
9.00 **Celebrity Gogglebox** Famous faces appraise *Killing Eve* and *Serengeti.*
10.00 **Gogglebox** Households' opinions on *Line of Duty.*
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.35 **Brooklyn Nine-Nine**
2.30 **The Goldbergs**
3.15 **Below Deck Down Under**
4.05 **Ramsay's Kitchen Nightmares USA**
4.55 **The Goldbergs**
5.15 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

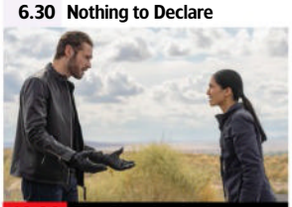
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 19/22. The team band together to bring down a dangerous drug ring. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**


10.00 The Cleaning Lady

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Heaven Falling:* 22/22. The team help Remy try to catch his brother's killer 25 years later. (S4)

9 PM
9.00 **FBI: Most Wanted** *These Walls:* 20/22. A riot breaks out at the prison Remy and Kristen are visiting. (S4)

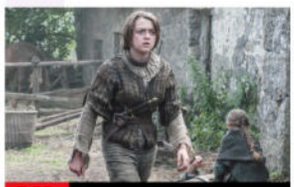
10 PM
10.00 **The Cleaning Lady** *The Ask:* 9/12. As Luca grows sicker, Thony will do anything to get him a new medication. (S2)
11.00 **The Rookie** 8/10. (S6)
12.00 M'T **FBI** 19/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Equalizer** New episode
3.00 **The Good Doctor** 19/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** 5&6/13. (S1)
10.05 **Billions** 11&12/12. (S4)
12.25 PM **Game of Thrones** (S4)
1.30 **Gangs of London** (S3)
3.35 **The Sopranos** 5/13. Tony spies an old acquaintance at a petrol station. **4.35** 6/13. Tony has a problem as a result of taking anti-depressants. (S1)
5.35 **Billions** 11/12. Senior makes a shocking discovery. **6.45** 12/12. Connerty gets closer to the truth. (S4)


7.55 Game of Thrones

7.55 **Game of Thrones** *Breaker of Chains:* 3/10. Tywin has an offer for Oberyn Martell, while Jon proposes a bold plan after the wildlings send a chilling message. (S4)

9.00 **Gomorrah** *The Savastanos:* 1/12. Ciro Di Marzio and Attilio set fire to the home of their boss's rival Salvatore Conte.

10.05 **Gomorrah** *Do You Trust Me?* 2/12. Ciro puts his plans for revenge against Conte to one side. Subtitled. In Italian. (S1)
11.20 **Homicide: Life on the Street**
12.25 AM **The Undoing** 3/6.
1.30 **The Wire** 1/10. Carcetti struggles to keep his pre-election promises. (S5)
2.45 **Game of Thrones** As 7.55pm.
3.50 **The Last of Us** 7/7. (S2)
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 11/18. (S7)
9.00 **Stargate SG-1** 1&2/20. (S8)
11.00 **Supergirl** 1/22. (S4)
12.00 NOON **The Flash** 12/18. (S7)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 8/22. The team carry out a prisoner exchange with the Taliban. (S1)
4.00 **S.W.A.T.** 4/21. Hondo receives news about his father. (S3)
5.00 **Supergirl** 23/23. Kara learns the true scale of Serena's plans for Earth. (S3)
6.00 **Stargate SG-1** 1/20. (S8)

10.00 Never Mind the Buzzcocks

7.00 **Stargate SG-1** *New Order – Part Two:* 2/20. SG-1 and the Asgard attempt to thwart the Replicators. (S8)

8.00 **A League of Their Own: Mexican Road Trip** 3/6. The gang take MLS-style penalties in front of 60,000 fans.

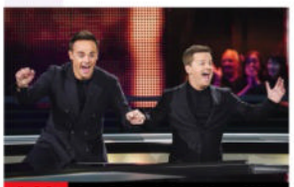
9.00 **Big Zuu and AJ Tracey's Rich Flavours** New edition 2/3. Exploring the Highlands' most expensive and outrageous dishes.

10.00 **Never Mind the Buzzcocks** With guests Roisin Conaty, ArrDee and James Bay. **10.45** Joy Crookes, Serge Pizzorno and Tom Davis take part in the quiz.
11.30 **Brassic** 1/8. The gang head off to Wales for Ringo and Babs' wedding. (S4)
12.30 AM **The Force: North East**
1.30 **Road Wars** Double bill.
3.00 **SEAL Team** 8/22. (S1)
4.00 **S.W.A.T.** 4/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Celebrity Catchphrase**
2.00 **Supermarket Sweep**
3.00 **Hart of Dixie** 16/22. (S2)
4.00 **Gilmore Girls** 16/22. Rory is given an interview at the *New York Times*. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Dianne Buswell, Ria Hebden and Neil Morrissey.


8.00 Ant & Dec's Limitless Win

7.00 **Deal or No Deal Celebrity Special** *Coronation Street* star Simon Gregson takes on the ruthless Banker.

8.00 **Ant & Dec's Limitless Win** 4/6. The comedic duo host as engaged couple Zanesh and Melike continue their game.

9.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

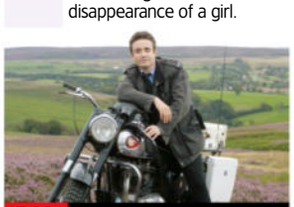
10.00 **Plebs** 1/9. The boys embark on a wine-buying trip to Tuscany. **10.30** 2/9. Marcus offers to tutor Gloria's teenage son Barney. (S5)
11.00 **Family Guy** (S10&9)
12.00 M'T **American Dad!** (S7)
12.55 AM **Bob's Burgers** (S12)
1.55 **Plebs** 1&2/9. (S5)
2.50 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.30 **The Royal** *Say a Little Prayer.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 6/9. Tempers fray as a kind gesture by Isobel backfires. (S3)
6.00 **Heartbeat** *Hey Hey LBJ:* Joe investigates the disappearance of a girl.


7.00 Heartbeat

7.00 **Heartbeat** *Danse Macabre:* Joe and Carol join forces when a girl collapses with exhaustion and expresses a fear of being taken away.

8.00 **Vera** *Tyger Tyger:* DCI Stanhope investigates a daring robbery at a port and uncovers a web of intrigue when it turns out to be an inside job, but the insider's motivation is not just money.

10.00 **Grace** *Dead Man's Grip:* The team are called to the scene of a fatal crash, but a discovery suggests there could be far more to this accident than meets the eye.
11.50 **Cracker** 6/7. (S3)
12.50 AM **Where the Heart Is**
1.50 **The Royal** *Say a Little Prayer.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Show People: Licensed to Thrill** 4/6. Christian Horne's Freak Out ride plays up at Kirkcaldy Links Market.
8.00 **Island Crossings** 5/8. Sisters and CalMac trainees Tanya and Natalie go to sea.
9.00 **Paramedics on Scene** New edition 9/10. Call handlers in Inverness organise help for an unresponsive teenager.
10.00 **Murder Trial: Girl in the River** 2/2. The murder of Scottish schoolgirl Caroline Glachan.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Scottish Fling** Martin and Phil MacHugh explore the Highlands.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S1)
10.15 **Entourage** (S3)
11.15 **Insecure** (S5)
12.35 PM **Ballers** (S1)
1.55 **Entourage** (S3)
3.05 **High Maintenance** (S2)
4.25 **Insecure** (S4&5)
5.45 **The Office (US)** (S5)
6.45 **The Conners** (S1)
7.45 **Ballers** 9/10. Spencer organises a reunion with an old opponent. **8.20** 10/10. Spencer has to make a decision between two career opportunities. (S1)
9.00 **Jerrod Carmichael: Don't Be Gay** Carmichael performs stand-up in New York.
10.05 **Katherine Ryan – Missus** A stand-up show by the comedian.
11.15 **And Just Like That...**
12.05 AM **Barry** (S3)
1.30 **High Maintenance** (S2)
3.35 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **John Williams**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **Cold War & Cinema**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist...**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **My Week with... Maggi Hambling**
10.00 **Jacqueline du Pré...**
11.55 **Hey, Boo: Harper Lee and To Kill a Mockingbird**
1.30 AM **The Story of Anita Pallenberg**
3.40 **Arts Uncovered**
4.00 **Landmark**
5.00 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** 7/20. (S1)
9.00 **FBI: Most Wanted** *Gold Diggers:* 4/22. The team investigate the murder of a professor. (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 3/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.40 AM **Buying the View**
8.05 **Georgia and Tommy: Baby Steps**
9.05 **Gary Barlow's Wine Tour: South Africa**
10.10 **Worst to First**
12.05 PM **Georgia and...**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Reality series.
5.05 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Gary Barlow's Wine...**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** Series finale
10.00 **Botched**
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
12.55 AM **Backyard Builds**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 3/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 12/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 8/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19–22/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *When Did You Start to Stop Seeing Things?:* 10/26. Jeff loses the ability to see Marty. (S1)
10.00 **The New Avengers** (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.10 **The Professionals**
7.15 **The Saint**
8.25 **Magnum, PI**
9.25 **Kojak**
10.30 **Giant Lobster Hunters**
11.25 **Dempsey and Makepeace**
1.35 PM **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals** 4/13. Bodie is suspended from duty. (S2)
5.55 **The Chase** Bradley Walsh hosts the quiz show.

8.00 Beat the Chasers

6.55 **The Motorbike Show** Henry Cole jets off to South Africa for some dual sport touring, and rides on an Enfield Bullet.
8.00 **Beat the Chasers** More contestants take on Mark Labbett, Anne Hegerty, Shaun Wallace, Jenny Ryan and Darragh Ennis.
9.00 FILM **The Good, the Bad and the Ugly** Sergio Leone's classic Spaghetti Western set during the American Civil War, with Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Minder** 6/13. A friend goes missing after a night out with Arthur and Terry. (S2)
1.25 **The Saint** (S6)
2.20 **The Protectors** (S1)
2.50 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 26/26. (S5)
2.00 **Blood & Treasure** 6/13. (S1)
3.00 **Stargate Universe** 11/20. (S2)
4.00 **Star Trek: Voyager** 9/26. (S5)
5.00 **Star Trek: The Next Generation** 26/26. (S5)
6.00 **Star Trek: Enterprise** 11/26. Trip rescues an alien woman from kidnappers. (S2)

7.00 Blood & Treasure

7.00 **Blood & Treasure** *The Ghost Train of Sierra Perdida:* 6/13. Danny and Lexi follow a clue to the mountains of Spain. (S1)
8.00 **Stargate Universe** *Deliverance:* 11/20. Rush and Eli prevent the drones receiving orders from their command ship. (S2)
9.00 **Grimm** *Map of the Seven Knights:* 10/22. An opportunity affords Nick the chance to get closer to his ancestors. (S5)
10.00 **The Walking Dead** *Something They Need:* 15/16. One of Alexandria's survivors faces a tragic dilemma. (S7)
11.00 **Wynonna Earp** 8/12. Wynonna has the chance to finally learn the origin of the Earp curse. **12.00** M'T 9/12. Wynonna and Doc's history is brought to bear upon them both. (S2)
1.00 AM **The Ark** 9&10/12. (S2)
3.00 **Blood & Treasure** As 7pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 5/8. (S3)
11.00 **Hudson & Rex** 15/16. (S1)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 6/10. (S1)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S17)
4.00 **Father Brown**
5.00 **Hudson & Rex** 15/16. (S1)
6.00 **Body of Proof** 10/13. A teenager is murdered in a psychiatric institution. (S3)

6.00 Body of Proof

7.00 **Shakespeare & Hathaway: Private Investigators** 6/10. An ex-soap star receives some death threats. (S1)
8.00 **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actor is the only witness to her husband's murder. (S9)
9.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of a cricket club is found dead in the middle of the pitch. (S6)
10.00 **I, Jack Wright** *Salt in the Wound:* 5/6. A revelation threatens to ruin not only Sally's legal challenge, but the entire bedrock of her family life. (S1)
11.00 **Body of Proof** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 13/24. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.35 **Only Fools and Horses**
11.15 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Only Fools and Horses**
3.10 **Hi-de-Hi!**
3.50 **Last of the Summer Wine**
5.10 **The Green Green Grass**
5.50 **Hi-de-Hi!**
6.30 **Only Fools and Horses**

9.00 Still Open All Hours

7.10 **Dad's Army** The platoon guards a telephone line.
7.50 **The Good Life** The first episode of the comedy starring Richard Briers and Felicity Kendal.
8.25 **The Good Life** Tom and Barbara introduce livestock into the suburbs.
9.00 **Still Open All Hours** Wet Eric is lured into a dangerous purchase.
9.40 **Harry Enfield's Television Programme** Wayne takes some photos of Waynetta.
10.15 **Absolutely Fabulous** Edina goes away to discover herself.
10.50 **Live at the Apollo**
11.50 **Only Fools and Horses**
12.30 AM **Harry Enfield's Television Programme**
1.05 **Still Open All Hours**
1.45 **Absolutely Fabulous**
2.25 **Live at the Apollo**
3.10 **to 4.00** AM **Absolutely Fabulous Xmas 2004**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy Martin: Proper Jobs**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in China**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** The duo go on a culinary journey around Asia, beginning in Hong Kong.
6.00 **Rick Stein's Long Weekends** The chef embarks on a winter break in Reykjavik.

9.00 QI XL

7.00 **Would I Lie to You?** With Dermot O'Leary, Mel Giedroyc, Matt Dawson and Josh Widdicombe. **7 PM**
7.40 **Richard Osman's House of Games** With John Kearns and Claire Richards. **8.20** With Scarlett Moffatt, Naga Munchetty and David O'Doherty. **8 PM**
9.00 **QI XL** Sandi Toksvig, Trevor Noah and Jason Manford join regular panellist Alan Davies and host Stephen Fry. **9 PM**
10.00 **Have I Got a Bit More News for You** Kirsty Young hosts the quiz, with guests Armando Iannucci and Phil Wang. **10 PM**
11.00 **8 Out of 10 Cats** With Richard Osman, Ellie Taylor, Jessica Knappett and David O'Doherty.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Portugal.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **George Clarke's Remarkable Renovations**
9.00 FILM **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The team race to acquire two halves of a key that can regain control of an AI. (2023, 12, 163min) ★★
12.15 AM **24 Hours in A&E**
1.20 **Gogglebox**
3.25 **Taskmaster**
4.25 **to 4.50** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Butterfly Effect:* 16/22. Knight's father deals with a health scare while in Japan. **7.00** *Stranger in a Strange Land:* 17/22. A Marine appears to have been killed for helping an Afghan refugee. **8.00** *Head Games:* 18/22. A Navy lieutenant is accused of trying to kill her husband. (S20)
9.00 **Law & Order: Special Victims Unit** *Carousel:* 6/13. The team search for a suspect targeting tourists in hostels. (S25)
10.00 **Law & Order: Special Victims Unit** (S23)
1.50 AM **Person of Interest** *Legacy:* 12/23. Reese and Finch attempt to protect a lawyer. (S1)
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Charity Scams: Don't Get Caught Out**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **A&E After Dark** A biker is badly injured in a collision with a car.
11.00 **Skin A&E**
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **The Lizzie Borden Chronicles** New episode
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.30 **Trucking Hell**
10.30 **Traffic Cops**
11.30 **Police Interceptors**
12.30 PM FILM **Kansas Raiders** Western drama starring Audie Murphy and Brian Donlevy. (1950, PG, 90min) ★★
2.10 FILM **The Spoilers** Western starring Marlene Dietrich. (1942, b/w, PG, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **The Motorway** A freak hailstorm causes chaos for the patrollers.
10.00 **Police 999: Clear & Present Danger** An officer comes face to face with death during a search for a gunman.
11.00 **Yellowstone** 7/10. (S3)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build Ireland**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build Ireland**
7.00 **Nick Knowles' Big House Clearout**
8.00 **Don't Hate Your House**
9.00 **First Responders** New edition A boater jumps through a fireball after a gas explosion.
10.00 **Katie Piper: Locked Up in Louisiana**
11.00 **One Born: What Happened Next?**
12.00 M'T **Pete Wicks: For Dogs' Sake**
1.00 AM **Louis Theroux: Dark States – Heroin Town**
2.00 **to 3.00** AM **Fashion's Dirty Secrets: Stacey Dooley Investigates**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.25 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet** 1/6. Crime drama set in Victorian London with Kate Phillips. **9.00** 2/6. Eliza must prove the innocence of a man found at a murder scene. (S1)
10.00 **New Tricks**
11.20 **Bergerac** 8/9. (S7)
12.30 AM **Sister Boniface Mysteries**
1.30 **The Last Detective**
3.05 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip** A search for items in Sheffield and Coventry. **8.00** Items in Bristol and Gloucestershire.
9.00 **Long Lost Family: What Happened Next** Stories of sons coming to terms with the past.
10.00 **Long Lost Family: Born Without a Trace** The story of a man left on the front seat of a car.
11.00 **Long Lost Family**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill of the quiz.
8.00 **The Chase** Double bill.
10.00 **Tenable** A team made of five friends from Birmingham answer top 10 list questions.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **Total War** Documentary.
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
2.40 **FILM Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
5.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Brothers in Arms** Action thriller starring Jai Courtney. (2018, 15, 99min) ★★★
11.10 **FILM Cell** Sci-fi thriller. (2014, 15, 95min) ★★★
1.15 AM **FILM Prairie Fever** Western adventure. (2008, PG, 81min) ★★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.50 **FILM Storm Chasers** Thriller. (1998, PG) ★★
12.00 NOON **Paddington Station: The Big Weekend Getaway**
1.00 PM **FILM A Deadly Lullaby** Thriller. (2020, 12, 86min) ★
2.55 **FILM A Bride's Nightmare** Thriller. (2020, PG, 85min) ★★
5.05 **FILM Lost Letter Mysteries: Reconcilable Differences** Drama. (2014, 12, 87min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Manhattan Night** Thriller with Adrien Brody. (2016, 15, 113min) ★★★
11.25 **FILM The Air I Breathe** Drama. (2007, 15) ★★
1.30 AM **FILM A Call to Spy** Drama. (2019, 12) ★★★
4.00 **to 6.00** AM **FILM Deadly Switch** Thriller. (2019, PG, 97min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love at the Parade** (2012, PG) ★★
10.00 **FILM Love Blossoms** Drama. (2017, PG) ★★
12.00 NOON **FILM You May Kiss the Bridesmaid** Comedy. (2021, PG) ★★
2.00 PM **FILM Me and Mr Right** Romantic comedy. (2022, U, 91min) ★★
4.05 **FILM Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
6.05 **FILM A Tail of Love** Drama. (2022, U) ★★
8.00 **FILM Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
10.00 **FILM The Way to the Heart** Comedy drama. (2022, PG, 86min) ★★
12.00 M'T **FILM Destination Wedding** Comedy. (2017, PG, 84min) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Finding Mr Right** Comedy. (2022, U) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.00 **Don't Drink the Water**
10.30 **Watching** 3/8. (S2)
11.00 **A Fine Romance** (S4)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Brass** 3/13. (S1)
2.30 **Thick as Thieves**
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 3/8. (S2)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 3/13. (S1)
7.30 **Thick as Thieves**
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **In Loving Memory** (S1)
9.30 **Gurney Slade** (S1)
10.05 **Carry On Laughing** (S1)
10.35 **The Cuckoo Waltz** (S3)
11.05 **Department S** (S2)
12.05 AM **Shine on Harvey...**
1.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Opal Hunters: Red Dirt Road Trip**
7.00 **Deadliest Catch** A hurricane decimates the crab grounds.
9.00 **Outback Opal Hunters** Sam smashes opal with a jackhammer in the Bushmen's mine. **10.00** Lee gambles on mystery opal dirt.
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** Documentary.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **River Cottage**
7.00 **30 Minute Meals**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Nigel Slater's Simple...**
10.00 **John Torode's Korean...**
11.00 **Great British Bake Off**
1.00 PM **River Cottage**
2.00 **James Martin: Sweet**
3.00 **30 Minute Meals**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Nigel Slater's Simple Cooking** Double bill.
6.00 **John Torode's Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **Jamie's Quick & Easy Food** Double bill.
10.00 **Money Saving Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 4/24. (S2)
11.00 **FILM Battle Star Wars** Sci-fi action drama. (2020, 12, 86min) ★
12.55 PM **FILM The Conqueror** Historical drama. (1955, PG, 107min) ★
3.05 **FILM Jory** Western. (1972, 12, 97min) ★
5.00 **Star Trek** 16/30. (S1)
6.00 **Knight Rider** 5/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
11.45 **FILM Hannie Caulder** Western starring Robert Culp. (1971, 15, 85min) ★
1.30 AM **FILM Deadly Target** Crime action thriller. (2015, 15, 87min) ★★
3.15 **to 5.00** AM **FILM While She Was Out** Thriller. (2008, 18, 88min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Airplane vs Volcano** As 5.00pm.
8.00 **FILM Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
10.00 **The Lost World** (S1)
11.00 **FILM George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
1.00 PM **FILM Sinbad and the Clash of the Furies** Adventure. (2016, 12) ★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 9/23. (S2)
5.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 10/23. (S2)
9.00 **FILM Company of Heroes** Action drama. (2013, 15, 96min) ★★
11.05 **FILM Sniper: Special Ops** Action thriller. (2016, 15, 82min) ★★
1.00 **to 3.00** AM **FILM Company of Heroes**

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars: Texas**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Double bill.
12.10 PM **Mysteries from Above** Documentary.
1.05 **Pawn Stars**
2.05 **Storage Hunters**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **Cops Who Kill**
12.00 M'T **UFOs Declassified**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Dan & Helen's Pennine Adventure**
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** *Mind Over Mayhem:* A scientist turns to murder.
5.30 **Walking Victorian Britain** In Birmingham.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities**
8.00 **Ben Fogle: New Lives in the Wild**
9.00 **World War I in Colour**
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Dan & Helen's Pennine Adventure**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden** The team travel to Walsall to surprise a young widow.
9.00 **Married to Real Estate** New edition A couple inherit a home that hasn't been updated in almost 50 years.
10.00 **Bargain Block** Keith and Evan take a risk with two decrepit houses.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
4.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Unbelievable Me**
9.00 **Take My Tumour**
10.00 **My Feet Are Killing Me** A bad case of fungus.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Gods of the Game**
12.00 NOON **The Ren & Stimpy Show** (S2)
1.30 PM **Friends** (S8&9)
8.00 **Friends** 4/24. Phoebe's fear that she is about to lose her boyfriend is compounded by Ross's foolish comments. **8.30** 5/24. The pals gather for Phoebe's birthday dinner. (S9)
9.00 **FILM National Lampoon's Animal House** Comedy with John Belushi and Donald Sutherland. (1978, 15, 109min) ★★★★★
11.15 **Whose Line Is It Anyway? USA**
12.15 AM **South Park** (S3)
1.45 **Lee Evans – Monsters**
2.45 **Ahir Shah: Dots**
3.55 **Reno 911!** 5/11. (S8)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 11&12/24. (S2)
11.00 **Friends** 14–17/24. (S8)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 3/10. (S3)
3.00 **Daria** 12&13/14. (S5)
4.00 **Guessable?**
5.00 **Becker** 11&12/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 15/22. The friends go on a Valentine's Day pub crawl. **9.30** 16/22. Jess travels home for her father's wedding. (S4)
10.00 **Friends** (S8)
1.30 AM **The Ren & Stimpy Show** 7/12. (S2)
2.00 **Reno 911!** 6&7/16. (S5)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 11&12/24. (S2)
4.30 **Rose Matafeo: Horndog**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S7)
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** *The Lion's Den:* 2/10. Thony turns to the mob for help. **7.00** *Legacy:* 3/10. Thony gets an ultimatum. (S1)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder** Double bill.
11.00 **Supergirl** 9&10/20. (S6)
1.00 AM **The Russell Howard Xmas Hour**
2.00 **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **MTV Suspect** Anthony suspects his girlfriend is hiding a lupus relapse.
9.00 **Queerpiphany**
10.00 **Plastic Surgery Knifemares** Exploring what happens when dreams turn into plastic surgery nightmares.
11.00 **Dating Naked UK**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo Wood go spine-busting in 'back jacked'.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers World Tour**
12.00 NOON **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** An Idaho family in a cliffside geodesic dome home.
3.00 **Gold Divers** Double bill.
5.00 **Building off the Grid** Novice builders face delays while building a country cottage.
6.00 **Junkyard Empire** In this edition, Andy and Tim take on a professional drifting course.

9.00 Gold Rush: White Water

7.00 Wheeler Dealers: Dream Car Mike Brewer and Marc Priestley trade up to an iconic Japanese car – a Nissan Skyline.

8.00 Harpoon Hunters Captains Joe and Tyler battle to capture 'quota-killer' tuna, while veteran Tyler struggles.

9.00 Gold Rush: White Water New edition For Dustin and his crew, exhaustion and lack of gold pushes them to the boiling point.

10.00 Gold Rush: Mine Rescue with Freddy & Juan New edition Freddy and Juan unravel a mystery at a couple's Oregon claim.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Gold Rush: White Water** Dustin is forced to take action.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pit Bulls & Parolees**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Treehouse Masters**
1.00 PM **How Do Animals Do That?** Double bill of the series.
2.00 **Guardians of Rescue**
3.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** The Raneys return to Alaska.
6.00 **Tanked** The brothers-in-law are building two tanks for baseball star Johnny Damon.

8.00 Flying Wild Alaska

7.00 Life at Vet University Graduation looms for the students – but emergencies still need attention from them.

8.00 Flying Wild Alaska Construction crews in Bethel race to complete Era's newest hangar before the winter snow arrives.

9.00 Pit Bulls & Parolees In this edition, the family reminisce about the dogs that hold a special place in their hearts.

10.00 Alaskan Bush People The Brown family add a new member as Noah gets married to his sweetheart Rhain.

11.00 **Great White Appetite** A look into new information that could reveal the secrets of great white sharks.
12.00 M'T **Deadliest Sharks**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **Air Crash Investigation**
12.00 NOON **Spanish Empire: Rise and Fall** Double bill.
2.00 PM **Hitler's Teen Killers**
3.00 **Nazi Megastructures: Battle Ready** Telling the stories of Joseph Goebbels and Heinrich Himmler.
4.00 **Mutant Weather** How global warming is causing colder temperatures in the south.
5.00 **Car S.O.S** A Mazda RX-7.
6.00 **Nazi Megastructures** The 600km Siegfried Line.

8.00 Apocalypse: Hitler Takes...

7.00 Air Crash Investigation The crash of Turkish Airlines Flight 1951 in February 2009, in which nine people were killed.

8.00 Apocalypse: Hitler Takes on the East Following the German invasion of the USSR during World War Two.

9.00 Apocalypse: Hitler Takes on the East In October 1941, Hitler believed his triumph over the USSR was imminent.

10.00 Hitler: The Lost Tapes of the Third Reich As his Reich crumbles around him, Hitler retreats to the Führerbunker in Berlin.

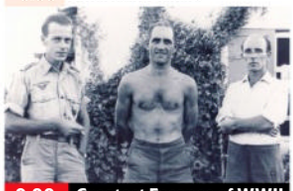
11.00 **Air Crash Investigation** A collision between two planes. **12.00** M'T A crash in Miami.
1.00 AM **To Catch a Smuggler**
2.00 **Food Factory**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Bradley Walsh: Egypt's Cosmic Code**
6.50 **Pawn Stars** Double bill.
7.45 **Secrets in the Ice**
8.45 **Weird or What? With William Shatner**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Mountain Men** Double bill.
4.00 **Flipping Bangers**
5.00 **Pawn Stars** Checking out an autographed *Apollo 10* book.
6.00 **American Pickers**



9.00 Greatest Escapes of WWII

7.00 Forged in Fire Four bladesmiths are tasked to forge J Nielson's favourite blade – a Damascus European dagger.

8.00 Storage Hunters Brandon and Jesse end up in a do-or-die war. **8.30** A locker packed with what looks like art.

9.00 Greatest Escapes of WWII New edition A look at some of the most incredible escapes made during the conflict.

10.00 NEW SERIES History's Greatest Mysteries Investigating the infamous 1947 UFO incident at Roswell, New Mexico.

11.00 **Secrets of the Hells Angels** A Hells Angel proves his loyalty by leading a slaughter of their enemies – but wrestles with his conscience.
12.00 M'T **Royal Mob** Queen Victoria dies and George V is crowned.
1.00 AM **Pawn Stars**
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Murder Mysteries**
11.00 **The Buildings That Fought Hitler** Shadow factories.
12.00 NOON **Vintage Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Murder Mysteries**
5.00 **The Buildings That Fought Hitler** Shadow factories.
6.00 **Vintage Antiques Roadshow** From Wells in Somerset.

8.00 Canal Boat Diaries

7.00 Canal Boat Diaries Robbie Cumming takes a tumble at Buckby Locks and has a problem with his power supply.

8.00 Canal Boat Diaries New edition Robbie visits a former Beatle's home in Henley, and uncovers horror history in Marlow.

9.00 Bangers & Cash: Restoring Classics The team take on a modern Ford to see if a 'quick flip' could make a few quid.

10.00 Bangers & Cash: Restoring Classics The team cannot believe their luck when a Volvo 144 car is brought in.

11.00 **Bangers & Cash** Derek navigates the dry stone walls of the Peak District to collect an original 1988 Opel Manta.
12.00 M'T **Classic Car Garage** A classic car club descends on the garage as they prepare to attend a new event.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights**
8.00 **Wheeler Dealers World Tour** Mike Brewer and Marc Priestley tackle the last truly analogue Ferrari – the 348.
9.00 **Shed and Buried** Henry and Sam head down to a large old house in Devon's countryside.
9.30 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Reality series.
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Darren Vickers.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Darrell Simester.
8.00 **Murder on CCTV**
9.00 **The Fall of Diddy**
11.30 **Signs of a Psychopath**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** A case from 2004.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A fire dispatcher is found dead in a house fire.
8.00 **See No Evil** The murder of James Enright.
9.00 **Storm of Suspicion** New edition A wealthy rancher is murdered.
10.00 **Donal MacIntyre's UK Killer Evidence** Series finale A UK gangster is killed in a South London suburb.
11.00 **Murder by the Sea** A killer whose fantasies lead him to prey on vulnerable people. **12.00** M'T The body of a homeless teenager is found behind a hotel.
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** A serial killer brought to justice by samples of carpet fibres. **4.30** A Navy lieutenant is murdered while deployed out to sea. **5.00** Examining the FBI investigation into a letter bomb campaign. **5.30** A building manager finds the body of a young woman in her apartment. **6.00** The discovery of a baby girl's body. **6.30** A murder victim's final moments are caught on tape.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Forensics: Catching the Killer** True-crime.
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **Britain's Most Evil Killers**
9.00 **The Murderer & Me**
10.45 **The Bambers: Murder at the Farm**
12.45 AM **Killer in My Village**
1.50 **Murder Uncut**
2.55 **Love You to Death**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the...**
8.35 **Immortal Egypt with Joann Fletcher**
9.50 **Henry VIII and the...**
10.45 **Hitler's Propaganda...**
11.50 **The Cure for Hate...**
1.00 PM **America the Bountiful** South Dakota.
1.35 **Immortal Egypt with Joann Fletcher**
2.55 **Henry VIII and the King's Men**
3.55 **Hitler's Propaganda...**
5.00 **The Cure for Hate...**
6.15 **Immortal Egypt with Joann Fletcher**
7.35 **Henry VIII and the King's Men**
8.35 **Hitler's Propaganda Machine** Documentary.
9.50 **NEW The Cure for Hate: Bearing Witness to Auschwitz**
11.00 **Henry VIII and the King's Men**
12.00 M'T **Hitler's Propaganda Machine**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2000s**
7.00 **Discovering: Olivia de Havilland**
8.00 **The Directors**
9.00 **The Good Fight Club**
12.00 NOON **Hawking: Can You Hear Me?** The life and career of physicist Stephen Hawking.
2.00 PM **Elizabeth Taylor: The Lost Tapes** A profile of the actor.
4.00 **The Directors**
5.00 **Discovering: Olivia de Havilland**
6.00 **100 Foot Wave** Garrett has some concerns about proposed safety measures. **7.00** The athletes reflect on their unpredictable sport.
8.00 **Kings from Queens: The Run DMC Story** The story of the pioneering hip-hop group.
9.00 **Pee-Wee As Himself** Two-part documentary tracing the life of artist, actor and comedian Pee-Wee Herman.
1.00 AM **Jane Fonda in Five Acts** An intimate look at the life and work of Jane Fonda.
3.30 **Time Bomb Y2K**
5.00 **to 6.00** AM **Discovering: Olivia de Havilland**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Strange Creatures**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Strange Creatures**
5.00 **Mysteries of Evolution**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **The Wild Wild East** The wildlife of the Maritime Provinces on Canada's eastern shore. **8.30** The rivers of Nova Scotia.
9.00 **Survival of the Beast**
10.00 **Mysteries of the Mekong**
11.00 **Mysteries of Evolution**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **The Wild Wild East**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Sand**
9.00 **Hitler's Engineers**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Egypt's Unexplained Files**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Hitler's Engineers**
5.00 **Ultimate Mysteries**
6.00 **National Park Mysteries**
7.00 **Close Encounters Down Under**
8.00 **Al Murray: Why Does Everyone Hate the British Empire?** The Aboriginal history of Australian cricket.
9.00 **Queens of Ancient Egypt** The little-known daughter of Cleopatra and Antony.
10.00 **Secrets in the Sand** An unexplained band of holes.
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Close Encounters Down Under**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Buried in the Backyard**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** True-crime.
8.00 **Killer in Plain Sight**
9.00 **Fatal Family Feuds** New edition
10.00 **Spring Break Murders** New edition The grim truth about an 18-year-old who went missing in Aruba.
11.00 **Cruise Ship Killers**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Fatal Family Feuds**
2.00 **Spring Break Murders**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **National Parks: USA**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Built to Survive**
3.00 **America's Wild Southwest**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** A chimp birth.
8.00 **Something Bit Me** A lawyer and a doctor on a trip come across the Arctic's top predator.
9.00 **Frozen Kingdom of the Snow Leopard** The story of a snow leopard raising her cubs.
10.00 **Alaska: The Next Generation** Alaska's unforgiving winter shows no signs of letting up.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Blowing Up History**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Blowing Up History** Experts gain access to investigate lost tombs and forgotten rituals.
9.00 **Secrets Underground** Rob Nelson investigates a potentially disastrous fault-line network.
10.00 **How Do They Do It?** A look into how cows' milk is turned into clotted cream. **10.30** Sardine fishing.
11.00 **The 1980s: The Deadliest Decade** Documentary.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.10 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.00 PM **Bargain Hunt**
4.00 **Parkinson** As 9.35pm.
5.20 **Doctor Who** *Terror of the Autons – Part Four:* 4/25. The Doctor faces his first battle with his arch-nemesis, the Master. **5.55** *The Claws of Axos – Part One:* 11/25. A lethal parasite arrives on Earth. **6.30** *The Claws of Axos – Part Two:* 12/25. The lethal parasite capable of absorbing energy arrives with the Master. **7.00** *The Claws of Axos – Part Three:* 13/25. (S8)
7.35 **Bargain Hunt** From Oswestry. **8.35** From Swinderby Antiques Fair, Lincolnshire.
9.35 **Parkinson** With Ben Elton and Charlotte Uhlenbroek. **10.50** Featuring guests Tom Hanks and David Bowie.
12.05 AM **Doctor Who**
2.15 **Bargain Hunt**
3.10 **Parkinson** Double bill.
5.15 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
9.00 **Murder Chose Me**
11.00 **Web of Lies** Double bill.
1.00 PM **Breaking Homicide**
3.00 **The Murder Tapes**
5.00 **Who Killed Jane Doe?**
7.00 **Diabolical: Deadly Love** A look into the disappearance of an air force veteran. **8.00** A murder at Lake Orion.
9.00 **Evil Lives Here** William Cosden Jr. coerced sisters into keeping secret what he did, but they reunite to repair the trauma those secrets caused them.
10.00 **Lost Women of Highway 20** When a teen goes missing, suspicion falls on her father, but the truth is more complicated. **11.00** Detectives discover that Rachanda's disappearance connects to other crimes. **12.00** M'T Detectives are close to nabbing their suspect.
1.00 AM **Britain's Deadliest Kids**
2.00 **Who Killed Jane Doe?**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **Big, Big Bikes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers: Dream Car**
3.00 **World's Greatest Motorcycle Rides** From John O'Groats.
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried: Classic Cars**
8.00 **Last Chance Garage** A client's Camaro faces roof damage.
9.00 **Motor Pickers** Double bill.
10.00 **World's Greatest Motorcycle Rides** From Land's End.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Hand Built Hot Rods**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Rebellious** Animated fantasy. (2024, PG, 94min)
8.30 **The Wild Robot** As 4.05pm.
10.20 **Mob Cops** As 3.15am.
12.05 PM **A Different Man** (2024)
2.05 **Escape from the 21st Century** Chinese fantasy adventure. Subtitled. (2024, 15, 94min)
4.05 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
6.00 **Beetlejuice Beetlejuice** Tim Burton's comedy sequel. (2024, 12, 105min) ★★★★

8.00 Cleaner

8.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists take 300 hostages and an ex-soldier working as a window cleaner tries to rescue them. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min)

11.45 **Poison** Drama starring Tim Roth and Trine Dyrholm. (2024, PG, 86min)
1.20 AM **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
3.15 **Mob Cops** Crime drama starring David Arquette. (2024, 15, 87min) ★
4.55 **to 6.40** AM **The Damned** Horror mystery starring Odessa Young and Joe Cole. (2024, 15, 89min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.10 AM **Tarot** As 2.45am.
8.00 **Fight or Flight** As 12.50am.
9.55 **One More Shot** Thriller. (2023, 15, 102min) ★★
11.55 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
2.05 PM **Force of Nature: The Dry 2** Thriller with Eric Bana. (2024, 15, 120min) ★★★
4.05 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
6.05 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★

10.20 Black Hawk Down

8.00 **Captain Phillips** Gripping fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Black Hawk Down** Ridley Scott's war drama based on the US military action in Somalia in 1993, starring Josh Hartnett, Ewan McGregor and Tom Sizemore. (2001, 15, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Fight or Flight** Action thriller starring Josh Hartnett. (2025, 15, 98min) ★★★
2.45 **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
4.30 **to 6.20** AM **Sweethearts** Comedy with Kiernan Shipka. (2024, 15, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Oslo** As 12.00m't.
9.15 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
11.35 **The Shawshank Redemption** Drama starring Tim Robbins. (1994, 15, 142min) ★★★★★
2.05 PM **What Dreams May Come** Fantasy starring Robin Williams. (1998, 15, 106min) ★★★
4.05 **Molly's Game** Biopic drama. (2017, 15, 137min) ★★★★

6.30 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
8.00 **Pawn Sacrifice** Drama starring Tobey Maguire. A US chess prodigy finds himself caught between two superpowers as he challenges the Soviet Empire. (2014, 12, 115min) ★★★★
10.05 **Field of Dreams** Fantasy with Kevin Costner as an Iowa farmer who hears a voice instructing him to build a baseball pitch for the ghost of a sporting legend. (1989, PG, 106min) ★★★★★

12.00 M'T **Oslo** Drama starring Ruth Wilson. (2021, 15, 118min) ★★★
2.10 AM **Love Story** Romantic drama starring Ryan O'Neal. (1970, PG, 100min) ★★★★
4.05 **to 6.05** AM **Billionaire Boys Club** Drama starring Ansel Elgort. (2018, 15, 108min) ★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Dorian Gray** As 2.40am.
8.50 **Kill** As shown at 4.45am.
10.30 **The Adjustment Bureau** Sci-fi thriller. (2011, 12, 105min) ★★★★
12.20 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
2.20 **Passengers** Sci-fi action drama. (2016, 12, 116min) ★★★
4.20 **The Exorcist: Believer** Horror sequel. (2023, 15, 111 min) ★★★

6.15 **Men in Black** Sci-fi action comedy with Tommy Lee Jones. (1997, PG, 94min) ★★★★
8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★
10.55 **Doom** Sci-fi horror thriller starring Karl Urban and Dwayne Johnson. A team of tough Marines get sent to Mars to deal with the aftermath after an experiment at a research station goes horribly wrong. (2005, 15, 105min) ★★★

12.50 AM **Lisa Frankenstein** Comedy horror with Kathryn Newton. (2024, 15, 101 min) ★★★
2.40 **Dorian Gray** Gothic horror drama starring Ben Barnes. (2009, 15, 112min) ★★★
4.45 **to 6.25** AM **Kill** Crime thriller. (2023, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

6.25 AM **The Cinema List**
6.45 **Spirit: Stallion of the Cimarron** (2002, U) ★★★
8.20 **The Adventures of Baron Munchausen** As 9.40pm.
10.30 **Swan Princess: The Secret of the Castle** (1997, U) ★★
12.00 NOON **Pan** As 12.00m't.
2.00 PM **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
4.00 **Stardust** (2007, PG) ★★★★
6.10 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★

6.10 The Wizard of Oz

8.00 **The NeverEnding Story** Fantasy adventure about a brave young warrior on a quest to save the empire of Fantasia, starring Barret Oliver and Gerald McRaney. (1984, U, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Adventures of Baron Munchausen** Fantasy with John Neville. The tale-spinning Baron Munchausen saves a besieged European city from the Turks. (1988, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Pan** Adventure prequel. (2015, PG, 111min) ★★★
2.00 AM **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
3.40 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
5.20 **The Cinema List**
5.40 **to 7.30** AM **Fireheart** Animated family adventure. (2022, U, 92min) ★★★

Sky Cinema Action

307 307 407 507 521

6.45 AM **Vendetta** Action thriller. (2022, 15, 96min) ★★
8.25 **Bullet to the Head** (2012)
10.00 **Jackie Chan's Police Story**
11.45 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.20 PM **Twister** Disaster movie. (1996, PG, 114min) ★★★
3.20 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.35 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★

5.35 Man of Steel

8.00 **Superman Returns** Adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mommy and that old foe Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Ghost Rider: Spirit of Vengeance** Adventure sequel starring Nicolas Cage and Ciarán Hinds. (2012, 12, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Bullet to the Head** Action thriller with Sylvester Stallone. (2012, 15, 89min) ★★★
1.50 **Jackie Chan's Police Story** Hong Kong comedy. Subtitled. (1985, 15, 98min) ★★★★
3.35 **R.I.P.D** Comedy fantasy. (2013, 12, 96min) ★★★
5.30 **to 7.15** AM **The Hand of Death** Thriller starring Jackie Chan. (1976, 15, 95min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Adult Life Skills** (2016)
8.45 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
10.40 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
12.30 PM **Drive-Away Dolls** Comedy. (2023, 15, 84min) ★★★
2.05 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
4.05 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
6.15 **Big Daddy** Comedy drama. (1999, 12, 95min) ★★★

10.15 The Big Lebowski

8.00 **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. With Robert Shaw. (1973, PG, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Big Lebowski** Offbeat comedy thriller starring Jeff Bridges. An LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. (1998, 18, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **I'll Be Right There** Comedy starring Edie Falco. (2023, 12, 93min) ★★★
2.05 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
3.50 **Drive-Away Dolls** As 12.30pm.
5.20 **to 7.05** AM **Warm Bodies** Comedy. (2013, 12) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **The Best Man** As 1.10am.
8.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
10.00 **Barbarians** (2021, 15) ★★★
11.45 **Public Enemies** Biopic. (2009, 15, 140min) ★★★★
2.15 PM **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
4.05 **Maggie Moore(s)** Comedy. (2023, 15, 99min) ★★★
6.00 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★

6.00 The Bikeriders

8.00 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Sleepers** Drama starring Kevin Bacon. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **The Best Man** Thriller with Luke Wilson and Brendan Fehr. (2023, 15, 93min) ★★
2.55 **Against All Odds** Thriller. (1984, 18, 116min) ★★
5.10 **to 7.25** AM **A Place Called Silence** Chinese thriller starring Eric Wang. Subtitled. (2024, 15, 119min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dora and the Lost City of Gold** Family adventure. (2019, PG, 102min) ★★★
1.05 PM **Fantastic Voyage** Thriller. (1966, U, 100min) ★★★★
3.10 **Saraband for Dead Lovers** Drama. (1948, U, 92min) ★★★
5.05 **Goodbye Christopher Robin** Biopic with Domhnall Gleeson. (2017, PG, 103min) ★★★★
7.10 **Daddy's Home** Comedy. (2015, 12, 96min) ★★★

5.05 Goodbye Christopher...

8 PM **Daddy's Home** (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Oblivion** Sci-fi adventure starring Tom Cruise, Olga Kurylenko and Andrea Riseborough. A solitary drone repairman on a post-apocalyptic future Earth discovers that his world isn't what is seems. With Morgan Freeman. (2013, 12, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.25** **xXx: The Next Level** Action thriller sequel with Ice Cube. A government spymaster recruits an imprisoned soldier to stop a military organisation overthrowing the government. (2005, 12, 97min) ★★★
1.30 **to 3.50** AM **Silk Road** Thriller starring Nick Robinson, Jason Clarke and Jennifer Yun. (2021, 15, 112min) ★★★

+1hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

6.40 AM **Fletch** As 11.25pm.
8.25 **Fletch Lives** As 1.05am.
10.10 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
11.50 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder. (1989, 15, 107min) ★★★
1.50 PM **Parenthood** Comedy. (1989, 15, 124min) ★★★★
4.00 **We're No Angels** Action comedy. (1989, 15, 106min) ★★
6.00 **Twins** Action comedy starring Arnold Schwarzenegger. (1988, PG, 107min) ★★★
8.00 **The Money Pit** Romantic comedy starring Tom Hanks and Shelley Long as a couple of New Yorkers who decide to refurbish an old suburban house. (1985, 15, 91min) ★★★
9.35 **The Big Chill** Comedy starring Tom Berenger and Glenn Close. (1983, 15, 115min) ★★★★
11.25 **Fletch** Comedy adventure. (1985, PG, 96min) ★★★
1.05 AM **Fletch Lives** Comedy sequel. (1989, PG, 95min) ★
2.50 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
4.50 **to 6.35** AM **The Money Pit**

Sky Cinema Greats

304 304 404 504 518

6.45 AM **The Man Who Knew Too Much** As shown at 2.55am.
9.00 **Far and Away** Romantic drama. (1992, 15, 140min) ★★
11.30 **The Great Gatsby** Drama. (1974, 12, 146min) ★★★
1.55 PM **Ghost** Romantic fantasy. (1990, 12, 127min) ★★★★
4.05 **Ten Little Indians** Murder mystery starring Oliver Reed. (1974, PG, 98min) ★
5.45 **Chinatown** Roman Polanski's thriller starring Jack Nicholson. (1974, 15, 131min) ★★★★★
8.00 **The Day of the Jackal** Thriller starring Edward Fox as an assassin hired to kill French president Charles de Gaulle. (1973, 15, 142min) ★★★★★
10.25 **The Firm** Thriller starring Tom Cruise and Jeanne Tripplehorn. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
1.00 AM **Ten Little Indians** (1974)
2.55 **The Man Who Knew Too Much** Hitchcock suspense drama starring James Stewart, Doris Day and Brenda De Banzie. (1956, PG, 120min) ★★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.50 AM **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
8.10 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
9.40 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
11.15 **Migration** Animated comedy. (2023, U, 83min) ★★★
12.45 PM **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
2.25 **Monster House** As 9.15pm.
4.00 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★
5.50 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
7.25 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
9.15 **Monster House** Animation. (2006, PG, 91min) ★★★★
10.50 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
12.20 AM **Fox and Hare Save the Forest** (2024, U) ★★★
1.35 **Mavka: The Forest Song** Animation. (2023, PG) ★★
3.20 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
4.45 **to 6.05** AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022) ★★★

Movies 24

312 313 419

7.00 AM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
9.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
11.00 **A Playful Love** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Sparks Over Brooklyn** Drama. (2023, PG, 89min) ★★
3.00 **Luckless in Love** Romantic comedy starring Paniz Zade. (2023, PG, 86min) ★★
5.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
7.00 **Love in Whitbrooke** Romantic drama starring Brittany Bristow. (2021, PG, 88min) ★★
9.00 **Love in the Limelight** Romantic comedy with Alexa and Carlos PenaVega. A woman is reunited with her high school crush, now a singer, and her grandmother plots to bring them together. (2022, PG, 84min) ★★
11.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
1.00 AM **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
3.00 **to 5.00** AM **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Man in the Mirror** Comedy. (1936, b/w, U) ★★★
7.35 **What's On TPTV with Noel**
7.45 **Marilyn** Thriller. (1953, PG) ★★
9.05 **Guilty?** Courtroom drama. (1956, b/w, PG, 93min) ★★
10.55 **Identity Unknown** Drama. (1960, b/w, U, 66min) ★★
12.15 PM **Look at Life** Documentary.
12.30 **Beyond the Time Barrier** Sci-fi adventure. (1960, b/w, U) ★★
2.00 **What Every Woman Wants** Drama. (1954, b/w, PG) ★★
3.45 **Devil Girl from Mars** Sci-fi drama. (1954, b/w, PG, 76min) ★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 8/39. (S1)
7.05 **Batman** 10/60. (S2)
7.35 **Dial 999** 23/39. (S1)
8.10 **Scandal Sheet** Crime drama. (1951, b/w, PG, 82min) ★★
9.50 **Cellar Club with Caroline Munro**
9.55 **Without Warning** Sci-fi horror. (1980, 18, 89min) ★★
11.45 **Cellar Club with Caroline Munro**
11.50 **Serpent's Lair** (1995, 18) ★
1.40 AM **Cellar Club with Caroline...**
1.45 **Hammer House of Mystery and Suspense** 12/13.
3.15 **Scarlet Street** Film noir thriller. (1945, b/w, PG, 101min) ★★★★
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News** Round-up of the early morning's headlines.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **The Football Show** A detailed look at all the major stories making the football headlines this morning, with discussion and analysis of the big talking points.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with analysis and comments, plus live reaction to any news breaking in the duration of the broadcast.
5.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
7.00 **Sky Sports News** Round-up of the sports news, plus live updates of sporting events that are taking place across the globe.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club** A profile of Sadio Mane.
9.30 A profile of Les Ferdinand.
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** The presenter talks to Ian Wright.
12.30 PM With Paul Scholes.
1.00 **Premier League Years**
3.00 **PL Retro** Liverpool v Chelsea from the 2013/14 season.
5.00 **Premier League Best Goals**
6.00 **Netbusters**
6.30 **Fantasy Show**
7.00 **Premier League Review**
8.00 **Fantasy Show**
8.30 **Gary Neville's Soccerbox** The presenter talks to Robert Pires.
9.00 **Premier League Review**
10.00 **Fantasy Show**
10.30 **Premier League Icons** A profile of Cristiano Ronaldo.
11.00 **Premier League Years**
1.00 AM **PL Retro** Another chance to see Chelsea v Wigan Athletic from the 2009/10 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** Another chance to see the 2010 final.
8.00 **There's Only One Sauzee**
8.30 **Dundee United – Champions 83**
9.00 **SPFL Highlights**
9.15 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals of the EFL Cup**
11.30 **EFL Trophy Football**
12.00 NOON **EFL** Another chance to see the League One play-off final.
2.00 PM **EFL Highlights**
7.00 **Best Scottish Premiership Goals 2024/25** Highlights.
7.30 **EFL Highlights** The League Two play-off, featuring highlights from the semi-finals and the final.
10.30 **Best Goals: EFL Cup 24/25**
11.00 **SPFL Highlights**
11.15 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **Best Goals of the EFL Cup**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup** The 2021 final.
5.00 **Best Moments from the Championship Play-Off Final (1993-2019)** Archive action.
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
7.00 **IPL** Action from a match in the lucrative Twenty20 competition.
8.00 **Women's International T20 Cricket** Another chance to see England v West Indies.
12.00 NOON **Ashes Greats**
12.30 PM **Best of ICC WT20**
1.00 **Test Cricket** Action from England v Zimbabwe on day one of the single Test Match at Trent Bridge.
2.00 England v Zimbabwe on the second day at Trent Bridge.
3.00 England v Zimbabwe on day three of the Test match.
4.00 Action from England v Zimbabwe day four of the single Test Match at Trent Bridge.
5.00 **Best of England v Windies**
7.00 **Women's International T20 Cricket** Another chance to see England v West Indies in the third and final T20 in the series between the sides at Ambassador Cruise Line Ground, Chelmsford.
11.00 **Ashes Greats** Archive action.
11.30 **Best of England v Windies**
12.00 M'T **IPL** Action from matches in the Twenty20 competition.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **The Open Zone**
9.30 **DP World Tour**
10.00 **PGA Tour**
11.00 **Legends Tour**
12.00 NOON **Golf Academy**
1.00 PM **Playing Lessons**
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **Best of the Open Zone 2024**
4.00 **PGA Tour**
5.00 **Legends Tour**
6.00 **Golf** Action from the G4D Open.
7.00 **DP World Tour**
7.30 **How the 1999 Ryder Cup Was Won** Tournament review.
10.00 **Golf** Action from the G4D Open.
11.00 **Legends Tour** Irish Legends.
12.00 M'T **DP World Tour**
12.30 AM **The Open Zone**
1.00 **Golf Academy**
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **Golf Academy**
5.00 **to 6.00** AM **Best of Open Zone**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **ATP Tennis** Doha Open final.
8.00 **WTA Tennis** The Doha Open.
9.00 **WTA All Access**
9.30 **WTA Tennis** Event highlights.
11.00 **ATP Tennis** Auckland Open.
12.00 NOON **WTA Tennis** Action from the Adelaide International final.
1.00 PM **ATP Tennis** Highlights form the Adelaide International final.
2.00 **WTA Tennis** Event highlights.
3.30 **ATP Tennis** The Auckland Open.
4.30 **WTA Tennis** Adelaide International.
5.30 **ATP Tennis** Adelaide International.
6.30 **WTA Tennis** Dubai Championships.
7.00 **ATP Tennis** The Doha Open.
8.00 **WTA Tennis** The Doha Open.
9.00 **ATP Tour This Week**
9.30 **WTA Tennis** Adelaide International.
10.30 **ATP Tennis** Adelaide International.
11.30 **WTA All Access**
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **One Day International Cricket** Ireland v West Indies.
7.00 **Premier League Review** The final weekend of the season.
8.00 **French Open** Action from the second day of the tournament.
9.30 **Court Side** Analysis ahead of the third day of the French Open.
10.00 **LIVE French Open** Coverage of the third day of round one of the tournament, which takes place at Stade Roland Garros in Paris. Iga Swiatek has dominated this women's singles tournament in recent years, winning the tournament for the third time in a row last year, and for the fourth time in five years. Her only blemish in that period came in 2021, when she was eliminated in straight sets at the quarter-final stage by Greece's Maria Sakkari.
11.00 PM **UEFA Europa League & Conference League Magazine**
12.00 M'T **NBA Tip-Off** A look ahead to tonight's NBA matches.
1.00 AM **LIVE NBA** Coverage of a Conference final match.
3.30 **Inside the NBA**
4.30 **NBA Classic** Archive action.
5.30 **to 6.00** AM **A-League**

TNT Sports 2

411 414 522 409 431

6.00 AM **AFL** Replays of recent games.
10.30 **UEFA Women's Champions League** Replay of the final.
12.00 NOON **IFSC Climbing World Cup Highlights** Salt Lake City.
1.00 PM **MLB Highlights**
2.00 **NBA** A Conference final match.
3.30 **Premier League**
5.00 **The Fantasy Show**
5.30 **Premier League Netbusters**
6.00 **Premier League: Big Interview**
6.30 **No Filter Football**
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **Premier League Stories**
9.00 **Premier League** Another chance to see a top-flight match.
10.30 **Premier League Reload**
10.45 **MotoGP Rewind**
11.00 **MLB Lead Off**
11.30 **LIVE MLB Philadelphia Phillies v Atlanta Braves.** The National League match at Citizens Bank Park. Start-time **11.45pm**.
2.45 AM **MLB Closer**
3.15 **French Open** Highlights.
4.45 **Champions League Magazine**
5.15 **UEFA Europa League & Conference League Magazine**
5.45 **to 6.00** AM **Playing for Our Future – Football**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Another chance to see Australia v South Africa from 2024.
8.00 **The Rugby Championship** Another chance to see New Zealand v Argentina from 2024.
10.00 **The Rugby Championship** Replay of Australia v South Africa at Perth Stadium from 2024.
12.00 NOON **NFL Highlights** Minnesota Vikings v Chicago Bears at U.S. Bank Stadium.
1.00 PM **Good Morning Football**
3.00 **The Rugby Championship** Another chance to see South Africa v New Zealand from 2024.
5.15 **NFL Bitesize Highlights** Brief American football highlights.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** Baltimore Ravens v Pittsburgh Steelers in a Wild Card play-off.
8.15 **The Rugby Championship** Another chance to see South Africa v New Zealand from 2024.
10.15 **NFL Bitesize Highlights**
11.30 **Super Bowl LIX Highlights**
11.45 **NFL Bitesize Highlights**
12.00 M'T **The Insiders**
1.00 AM **NFL Bitesize Highlights**
2.00 **to 6.00** AM **Rugby**

Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live** A look at all the day's leading sports stories.
2.00 PM **Sports Desk** Sports news with analysis and comments, plus live reaction to any news breaking in the duration of the broadcast.
5.00 **Sports Centre** A round-up of the sports news, with analysis and comments, plus interviews with the headline makers.
7.00 **Sky Sports News** Round-up of the sports news, plus live updates of sporting events that are taking place across the globe.
10.30 **Back Pages Tonight** A look at the sports headlines on the back pages of tomorrow's newspapers.
11.00 **Sky Sports News** The evening's leading sporting headlines.
12.00 M'T **Premier League Darts** Action from night 16 of the tournament at Utilita Arena Sheffield, which served as the final event before the finals night, and again followed the format featuring quarter-finals, semi-finals and a final all in one night.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Strasbourg Open.
8.00 **ATP Tennis** Hamburg Open.
9.00 **Formula 1** Monaco Grand Prix.
10.00 **PGA Tour Golf**
11.00 **WTA Tennis** Rabat Open final.
12.00 NOON **ATP Tennis**
1.00 PM **IPL** Recent action.
3.00 **EFL Greatest Games**
4.00 **Fight Night International**
5.00 **Formula 1** Monaco Grand Prix.
6.00 **PGA Tour Golf**
7.00 **DP World Tour Golf**
7.30 **Rose Ladies Series**
8.00 **WTA Tennis** Strasbourg Open.
9.00 **ATP Tennis** Hamburg Open final.
10.00 **IPL** A match in the competition.
11.00 **Fight Night International**
1.00 AM **Indycar** Highlights.
2.00 **Formula 1** Monaco Grand Prix.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Best of Open Zone**

TNT Sports 3

413 415 523 410 432

6.00 AM **Serie A** Football from Italy.
8.00 **One Day International Cricket**
9.00 **Cycling: Men's Giro d'Italia Highlights** The 15th stage.
10.00 **LIVE Cycling: Men's Giro d'Italia** The 16th stage, a 199km route from Piazzola sul Brenta to San Valentino di Brentonico.
5.00 PM **MLB Highlights**
6.00 **WRC Review** The Rally Portugal.
7.00 **British Speedway** Birmingham Brummies v King's Lynn Stars.
8.00 **Cycling: Men's Giro d'Italia Highlights** The 16th stage.
9.00 **IFSC Climbing World Cup Highlights** From Salt Lake City.
10.00 **MLB Highlights**
11.00 **British Speedway**
12.00 M'T **UEFA Europa League & Conference League Magazine**
12.30 AM **Isuzu A-League Highlights**
1.00 **Cycling: Men's Giro d'Italia**
2.00 **British Speedway**
3.00 **IFSC Climbing World Cup**
4.00 **to 6.00** AM **NWSL**

TNT Sports 4

414 416 524 411 434

6.00 AM **IFSC Climbing World Cup Highlights** From Salt Lake City.
7.00 **UEFA Women's Champions League** Another chance to see Arsenal v Barcelona in the final.
8.30 **UEFA Europa League & Conference League Magazine**
9.00 **UEFA Champions League Magazine** The latest news and updates from Europe's premier club football competition.
9.30 **Court Side** Analysis ahead of the third day of the French Open.
10.00 **LIVE French Open** Coverage of the third day of round one of the tournament, staged at Stade Roland Garros in Paris.
8.00 PM **Playing for Our Future** What the future holds for sport in the battle against global warming.
9.30 **NBA** A Conference final match.
11.00 **French Open** Action from the third day of the tournament.
12.30 AM **AFL** Match replays.
5.00 **to 6.00** AM **WRC Review**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **PSA Squash Highlights**
8.00 **Michelin Le Mans Cup**
8.30 **UK Independent Kart Racing**
10.00 **Scottish Football Social Club**
11.00 **LaLiga Match Highlights**
11.30 **World Surf League**
12.30 PM **Euro Le Mans Highlights**
1.30 **Transworld Sport** Magazine.
2.30 **Indy Autonomous Challenge**
4.00 **LaLiga Highlights**
5.00 **NASCAR Highlights**
5.55 **LIVE Swedish Speedway Smederna v Indianerna.** Face-off is at **6.00pm**.
8.00 **Top 14 Rugby Union Highlights** Action from the latest fixtures.
8.30 **Scottish Football Social Club**
9.30 **UK Independent Kart Racing**
11.00 **NASCAR Highlights**
12.00 M'T **LaLiga Highlights**
1.00 AM **British Minibikes**
3.00 **Transworld Sport** Magazine.
4.00 **Africa Eco Race**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **FastZone** Motorsports highlights.
9.30 **NHL Ice Hockey**
11.30 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
1.30 PM **Bike World** Magazine.
2.00 **LaLiga News**
2.30 **FastZone** Motorsports highlights.
3.00 **Scottish Cup Football** Replay of Aberdeen v Celtic in the final.
5.00 **Football's Greatest**
6.00 **Viva LaLiga**
7.30 **Champions Cup** Another chance to see Northampton Saints v Bordeaux Begles in the final.
9.30 **Bike World** Magazine.
10.00 **IIHF World Championships** Action from the 2025 final.
12.00 M'T **GP Confidential**
12.30 AM **NHL: This is Hockey**
1.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Archive highlights of past Spanish Grand Prix races.
11.00 **Indycar** The Indianapolis 500.
5.00 PM **Formula 1** Another chance to see the Monaco Grand Prix.
7.15 **Ted's Notebook**
7.45 **Jenson & the FW22: Extended**
8.00 **Formula 1** Monaco Grand Prix.
9.00 **Indycar** The Indianapolis 500.
10.00 **Formula 1** Monaco Grand Prix.
11.00 **Indycar** The Indianapolis 500.
12.00 M'T **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

28 May

Evening Planner

Football

Conference League Final
TNT Sports 1 & Discovery+, kick-off 8pm
Chelsea take on Spanish club Real Betis (who are managed by former Man City boss Manuel Pellegrini) in tonight's final.

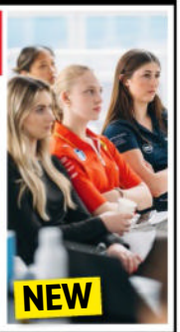
Documentary

The Rise and Fall of Michelle Mone
BBC2, 9pm (box set, BBC iPlayer)
How Baroness Mone became caught up in a scandal during the COVID pandemic.

OnDemand

NETFLIX

F1: The Academy
Available today
Docuseries shining a light on the all-female F1 Academy, where the drivers have F1 in their sights.



OnDemand

Disney+

Captain America: Brave New World
Available today
Sam Wilson, the new Captain America, must fight a global threat.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop on the Road		9.00 Race Across the World		10.00 News; Local News	10.40 Glow... †
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 The Rise and Fall of Michelle Mone		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Genius Game		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Britain's Most Expensive Houses		10.00 Gogglebox	
	105 5	7.00 Inside M&S: Food Secrets Revealed		8.00 Call the Bailiffs: Time to Pay Up		9.00 Casualty 24/7: Every Second Counts		10.00 999: Critical Condition	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Kingdom of...		9.00 David Frost Vs		10.00 James Acaster: Hecklers Welcome	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Stacey Dooley: Blood, Sweat and T-Shirts			
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 Digging for Britain		9.00 Cumbria's Red Squirrels		10.00 Sense and Sensibility	
	118 ITV2	7.00 Deal or No Deal: Celebrity Special		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.05 Plebs	
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Travels with Agatha Christie & Sir...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.40 Billions		7.55 Game of Thrones		9.00 The Last of Us		10.00 True Detective	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More 2023 for You	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Grace	
	120 ITV4	7.00 The Motorbike Show		8.00 Beat the Chasers		9.00 Film: The Dead Pool			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jack Whitehall Gets Around			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Big Zuu and AJ Tracey's Rich Flavours		9.00 TV's Greatest Gameshows			
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 I, Jack Wright		10.05 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Jacqueline du Pré: Genius and Tragedy				9.55 My Week with... Maggi Hambling	
	132 U&W	7.00 Nick Knowles' Big House Clearout		8.00 Ambulance Australia		9.00 Pete Wicks: For Dogs' Sake		10.00 Multiple Birth Wards	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Harpoon Hunters		9.00 Kindig Customs		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Isle of Jaws: Blood Brothers		9.00 Deadliest Sharks		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation: Surviving...		8.00 Tucci in Italy		9.00 Back to the Titanic		10.00 Draining Loch Ness: In Search of the...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Great British Railway Journeys		9.00 Turkey with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 100 Foot Wave		8.00 Kings from Queens: The Run DMC Story		9.00 David Frost Vs		10.00 1972: Munich's Black September	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.10 The Wild Robot		8.00 Speak No Evil				10.00 A Different Man	
	302 80s	◂ 5.55 Birdy		8.00 Do the Right Thing				10.05 Babylon	
	303 HITS	◂ 5.30 The Da Vinci Code		8.00 Angels & Demons					10.30 Inferno
	304 GREATS	◂ 6.35 It Came from Outer Space		8.00 Star Trek II: The Wrath of Khan				9.55 Stargate	
	305 ANIMATION	◂ 5.45 Angry...	7.25 Barnyard			9.10 Two by Two			
	306 FAIRYTALE	◂ 6.05 Wonka		8.05 IF				10.05 Dr Seuss' The Lorax	
	307 ACTION	◂ 5.35 Wonder Woman		8.00 Kong: Skull Island				10.00 Hancock	
	308 COMEDY	◂ 6.40 Bernard and the Genie		8.00 Disaster Movie			9.35 Problemista		
	309 THRILLER	◂ 6.00 The Good Neighbour		8.00 Munich					
	310 DRAMA	◂ 5.50 Dallas Buyers Club		8.00 Oppenheimer					
	311 SCI-FI	◂ 6.25 Men in Black II		8.00 Five Nights at Freddy's				9.55 Constantine	
	313 FILM4	◂ 6.35 Ben-Hur				9.00 Alita: Battle Angel			
SPORT	401 MAIN EVENT	◂ 6.00 Golf Channel Live From The US Women's Open							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories		8.00 Fantasy Show	8.30 Gary Neville's...	9.00 PL Stories		10.00 Fantasy Show	10.30 PL Icons
	403 FOOTBALL	7.00 EFL Highlights						10.00 EFL Cup Highlights	
	404 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	◂ 6.30 UEFA Conference League – Live: Real Betis v Chelsea (Kick-off 8.00)							
	411 TNT SPORTS 2	◂ 6.00 MLB – Live: Cleveland Guardians v Los Angeles Dodgers (Start-time 6.10)					9.30 MotoGP Highlights		10.30 Giro d'Italia...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Jacqui Joseph repurposes an old ladder found at the tip. (S)
2.45 **Escape to the Country** A family look for a home in Norfolk. (S)(R)
3.45 **Garden Rescue** New edition Charlie Dimmock returns to a zoned garden she designed, which has since blossomed. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Race Across the World

7.00 **The One Show** Clara Amfo and JB Gill present the topical show. (S)
7.30 **EastEnders** Tensions rise between the Mitchells as a situation continues to escalate. (S)(AD)
8.00 **The Repair Shop on the Road** The experts are in Ayrshire, where they restore a window pane with a hand inscription by Robert Burns, a 1930s canoe and a hand-written Gaelic pipe music book. (S)(R)(AD)
9.00 **Race Across the World** New edition 6/9. The teams set off for the village of Sasa Gir, gateway to the expansive Gir National Park, which is rich with flora and fauna and home to the mighty Asiatic lion. (S)
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Glow Up: Britain's Next Make-Up Star** 5/8. Rock duo Nova Twins trust the MUAs to do their dancers' make-up for their music video – *Soprano*, to be presented at the Mobo Awards. The guest judge is Mei Pang. (S)(R)(AD)
11.40 **Who Do You Think You Are?** 6/8. Fred Sirieix returns to France to explore his family roots, discovering a wartime romance worthy of *First Dates*. (S)(R)(AD)
12.40 AM **Blankety Blank** Panellists include Brian Conley, Jonathan Ross and Kate Garraway. (S)(R)
1.15 **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Beechgrove Garden** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** (S)(R)
9.00 **BBC News** (S)
1.00 PM **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family** 1/10. Investigating an infamous Victorian poisoning case. (S)(R)
3.45 **Kangaroo Dundee & Other Animals: Natural World** (S)(R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** In Burton Constable. (S)(R)
6.00 **Richard Osman's House of Games** With Jimi Famurewa, Sinitta, Maisie Smith and William Hanson. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 3/15. Clive cooks lunch in a community kitchen. (S)(R)

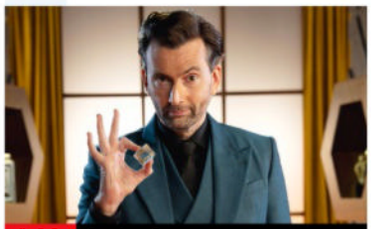
7.00 The Great House Revival

7.00 **The Great House Revival** New edition 3/4. Paul and his wife Helena take on the task of restoring the Mayfield House. (S)
7.50 **The Lake District: A Wild Year** Following twelve months in the life of England's largest national park. (S)(R)
8.00 **Springwatch** New edition 3/12. Chris and Michaela reveal woodland wonders, moorland marvels and river revelations at the National Trust's Longshaw Estate in the Peak District. (S)
■ Continues tomorrow
9.00 **NEW SERIES The Rise and Fall of Michelle Mone** 1/2. The story of millionaire lingerie entrepreneur Baroness Mone, who was caught up in a PPE scandal in the aftermath of the COVID-19 pandemic. (S)
■ Entire series on BBC iPlayer
10.00 **Inside No. 9** *Boo to a Goose:* 1/6. Late-night passengers get stuck in a tunnel when their train breaks down. (S9) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **Implosion: The Titanic Sub Disaster** The implosion of the *Titan* submarine in 2023. (S)(R)
12.30 AM **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
1.30 **Sign Zone: Change Your Mind, Change Your Life with Matt and Emma Willis** (S)(R)(AD)
2.15 **Sign Zone: Lifeline** (S)(R)
2.25 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James cooks Korean-inspired dishes of lamb chop and mackerel, and chef Chantelle Nicholson shares a delicious recipe for stuffed courgette flowers. (S)
3.00 **Jeopardy!** Stephen Fry hosts the quiz show. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Genius Game

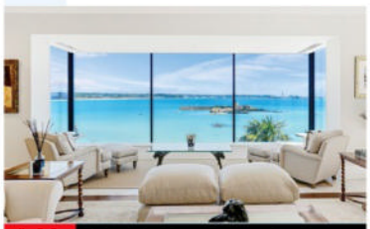
7.30 **Emmerdale** The wedding is at risk of not going ahead, Lewis pushes Ross hard for answers, and Jacob tries to comfort Sarah. (S)(AD)
8.00 **Coronation Street** Kit admits to Sarah that he might have a son, Carl catches Ronnie taking a big risk, George confides in Todd, Gary takes pity on Lou, and Brody questions Bernie's decision to give him an alibi. (S)(AD)
9.00 **Genius Game** New edition 6/8. The players face their sixth Main Match, Diamond Dilemma, a game in which the contestants are randomly split into two teams and need to work together to win as a team. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)
11.40 **Who Wants to Be a Millionaire?** Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)(R)
12.35 AM **Teleshopping**
3.00 **Tonight: Air Fryers – The Healthy Option?** (S)(SL)(R)
3.25 **The Assembly: Unseen** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **99 to Beat** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 14-17/26. (S5) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 1-4/24. (S10) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple seek a home in the peace and quiet of inland Granada. (S)(R)
4.00 **Narrow Escapes** New edition An 83-year-old boater needs to get to a GP appointment. (S)(AD)
5.00 **Chateau DIY** Sarah and George live out their French dreams with homegrown artichokes. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition Glampsite owner Kerry has been battling the elements in Italy. (S)



9.00 Britain's Most Expensive Houses

7.00 **News** (S)
8.00 **Location, Location, Location** New edition Kirstie Allsopp and Phil Spencer help a couple returning from New Zealand find a family home in Oxfordshire, and another husband and wife who crave a house in Oxford itself. (S)(AD)
9.00 **Britain's Most Expensive Houses** New edition Broker Mark Coulter hopes a glowing review will sell £3.5million Ormiston Castle close to Edinburgh, and Ian Lillicrap lists a five-bedroom cottage with 11 acres. (S)(AD)
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week with cameras capturing their instant reactions. (S)(SL)(R)(AD)
11.05 **Johnny Vegas: Carry on Glamping** 2/6. (S)(R)(AD)
12.05 AM **Night Coppers** (S)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
1.50 **Candy: A Death in Texas** (S)(R)
2.40 **FILM The Doorman** Thriller starring Ruby Rose and Jean Reno. (S) (2020, 15, 100min) ★★
4.20 **Food Unwrapped** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **My Husband's Killer Affair** Thriller starring Kyana Teresa. (S) (2024, 12, 105min) ★★★
4.00 **Bargain-Loving Brits in the Sun** New edition Dog groomer Mel is trying to raise the profile of her shop. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall visits a family in East Sussex who are struggling with a rescue puppy. (S)(R)
6.55 **News** (S)

9.00 Casualty 24/7: Every...

7.00 **Inside M&S: Food Secrets Revealed** A look into the story behind the creation of Marks & Spencer's new food hall-style stores that are tempting millions of shoppers. (S)(R)
7.55 **News** (S)
8.00 **Call the Bailiffs: Time to Pay Up** Documentary following the work of enforcement agents. Scott evicts squatters, while Lewis and Alex chase high-value debts. (S)(R)
9.00 **Casualty 24/7: Every Second Counts** New edition Paramedics rush in 67-year-old Susan after a recent fall has left her suffering with severe pains in her head, and a 10-year-old is brought into resus. (S)(AD)
10.00 **999: Critical Condition** A man is rushed in with some of the worst facial injuries the team have ever seen, a woman has been badly injured in a road accident, and another has fallen in a care home. (S)(R)
11.05 **Skin A&E** (S)(R)(AD)
12.05 AM **Call the Bailiffs: Time to Pay Up** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
3.50 **747 Jumbo Jet: The Plane That Changed the World** (S)(R)
4.40 **The World's Greatest Bridges** Sydney Harbour Bridge. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 5/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *My Life As a Vlog:* The story of the rise and fall of the family's vlog. (R) **5.30** *Step Brother from the Same Planet:* Grampa becomes a doting stepfather. (R)
6.00 **The Office (US)** 16/28. Part one of two. Dwight and Jim try to make up for not remembering Kelly's birthday. (S)(R) **6.30** 17/28. Part two of two. Pam and Michael go to Nashua to visit Holly. (S5) (S)(R)

9.00 David Frost Vs

7.00 **The Simpsons** *The Many Saints of Springfield:* Ned Flanders falls on hard times. (R) **7.30** *Carl Carlson Rides Again:* Carl discovers the origins of a mysterious rodeo buckle tied to his identity. (R)
8.00 **David Attenborough's Kingdom of Plants** 3/3. The naturalist concludes his exploration of the Royal Botanic Gardens in Kew by examining plants that have evolved to minimise their dependence on water. (S)(R)
9.00 **David Frost Vs** Series finale 6/6. A look back at the journalist's interviews about the Middle East across five decades, with the players seeking peace between Israel and Palestine. (S)
■ Entire series on Box Sets
10.00 **James Acaster: Hecklers Welcome** A stand-up special by the comedian in which he explores his relationship with performing by relinquishing control of his set and accepting heckles. (S)(R)
11.30 **An Idiot Abroad 3** Karl Pilkington and Warwick Davis arrive in China. (S)(R)(AD)
12.30 AM **The Force: North East** Officers attend the aftermath of a machete gang fight. (R)
1.30 **Road Wars** Double bill. (R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 5/21. Street reconnects with his brother. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.45pm Politics Scotland (S) **3.15-3.45** The Bidding Room (S)(R) **10.40** Debate Night (S)(R) **11.40** Scotcast (S)(R) **12.10am** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Walescast New edition (S) **11.10** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **12.10am** Who Do You Think You Are? (S)(R)(AD) **1.10-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **10.30** Eisteddfod yr Urdd New edition **12.00noon** Newyddion a'r Tywydd **12.05pm** Eisteddfod yr Urdd New edition **1.55** Newyddion a'r Tywydd **2.00** Seremoni'r Dydd New edition **2.30** Eisteddfod yr Urdd New edition **6.30** Arfordir Cymru: Sir Benfro (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Eisteddfod yr Urdd New edition **9.30** Newyddion a'r Tywydd **9.35** Prosiect Pum Mil **10.35** Guinness World Records Cymru **11.35pm-1.10am** Eisteddfod yr Urdd

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Richard tests the Mazda MX-5.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** New edition 5/8. Rock duo Nova Twins trust the MUAs to do their dancers' make-up for their latest music video – *Soprano*. The guest judge is Mei Pang.
9.00 **Stacey Dooley: Blood, Sweat and T-Shirts** 3/4. The youngsters take part in the cotton harvest. **10.00** 4/4. The teenagers experience the reality of life in the Mumbai city slums.
10.55 **The Young Offenders** 1/6. Jock and Conor get roped into an amateur heist. **11.30** 2/6. Sergeant Healy finally corners the lads. (S3)
12.00 M'T **I Kissed a Boy** 5/10. A birthday surprise creates curiosity and chaos. **12.50** AM 6/10. Chaos reigns after the arrival of a new boy.
1.40 **Top Gear** As 7.00pm.
2.40 **Lazy Susan** Sketch show.
2.55 **to 4.00** AM **The Young Offenders**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** From Crewe.
7.30 **Wainwright Walks: Coast to Coast** The Pennines.
8.00 **Digging for Britain** An archaeological dig in the west of Britain.
9.00 **Cumbria's Red Squirrels** A look at Cumbria's red squirrels and those dedicated to protecting them.
10.00 **Sense and Sensibility** 1/4. Adaptation of Jane Austen's classic novel from 1971. **10.45** 2/4. Colonel Brandon organises a picnic for all at Barton, but has to cancel it. **11.30** 3/4. Mrs Jennings takes Elinor and Marianne to a ball in London. **12.15** AM 4/4. Colonel Brandon hears Mrs Ferrars has cut Edward off because of his engagement. (S1)
1.00 **Great British Railway Journeys** As 7.00pm.
1.30 **Wainwright Walks: Coast to Coast** As 7.30pm.
2.00 **Digging for Britain**
3.00 **to 4.00** AM **Little Ships: The Miracle of Dunkirk**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me**
3.10 **Four in a Bed** From Swallows Rest in Weymouth. **3.40** From the Burley Inn in the New Forest. **4.15** The third visit is at Hotel Montville in Redditch. **4.50** From the Silverton B&B in Shrewsbury. **5.20** The week's winner is finally announced.
5.50 **Car S.O.S** A Citroen SM.
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw work to restore a 1962 TVR Grantura.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer are in Lincoln to help Eric and Carly end the five-year debate over their two-bedroom bungalow.
9.00 **Travels with Agatha Christie & Sir David Suchet** New edition 2/5. In Australia, David follows the path of the writer's 1922 journey to Tasmania and Melbourne.
10.00 **24 Hours in A&E** An unknown patient arrives after collapsing in the street.
11.05 **24 Hours in A&E**
12.05 AM **Emergency Helicopter Medics**
1.10 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Sky Police.*
7.00 **Hollyoaks**
7.30 **The Simpsons** *Springfield Splendor:* Marge and Lisa turn a sad experience into a Broadway show.
8.00 **Below Deck Down Under** New edition A complicated love triangle threatens to make things awkward, the guests have an icy request, and a deck crew member overlooks his duties.
9.00 **Celebrity Gogglebox** A look back at the best moments from the first series.
10.00 **First Dates** A retired racing driver meets a champion ballroom dancer.
11.05 **Gogglebox**
12.05 AM **The Big Bang Theory**
1.00 **Brooklyn Nine-Nine**
2.00 **The Goldbergs**
3.20 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

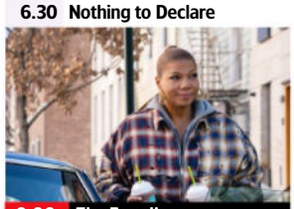
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 21/22. The team investigate the murder of a decorated FBI agent. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**


9.00 The Equalizer

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Above & Beyond:* 1/13. The Task Force head to Virginia with their newest member. (S5)

9 PM
9.00 **The Equalizer** New episode *Sins of the Father:* 16/18. McCall investigates when an ex-CIA agent vanishes. (S5)

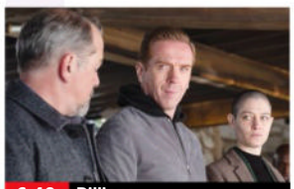
10 PM
10.00 **Fire Country** *Mama Bear:* 11/22. A former inmate firefighter plans revenge on Sharon. (S1)
11.00 **The Rookie** 9/10. (S6)
12.00 M'T **FBI** 1/15. (S3)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Law & Order: Special Victims Unit** New episode 9/20. (S26)
3.00 **The Good Doctor** (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **The Sopranos** 7&8/13. (S1)
10.05 **Billions** 1&2/12. (S5)
12.20 PM **Game of Thrones** (S4)
1.25 **Gangs of London** (S3)
3.25 **The Sopranos** 7/13. AJ is called into the principal's office with his parents when he turns up drunk at the gym. **4.30** 8/13. Rumours of an FBI clampdown lead to panic. (S1)
5.35 **Billions** 1/12. Bobby Axelrod reaches a major milestone. **6.40** 2/12. Chuck wrestles with his demons. (S5)


6.40 Billions

7.55 **Game of Thrones** *Oathkeeper:* 4/10. Jaime visits Tyrion in jail after some persuasion from Bronn, and Jon asks for volunteers to go to Craster's Keep. (S4)

9.00 **The Last of Us** 7/7. Post-apocalyptic drama with Bella Ramsey. (S2)

10.00 **True Detective** *Seeing Things:* 2/8. Hart and Cohle get a lead that takes them to a trailer-park brothel. (S1)
11.05 **True Detective** 3/8. Hart's jealousy gets the better of him when he sees Lisa out. (S1)
12.10 AM **Homicide: Life on the Street** 19/22. (S5)
1.00 **Succession** 1&2/10. (S1)
3.15 AM **The Pacific** 8/10. (S1)
4.20 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 12/18. (S7)
9.00 **Stargate SG-1** 3&4/20. (S8)
11.00 **Supergirl** 2/22. (S4)
12.00 NOON **The Flash** 13/18. (S7)
1.00 PM **Hawaii Five-0**
3.00 **SEAL Team** 9/22. The unit are pitted against its Russian counterpart. (S1)
4.00 **S.W.A.T.** 5/21. Street reconnects with his estranged foster brother Nate. (S3)
5.00 **Supergirl** 1/22. Kara is called into action. (S4)
6.00 **Stargate SG-1** 3/20. (S8)

9.00 TV's Greatest Gameshows

7.00 **Stargate SG-1** *Zero Hour:* 4/20. General O'Neill settles into his new job as commander of the base. (S8)

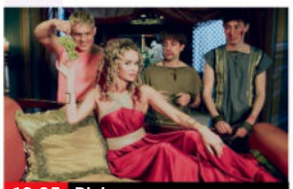
8.00 **Big Zuu and AJ Tracey's Rich Flavours** 2/3. Exploring the Highlands' most expensive and outrageous dishes.

9.00 **TV's Greatest Gameshows** Roy Walker is joined by celebrities and past competitors to look at what makes game shows great, including the biggest winners, unluckiest losers and the most memorable tantrums.
11.00 **Hacks** 9/10. Comedy drama starring Jean Smart and Hannah Einbinder. (S4)
11.30 **An Idiot Abroad 3** 3/3. Karl Pilkington and Warwick Davis finally make their way to China.
12.30 AM **Road Wars**
3.00 **SEAL Team** As 3.00pm.
4.00 **S.W.A.T.** 5/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal Celebrity Special**
2.00 **Ant & Dec's Limitless Win**
3.00 **Hart of Dixie** 17/22. (S2)
4.00 **Gilmore Girls** 17/22. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Richard Arnold, Danny Miller and Rachel Stevens.


10.05 Plebs

7.00 **Deal or No Deal: Celebrity Special** Stephen Mulhern hosts, with 2023 King of the Jungle Sam Thompson.

8.00 **Ant & Dec's Limitless Win** Two best friends take on the money ladder, before a husband-and-wife team take their turn.

9.00 **The 1% Club** Quiz game show hosted by comic Lee Mack, in which the questions are all about logic and common sense.

10.05 **Plebs** 3/9. The boys gatecrash a posh banquet by mistake. **10.35** 4/9. A heatwave hits the city of Rome. (S5)
11.05 **Family Guy** 2/23. (S10)
11.35 **Family Guy** 13/18. (S9)
12.05 AM **American Dad!** (S7)
1.05 **Bob's Burgers** 8/22. (S12)
1.35 **Plebs** 3&4/9. (S5)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.30 **The Royal** *The Way We Were.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 7/9. Matthew refuses to back down. (S3)
6.00 **Heartbeat** *Missing Persons:* The safety of two young girls causes concern.

8.00 McDonald & Dodds

7.00 **Heartbeat** *Taking Stock:* A car-crash victim turns out to have violent criminal connections.

8.00 **McDonald & Dodds** *The Rule of Three:* 1/3. The detectives investigate when the body of a woman who vanished on her way home from school more than 35 years ago is found. (S4)

10.00 **Grace** *Not Dead Yet:* Grace and the team investigate an attack on the Brighton music scene and a gruesome discovery on a pig farm.
11.50 **Cracker** 7/7. Part two of two. Fitz confronts the killer. (S3)
12.50 AM **Where the Heart Is**
1.50 **The Royal** *The Way We Were.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 6/7. The judges visit three properties in the south.
8.00 **Gold Town** 2/3. The delays in building the processing plant for the gold mine continue.
9.00 **Debate Night** New edition Debate on the big issues affecting Scotland and beyond.
10.00 **Martin Compston's Scottish Fling** 5/6. The Central Belt.
10.30 **Jules and Greg's Wild Swim** 4/5. The couple go for a sunset swim off the Isle of Sanday.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** Examining the complex topic of terrorism.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S1)
10.15 **Entourage** (S3)
11.15 **Insecure** (S5)
12.35 PM **Ballers** (S2)
1.55 **Entourage** (S3)
3.05 **High Maintenance** (S2)
5.45 **The Office (US)** (S5)
6.45 **The Conners** (S1)
7.45 **Ballers** 1/10. Spencer has a confrontation with a player. (S2) **8.25** 2/10. Vernon and Reggie talk money on a paintballing trip. (S2)
9.00 **The Rehearsal** 1/6. Nathan Fielder puts his resources into something big. **9.50** 2/6. Nathan draws on his past. (S2)
10.35 **James Acaster: Hecklers Welcome** A stand-up special by the comedian.
12.05 AM **Entourage** (S8)
1.15 AM **Sex and the City**
2.35 **Ramy Youssef: Feelings**
3.40 **to 5.00** AM **Girls**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live – Great British Classics**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **Wordsworth & Coleridge Road Trip**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist...**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Jacqueline du Pré: Genius and Tragedy**
9.55 **My Week with... Maggi Hambling**
10.55 **Welcome to the Eighties**
11.55 **Cold War & Cinema**
12.55 AM **Phil Lynott: Songs for While I'm Away**
4.00 **Landmark**
5.00 **to 6.00** AM **National Treasures: The Art of Collecting**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Repression:* 4/26. A mysterious assailant attacks the crew. (S7)
8.00 **Star Trek: Deep Space Nine** *Dax:* 8/20. Dax is accused of murder. (S1)
9.00 **The Rookie** (S4)
11.00 **Grimm** 4/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.45 **Buying the View**
8.10 **Georgia and Tommy...**
9.15 **Gary Barlow's Wine...**
10.15 **The Real Housewives of Miami**
11.10 **The Real Housewives of New York City**
12.05 PM **Georgia and Tommy: Baby Steps**
1.05 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules**
4.10 **The Real Housewives of Miami** Reality series.
5.05 **Real Housewives of New York City** New edition
6.00 **Buying and Selling**
7.00 **Gary Barlow's Wine Tour: South Africa**
8.00 **Dinner Date**
9.00 **Botched**
10.00 **Totally Unbelievable**
11.00 **My Mum, Your Dad**
12.00 M'T **Only Way Is Essex**
1.05 **to 1.30** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 4/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 13/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 9/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S1&2)
9.00 **Randall and Hopkirk (Deceased)** *The Ghost Who Saved the Bank at Monte Carlo:* 11/26. Marty's aunt needs protection in Monte Carlo. (S1)
10.00 **The New Avengers** (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1&2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.10 **The Professionals**
7.10 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals** The duo investigate a city's crime rate.
5.55 **The Chase**

4.50 The Professionals

7.00 **The Motorbike Show** Henry Cole starts the nickel plating on the restoration of the Harley-Davidson.
8.00 **Beat the Chasers** More contestants take on Mark Labbett, Anne Hegerty, Shaun Wallace, Jenny Ryan and Darragh Ennis.
9.00 FILM **The Dead Pool** Action thriller starring Clint Eastwood. 'Dirty Harry' investigates a bizarre series of celebrity murders, while making sure he's not the next famous victim. (1988, 18, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.55 **All Elite Wrestling: Collision**
12.55 AM **Dark Side of the Ring** WWF fighting tournament.
1.45 **Motorsport Mundial**
2.10 **Two and a Half Men** (S2)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted US**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 1/26. (S6)
2.00 **Blood & Treasure** 7/13. (S1)
3.00 **Stargate Universe** 12/20. (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 1/26. (S6)
6.00 **Star Trek: Enterprise** 12/26. The crew take refuge during a radioactive storm. (S2)

9.00 Grimm

7.00 **Blood & Treasure** *Escape from Casablanca:* 7/13. Danny and Lexi must improvise in order to stay alive and out of jail. (S1)
8.00 **Stargate Universe** *Twin Destinies:* 12/20. With the *Destiny* in bad shape, Eli claims he has found a way to dial back to Earth. (S2)
9.00 **Grimm** *Key Move:* 11/22. Newly gained artifacts take Nick and Monroe closer to the source of a long-gestating mystery. (S5)
10.00 **The Walking Dead** *The First Day of the Rest of Your Life:* 16/16. The Alexandrians continue to pursue their plan. (S7)
11.00 FILM **Linoleum** Sci-fi comedy drama starring Jim Gaffigan and Rhea Seehorn. (2022, 12, 101 min) ★★★
1.00 AM FILM **The Man Who Fell to Earth** Nicolas Roeg's sci-fi fantasy starring David Bowie. (1976, 18, 140min) ★★★★
3.30 **Blood & Treasure** As 7.00pm.
4.20 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 6/8. (S3)
11.00 **Hudson & Rex** 16/16. (S1)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 7/10. (S1)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S17)
4.00 **Father Brown**
5.00 **Hudson & Rex** 16/16. (S1)
6.00 **Body of Proof** 11/13. A plane crashes into a power station in Phildelphia. (S3)

9.00 I, Jack Wright

7.00 **Shakespeare & Hathaway: Private Investigators** 7/10. Frank is sceptical when a relative tracks him down. (S1)
8.00 **Death in Paradise** *Pilot of the Airwaves:* 1/9. A news presenter is found dead and suspicion falls on her co-host. (S10)
9.00 **I, Jack Wright** Series finale *Testament:* 6/6. Sally faces the wrath of an Arnaud. (S1)
■ Entire series on U
10.05 **Catch Me a Killer** *Donnybrook:* 5/11. Micki tries to get a confession out of a man suspected of murders and rapes. (S1)
11.05 **Body of Proof** As 6.00pm.
12.05 AM **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.05 **Elementary** 14/24. A former professional video game player is killed. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.35 **Only Fools and Horses**
11.15 **Last of the Summer Wine**
12.35 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Only Fools and Horses**
3.10 **Hi-de-Hi!**
3.50 **Last of the Summer Wine**
5.05 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

10.20 Absolutely Fabulous

7.00 **Dad's Army** Corporal Jones decides to ask Mrs Fox to marry him.
7.40 **The Good Life** The Goods begin to reap their just rewards for their work. **8.20** Tom plans to diversify into pig farming – but underestimates the level of Margo's opposition.
9.00 **Still Open All Hours** Granville continues in his attempts to woo Mavis.
9.40 **Harry Enfield's Television Programme** The DJs discuss Smashie's TV quiz show.
10.20 **Absolutely Fabulous** Edina appears on TV.
11.00 **Not Going Out**
11.35 **Only Fools and Horses**
12.15 AM **Harry Enfield's Television Programme** As 9.40pm.
12.55 **Still Open All Hours**
1.35 **Absolutely Fabulous**
2.10 **Not Going Out**
2.55 **Still Open All Hours**
3.30 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Our Guy in China**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in China**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King head to Thailand.
6.00 **Rick Stein's Long Weekends** The chef heads to Berlin, where history and the avant garde dwell side by side.

6.00 Rick Stein's Long Weekends

7.00 **Would I Lie to You?** With David O'Doherty, Richard Osman, Susan Calman and Carol Kirkwood.
7.40 **Richard Osman's House of Games** With Diarmuid Gavin and John Kearns. **8.20** With guests Rick Edwards, Naga Munchetty and David O'Doherty.
9.00 **QI XL** Guests Jo Brand, Graham Linehan and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More 2023 for You** A compilation of the news quiz that looks back at the big news of 2023.
11.00 **8 Out of 10 Cats** With Phil Wang, Krishnan Guru-Murthy, Gabby Logan and Rosie Jones.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

Wednesday 7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** Property series.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** From York.
7.00 **Meal Deals: Behind the Bargain** Part two of two.
8.00 **Jamie Oliver Cooks: Georgia** Culinary series.
9.00 **Night Coppers**
10.00 **8 Out of 10 Cats Does Countdown**
11.05 FILM **Three Thousand Years of Longing** Romantic fantasy. (2022, 15, 108min) ★★★
1.10 AM **Gogglebox**
2.15 **The Dog House**
3.20 **Johnny Vegas: Carry on Glamping**
4.15 **to 4.45** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *In the Spotlight:* 19/22. Agent Knight goes viral for saving a mother and son. **7.00** *Second Opinion:* 20/22. A senator's daughter is murdered. **8.00** *Kompromat:* 21/22. A murder occurs in the classified section of the National Archive. (S20)
9.00 **Criminal Minds** *Anti-Terrorism Squad:* 5/22. The murders of two families are investigated. **10.00** *Elliot's Pond:* 6/22. The agents look into the disappearance of three children. (S12)
11.00 **Law & Order: Special Victims Unit** (S23)
12.55 AM **Law & Order: Special Victims Unit**
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Internet Shopping Scams: Don't Get Caught Out**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7**
9.00 **Killer at the Crime Scene** New edition The murder of Karla Godoy in Peru in 2022.
10.00 **My Lover, My Killer** New edition
11.00 **999: Killer on the Line**
12.00 M'T **Skin A&E**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7**
2.50 **The Lizzie Borden Chronicles** New episode
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Motorway Patrol**
9.40 **Trucking Hell**
10.40 **Traffic Cops**
11.40 **Police Interceptors**
12.40 PM FILM **Gunsmoke!** Western drama. (1953, U, 90min) ★★
2.20 FILM **The Kid from Texas** Western drama. (1949, U, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** A suspected disqualified driver fails to stop for the officers.
10.00 **Police Code Zero: Officer Under Attack** A driver is pulled over suspected of driving under the influence.
11.00 **Yellowstone** 8/10. Beth continues her battle with Willa Hayes. (S3)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.20 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: The Bigger Build Ireland**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Bigger Build Ireland**
7.00 **Nick Knowles' Big House Clearout**
8.00 **Ambulance Australia**
9.00 **Pete Wicks: For Dogs' Sake** Pete travels to Northern Ireland to pick up three dogs and bring them back to Essex.
10.00 **Multiple Birth Wards**
11.00 **Katie Piper: Locked Up in Louisiana**
12.00 M'T **999 Rescue Squad**
1.00 AM **Louis Theroux: The City Addicted to Crystal Meth**
2.00 **to 3.00** AM **Freddie Flintoff: Living with Bulimia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective** New episode *Myths and Legends– Part One:* 3/6. Max and Layla look into a music society. (S3)
■ Entire series on U
9.00 **Sister Boniface Mysteries** 2/10. (S1)
10.00 **New Tricks**
11.20 **Bergerac** 1/11. (S8)
12.35 AM **Sister Boniface Mysteries**
1.40 **The Last Detective**
3.10 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **1000-lb Sisters** New edition Amy reels emotionally from her camel bite and arrest.
10.00 **My 600lb Life: Where Are They Now?** New edition Mike has a tough decision to make which could mean forfeiting custody of his kids, and Chrystal makes a leap towards being the mum her kids deserve.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire: New Year Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** With Nish Kumar, Clara Amfo and Al Murray. **7.20** With Angela Scanlon, Sara Pascoe and Rick Edwards.
8.00 **The Chase** Double bill.
10.00 **Tenable** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **Total War** Documentary.
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Battle of Rogue River** Western. (1954, PG, 90min) ★★
2.30 **FILM Gunfighters** Western. (1947, PG) ★★
4.30 **FILM The Nebraskan** Western with Philip Carey. (1953, PG, 63min) ★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM The Marine** Action thriller with John Cena. (2006, 15, 92min) ★★
11.00 **FILM Hijacked** Thriller. (2017, 15, 88min) ★★
12.55 AM **FILM Escobar** Biographical drama. (2017, 15, 123min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.50 **FILM Maid in Manhattan** Romantic drama. (2002, PG, 105min) ★★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Flirting with Danger** Thriller. (2006, PG, 90min) ★★
2.55 **FILM Deadly Encounters** Thriller. (2021, PG, 90min) ★★
5.05 **FILM Lost Letter Mysteries: Freedom to Give** Crime drama. (2014, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
11.25 **FILM The Whistleblower** Thriller. (2010, 15) ★★★
1.50 AM **FILM Hours** Thriller. (2013, 12, 93min) ★★
4.00 **to 6.00** AM **FILM A Housekeeper's Revenge** Thriller. (2016, PG) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Lead with Your Heart** Drama. (2015, PG, 83min) ★★
10.05 **FILM Flowers and Honey** Drama. (2021, PG) ★★
12.05 PM **FILM Anything for Love** Romantic comedy. (2016, PG, 84min) ★★
2.00 **FILM Just for Showmance** Comedy. (2023, U, 83min) ★★
4.00 **FILM A Little Daytime Drama** Comedy. (2021, PG, 90min) ★★
5.55 **FILM Love, Once and Always** Drama. (2018, PG, 120min) ★★
8.00 **FILM Love on the Vines** Drama. (2016, PG) ★★
9.55 **FILM A Love Yarn** Comedy. (2021, PG) ★★
11.55 **FILM Love, Bubbles & Crystal Cove** Drama. (2021, PG, 85min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Just for Showmance** Comedy. (2023, U, 83min) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
10.30 **Watching** 4/8. (S2)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S2)
1.30 **You're Only Young Twice**
2.00 **Brass** 4/13. (S1)
2.30 **Thick as Thieves**
3.00 **Mapp and Lucia** (S1)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 4/8. (S2)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 4/13. (S1)
7.30 **Thick as Thieves**
8.00 **Please Sir!** (S2)
8.30 **You're Only Young Twice**
9.00 **In Loving Memory** (S1)
9.30 **Soap** (S1)
10.00 **Carry On Laughing** (S1)
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Department S**
12.30 **Mapp and Lucia** (S1)
1.30 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Opal Hunters: Red Dirt Road Trip** Double bill.
7.00 **Deadliest Catch** The fleet prepare to hunt opilio crab. **8.00** The *Wizard* crew face the descending polar ice pack.
9.00 **Maine Cabin Masters** New editions The crew build a classroom. **10.00** The team take on a dark and damp cabin.
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Quick & Easy Food**
7.00 **30 Minute Meals**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Nigel's Dish of the Day**
10.00 **John Torode's Korean...**
11.00 **Great British Bake Off**
1.00 PM **Quick & Easy Food**
2.00 **James Martin: Sweet**
3.00 **30 Minute Meals**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Nigel's Dish of the Day**
6.00 **John Torode's Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 5/24. (S2)
11.00 **FILM Island of Terror** Horror. (1966, PG) ★★★
1.00 PM **FILM Warlords of Atlantis** Adventure. (1978, PG, 96min) ★★
3.00 **FILM Aces – Iron Eagle III** Adventure sequel. (1993, 15, 98min) ★
5.00 **Star Trek** 17/30. (S1)
6.00 **Knight Rider** 6/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM 3 Days to Kill** Action thriller. (2014, 12, 117min) ★★★
11.15 **FILM Beyond Suspicion** Thriller with Karl Urban. (2018, 15, 96min) ★★
1.10 AM **FILM The Football Factory** Violent drama. (2004, 18, 91min) ★
3.00 **to 4.50** AM **FILM The Lawnmower Man 2: Beyond Cyberspace** Thriller. (1995, 12) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Night of the Big Heat** As 5.00pm.
8.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
10.00 **The Lost World** (S1)
11.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM **FILM Moby Dick** Thriller. (2010, 12) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 10/23. (S2)
5.00 **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 11/23. (S2)
9.00 **FILM Unfaithful** Thriller with Diane Lane. (2002, 15, 123min) ★★★★
11.25 **FILM Every Last One of Them** Thriller. (2021, 18, 82min) ★★
1.00 **to 3.00** AM **FILM Tales that Witness Madness** Horror. (1973, 18) ★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars: Texas**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Skinwalker Ranch**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Pawn Stars**
2.05 **Storage Hunters**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Dan & Helen's Pennine Adventure**
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Victorian Britain** In Edinburgh.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities** Susan explores Cambridge.
8.00 **Ben Fogle: New Lives in the Wild**
9.00 **Michael Palin: Into Iraq**
10.00 **Endurance: Race to the Pole with Ben Fogle**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Dan & Helen's Pennine Adventure**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **The Great British Bake Off** Vegan Week.
7.00 **A Place in the Sun**
8.00 **Love Your Garden** Alan and the team help a Somerset couple.
9.00 **Rich House Poor House: Country Life**
10.00 **Home Town** New edition Ben and Erin Napier look to renovate a family's home into a dream guesthouse.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
4.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Me or the Menu** New edition
9.00 **Love & Translation** New edition
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **Extreme Couponing**
5.30 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Gods of the Game**
12.00 NOON **The Ren & Stimpy Show** (S2&3)
1.50 PM **Friends** (S8&9)
7.30 **Friends** 10/24. Chandler gets stuck in Tulsa. **8.00** 11/24. Rachel shows off her baby. **8.30** 12/24. Rachel tries to make amends with work rival Gavin. (S9)
9.00 **Jack Whitehall Gets Around** Stand-up show.
11.00 **Reno 911!** New episode 6/11. Wiegel takes a new official photo. (S8)
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
1.30 **Key & Peele**
2.00 **South Park** (S3)
3.25 **Michael McIntyre's Very Christmassy Christmas Show**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 13&14/24. (S2)
11.00 **Friends** 16–19/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Daria** Animation.
4.00 **Guessable?**
5.00 **Becker** 13&14/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** 18/21. Joe feels slighted by an online article about the car business. **8.30** 19/21. Reverend Paul steals a bowler on Team Baxter to play for the Holy Rollers. (S8)
9.00 **South Park** (S9&2)
12.00 M'T **The Ren & Stimpy Show** Four episodes.
2.00 AM **Reno 911!** (S5)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 13&14/24. (S2)
4.30 **Al Murray: The Pub Landlord – Live at the Palladium**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S7)
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** *Kabayan:* 4/10. **7.00** *The Icebox:* 5/10. Thony must make a big decision. (S1)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder** Double bill.
11.00 **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

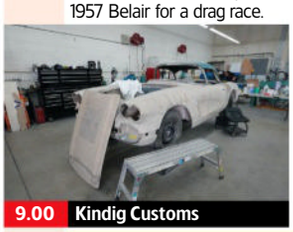
6.00 AM **MTV Cribs US**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Teams**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Jade helps Briana recover from surgery and is shocked by a potential pregnancy.
9.00 **Catfish: The TV Show**
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo Wood welcome Mo Heart.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series,
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold Rush: Mine Rescue with Freddy & Juan**
5.00 **Building off the Grid** A couple plan to build their home out of straw bales in the Arizona desert in six months.
6.00 **Junkyard Empire** Dave works overtime to do up a 1957 Belair for a drag race.


9.00 Kindig Customs

7.00 **Wheeler Dealers: Dream Car** Mike Brewer and Marc Priestley trade up to a British muscle car – the TVR Cerbera.

8.00 **Harpoon Hunters** With a quarter of the bluefin quota remaining, a change in weather forces a shift in strategy.

9.00 **Kindig Customs** New edition Dave and Kev take their talents Down Under when they visit Australia.

10.00 **Wheeler Dealers World Tour** In Southern France, Mike and Elvis find a charming 2CV Fourgonnette.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** The team journey to Prince of Wales Island in Alaska.
1.00 AM **Kindig Customs**
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Active companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** An aquarium.
1.00 PM **Animal Cops Phoenix**
2.00 **Treetop Cat Rescue**
3.00 **Tanked** With Ryan Newman.
4.00 **Bad Dog!** A monkey has free reign of a house.
5.00 **Alaska: Homestead Rescue** The Raneys create a self-automated homestead.
6.00 **Tanked** Nick Carter wants an aquarium for his home.

7.00 Animal Cops Phoenix

7.00 **Animal Cops Phoenix** Investigator McHugh tries to save a dog that has strayed onto a motorway, then helps a Chihuahua.

8.00 **Isle of Jaws: Blood Brothers** Exploring the mystery of where great white sharks mate, and where their pups are born.

9.00 **Deadliest Sharks** Documentary looking at whether oceanic whitetip sharks deserve their fearsome reputation.

10.00 **Alaskan Bush People** Matt, Bam, Bear and Gabe head out on their first-ever hauling job without their father.

11.00 **Flying Wild Alaska** A special canine delivery for Iditarod champion Lance Mackey.
12.00 M'T **Pit Bulls & Parolees** Two dogs need rescuing.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **Air Crash Investigation**
11.00 **Mayday** Documentary.
12.00 NOON **Mystery of MH370: Drain the Oceans**
1.00 PM **Area 51: I Was There**
2.00 **World War II: Secrets from Above** Double bill.
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a classic 1960s Mercedes.
6.00 **Nazi Megastructures** Exploring fortifications in the Channel Islands.

8.00 Tucci in Italy

7.00 **Air Crash Investigation: Surviving Disaster** Investigating a collision between two aircraft that killed 21 passengers.

8.00 **Tucci in Italy** New edition Stanley Tucci exposes the pioneering spirit of Italy's industrial heartland.

9.00 **Back to the Titanic** The first manned mission to the *Titanic* in nearly 15 years, using a special sub to scan the wreckage.

10.00 **Draining Loch Ness: In Search of the Monster** Advanced technology is used to explore the depths of Loch Ness.

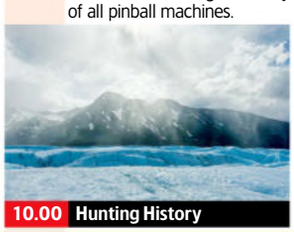
11.00 **Air Crash Investigation**
1.00 AM **To Catch a Smuggler** HSI discovers stash houses used to hide human cargo.
2.00 **Food Factory** How shortbread cookies are made.
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Mountain Men** Double bill.
4.00 **Flipping Bangers**
5.00 **Pawn Stars** A helmet signed by Mario Andretti.
6.00 **American Pickers** The Wolfe brothers locate the granddaddy of all pinball machines.


10.00 Hunting History

7.00 **Forged in Fire** The bladesmiths are tasked with forging Dave Baker's favourite blade – the Scottish Dirk.

8.00 **Storage Hunters** The bargain-hunters head to an airport auction. **8.30** Brandon sweats it out in Desert Hot Springs.

9.00 **The Curse of Oak Island** New edition The Laginas and their team are stunned by what they find in the Money Pit area.

10.00 **Hunting History with Steven Rinella** New edition The 1972 disappearance of the Begich/Boggs flight.

11.00 **Secrets of the Hells Angels** A look into the murder of Margo Compton and her six-year-old twin daughters.
12.00 M'T **Royal Mob**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The UnBelievable with Dan Aykroyd**
3.00 **Forged in Fire**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Murder Mysteries**
11.00 **The Buildings That Fought Hitler** As shown at 5.00pm.
12.00 NOON **Antiques Roadshow**
1.00 PM **Vintage Antiques Roadshow** From London.
2.00 **Bangers & Cash**
4.00 **Nazi Murder Mysteries**
5.00 **The Buildings That Fought Hitler** A focus on Chatham Docks on the Medway.
6.00 **Antiques Roadshow**

9.00 Turkey with Simon Reeve

7.00 **Canal Boat Diaries** Robbie receives a soaking inside the very wet Blisworth Tunnel on the Grand Union Canal.

8.00 **Great British Railway Journeys** Michael Portillo explores Felixstowe. **8.30** Michael Portillo explores RAF Lakenheath.

9.00 **Turkey with Simon Reeve** The presenter explores the country that lies at the crossroads between Europe and Asia.

10.00 **Bangers & Cash: Restoring Classics** The team fall for a Subaru Pick-up which has all the Mathewsons in agreement.

11.00 **Bangers & Cash** Derek has a three-hour drive in a 1960s bus that arrived in the UK after a life in the sun, and Dave auctions a Triumph TR7.
12.00 M'T **Classic Car Garage** Bodywork expert Gary helps a Ferrari F355 owner.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights** Action from stage 17, a route from San Michele all'Adige to Bormio.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **Celebrity Yorkshire Auction House** Angus helps Tommy Cannon sell his collection of showbiz memorabilia.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Curvy Brides Boutique**
12.00 NOON **Love, Honor, Betray** Crime series.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Shana Grice.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **I'd Kill for You**
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A man is found dead in an elderly woman's apartment.
8.00 **Murder She Solved** An investigation into the 1995 disappearance of Ottawa journalist Cara Louise Ellis.
9.00 **Storm of Suspicion** New edition An unimaginable crime shocks a southern California community.
10.00 **The Hunt for the Chameleon Killer** A gruesome 1990 murder in Florida leads to a transatlantic hunt for the killer.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** Scientists reopen a murder enquiry. **4.30** A fatally wounded woman manages to crawl to call 911. **5.00** How evidence picked up a rare genetic disorder and helped a woman convicted of killing her baby. **5.30** Deeply religious Gail Fulton is shot in the suburbs of Michigan. **6.00** A woman's disappearance. **6.30** An arrest is made 20 years after three sex workers were murdered.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murder in Slow Motion: The Shana Grice Story**
10.00 **How I Caught the Killer**
11.00 **Catching the Killer**
12.00 M'T **Most Evil Killers**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Immortal Egypt with Joann Fletcher**
9.35 **Henry VIII and the King's Men**
10.35 **Hitler's Propaganda Machine** Documentary.
11.45 **Italy's Invisible Cities**
1.00 PM **America the Bountiful** Documentary.
1.35 **Immortal Egypt with Joann Fletcher**
2.55 **Henry VIII and the King's Men**
3.55 **Hitler's Propaganda Machine** Documentary.
5.05 **Italy's Invisible Cities**
6.20 **Immortal Egypt with Joann Fletcher**
7.40 **Henry VIII and the King's Men**
8.35 **Hitler's Propaganda Machine** Documentary.
9.45 **Italy's Invisible Cities**
11.00 **Henry VIII and the King's Men**
12.00 M'T **Hitler's Propaganda Machine**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: William Holden**
8.00 **The Directors** Milos Forman.
9.00 **The Good Fight Club**
12.00 NOON **Paul Simon: In Restless Dreams** Double bill of editions.
4.00 PM **The Directors**
5.00 **Discovering: William Holden**
6.00 **100 Foot Wave** Hurricane Epsilon kicks Portugal's 2020 surfing season into high gear. **7.00** Nazaré officials announce a surf ban.
8.00 **Kings from Queens: The Run DMC Story** The group's fame grows exponentially.
9.00 **David Frost Vs** Series finale The journalist's interviews concerning the Middle East.
10.00 **1972: Munich's Black September** Documentary about the Munich massacre.
12.00 M'T **FILM The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
2.30 AM **The Scheme**
5.00 **to 6.00** AM **Discovering: William Holden**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Strange Creatures**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Strange Creatures**
5.00 **Mysteries of Evolution**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Kingdom of Plants**
9.00 **A Wild Year on Earth** Awe-inspiring seasonal events.
10.00 **Mysteries of the Mekong**
11.00 **Mysteries of Evolution**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **David Attenborough's Kingdom of Plants**
3.00 **A Wild Year on Earth**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Sand**
9.00 **Hitler's Engineers**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Egypt's Unexplained Files**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Hitler's Engineers**
5.00 **Ultimate Mysteries**
6.00 **National Park Mysteries**
7.00 **Close Encounters Down Under** UFO activity amid Queensland's farming country.
8.00 **Great Escapes with Morgan Freeman** The gripping narrative of a determined prisoner's quest for freedom.
9.00 **How Disney Built America**
10.00 **Secrets in the Sand** Jade stones round among rock faces.
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Close Encounters Down Under**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **When Missing Turns to Murder**
4.00 **Buried in the Backyard**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** True-crime.
8.00 **Killer in Plain Sight**
9.00 **The Eunuch Maker**
10.00 **Mary Kay Letourneau: Autobiography** The case of a US schoolteacher who pleaded guilty to two counts of felony.
12.00 M'T **Gypsy Rose: Life After Lock Up** Documentary.
1.00 AM **The Eunuch Maker**
2.00 **Killer in Plain Sight**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **National Parks: USA**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Land of the Iberian Lynx**
3.00 **America's Wild Southwest**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **South America Untamed** Featuring footage of animals that live in glaciers and deserts.
8.00 **America's Wild Heartlands** 1/5. The banks of the Mississippi, which is home to geese during the winter, and snapping turtles in the spring. **9.00** 2/5. A trip from Appalachia through to the Badlands of South Dakota.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Egypt's New Tomb Revealed** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Egypt's New Tomb Revealed** A gold coffin unearthed in the Valley of the Kings.
9.00 **Secrets Underground** Ancient ruins that suggest Europeans arrived in America 1,000 years before Columbus.
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** The fatal stabbing of Kirsten Costas in June 1984.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson** Double bill.
2.05 PM **Bargain Hunt**
4.05 **Parkinson** As 9.40pm.
5.25 **Doctor Who** *The Claws of Axos – Part Four:* 14/25. A lethal parasite capable of absorbing energy arrives on Earth. **6.00** *Colony in Space – Part One:* 15/25. The Doctor retrieves a Doomsday Machine. **6.35** *Colony in Space – Part Two:* 16/25. The Doctor comes into conflict with the Master. **7.05** *Colony in Space – Part Three:* 17/25. The Doctor attempts to retrieve a stolen Doomsday Machine. (S8)
7.40 **Bargain Hunt** From the South of England Showground. **8.40** From Lewes, Sussex.
9.40 **Parkinson** With Michael Palin, Ricky Gervais and Kate Adie. **11.00** With Pierce Brosnan, Halle Berry and Natalie Cole.
12.20 AM **Doctor Who**
2.35 **Bargain Hunt** As 7.40pm.
3.25 **to 6.00** AM **Parkinson**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who Killed Jane Doe?**
9.00 **Breaking Homicide**
11.00 **The Murder Tapes**
1.00 PM **The Perfect Murder**
3.00 **Evil Lives Here** Double bill.
5.00 **Southern Fried Homicide**
7.00 **Death by Fame** Examining the disappearance of Adea Shabani, who crossed oceans to pursue her Hollywood dreams. **8.00** In November 2008, James Brown's son-in-law, Darren Lumar, was shot dead.
9.00 **Body Cam** A routine traffic stop turns violent as the suspect makes a risky getaway. Plus, a knife-wielding man draws police into a dangerous foot chase.
10.00 **Before They Kill Again** No one knows how many victims a killer targeting hunters has murdered.
11.00 **American Monster** Ann Metz's husband Marshall despises Ann giving her time to anyone but him.
12.00 M'T **The Murder Tapes**
2.00 AM **Southern Fried Homicide**
4.00 **to 6.00** AM **Death by Fame**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **World's Greatest Motorcycle Rides** From John O'Groats.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers: Dream Car**
3.00 **World's Greatest Motorcycle Rides** From Land's End.
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried: Classic Cars**
8.00 **Last Chance Garage**
9.00 NEW SERIES **Car Fix**
10.00 **World's Greatest Motorcycle Rides** A trip across Russia.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Shed and Buried: Classic Cars** A VW Beetle Beach Buggy.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Hand Built Hot Rods**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
8.40 **Beetlejuice Beetlejuice**
10.30 **A Different Man** As 10.00pm.
12.30 PM **The Wild Robot** (2024)
2.20 **Bookworm** Adventure. (2024, 12, 103min) ★★★★
4.15 **Beetlejuice Beetlejuice** Fantasy comedy sequel. (2024, 12, 105min) ★★★★
6.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★

8.00 Speak No Evil

8.00 **Speak No Evil** Horror starring James McAvoy, Mackenzie Davis and Scoot McNairy. A dream holiday turns into a nightmare when an American family stay at a British couple's estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min)

12.00 M'T **The Damned** Horror mystery with Odessa Young. (2024, 15, 89min) ★★★★
1.35 AM **Cleaner** Thriller starring Daisy Ridley and Clive Owen. (2025, 15, 97min) ★★★
3.15 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
5.15 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.20 AM **Sky Cinema Preview**
6.50 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
8.40 **American Star** Mystery thriller. (2023, 15, 107min) ★★★★
10.40 **Lee** Biopic with Kate Winslet. (2023, 15, 117min) ★★★
12.40 PM **Black Hawk Down** Drama. (2001, 15, 144min) ★★★
3.10 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
5.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★

5.30 The Da Vinci Code

8.00 **Angels & Demons** Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
2.35 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
4.25 **to 6.00** AM **Jules** Comedy. (2023, 12, 87min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Monsoon** As 1.05am.
7.45 **Molly's Game** Biopic drama. (2017, 15, 137min) ★★★★
10.15 **The Starling Girl** As 2.40am.
12.25 PM **Love Story** Romantic drama starring Ryan O'Neal. (1970, PG, 100min) ★★★★
2.20 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
3.55 **She Came to Me** Comedy. (2023, 15, 102min) ★★★★
5.50 **Dallas Buyers Club** Fact-based drama starring Matthew McConaughey and Jared Leto. (2013, 15, 114min) ★★★★
8.00 **Oppenheimer** Biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end World War Two. (2022, 15, 180min) ★★★★★
11.05 **Billionaire Boys Club** Drama starring Ansel Elgort and Taron Egerton. (2018, 15, 108min) ★
1.05 AM **Monsoon** Drama with Henry Golding and Parker Sawyers. (2019, 12, 85min) ★★★★
2.40 **The Starling Girl** Drama. (2023, 15, 117min) ★★★★
4.45 **to 6.40** AM **Burning an Illusion** Drama with Cassie McFarlane. (1981, 15, 103min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.25 AM **There's Something in the Barn** As shown at 12.00m't.
8.15 **Arcadian** As 1.45am.
9.55 **The Exorcist: Believer** Horror sequel. (2023, 15, 111min) ★★★
11.55 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
2.50 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.35 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
6.25 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. (2023, 15, 109min) ★★
9.55 **Constantine** Horror starring Keanu Reeves and Rachel Weisz. A cynical hero realises that the truce between heaven and hell is breaking down and that infernal trouble lies ahead. (2005, 15, 121min) ★★★
12.00 M'T **There's Something in the Barn** Horror. (2023, 15) ★★
1.45 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
3.20 **MaXXXine** Thriller starring Mia Goth. (2024, 18, 110min) ★★★
5.10 **to 6.55** AM **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

7.30 AM **Little Vampire** Animation. (2020, PG, 85min) ★★★
8.55 **The Amazing Maurice** (2022)
10.45 **Dr Seuss' The Lorax** (2012)
12.15 PM **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
2.05 **Pan** Fantasy adventure. (2015, PG, 111min) ★★★
4.00 **Jack the Giant Slayer** Fantasy starring Nicholas Hoult. (2013, 12, 114min) ★★★
6.05 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

8.05 IF

8.05 **IF** Fantasy adventure starring Ryan Reynolds and Cailey Fleming. A young girl joins forces with her upstairs neighbour to matchmake discarded imaginary friends with new children. (2024, U, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Dr Seuss' The Lorax** Animated comedy with the voices of Danny DeVito and Ed Helms. (2012, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
1.25 AM **The Legend of Tarzan** Action adventure. (2016, 12, 110min) ★★★
3.20 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
5.00 **to 6.50** AM **The Amazing Maurice** Animated adventure. (2022, PG, 93min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **Zu: Warriors from the Magic Mountain** As 3.15am.
9.00 **Man of Steel** Adventure. (2013, 12, 143min) ★★★
11.25 **Superman Returns** Adventure. (2006, 12, 154min) ★★★
2.05 PM **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91min) ★★
3.45 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
5.35 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★

5.35 Wonder Woman

8.00 **Kong: Skull Island** Action adventure starring Tom Hiddleston and Samuel L Jackson. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

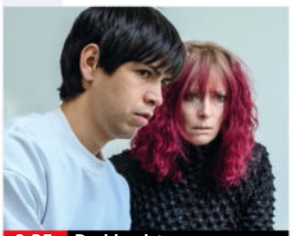
10.00 **Hancock** Action comedy fantasy starring Will Smith as a drunken bum of a superhero who leaves disaster in his wake. (2008, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **R.I.P.D** Comedy fantasy. (2013, 12, 96min) ★★★
1.30 AM **The Hand of Death** Thriller. (1976, 15, 95min) ★★★
3.15 **Zu: Warriors from the Magic Mountain** Chinese fantasy with Adam Cheng. Subtitled. (1982, PG, 95min) ★★★★
5.00 **to 6.55** AM **Shaolin Soccer** Hong Kong martial-arts sports comedy. Subtitled. (2001, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Problemista** As 9.35pm.
8.55 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
11.00 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
12.45 PM **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
3.05 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
4.50 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
6.40 **Bernard and the Genie** Fantasy. (1991, PG) ★★★



9.35 Problemista

8.00 **Disaster Movie** Comedy starring Matt Lanter and Vanessa Minnillo. Over the course of a single evening, a group of friends encounter a series of natural disasters. (2008, 12, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

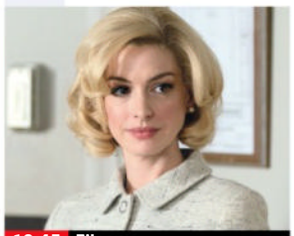
9.35 **Problemista** Comedy starring Tilda Swinton and Julio Torres. An aspiring toy designer from El Salvador attempts to bring his unusual ideas to life in New York. (2024, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Warm Bodies** Romantic comedy with Nicholas Hoult. (2013, 12, 94min) ★★★★
1.15 AM **The Money Pit** Romantic comedy starring Tom Hanks. (1985, 15, 91min) ★★★
2.55 **Bernard and the Genie**
4.10 **to 6.00** AM **The Edge of Seventeen** Comedy drama starring Hailee Steinfeld. (2016, 15, 104min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.25 AM **Antebellum** As 4.00pm.
9.25 **Maggie Moore(s)** Comedy. (2023, 15, 99min) ★★★
11.20 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.30 PM **Vanilla Sky** Romantic fantasy starring Tom Cruise. (2001, 15, 136min) ★★★
4.00 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
6.00 **The Good Neighbour** Thriller with Jonathan Rhys Meyers. (2022, 15, 97min) ★★★



10.45 Eileen

8.00 **Munich** Steven Spielberg's political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush. A Mossad hit squad get caught in a spiral of violence when it targets Palestinian terrorists responsible for the massacre of Israeli athletes at the 1972 Munich Olympics. (2005, 15, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Eileen** Thriller with Anne Hathaway and Thomasin McKenzie. A woman's friendship with a colleague takes a sinister turn. (2023, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Against All Odds** Thriller. (1984, 18, 116min) ★★
2.35 **The Royal Hotel** Thriller. (2023, 18, 91min) ★★★
4.15 **to 6.20** AM **A Place Called Silence** Chinese thriller starring Eric Wang. Subtitled. (2024, 15, 119min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The SpongeBob Movie: Sponge Out of Water** Animated family comedy. (2015, U, 93min) ★★★
12.50 PM **Barnacle Bill** Comedy. (1957, b/w, U, 87min) ★★★
2.35 **The Nevadan** Western. (1949, U, 81min) ★★★
4.15 **Henry VIII and His Six Wives** Drama. (1972, PG) ★★★
6.35 **Ben-Hur** Action adventure. (2016, 12, 130min) ★★★

9.00 Alita: Battle Angel

8 PM **Ben-Hur** (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Alita: Battle Angel** Sci-fi adventure starring Rosa Salazar and Christoph Waltz. In the 26th century, a cyborg is repaired by a technician with a dark secret. (2019, 12, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.25** **The Hate U Give** Drama starring Amandla Stenberg. When she witnesses the fatal shooting of her friend by a policeman, a teenager must stand up for what is right. (2018, 12, 133min) ★★★★
2.05 **to 3.50** AM **Sequin in a Blue Room** Drama with Conor Leach and Anthony Brandon Wong. (2021, 18, 80min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

6.35 AM **Fords on Water** As 3.50am.
8.15 **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★
10.15 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
12.10 PM **We're No Angels** Action comedy. (1989, 15, 106min) ★★
2.10 **Twins** Action comedy starring Arnold Schwarzenegger. (1988, PG, 107min) ★★★

4.10 **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★
5.55 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
8.00 **Do the Right Thing** Spike Lee's comedy starring Danny Aiello. (1989, 15, 120min) ★★★★★
10.05 **Babylon** Drama with Brinsley Forde and Karl Howman. A teenage Rastafarian DJ encounters racism and violence as he strives to reach the finals of a sound system competition. (1980, 15, 94min) ★★★

11.45 **Birdy** As shown at 5.55pm.
2.00 AM **Repo Man** Cult sci-fi thriller starring Emilio Estevez. (1984, 18, 92min) ★★★★
3.50 **Fords on Water** Comedy. (1983, 15, 83min) ★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.10 AM **The Big Heat** As 4.00am.
7.55 **Melancholia** As 12.05am.
9.35 **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
11.55 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
2.20 PM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
5.00 **Silent Running** Sci-fi drama starring Bruce Dern and Cliff Potts. (1972, U, 90min) ★★★★

6.35 **It Came from Outer Space** Sci-fi thriller starring Richard Carlson and Barbara Rush. (1953, b/w, PG, 81min) ★★★
8.00 **Star Trek II: The Wrath of Khan** Sci-fi adventure sequel starring William Shatner. (1982, 12, 113min) ★★★★
9.55 **Stargate** Sci-fi adventure with Kurt Russell. An Egyptologist and a US military team pass through a teleportation gate leading to another world. (1994, PG, 125min) ★★★★

12.05 AM **Melancholia** Crime drama. (1989, 15, 85min) ★★★
1.35 **Goodfellas** Gangster drama. (1990, 18, 143min) ★★★★★
4.00 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.35 **to 7.30** AM **Star Trek II: The Wrath of Khan** As 8.00pm.

Sky Cinema Animation

305 305 412 500 514

6.05 AM **The Road to El Dorado**
7.40 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★
9.30 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
11.20 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
12.50 PM **Barnyard** As 7.25pm.
2.25 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★

4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★
5.45 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
7.25 **Barnyard** Animated comedy. (2006, PG, 90min) ★
9.10 **Two by Two** Animated adventure. (2015, U, 85min) ★★
10.45 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
12.00 M'T **Mavka: The Forest Song** Animation. (2023, PG) ★★

1.45 AM **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
3.20 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
5.00 **to 6.00** AM **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U, 47min) ★★★

Movies 24

312 313 419

7.00 AM **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
9.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
11.00 **Two Tickets To Paradise** Drama. (2022, PG, 84min) ★★
1.00 PM **Love and the Radio Star** Comedy. (2022, PG, 90min) ★★
3.00 **What We Do For Love** Comedy with Tamara Almeida. (2023, PG, 89min) ★★

5.00 **Sweeter Than Chocolate** Comedy with Eloise Mumford. (2023, PG, 84min) ★★
7.00 **Writing a Love Song** Romantic drama starring Nina Kiri and Connor McMahon. (2024, PG, 85min) ★★
9.00 **The Attraction Test** Comedy starring Tara Wilson and Andrew Dunbar. A professor launches a new study designed to find perfect love matches – but is challenged to take the test herself. (2022, PG, 85min) ★★

11.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
1.00 AM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
3.00 **to 5.00** AM **The Journey Ahead** Comedy. (2022, PG, 102min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Jackpot** Crime drama. (1960, b/w, PG, 71min) ★★
8.25 **Chasing the Blues** Short film.
8.35 **The Limping Man** Thriller. (1954, b/w, PG, 76min) ★★
10.05 **Look at Life** Documentary.
10.15 **Not Wanted on Voyage** Comedy. (1957, b/w, U, 82min) ★★
11.55 **Tom Brown's Schooldays** Drama. (1951, b/w, U) ★★★

1.45 PM **What's On TPTV with Noel**
1.55 **The Brothers** 12/14. (S4)
3.00 **Rawhide** Western. (1950, b/w, PG, 86min) ★★
4.45 **Cinebox Memories**
4.50 **The Happiness of Three Women** Comedy with Brenda de Banzie. (1954, b/w, U, 80min) ★★
6.25 **Strange But True**
7.00 **Z Cars** 3/13. (S12)
8.00 **Manhunt** 26/26. (S1)
9.05 **Maigret** 3/3. (S10)
10.55 **Things to Come** Sci-fi fantasy. (1936, b/w, PG, 113min) ★★★★

12.45 AM **Blind Rage** Crime comedy starring Tony Ferrer and Leila Hermosa. (1976, 18, 80min) ★★
2.25 **The Aviator** Aerial adventure. (1985, PG, 93min) ★
4.25 **to 6.00** AM **The Man Who Changed His Name** Thriller. (1934, b/w, PG, 71min) ★★

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News** Round-up of the sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a tip on today's racing.
10.00 LIVE **State of Origin Rugby League Queensland Maroons v New South Wales Blues.** Coverage of game one of the annual three-match series, which takes place at Suncorp Stadium in Brisbane. Kick-off **11.05am**.
1.00 PM **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
6.00 **Golf Channel Live From The US Women's Open** Build-up to the Major from Erin Hills, Wisconsin.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Retro** Sheffield United v Wigan Athletic from 2007.
5.00 **Premier League Best Goals** A selection of incredible strikes during the 2020/21 season.
6.00 **Premier League 100: Peter Schmeichel** A look at the career of the former goalkeeper.
6.30 **Premier League 100 Club**
7.00 **Premier League Stories** Liverpool's title-winning campaign.
8.00 **Fantasy Show**
8.30 **Gary Neville's Soccerbox**
9.00 **Premier League Stories**
10.00 **Fantasy Show**
10.30 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Liverpool v Manchester City from 2018.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021-22**
11.30 **EFL Trophy Football**
12.00 NOON **EFL**
2.00 PM **EFL Highlights** Play-offs.
10.00 **EFL Cup Highlights** The final between Liverpool and Newcastle United from Wembley Stadium.
11.00 **EFL Greatest Games** Watford v Leicester City. **11.15** Highlights of Sheffield Wednesday v Leeds United. **11.30** Highlights of Derby County v Nottingham Forest. **11.45** Highlights of Queens Park Rangers v Nottingham Forest.
12.00 M'T **EFL** Leeds United v Watford.
1.00 AM **Best Moments from the Championship Play-Off Final**
1.30 **Best Moments from the League 1 & 2 Play-Off Final**
2.00 **Best Goals: EFL Cup 2022/23**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Action from a match in the Twenty20 competition.
7.00 **Best of England v Windies**
8.00 **Test Cricket** Highlights from England v Zimbabwe.
12.00 NOON **Best of England v Windies** Archive action.
1.00 PM **Talking Cricket** The story of some of the former England greats with Caribbean heritage.
1.30 **The Boy From Baracara** Michael Atherton visits the home of West Indies pace sensation Shamar Joseph.
2.00 **Women's International T20 Cricket** The third and final T20 in the series between England and West Indies from Ambassador Cruise Line Ground, Chelmsford.
6.00 **Ashes Greats** Andrew Flintoff's performances in 2005. **6.10** Glenn McGrath's performances in 2001. **6.20** Glenn McGrath's performances in 2001.
6.30 **Best of England v Windies**
7.00 **Test Cricket** Highlights of the single Test match between England and Zimbabwe at Trent Bridge.
11.00 **Best of England v Windies**
1.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Women's Open**
8.00 **LPGA Tour**
10.00 **The Open Zone**
10.30 **Playing Lessons**
11.00 **US Women's Open**
1.00 PM **Rose Ladies Series**
1.30 **Roots** Annika Sorenstam.
2.00 **LPGA Tour**
4.00 **Roots** Annika Sorenstam.
4.30 **Rose Ladies Series**
5.00 **PGA Tour: The Cut**
5.30 **HotelPlanner Tour**
6.00 **Golf Channel Live From The US Women's Open**
10.30 **HotelPlanner Tour**
11.00 **Rose Ladies Series**
11.30 **PGA Tour: The Cut**
12.00 M'T **Legends Tour**
1.00 AM **HotelPlanner Tour**
1.30 **Rose Ladies Series**
2.00 **PGA Tour: The Cut**
2.30 **Roots** Annika Sorenstam.
3.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **ATP Tennis** Recent action.
8.00 **WTA Tennis** From Dubai.
9.00 **WTA All Access**
9.30 **Tennis** Indian Wells Open.
10.00 **ATP Tennis** From Montpellier.
11.00 **WTA Tennis** Highlights.
12.00 NOON **WTA Tennis**
1.00 PM **ATP Tennis** From Texas.
2.00 **Tennis** Indian Wells Open.
2.30 **ATP Tennis** From Montpellier.
3.30 **WTA Tennis** Highlights.
5.30 **ATP Tennis** From Dallas, Texas.
6.30 **Tennis** Indian Wells Open.
7.00 **ATP Tennis** Recent action.
8.00 **ATP Tour This Week**
8.30 **WTA Tennis** Highlights.
10.30 **ATP Tennis** From Dallas, Texas.
11.30 **WTA All Access** The WTA Tour.
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia Highlights** The 16th stage.
7.00 **Premier League Stories**
8.00 **French Open** Highlights.
9.30 **Court Side** A look ahead.
10.00 LIVE **French Open** Coverage of the first day of round two of the tournament staged at Stade Roland Garros in Paris.
6.30 PM LIVE **UEFA Conference League Real Betis v Chelsea.** The final from Stadion Miejski we Wroclawiu in Wroclaw, Poland. This is the fifth meeting between these clubs and the first since they last met in the Champions League group stages in 2005. Chelsea finished top of the league phase after winning all six of their league games, while their opponents finished 15th overall with three wins to make it through to the knockout phase play-offs. Kick-off **8.00pm**. *See feature, page 28.*
11.00 **The Football's On**
12.00 M'T **Pound Land** A look at the trials and tribulations of Ken Bates and Matthew Harding.
1.30 AM LIVE **NBA** Coverage of a Conference final match.
4.00 **to 6.00** AM **NBA Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **AFL** Recent action.
12.00 NOON **What I Wore**
12.30 PM **Premier League Netbusters**
1.00 **MLB Highlights**
2.00 **NBA** A Conference final.
3.30 **What I Wore**
4.00 **UEFA Europa League & Conference League Magazine**
4.30 **MLB Highlights** Action from Major League Baseball.
5.30 **MLB Plays of the Week** A look at the most exciting plays from the past week's matches.
6.00 LIVE **MLB Cleveland Guardians v Los Angeles Dodgers.** Coverage of the inter-league match from Progressive Field. Start-time **6.10pm**.
9.15 **Premier League Reload** A catch-up from the final weekend of the 2024/25 season.
9.30 **MotoGP Highlights** The 2025 MotoGP British Grand Prix.
10.30 **Cycling: Men's Giro d'Italia Highlights** The 17th stage.
11.30 **TNT Sports Reload**
12.00 M'T **Isuzu UTE A-League**
2.00 AM **Roland Garros**
3.30 **MotoGP Highlights**
4.30 **British Speedway**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
10.00 LIVE **State of Origin Rugby League Queensland Maroons v New South Wales Blues.** Coverage of game one of the annual three-match series staged at Suncorp Stadium in Brisbane. Kick-off is at **11.05am**.
1.00 PM **Good Morning Football**
3.00 **Fight Night International**
6.00 **NBC's Pro-Football Talk**
8.00 **Fight Night International** Action from the August 2022 super-lightweight fight between Jose Pedraza and Richard Commey at Hard Rock Hotel & Casino in Tulsa, Oklahoma. **9.00** Highlights from the March 2022 super-lightweight bout between Jose Ramirez and Jose Pedraza. at Save Mart Arena in Fresno, California.
10.00 **State of Origin Rugby League** Queensland Maroons v New South Wales Blues.
11.00 **Fight Night International** Miguel Berchelt v Jeremiah Nakathila from March 2022.
12.00 M'T **The Insiders**
1.00 **to 6.00** AM **Fight Night International**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News** Round-up of the sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **The Football Show** A detailed look at all the major stories making the football headlines this morning, with discussion and analysis of the big talking points.
12.00 NOON **Lunchtime Live** The sports stories making the headlines.
2.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
7.00 **Sky Sports News** Round-up of the latest sports news.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Warrington Wolves v Hull Kingston Rovers. **2.45** AM Action from Catalans Dragons v Wigan Warriors.
5.30 **to 6.00** AM **My Icon**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Highlights.
8.00 **ATP Tennis** Recent action.
9.00 **DP World Tour Golf**
9.30 **Rose Ladies Series**
10.00 **Formula 1** Spanish Grand Prix.
12.00 NOON **Fight Night International**
2.00 PM **EFL Greatest Games**
3.00 **WTA Tennis**
4.00 **ATP Tennis** Hamburg Open final.
5.00 **US Women's Open Golf**
6.00 **State of Origin Rugby League**
7.00 **Premier League Darts**
11.00 **PGA Tour Golf**
12.00 M'T **Tennis** Highlights.
1.00 AM **PDC Classics**
2.00 **State of Origin Rugby League**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Isuzu UTE A-League**
8.00 **Premier League: Big Interview**
8.30 **UEFA Champions League Magazine** News and action.
9.00 **British Speedway**
10.00 **MotoGP Rewind**
10.15 **Premier League Reload**
10.30 **Giro d'Italia Men Highlights**
11.30 LIVE **Cycling: Men's Giro d'Italia** The 17th stage in Italy.
5.00 PM **TNT Sports Reload**
5.30 **Serie A – Full Impact**
6.00 **Discovery Golf** The latest news.
6.30 **Ultimate Pool** Finals night.
8.00 **Giro d'Italia Men Highlights**
9.00 LIVE **MLB San Diego Padres v Miami Marlins.** Start-time **9.10pm**.
12.15 AM **MLB Plays of the Week**
12.45 **MotoGP Rewind**
1.00 **UEFA Conference League**
2.30 **Serie A – Full Impact**
3.00 **Discovery Golf**
3.30 **Isuzu A-League Highlights**
4.00 **Cycling: Giro d'Italia**
5.00 **to 6.00** AM **HSBC SVNS**

TNT Sports 4

414 416 524 411 434

6.00 AM **French Open** Highlights.
7.30 **WNBA** Action from Indiana Fever v New York Liberty.
8.30 **One Day International Cricket** Action from the third and final ODI in the series between Ireland and West Indies from Malahide Cricket Club in Dublin.
9.30 **Court Side** Analysis ahead of the fourth day of the tournament.
10.00 LIVE **French Open** Coverage of the first day of round two of the tournamen, staged at Stade Roland Garros in Paris.
11.00 PM **French Open** Action from the fourth day of the tournament.
12.30 AM **Serie A – Full Impact** Action from the Italian top flight.
1.00 **Discovery Golf** Golf news.
1.30 AM **AFL** Action from Adelaide Crows v West Coast Eagles. **3.00** Action from Melbourne Demons v Sydney Swans. **4.30 to 6.00** AM Action from St Kilda Saints v Gold Coast Suns.

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **Euro Le Mans Highlights**
8.00 **British Minibikes**
10.00 **DTM Highlights**
11.00 **Michelin Le Mans Cup**
11.30 **Scottish Football Social Club**
12.30 PM **UK Independent Kart Racing** The third round.
2.00 **LaLiga Highlights**
3.00 **World Surf League**
4.00 **NASCAR Highlights**
5.00 **LaLiga Match Highlights**
5.30 **Top 14 Rugby Union Highlights**
6.00 **Viva LaLiga**
7.30 **Women's Football Weekly**
8.00 **DTM Highlights** The latest round of the season at Lausitzring.
9.00 **Scottish Football Social Club**
10.00 **Top 14 Rugby Union Highlights**
10.30 **UK Independent Kart Racing**
12.00 M'T **NASCAR Highlights**
1.00 AM **DTM Highlights**
2.00 **LaLiga Highlights**
3.00 **British Minibikes**
5.00 **to 6.00** AM **Transworld Sport**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks** Action from Charlotte Speedway.
9.00 **Bike World** Magazine.
9.30 **NHL Ice Hockey**
11.30 **Swedish Speedway** Smederna v Indianerna.
1.30 PM **FastZone**
2.00 **LaLiga News**
2.30 **Bike World** Magazine.
3.00 **Champions Cup** Northampton Saints v Bordeaux Begles.
5.00 **FastZone** Motorsports highlights.
5.30 **Scottish Cup Football** Aberdeen v Celtic in the final.
7.30 **Bike World** Magazine.
8.00 **EPCR Challenge Cup** Action from the final.
10.00 **NHL Ice Hockey** Play-off match.
12.00 M'T **FastZone**
12.30 AM **NHL: This is Hockey**
1.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1**
2.15 PM **Ted's Notebook**
2.45 **Ted Drives: Part 3-F1 Car**
3.00 **Indycar** The Indianapolis 500.
4.00 **Formula 1** Monaco Grand Prix.
5.00 **Formula 1** Action from the 2018 Spanish Grand Prix in Barcelona.
6.00 **Formula 1** Highlights from the 2019 Spanish Grand Prix.
7.00 **Formula 1** Highlights from the 2020 Spanish Grand Prix.
8.00 **Formula 1** Action from the 2021 Spanish Grand Prix.
9.00 **Formula 1** Monaco Grand Prix.
10.00 **Formula 1** Action from the 2022 Spanish Grand Prix.
11.00 **Formula 1** Highlights from the 2023 Spanish Grand Prix.
12.00 M'T **Formula 1** Action from the 2024 Spanish Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

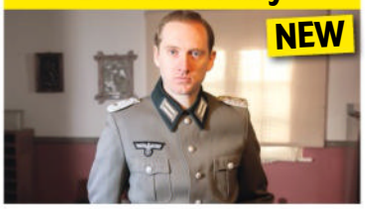
29 May

Evening Planner

Cricket

England v West Indies
Sky Sports Main Event & Sky Sports Cricket, play starts at 1pm
Coverage of the opening ODI in the three-match series from Edgbaston.

Documentary



Britain Under the Nazis: The Forgotten Occupation
C4, 8pm (box set, Channel 4 Streaming)
A look at the Nazi occupation of the Channel Islands during World War Two.

OnDemand

NETFLIX

Dept. Q
Available today
An English detective (Matthew Goode) is tasked with heading a new unit to raise the profile of the Edinburgh police.

OnDemand

prime

The Better Sister
Available today
Jessical Biel and Elizabeth Banks star as estranged sisters brought together by a brutal murder.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 Ambulance		10.00 News; Local News	
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Who Wants to Be a Millionaire?... †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Britain Under the Nazis: The Forgotten...		9.00 Taskmaster		10.00 The Horne Section TV Show	
	105 5	7.00 Summer in the Scilly Isles		8.00 The Yorkshire Vet		9.00 The Secret Life of Bees		10.00 A&E After Dark	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs K-Pop		9.00 Poker Face		10.00 Film: Rampage	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.05 Gavin & Stacey		9.00 Daddy Issues		10.05 Suits	
	116 BBC4	7.00 Film: Where Eagles Dare					9.30 Arena: Clint Eastwood – Out of the...		10.30 Film: Kelly's...
	118 ITV2	7.00 Deal or No Deal: Celebrity Special		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E		10.00 999: On the Front Line	
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	◂ 6.40 Billions		7.55 Game of Thrones		9.00 Big Little Lies		10.05 The Staircase	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...		10.20 The Fast Show: You...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Wycliffe	
	120 ITV4	◂ 6.55 The Motorbike Show		8.00 Beat the Chasers		9.00 Film: High Plains Drifter			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Robin Hood: Men in Tights			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs K-Pop		9.00 Poker Face		10.00 Resident Alien	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of Flash...		9.00 Film: The Deer Hunter			
	132 U&W	7.00 Nick Knowles' Big House Clearout		8.00 Ambulance Australia		9.00 Katie Piper: Locked Up in Louisiana		10.00 Multiple Birth Wards	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Harpoon Hunters		9.00 Ed Stafford: Man Woman Child Wild		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Pet Nation Renovation		9.00 Pit Bulls & Parolees		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.: Ultimate Countdown		9.00 Car S.O.S.		10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics			
	121 SKY DOCS	7.00 100 Foot Wave		8.00 Kings from Queens: The Run DMC Story		9.00 The Girl Who Caught a Killer			10.10 The Ringleader: The Case...
FILMS - Sky Cinema	301 PREMIERE	◂ 6.05 Beetlejuice Beetlejuice		8.00 A Different Man				10.00 Cleaner	
	302 80s	◂ 6.10 Star Trek III – The Search for Spock		8.00 Blade Runner				10.00 Repo Man	
	303 HITS	◂ 5.55 Inferno		8.00 You've Got Mail				10.00 Vanilla Sky	
	304 GREATS	◂ 6.00 Patriot Games		8.00 In the Line of Fire					10.10 Goodfellas
	305 ANIMATION	◂ 5.45 Sing	7.35 Surf's Up			9.10 Tom and Jerry: A Nutcracker Tale			10.10 Batman Unlimited: Monster...
	306 FAIRYTALE	◂ 6.00 IF		8.00 Hook					10.25 The Amazing...
	307 ACTION	◂ 5.05 Saving Private Ryan		8.00 Charlie's Angels			9.50 Charlie's Angels: Full Throttle		
	308 COMEDY	◂ 6.10 Dumb and Dumber		8.00 Shakespeare in Love					10.15 The Edge of Seventeen
	309 THRILLER	◂ 6.00 Nightcrawler		8.00 The Firm					
	310 DRAMA	◂ 6.05 Charlie Wilson's War		8.00 Dunkirk				10.00 Miranda's Victim	
	311 SCI-FI	◂ 6.10 Men in Black 3		8.00 Dune: Part Two					
	313 FILM4	◂ 6.05 The Remains of the Day				9.00 Mission: Impossible – Fallout			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of Finals Night							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories		8.30 Gary Neville's...	9.00 Big Interview	9.30 PL Stories		10.30 PL Icons
	403 FOOTBALL	7.00 EFL Highlights						10.00 SPFL Highlights	10.30 WSL: End of...
	404 CRICKET	◂ 12.15 One-Day International Cricket – Live: England v West Indies				9.00 Ashes Greats	9.30 Best of ICC...	10.00 Best of England v Windies	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the second day of round two of the tournament							
	411 TNT SPORTS 2	7.00 The Fantasy...	7.30 PL Netbusters	8.00 PL Stories		9.00 NBA			10.30 MLB Highlights

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in east London and Cambridgeshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Furniture restorer Katie Keat faces the challenge of a lifetime. (S)
2.45 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition The team work to transform a garden in Penarth, Glamorgan. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** The fallout of recent events continues to rock the locals of Albert Square. (S)(AD)

8 PM

8.00 **Interior Design Masters with Alan Carr** Series finale 8/8. The finalists transform holiday cottages in the village of Portmeirion in Gwynedd, before one of them wins the contest and a contract with retailer John Lewis. (S)(AD)

9 PM

9.00 **Ambulance** New edition 4/6. Crews respond to a patient in traumatic cardiac arrest after being stabbed. With his life hanging in the balance, doctors have no choice but to operate on him at the roadside. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Cheltenham, Gloucestershire, to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)
11.40 **Newscast** Light-hearted discussion on the week's political events. (S)
12.10 AM **The Hit List** Marvin and Rochelle Humes present a celebrity special, featuring the Rev Kate Bottley, Denise Van Outen, Max George, Maisie Smith, Sally Lindsay and Eddie Kadi. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Scandinavia with Simon Reeve** (S)(R)(AD)
9.00 **BBC News** (S)
12.50 PM **Lifeline** (S)(R)
1.00 **LIVE Gymnastics: European Championships** Coverage of the women's all-around final on day four of the event staged at Leipzig Trade Fair in Germany. (S)
3.00 **Lightning** Quiz show. (S)(R)
3.30 **Unbeatable** Game show. (S)(R)
4.00 **Kangaroo Dundee & Other Animals: Natural World** (S)(R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** At Bristol Cathedral. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 4/15. From Mount Vesuvius. (S)(R)

9.00 Marie Antoinette

7.00 **The Great House Revival** Series finale 4/4. Designers Robin Grundy and Eoin Murphy attempt to turn a Victorian schoolhouse in Wexford into a three-bedroom home. (S)
7.50 **The Fens: A Wild Year** (S)(R)

8.00 **Springwatch** New edition 4/12. Chris Packham and Michaela Strachan deliver the latest batch of updates from the National Trust's Longshaw Estate in the Peak District. (S)

9.00 **Marie Antoinette** New episode *The Pursuit of Happiness:* 4/8. Learning how poorly Parisian society thinks of her, the queen adjusts her appearance, and Jeanne's scheme hits snags. (S2) (S)
■ Entire series on BBC iPlayer

10.00 **Detectorists** 2/6. Lance is persuaded to try hypnotherapy for an awkward affliction, while Lance and Andy start finding some decent items. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **ODI Cricket Highlights** England v West Indies. Action from the first ODI in the three-match series at Edgbaston in Birmingham. (S)
11.50 **The Rise and Fall of Michelle Mone** 1/2. How Baroness Mone of Mayfair became embroiled in a PPE scandal. (S)(R)(AD)
12.50 AM **Sign Zone: Iolo's River Valleys**
1.20 **Sign Zone: Doctor Who** (S)(R)
2.05 **Sign Zone: Backlash – The Murder of George Floyd** (S)(R)
3.35 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James makes a lobster thermidor while chatting to Ashley Mullenger about her career at sea, and chef Wolfgang Puck serves up a dessert inspired by his childhood in Austria. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

2.00 James Martin's Midweek Menu

7.30 **Emmerdale** John envisions the latest nightmare and hopes that the truth won't come out, while Jacob is shocked. (S)(AD)

8.30 **Tonight: Street Racing – Caught on Camera** New edition Lewis Warner follows West Midlands car cruisers who are playing cat and mouse with police forces. (S)

9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson presents as Jools Holland, Nina Wadia and Ugo Monye take part in the quiz, answering up to 15 questions that could land their charities a huge sum of money. (S)(R)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM The Taking of Pelham 123** Action thriller remake starring Denzel Washington and John Travolta. Four ruthless gunmen hijack a crowded New York subway train, leading to a battle of wits between the gang's leader and a train dispatcher. With John Turturro. (S)(AD) (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **I Cut Off His Penis: The Truth Behind the Headlines** (S)(R)(AD)
4.10 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 18-21/26. (S5) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 5-8/24. (S10) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A home in the Andalucían town of Cómpeta. (R)
4.00 **Narrow Escapes** New edition Low water levels cause upset for Margaret and Tony. (S)(AD)
5.00 **Chateau DIY** Chris and Jolyon work on their luxury hotel-style bedroom and bathroom. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Andalucía, B&B owners Anthony and Ian are desperate for guest bookings. (S)

9.00 Taskmaster

7.00 **News** (S)

8.00 **NEW SERIES Britain Under the Nazis: The Forgotten Occupation** 1/2. The abandonment of the Channel Islands to Hitler's forces in 1940 when islanders faced the dilemma of collaborating with or resisting the occupiers. (S)(AD)

9.00 **Taskmaster** New edition 5/10. The contest continues as Rosie Ramsey has a revelation about monster identity, Stevie Martin finds a new use for her nail varnish, and Jason Mantzoukas learns that lollipop ladies exist. (S)(AD)

10.00 **The Horne Section TV Show** New episodes *The Cancellation:* 3/6. Something terrible happens in the studio. (S)(AD) **10.30** 4/6. Channel 4 instructs *The Horne Section TV Show* to collaborate with *Europe's Most Haunted House*. (S2) (S)(AD)
■ Entire series on C4 streaming
11.05 **24 Hours in A&E** (S)(R)
1.05 AM **Ramsay's Kitchen Nightmares USA** In Norwalk, Ohio. (S)(SL)(R)
1.55 **Candy: A Death in Texas** Candy gets involved in the investigation into Betty's murder. (S)(R)
2.55 **Sarah Beeny's Little House, Big Plans** A Dorset couple's pokey three-bed 1930s semi. (S)(R)(AD)
3.55 **A Cotswold Farmshop** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Secret Lives of Housewives** Drama starring Jessica Morris and Justin Berti. (S) (2022, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Andy and Rita welcome a prospective buyer for their shop. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall helps a dog that is bullying the female members of its household. (S)(R)
6.55 **News** (S)

9.00 The Secret Life of Bees

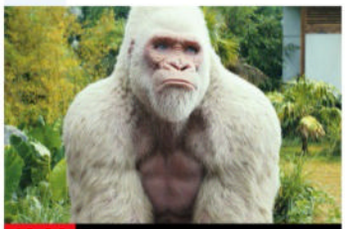
7.00 **Summer in the Scilly Isles** 2/4. The students of the only secondary school prepare for the summer holidays, and a St Martin's baker experiments with seaweed loaves. (S)(R)
7.55 **News** (S)
8.00 **The Yorkshire Vet** New edition Matt Smith is called to Cannon Hall Farm, where their star show horse has suffered a nasty cut to her eyelid, while Peter Wright deals with Pip the rebellious parrot. (S)
9.00 **The Secret Life of Bees** Series finale 2/2. Presenter Steve Backshall reveals how swarms and stings are nothing to be afraid of as he attempts to allow 10,000 bees to crawl all over his face. (S)
10.00 **A&E After Dark** In Middlesex, a man is brought in by the police having escaped a mental unit – he's under section, and a cigarette filter causes problems when used to scratch an ear. (S)(R)
11.05 **A Killer Makes a Call** (S)(R)
12.05 AM **5 Mistakes That Caught a Killer** Harold Shipman. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
3.45 **How They Built the Jumbo Jet** The development of the Boeing 747 jumbo jet. (S)(R)
4.30 **The World's Greatest Bridges** The Iron Bridge. (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Bartless:* Marge and Homer dream of a world in which Bart wasn't their son. (R) **5.30** *When Nelson Met Lisa:* Lisa and Nelson become an unlikely couple in the future. (R)
6.00 **The Office (US)** 18/28. A mystery woman catches Michael's eye while giving blood. (S)(R) **6.30** 19/28. Michael's idea to use 'golden tickets' as prizes for clients causes a major issue in the office. (S5) (S)(R)


10.00 Rampage

7.00 **The Simpsons** *Hostile Kirk Place:* Kirk goes on a crusade to censor and control the school curriculum. (R) **7.30** *Pin Gal:* A mysterious figure from Marge's past returns to coach her. (R)
8.00 **Rob & Romesh vs K-Pop** Comedians Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)
9.00 **Poker Face** *Sloppy Joseph:* 6/12. Charlie finds herself caught in a school kid's plot concerning the class pet. Guest stars Margo Martindale. (S2) (S)(R)
10.00 FILM **Rampage** Fantasy adventure starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Big Zuu and AJ Tracey's Rich Flavours** 2/3. The duo explore the Highlands' most outrageous dishes and immerse themselves in the culture and customs. (S)(R)
1.10 **Curb Your Enthusiasm** (S)(R)
2.30 **Road Wars** (R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **12.10** Scotcast (S)(R) **12.40** The Hit List (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50** The Hit List (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Hardy Bucks Series finale (S) **11.00** Hold the Front Page (S)(R) **11.50** ODI Cricket Highlights (S) **12.35-12.50am** The Chronicles of Belfast (S)(R)

WALES
Sky 968, Freesat 968
10.00-10.30pm Feast of Football (S)

ITV1

As main ITV1 except:

WALES
9.00-10.00pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **10.30** Eisteddfod yr Urdd New edition **12.00noon** Newyddion a'r Tywydd **12.05pm** Eisteddfod yr Urdd New edition **1.55** Newyddion a'r Tywydd **2.00** Seremoni'r Dydd: Y Cadeirio New edition **2.30** Eisteddfod yr Urdd New edition **6.30** Cysgu O Gwmpas (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Eisteddfod yr Urdd New edition **9.30** Newyddion a'r Tywydd **9.35** Pawb a'i Farn New edition **10.35** Amour & Mynydd **11.35pm-1.10am** Eisteddfod yr Urdd

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The team drive muscle cars from San Francisco to Utah.
8.00 **The Catch Up**
8.05 **Gavin & Stacey** 4/8. The newlyweds argue while on a night out at the bowling alley. **8.30** 5/8. Bryn tries to organise a surprise. (S2)
9.00 **Daddy Issues** 3/6. Gemma enlists Cherry to help find a father for her unborn child. **9.25** 4/6. Gemma tries birthing classes. (S1)
9.50 NEW **Danielle Does Life** Sketch show with Danielle Vitalis and Vicki Pepperdine.
10.05 **Suits** 3/16. Mike tries to remain safe without breaking Danbury's unwritten rules. **10.45** 4/16. Mike is presented with a deal. (S6)
11.25 **Highlights: Radio 1's Big Weekend Liverpool**
12.25 AM **I Kissed a Boy**
2.00 **Gavin & Stacey** (S2)
2.30 **Paranormal: The Girl, the Ghost and the Gravestone**
3.00 **The Film Fan's Guide to Glasgow**
3.10 **to 4.00** AM **Daddy Issues**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM FILM **Where Eagles Dare** World War Two adventure starring Richard Burton. An elite group of Allied commandos embark on a mission to rescue a US general being held in a castle fortress in the Bavarian Alps, but it soon becomes apparent that there is a traitor in their midst. (1968, PG, 149min) ★★★★
9.30 **Clint Eastwood: Out of the West – Arena** 1/2. A profile of Hollywood icon Clint Eastwood, focusing on his childhood, TV success and classic roles in films.
10.30 FILM **Kelly's Heroes** World War Two comedy starring Clint Eastwood. An American private recruits a platoon of oddballs to steal $16 million in gold hidden in a French bank behind enemy lines. (1970, PG, 143min) ★★★★
12.50 AM **Clint Eastwood: American Filmmaker – Arena** 2/2. Documentary.
2.05 **to 3.05** AM **How the Wild West Was Won with Ray Mears**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me**
3.10 **Four in a Bed** From the King's Head in Lincolnshire. **3.40** The contest heads to Beck Hall in North Yorkshire. **4.15** The third day is at the Albaston in Torquay. **4.50** From the Hotel Piccadilly in Bournemouth. **5.20** The week's winning B&B is announced.
5.50 **Car S.O.S** A 1989 Golf.
6.55 **Car S.O.S** Fuzz Townshend and Tim Shaw work to restore a Triumph TR7.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer returns to Brixworth in Northamptonshire to catch up with Sarah and Ian, who were on the show in 2015.
9.00 **24 Hours in A&E** Cyclist Stephen has severely damaged his ankle after coming off his bike deep in woodland in Surrey.
10.00 **999: On the Front Line** Paramedic Rob and technician Mike rush to an unconscious 21-month-old baby in Kidderminster.
11.05 **Top Guns: Inside the RAF**
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.05 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck Down Under** New edition Wind and rain threatens to drown a difficult beach picnic, a steward takes liberties with her break time, and the guests have a dinner fit for a god.
9.00 **Celebrity Gogglebox** Famous faces appraise *Alan Carr's Epic Gameshow.*
10.00 **Gogglebox** Opinions on shows including *Line of Duty.*
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.40 **YOLO: Rainbow Trinity** New episode 7/8. (S3)
1.55 **Mike Tyson Mysteries** New episode 7/20. (S3)
2.10 **Brooklyn Nine-Nine**
3.00 **The Goldbergs**
3.25 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.15 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

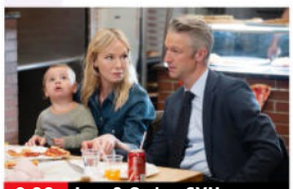
THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

- **6.00** AM **Road Wars**
- **7.00** **The Real A&E**
- **8.00** **Border Patrol**
- **9.00** **Border Security: Canada's Front Line** Double bill.
- **10.00** **Bondi Rescue** Double bill.
- **11.00** **Stop, Search, Seize**
- **12.00** NOON **The Good Doctor**
- **1.00** PM **The Rookie: Feds** (S1)
- **2.00** **FBI** 22/22. The team make a shocking discovery. (S1)
- **3.00** **Caught on Dashcam**
- **5.00** **Caught Red Handed**
- **6.30** **Nothing to Declare**



9.00 Law & Order: SVU

7 PM

- **7.00** **Nothing to Declare** Brisbane Airport is closed. **7.30** Officers deal with a man who calls himself the 'lonely rider'.

8 PM

- **8.00** **FBI: Most Wanted** *Footsteps:* 2/13. The gang investigate multiple bombings targeting retired police officers. (S5)

9 PM

- **9.00** **Law & Order: Special Victims Unit** *First Light:* 9/20. A woman is faced with a video of a night she can't remember. (S26)

10 PM

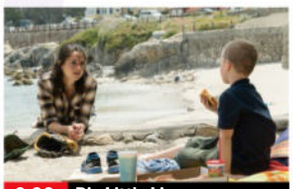
- **10.00** **FBI: International** *Dead Sprint:* 19/22. The team investigate when an American tourist is killed in Stockholm. (S2)
- **11.00** **The Good Doctor** 15/20. (S3)
- **12.00** M'T **FBI** 2/15. (S3)
- **1.00** AM **Chicago Med** New episode
- **2.00** **Chicago Fire** New episode
- **3.00** **Chicago PD** New episode
- **4.00** **Highway Patrol**
- **5.00** **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

- **6.00** AM **The Guest Wing**
- **8.00** **The Sopranos** 9&10/13. (S1)
- **10.05** **Billions** 3&4/12. (S5)
- **12.20** PM **Game of Thrones** (S4)
- **1.25** **Gangs of London** (S3)
- **3.25** **The Sopranos** 9/13. Carmela learns Junior's intimate secrets. **4.30** 10/13. Tony's henchmen kill a Colombian drug dealer on their patch. (S1)
- **5.35** **Billions** 3/12. Axe has to deal with a family crisis. **6.40** 4/12. Axe's latest move puts him right in Mike Prince's line of fire. (S5)



9.00 Big Little Lies

- **7.55** **Game of Thrones** *First of His Name:* 5/10. Cersei and Tywin plot their next move, Daenerys hears worrying news, and Jon and his men attack the mutineers. (S4)
- **9.00** **Big Little Lies** *Push Come to Shove:* 4/7. Celeste angers Perry by lending her legal skills to get the play back on track. (S1)
- **10.05** **The Staircase** *Chiroptera:* 2/8. Michael's children grapple with shocking new information about their father. (S1)
- **11.25** **Homicide: Life on the Street**
- **12.25** AM **The Gilded Age** 6/8. George heads to Pittsburgh to deal with the potential strike,. **1.30** 7/8. George strikes a deal with Bill Henderson. (S2)
- **2.35** **Game of Thrones** (S4)
- **4.50** **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

- **6.00** AM **Hawaii Five-0** (S6)
- **8.00** **The Flash** 13/18. (S7)
- **9.00** **Stargate SG-1** 5&6/20. (S8)
- **11.00** **Poker Face** New episode 6/12. Charlie finds herself caught in a school kid's plot concerning the class pet. (S2)
- **12.00** NOON **The Flash** 14/18. (S7)
- **1.00** PM **Hawaii Five-0** (S6)
- **3.00** **SEAL Team** 10/22. The unit are sent to Yemen to locate a mobile phone. (S1)
- **4.00** **S.W.A.T.** 6/21. (S3)
- **5.00** **Supergirl** 2/22. (S4)
- **6.00** **Stargate SG-1** 15/20. (S8)

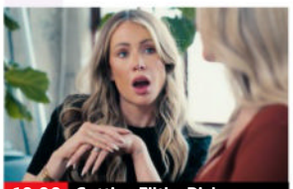
9.00 Poker Face

- **7.00** **Stargate SG-1** *Avatar:* 6/20. Teal'c finds himself trapped in a virtual-reality simulation. (S8)
- **8.00** **Rob & Romesh vs K-Pop** Rob and Romesh enter the world of the K-Pop, starting at a sold-out NCT Dream gig.
- **9.00** **Poker Face** *Sloppy Joseph:* 6/12. Charlie finds herself caught in a school kid's plot concerning the class pet. (S2)
- **10.00** **Resident Alien** *The Weight:* 11/16. Asta tells Dan about the shooting, while Harry learns what it takes to be a friend. (S2)
- **11.00** **Resident Alien** 12/16. (S2)
- **12.00** M'T **Big Zuu and AJ Tracey's Rich Flavours** 2/3.
- **1.00** AM **Supergirl** 3/22. (S4)
- **2.00** **Hacks** Series finale 10/10. (S4)
- **2.30** **Road Wars** Vehicle crime.
- **3.00** **SEAL Team** 10/22. (S1)
- **4.00** **S.W.A.T.** 6/21. (S3)
- **5.00** **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

- **6.00** AM **CITV**
- **9.00** **Totally Bonkers Guinness World Records**
- **10.00** **Dress to Impress**
- **12.00** NOON **Dinner Date**
- **1.00** PM **Deal or No Deal: Celebrity Special**
- **2.00** **Ant & Dec's Limitless Win**
- **3.00** **Hart of Dixie** 18/22. (S2)
- **4.00** **Gilmore Girls** 18/22. (S7)
- **5.00** **Dinner Date**
- **6.00** **Celebrity Catchphrase** With Bonnie Langford, Aston Merrygold and Liza Tarbuck.



10.00 Getting Filthy Rich

- **7.00** **Deal or No Deal: Celebrity Special** Stephen Mulhern hosts as Motsi and Oti Mabuse take on the banker.
- **8.00** **Ant & Dec's Limitless Win** A married couple continue their game, then a father and daughter take on the money ladder.
- **9.00** **The 1% Club** Quiz game show hosted by Lee Mack in which the questions are all about logic and common sense.
- **10.00** **Olivia Attwood: Getting Filthy Rich** Olivia travels to the US to find out how much the top earners on OnlyFans make.
- **11.05** **Family Guy** (S10&9)
- **12.05** AM **American Dad!** (S7)
- **1.05** **Bob's Burgers** 9&11/22. (S12)
- **2.05** **Totally Bonkers Guinness World Records**
- **2.35** **Unwind with ITV**
- **3.00** **Teleshopping**
- **4.30** **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

- **6.00** AM **Classic Emmerdale**
- **7.00** **Classic Coronation Street**
- **8.05** **Where the Heart Is**
- **9.15** **Agatha Christie's Poirot**
- **10.25** **The Royal** *Sinking Feeling.*
- **11.25** **Heartbeat** Double bill.
- **1.25** PM **Classic Emmerdale**
- **2.25** **Classic Coronation Street**
- **3.25** **Agatha Christie's Poirot**
- **4.30** **Downton Abbey** 8/9. A cricket match brings out Robert's competitive side. (S3)
- **6.00** **Heartbeat** *The Big Chill:* An informant leads police to a drugs shipment.

8.00 Vera

- **7.00** **Heartbeat** *Bully Boys:* Geoff fails to control a violent outbreak at the bookmakers. Guest stars Martin Kemp.
- **8.00** **Vera** *Vital Signs:* DCI Stanhope is called out to a grim scene when a body found in the back of a burnt-out car and the victim is identified as a popular local GP.
- **10.00** **Wycliffe** *The Cycle of Death:* The murder of a Penzance bookshop owner leads the detective to uncover a family feud.
- **11.35** **Cracker** *White Ghost:* Fitz helps the Hong Kong police solve the bizarre murder of a high-flying businessman.
- **1.35** AM **Where the Heart Is**
- **2.30** **Unwind with ITV**
- **3.00** **Teleshopping**
- **4.30** **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- **12.00** NOON **This Is BBC Scotland**
- **7.00** PM **Reporting Scotland**
- **7.30** **Scotland's Greatest Escape** 3/5. In Ayrshire.
- **8.00** **Beechgrove Garden** New edition 9/26. Brian Cunningham underplants the calendar border.
- **8.30** **Landward** New edition 9/26. Dougie Vipond reports on the advance of the bluetongue virus.
- **9.00** **Mrs Brown's Boys** 5/7. Agnes's children suspect one of them is adopted. (S3)
- **9.30** **Two Doors Down** 3/6. Christine is in hospital for an operation. (S4)
- **10.00** **Paramedics on Scene** 9/10. A teenager in Inverness is unresponsive.
- **11.00** **Scotcast** New edition Discussion on Scotland's biggest news stories.
- **11.30** PM **to 12.00** M'T **Scot Squad** 3/6. (S2)

Sky Comedy

114/115 112/113 112 347 362

- **8.00** AM **High Maintenance**
- **9.10** **The Conners** (S1)
- **10.10** **Entourage** (S3)
- **11.20** **Insecure** (S5)
- **12.35** PM **Ballers** (S2)
- **1.55** **Entourage** (S3)
- **3.05** **High Maintenance** (S2)
- **4.25** **Insecure** (S5)
- **5.45** **The Office (US)** (S5)
- **6.45** **The Conners** (S1)
- **7.45** **Ballers** 3/10. Spencer deals with repercussions from Vernon's injury. **8.20** 4/10. Jason visits the swamps. (S2)
- **9.00** **Girls** 5/12. Hannah attends a funeral. **9.40** 6/12. Hannah lands a job writing for *GQ* magazine. (S3)
- **10.20** **Maisie Adam: Appraisal** A home town show by the comedian at Harrogate Theatre.
- **11.45** **Curb Your Enthusiasm**
- **1.05** AM **And Just Like That...**
- **3.00** **High Maintenance** (S3)
- **4.20** **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

- **6.00** AM **George Balanchine's The Nutcracker**
- **7.50** **The Joy of Painting**
- **9.00** **Tales of the Unexpected**
- **10.00** **Hitchcock Presents**
- **11.00** **The Directors**
- **12.00** NOON **Landscape Artist of the Year 2024**
- **1.00** PM **Tales of the...**
- **2.00** **Wonderland: From JM Barrie to JRR Tolkien**
- **3.00** **The Directors**
- **4.00** **Discovering**
- **5.00** **Landscape Artist...**
- **6.00** **Tales of the Unexpected**
- **7.00** **Hitchcock Presents**
- **8.00** **Classic Movies: The Story of Flash Gordon**
- **9.00** **FILM** **The Deer Hunter** Drama. (1978, 18, 183min) ★★★★★
- **12.30** AM **The Directors**
- **1.30** **Up Late with Nicola Benedetti**
- **3.05** **Hitler's Jazz Band**
- **4.00** **Landmark**
- **5.00** **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

- **7.00** AM **Border Security: Canada's Front Line**
- **8.00** **Nothing to Declare**
- **10.00** **UK Border Force**
- **11.00** **Border Security: Canada's Front Line**
- **12.00** NOON **Road Wars**
- **1.00** PM **Border Patrol**
- **2.00** **UK Border Force**
- **3.00** **Nothing to Declare**
- **4.00** **Star Trek: Enterprise**
- **5.00** **Stargate SG-1** (S4)
- **6.00** **Stargate Atlantis** (S5)
- **7.00** **Star Trek: Voyager** *Critical Care:* 5/26. The Doctor is abducted. (S7)
- **8.00** **Star Trek: Deep Space Nine** 9/20. (S1)
- **9.00** **Murder Uncut** A house fire turns into a murder investigation.
- **10.00** **How I Caught the Killer**
- **11.00** **Grimm** 5/22. (S3)
- **12.00** M'T **Nothing to Declare**
- **2.00** AM **Brit Cops: Rapid Response**
- **3.00** **Highway Patrol**
- **4.00** **Border Patrol**
- **5.00** **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

- **7.30** AM **Highlights**
- **9.15** **Gary Barlow's Wine Tour: South Africa**
- **10.15** **The Real Housewives of Miami**
- **11.15** **The Real Housewives of New York City**
- **12.05** PM **Georgia and Tommy: Baby Steps**
- **1.05** **The Only Way Is Essex**
- **2.10** **Dinner Date**
- **3.10** **Scott's Vacation House Rules**
- **4.05** **The Real Housewives of Miami**
- **5.00** **Real Housewives of New York City** New edition
- **6.00** **Buying and Selling**
- **7.00** **Gary Barlow's Wine Tour: South Africa**
- **8.00** **Dinner Date**
- **9.00** **Million Pound Pawn**
- **10.00** **Botched**
- **10.55** **My Mum, Your Dad**
- **11.55** **The Only Way Is Essex**
- **1.00** AM **Backyard Builds**
- **1.25** **Unwind**
- **1.30** **to 6.00** AM **Highlights**

+1 hour 319

GREAT! tv

157 167 170 50 48

- **8.00** AM **Hart to Hart** (S2)
- **9.00** **Diagnosis Murder**
- **11.00** **Father Dowling Mysteries** 5/13. (S2)
- **12.00** NOON **Sue Thomas: F.B.Eye** 14/19. (S2)
- **1.00** PM **Hart to Hart** (S2)
- **2.00** **Father Dowling Mysteries** 10/13. (S2)
- **3.00** **Diagnosis Murder**
- **5.00** **Murder, She Wrote**
- **7.00** **M*A*S*H** 3-6/24. (S2)
- **9.00** **Randall and Hopkirk (Deceased)** 12/26. (S1)
- **10.00** **The New Avengers** *K Is for Kill Part Two – Tiger by the Tail:* 9/13. Steed fears the start of World War Three. (S2)
- **11.00** **The Persuaders!** (S1)
- **12.00** M'T **M*A*S*H** (S2)
- **2.00** AM **Randall and Hopkirk (Deceased)**
- **3.00** **The Persuaders!** (S1)
- **4.00** **Highway to Heaven**
- **4.50** **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **Minder**
7.10 **The Professionals**
8.10 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **Dempsey and Makepeace**
1.30 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase**

6.55 The Motorbike Show

6.55 The Motorbike Show Henry and Sam get the engine in the Harley Bobber restoration.

8.00 Beat the Chasers Contestants take on a team of chasers in the hope of winning big.

9.00 FILM High Plains Drifter Western directed by and starring Clint Eastwood. A mysterious gunslinger is hired to protect a remote frontier town from three vengeful outlaws. (1972, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM Dirty Harry Thriller starring Clint Eastwood. (1971, 15, 103min) ★★★★★
1.05 AM **Minder**
1.55 **On the Road**
2.50 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted US**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 2/26. (S6)
2.00 **Blood & Treasure** 8/13. (S1)
3.00 **Stargate Universe** (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 2/26. Guest stars Dwight Schultz. (S6)
6.00 **Star Trek: Enterprise** 13/26. Trip is stranded on the dark side of a moon. (S2)

10.00 The Walking Dead

7.00 Blood & Treasure *The Lunchbox of Destiny:* 8/13. The FBI offers information that will help them search for Cleopatra. (S1)

8.00 Stargate Universe *Alliances:* 13/20. Greer and Wray are trapped when a radiation-emitting alien ship crashes. (S2)

9.00 Grimm *Into the Schwarzwald:* 12/22. Renard joins Hank and Wu to track down a deadly assassin. (S5)

10.00 The Walking Dead *Mercy:* 1/16. Rick's group band together to fight back against the despotic Negan. (S8)

11.00 The Ark 11/12. Strickland has a difficult decision to make. **12.00** M'T 12/12. The crew arrive somewhere that seems too good to be true – and it just might be. (S2)
1.00 AM **True Blood** 3&4/12. Double bill of episodes. (S4)
3.00 **Blood & Treasure** 8/13. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 7/8. (S3)
11.00 **Hudson & Rex** 1/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 8/10. (S1)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S17)
4.00 **Father Brown**
5.00 **Hudson & Rex** 1/16. (S2)
6.00 **Body of Proof** 12/13. A prisoner asks Megan to help to prove his innocence. (S3)

9.00 Murdoch Mysteries

7.00 Shakespeare & Hathaway: Private Investigators 8/10. Frank and Lu struggle to protect a troubled teenager. (S1)

8.00 Death in Paradise *Steamy Confessions:* 2/9. The team are baffled when an archaeologist is poisoned. (S10)

9.00 Murdoch Mysteries New episode *The Death of James Pendrick:* 17/22. A small aeroplane crashes in Toronto. (S18)

10.00 Father Brown *The Alchemist's Secret:* The priest sets out to protect a friend by investigating a 300-year-old secret.
11.00 **Body of Proof** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 15/24. Kitty Winter returns. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.00 **My Hero**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

7.40 The Good Life

7.00 Dad's Army George Mainwaring assembles a motley crew of volunteers.
7.40 The Good Life Tom draws on his resources to practise self-sufficiency, building a generator that runs on animal dung. **8.20** Tom is tempted to earn extra money.

9.00 Still Open All Hours Granville's plans to open a coffee shop cause a stir.
9.40 Harry Enfield's Television Programme Smashie and Nicey visit Alan Freeman.
10.20 The Fast Show: You Ain't Seen These, Right?
11.00 **Not Going Out**
11.40 **Only Fools and Horses**
12.20 AM **Harry Enfield's Television Programme**
1.00 **Still Open All Hours**
1.35 **The Fast Show: You Ain't...**
2.15 **Not Going Out**
2.45 **Still Open All Hours**
3.30 **to 4.00** AM **The Good Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Our Guy in China**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Storage Hunters UK: Celebrity Special**
1.00 PM **Celebrity Storage Hunters**
2.00 **Our Guy in China**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King go sea-fishing.
6.00 **Rick Stein's Long Weekends** Sampling the cuisine of Vienna.

5.00 The Hairy Bikers' Asian...

7.00 Would I Lie to You? With Sarah Millican, David Harewood, Bob Mortimer andd Jon Richardson.
7.40 Richard Osman's House of Games With Diarmuid Gavin and Roo Irvine. **8.20** Featuring Rick Edwards, Scarlett Moffatt and Naga Munchetty.

9.00 QI XL Guests Isy Suttie, Tim Minchin and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.

10.00 Have I Got a Bit More News for You Clive Myrie hosts the current affairs quiz, with Jon Richardson and Marianna Spring.
11.00 **8 Out of 10 Cats** With Lethal Bizzle, Tiff Stevenson, Jessica Knappett and Nish Kumar.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Australian Ninja Warrior**
3.15 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

Thursday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** Property series.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Property.
7.00 **The Dog House**
8.00 **Meal Deals: Behind the Bargain** Part two of two.
9.00 **Britain's Most Expensive Houses** A look at Jersey's most exclusive properties.
10.00 **24 Hours in A&E**
11.05 **Night Coppers**
12.05 AM **Gogglebox**
1.10 **Open House: The Great Sex Experiment**
2.15 **Taskmaster**
3.20 **8 Out of 10 Cats Does Countdown**
4.15 **to 4.45** AM **Food Unwrapped**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
1.00 PM **Law & Order** Five back-to-back episodes.
6.00 **NCIS** 22/22. The team set out to stop an impending terror attack on US soil. (S20) **7.00** *Algún Día:* 1/10. The team help Torres when he puts his future at stake. **8.00** *The Stories We Leave Behind:* 2/10. The agents work on one of Ducky's unfinished cases. (S21)
9.00 **Blue Bloods** *Whistleblowers:* 6/22. Frank contends with a whistleblower within the NYPD team. (S7)
10.00 **Law & Order: Special Victims Unit** (S23)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Criminal Minds**
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Internet Scams: Don't Get Caught Out**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **Skin A&E** A patient with an overgrown mole.
11.00 **Ambulance: Code Red**
12.00 M'T **Don't Tell the Doctor** Medical series.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **The Lizzie Borden Chronicles** Series finale
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Traffic Cops**
11.00 **Police Interceptors**
12.05 PM **FILM Abilene Town** Western drama. (1946, b/w, 15, 91min) ★★★
1.55 **FILM Gunfight at Comanche Creek** Western drama. (1963, U, 90min) ★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An inspector attends the scene of a three-vehicle crash.
9.00 **Trucking Hell** New edition A massive articulated truck tumbles down a steep slope. **10.00** A recovery op finds himself under a bus.
11.00 **Yellowstone** 9/10. (S3)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary series.
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build Ireland**
12.00 NOON **DIY SOS: The Bigger Build Ireland**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build Ireland**
7.00 **Nick Knowles' Big House Clearout**
8.00 **Ambulance Australia**
9.00 **Katie Piper: Locked Up in Louisiana** Katie meets Whitley, who was convicted of killing her brother.
10.00 **Multiple Birth Wards** A couple expecting their second set of twins.
11.00 **999 Rescue Squad**
1.00 AM **Fashion's Dirty Secrets: Stacey Dooley Investigates**
2.00 **to 3.00** AM **Emily Atack: Asking for It?**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective** New episode *Myths and Legends – Part Two:* 4/6. Max and Layla think they have their culprit. (S3)
9.00 **Shakespeare & Hathaway: Private Investigators** (S2)
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Sister Boniface Mysteries** 8/12. (S2)
1.30 **Rebus** 1/4. (S1)
3.10 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Puglia.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition Zak investigates a former girl's school after a gardener discovers bones in a shallow grave.
10.00 **Celebrity Help! My House Is Haunted** New edition Jo Wood wants to learn more about the spirits monitoring her 19th-century farmhouse.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire: New Year Special** Quiz.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Five London firefighters compete in the quiz show hosted by Warwick Davis.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **The Heroes of WW2**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Coroner Creek** Western. (1948, PG, 89min) ★★
3.00 **FILM Death Rides a Horse** Spaghetti Western. (1969, 15, 111min) ★
5.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Flight of the Phoenix** Adventure starring Dennis Quaid. (2004, 12, 113min) ★★★
12.00 M'T **FILM Blowback** Crime action thriller. (2022, 15, 93min) ★★
2.05 AM **FILM Absolute Zero** Disaster movie. (2005, 12, 87min) ★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.50 **FILM Goosebumps** Fantasy adventure. (2015, PG, 103min) ★★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Final Verdict** Crime action drama. (2009, PG, 85min) ★★
2.55 **FILM Virtual Lies** Thriller. (2012, PG) ★
5.05 **Lost Letter Mysteries: Family Reunited**
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Bourne Supremacy** Espionage thriller sequel. (2004, 12, 108min) ★★★★
11.20 **FILM Cell** Sci-fi thriller. (2014, 15, 95min) ★★★
1.25 AM **FILM 10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Mommy's Little Boy** Thriller. (2017, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love, of Course** Comedy. (2018, PG, 84min) ★★
10.00 **FILM Appetite for Love** Romantic comedy. (2016, PG, 84min) ★★
11.55 **FILM Love, Again** Romantic drama. (2015, PG, 84min) ★★★
2.00 PM **FILM Let Love Grow** Romantic drama. (2023, U, 90min) ★★
4.05 **FILM 14 Love Letters** Drama. (2022, U) ★★
6.05 **FILM Same Time Next Week** Drama. (2016, PG, 90min) ★★
8.00 **FILM The Clue to Love** Drama. (2021, U) ★★
10.00 **FILM Blue Moon Ball** Drama. (2021, U) ★★
12.05 AM **FILM Designed with Love** Romantic drama. (2020, PG, 85min) ★★
2.00 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Let Love Grow** Drama. (2023, U, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 5/8. (S2)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Lucky Feller**
1.30 **You're Only Young Twice**
2.00 **Brass** 5/13. (S1)
2.30 **Thick as Thieves** (S1)
3.00 **Mapp and Lucia** (S1)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 5/8. (S2)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 5/13. (S1)
7.30 **Thick as Thieves** (S1)
8.00 **Lucky Feller**
8.30 **You're Only Young Twice**
9.00 **In Loving Memory** (S2)
9.30 **Soap** (S1)
10.00 **Carry On Laughing** (S1)
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 1/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Opal Hunters: Red Dirt Road Trip**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Expedition X** Horrified locals in Iowa report sightings of a giant winged creature.
10.00 **Expedition Unknown** Josh Gates continues his investigation into the Dyatlov Pass Incident.
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers...**
7.00 **30 Minute Meals**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Nigel's Dish of the Day**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **The Hairy Bikers' Northern Exposure**
2.00 **James Martin: Sweet**
3.00 **30 Minute Meals**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Nigel's Dish of the Day**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya Bakes**
10.00 **Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 6/24. (S2)
11.00 **FILM Bigfoot** Tongue-in-cheek monster movie. (2012, 12, 89min) ★★
1.00 PM **Jules Verne's Mysterious Island**
4.30 **The Twilight Zone** (S3)
5.00 **Star Trek** 18/30. (S1)
6.00 **Knight Rider** 7/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM L.A. Confidential** Crime thriller starring Russell Crowe. (1997, 18, 138min) ★★★★★
11.40 **FILM Assassin** Thriller starring Danny Dyer. (2014, 15, 78min) ★
1.15 AM **FILM Sweeney!** Crime thriller spin-off. (1976, 18, 89min) ★★★
3.10 **to 5.00** AM **FILM Blood from the Mummy's Tomb** Hammer horror. (1971, 15, 87min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM 7 Guardians of the Tomb** As 5.00pm.
8.00 **FILM Moby Dick** Action adventure. (2010, 12, 87min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
1.00 PM **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 11/23. (S2)
5.00 **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 12/23. (S2)
9.00 **FILM Night Hunter** Thriller starring Henry Cavill and Ben Kingsley. (2018, 15, 88min) ★★
11.00 **FILM The Internecine Project** Spy thriller. (1974, 15, 89min) ★
1.00 **to 3.00** AM **FILM Night Hunter** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Mysteries from Above** Monuments.
1.05 **Pawn Stars**
2.05 **Storage Hunters**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The Abduction of Calvin Parker**
10.25 **Alien Disclosure Files**
11.15 **Evidence of the Unexplained**
12.15 AM **Curse of Skinwalker Ranch**
1.05 **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Dan & Helen's Pennine Adventure**
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** *Short Fuse.*
5.30 **Walking Wartime Britain** In Liverpool.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities** Susan travels to Leeds.
8.00 **Ben Fogle: New Lives in the Wild**
9.00 **George V: Our Unexpected King**
10.00 **The Queen Mother: A Life in Pictures**
11.00 **Prisoner: Cell Block H**
1.00 AM **The Teacher**
3.00 **Dan & Helen's Pennine Adventure**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **The Great British Bake Off** Danish Week.
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Christina on the Coast** New edition Christina Hall adds a second-story addition to a family's home.
10.00 **Fixer to Fabulous** New edition Dave and Jenny Marrs revitalise a 24-room lakeside motel.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **I Didn't Know I Was Pregnant** Double bill.
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing** (S8)
11.00 **The Comedy Bus**
12.00 NOON **The Ren & Stimpy Show** (S3)
1.30 PM **Friends** (S9)
7.00 **Friends** 16/24. Monica asks Joey for money. **7.30** 17/24. Joey refuses to give Emma his favourite stuffed toy. **8.00** 18/24. Chandler waits for a phone call. **8.30** 19/24. Rachel joins Joey at work. (S9)
9.00 **FILM Robin Hood: Men in Tights** Mel Brooks' comedy with Cary Elwes. (1993, PG, 102min) ★★
11.05 **Whose Line Is It Anyway? USA**
12.05 AM **8 Out of 10 Cats**
1.05 **South Park** (S3&4)
2.35 **Beavis and Butt-Head**
2.50 **Key & Peele** 8/11. (S5)
3.15 **Lee Evans – Monsters**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 8&10/10. (S3)
10.00 **Becker** 15&16/24. (S2)
11.00 **Friends** 18–21/24. (S8)
1.00 PM **Criminally Funny**
2.30 **FILM Daria: Is It College Yet?** Animation. (2002, 12, 66min) ★★
4.00 **Guessable?**
5.00 **Becker** 15&16/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 17/22. Schmidt is freaked out by a spider. **9.30** 18/22. Jess and Cece run into a familiar face. (S4)
10.00 **Friends** (S8)
2.00 AM **Reno 911!** (S5)
3.00 **Al Murray: The Pub Landlord – Live at the Palladium**
3.45 **Becker** 15&16/24. (S2)
4.30 **Iain Stirling: Failing Upwards** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** 13/13. (S7)
1.00 PM **Warehouse 13** (S1)
2.00 **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S1)
8.00 **Stop, Search, Seize** Following the work of Ireland's border force.
9.00 **Brit Cops: Law & Disorder** Double bill.
11.00 **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom 2**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: On the Run** Triple bill.
3.00 PM **Catfish: The TV Show** Reality series.
4.00 **Catfish: On the Run**
5.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Teen Mom: The Next Chapter** Reality series.
10.00 **Dating Naked UK**
11.00 **World's Most Expensive Weddings**
12.00 M'T **Ridiculousness** New edition *RuPaul's Drag Race*'s Jessica Wild joins the team.
1.00 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold Rush: Mine Rescue with Freddy & Juan**
5.00 **Building off the Grid** A Texas couple team up with tent experts to create a dream glamping experience.
6.00 **Junkyard Empire** Andy has fallen behind on the project – and Bob's not happy.

9.00 Man Woman Child Wild

7.00 **Wheeler Dealers: Dream Car** Mike Brewer and Marc Priestley trade up to an iconic off roader, a Series 2A Land Rover.
8.00 **Harpoon Hunters** Joe, Tyler and Niko fight for the top spot, but everything comes down to the final weigh-ins.
9.00 **Ed Stafford: Man Woman Child Wild** Ed Stafford takes his wife and their two-year-old son on an epic adventure.
10.00 **Marooned with Ed Stafford** The survivalist takes on more endurance challenges, starting in Mongolia's Gobi Desert.
11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Ed Stafford: Man Woman Child Wild**
2.00 **Marooned with Ed Stafford**
3.00 **Street Outlaws** Conflicts intensify among racers.
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Animal Cops Phoenix**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** An aquarium.
1.00 PM **Animal Cops Phoenix**
2.00 **Blue Serengeti**
3.00 **Sharks vs Dolphins: Face Off**
4.00 **Dogs 101** The dogs that make the best family pets.
5.00 **Alaska: Homestead Rescue** A Colorado family whose crops are struggling and failing.
6.00 **Tanked** Creating two giant aquariums for a casino.

11.00 Killer Whales

7.00 **Animal Cops Phoenix** Investigator Marlynn Barkley tries to save a dog that has been left for dead by its owners.
8.00 **Pet Nation Renovation** 2/2. Dave Salmoni follows the renovation of Michigan Animal Rescue League to transform the pet shelter.
9.00 **Pit Bulls & Parolees** A Houston couple are torn between two dogs and cannot decide which one to take home with them.
10.00 **Alaskan Bush People** Billy's dream of achieving a self-sustaining lifestyle is tested as the Browns begin their biggest project.
11.00 **Killer Whales** Examining killer whales' feeding behaviour.
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Tia's daughter recounts her experiences.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **To Catch a Smuggler: Tropical Takedown**
10.00 **Air Crash Investigation**
12.00 NOON **Lost Cities of the Bible**
2.00 PM **Nazi Megastructures**
4.00 **Mutant Weather** The story of devastating events in California and British Columbia, Canada.
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Jaguar Mk2 that has been in its owner's family for 40 years.
6.00 **Nazi Megastructures** Ruins left by Hitler's Blitzkrieg tactics.

10.00 Northwoods Survival

7.00 **Air Crash Investigation** The crash of Scandinavian Airlines Flight 751 in 1991, when ice caused both engines to fail
8.00 **Car S.O.S.: Ultimate Countdown** New edition Tim and Fuzz look at the weirdest machines they have encountered.
9.00 **Car S.O.S** Tim and Fuzz go to Cambridgeshire to pick up their very first supercar, a rare 1989 Ultima race car.
10.00 **Northwoods Survival** New edition Spring has arrived and Margot looks for a bear, while Billy upgrades the cabin.
11.00 **Air Crash Investigation** A plane explodes over France's Quiberon Bay.
12.00 M'T **Air Crash Investigation**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Mountain Men**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** A bar of soap that doubles up as an obesity cure.
6.00 **American Pickers** The Wolfe brothers pay big for some nuggets of petroliana.

10.00 Mysteries from Above

7.00 **Forged in Fire** The bladesmiths are tasked with forging a combat knife from an anti-tank hedgehog.
8.00 **Swamp People** New edition Jacob and Little Willie face a frustrating day as they find multiple poached lines.
9.00 **The UnBelievable with Dan Aykroyd** New edition The *Ghostbusters* star turns his attention to unconventional weapons.
10.00 **Mysteries from Above** New edition Cameras capture an important urban centre that is sinking towards oblivion.
11.00 **Secrets of the Hells Angels** The experiences of Charles 'Peewee' Goldsmith.
12.00 M'T **Royal Kill List** Drama-documentary following Charles II's hunt for his father's killers.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Ancient Aliens** The top 10 mysterious mountains.
3.00 **Forged in Fire**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys Goes to Ireland**
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis**
11.00 **The Buildings That Fought Hitler** Documentary.
12.00 NOON **Vintage Antiques Roadshow** From Bridlington.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Rise of the Nazis**
5.00 **The Buildings That Fought Hitler** Documentary.
6.00 **Vintage Antiques Roadshow** From Bridlington.

5.00 The Buildings That...

7.00 **Canal Boat Diaries** During a cold snap, Robbie gets iced in on the Grand Union Canal, and his parents pay a visit.
8.00 **Bangers & Cash** Paul and Charlie have the rare chance to pick up a trio of iconic Austin Healeys in varying conditions.
9.00 **Bangers & Cash: Restoring Classics** A 90s Alfa with issues lives up to its stereotype, and the team revisit a road roller.
10.00 **Bangers & Cash: Restoring Classics** A 1973 Ford Escort Mexico is the team's most expensive purchase yet.
11.00 **Bangers & Cash** Dave goes to Grimsby to pick up a 80s fast Ford, the Mk1 Fiesta XR2, while Bubbles regrets sitting in a Morris 1800 which he's now desperate to bid on.
12.00 M'T **Classic Car Garage**
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights**
8.00 **Outback Crystal Hunters** New edition Patrick and Kirsty revisit an ocean kyanite dig site.
9.00 **Aussie Gold Hunters** New edition Jacqui and Andrew explore dangerous waters.
10.00 **Aussie Gold Hunters: Mine SOS** Documentary.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Curvy Brides Boutique**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of...**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** When a storeowner is brutally murdered, detectives question his ex-wife.
8.00 **Murder She Solved** The case of a man who was bludgeoned to death in his garage.
9.00 **Storm of Suspicion** New edition The remains of a partially decomposed body are found near a road.
10.00 **Killers: Caught on Camera** New edition A hidden recording exposes Casey Devil for murdering his sister and her partner.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** A killer is betrayed by a speck of paint found on his car bumper.
4.30 A charged sex offender and murderer attacks in a rage.
5.00 Investigating whether the death of a baby was a murder.
5.30 A house fire kills the only doctor in the small town of Laeger.
6.00 Local authorities and health officials look into a thallium poisoning.
6.30 A 77-year-old on a road trip is attacked by a thief and shot to death.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Forensics: Catching...**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching...**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Immortal Egypt with Joann Fletcher**
9.35 **Henry VIII and the King's Men**
10.35 **Hitler's Propaganda Machine** Documentary.
11.45 **Italy's Invisible Cities**
1.00 PM **America the Bountiful** In Arizona.
1.35 **Immortal Egypt with Joann Fletcher**
2.55 **Henry VIII and the King's Men**
3.55 **Hitler's Propaganda Machine** Documentary.
5.05 **Italy's Invisible Cities**
6.20 **Immortal Egypt with Joann Fletcher**
7.40 **Henry VIII and the King's Men**
8.35 **Hitler's Propaganda Machine** Documentary.
9.50 **Italy's Invisible Cities**
11.00 **Henry VIII and the King's Men**
12.00 M'T **Hitler's Propaganda Machine** Documentary.
1.15 **to 2.00** AM **America the Bountiful**

THURSDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Barbara Stanwyck**
8.00 **The Directors** Richard Linklater.
9.00 **The Good Fight Club**
12.00 NOON **Laurel and Hardy: Their Lives and Magic**
2.00 PM **Steve McQueen: The Lost Movie** Documentary exploring an unfinished movie.
3.50 **My Icon: Shaun Gayle**
4.00 **The Directors** Richard Linklater.
5.00 **Discovering: Barbara Stanwyck**
6.00 **100 Foot Wave** Justine turns to the Pacific to face her fears. **7.00** The first WSL contest of the season approaches.
8.00 **Kings from Queens: The Run DMC Story** The impact of the death of Jam Master Jay.
9.00 **The Girl Who Caught a Killer** Rachael Watts shares her story of being left for dead as a child.
10.10 **The Ringleader: The Case of the Bling Ring** A crime spree by teens in 2008 and 2009.
12.10 AM **Jealous Guy: The Assassination of John Lennon**
5.00 **to 6.00** AM **Discovering: Barbara Stanwyck**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Mysteries of Evolution**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas** The sharks and rays that patrol Arabia's reefs.
9.00 **Deadly Australians** The unexpected clashes between predators and their prey.
10.00 **Mysteries of the Mekong**
11.00 **Mysteries of Evolution**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **Arabian Seas** As 8.00pm.
3.00 **Deadly Australians**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Sand**
9.00 **Hitler's Engineers**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Egypt's Unexplained Files**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Hitler's Engineers**
5.00 **Ultimate Mysteries**
6.00 **National Park Mysteries**
7.00 **Close Encounters Down Under** Melbourne's long history of UFO sightings.
8.00 **The Secret Nazi Expeditions** Himmler's efforts to prove the Paleolithic past of Germany's Aryan race.
9.00 **Scary Tales of New York**
10.10 **Secrets in the Sand** Life-size sculptures of camels.
11.05 **Colosseum** Documentary.
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Close Encounters Down Under**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **Murdertown**
4.00 **Buried in the Backyard**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** True-crime.
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition True-crime.
11.00 **Court Cam** Double bill.
12.00 M'T **Crimes That Shook Britain**
1.00 AM **The First 48 Presents: Critical Minutes**
2.00 **Fugitive Hunters: Mexico**
3.00 **Green Eyed Killers**
4.00 **Murdertown** Martin Decker.
5.00 **to 6.00** AM **Imperfect Murder**
+1hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **National Parks: USA**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Jaguar Beach**
3.00 **America's Wild Southwest**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** Zoo keepers try to take blood from a lion.
8.00 **Kingdom of the Apes** 1/2. A male silverback gorilla defends his crown. **9.00** 2/2. Two chimpanzee brothers fight for power.
10.00 **Ice Road Rescue** The drivers look back at memorable moments from the first series. **11.00** Thord's skills are tested with the rescue of an excavator.
12.00 M'T **Savage Kingdom**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Concorde: The Final Flight**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Concorde: The Final Flight** The story of the supersonic plane's last flight from New York to London in October 2003.
9.00 **Secrets Underground** The mysterious disappearance of ships on Lake Michigan.
10.00 **How Do They Do It?** How diamonds are cut. **10.30** Paris sewers.
11.00 **The 1980s: The Deadliest Decade** Jennifer Levin.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**
+1hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.05 PM **Bargain Hunt**
4.05 **Parkinson** As 9.50pm.
5.25 **Doctor Who** *Colony in Space – Part Four:* 18/25. The Doctor encounters the Master. **6.00** *Colony in Space – Part Five:* 19/25. The Doctor tries to retrieve a Doomsday Machine. **6.35** *Colony in Space – Part Six:* 20/25. The Doctor comes into conflict with the Master. **7.10** *The Daemons – Part One:* 21/25. The Doctor investigates an ancient tomb. (S8)
7.50 **Bargain Hunt** From Deene Park, Northamptonshire. **8.50** From Swinderby Antiques Fair, Lincolnshire.
9.50 **Parkinson** Featuring Lionel Richie and Charlotte Church. **11.10** With guests George Clooney, Heather Mills McCartney and Dawn French.
12.30 AM **Doctor Who**
2.45 **Bargain Hunt** As 7.50pm.
3.35 **to 6.00** AM **Parkinson**
+1hour 266 376

ID

154 141 166

8.00 AM **Southern Fried Homicide**
9.00 **The Perfect Murder**
11.00 **Evil Lives Here** Double bill.
1.00 PM **A Killer's Mistake**
3.00 **Obsession: Dark Desires**
5.00 **Killer Unknown**
7.00 **Disappeared** How Dahvonte Morgan disappeared in the mysterious town of Mt. Shasta. **8.00** Dia Abrams tells her partner she will feed the horses and is never seen again.
9.00 **Devil in the Ozarks** A vicious sexual assault shocks a small town. The crime goes unsolved for 20 years, until another murder in the town produces a suspect with matching DNA.
10.00 **No One Can Hear You Scream** Investigating the nightmare suffered by an Arkansas real estate agent.
11.00 **Born Evil: The Serial Killer & the Saviour** A young woman vanishes into thin air.
12.00 M'T **I Almost Got Away with It**
2.00 AM **Killer Unknown**
4.00 **to 6.00** AM **Disappeared**
+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **World's Greatest Motorcycle Rides** From Land's End.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers: Dream Car**
3.00 **World's Greatest Motorcycle Rides** A trip across Russia.
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** From St Petersburg.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Shed and Buried: Classic Cars** A late 1980s Austin Mini.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Hand Built Hot Rods**
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **Poison** As 3.20am.
8.00 **The Wild Robot** As 4.00pm.
10.00 **Beetlejuice Beetlejuice**
12.00 NOON **A Different Man**
2.00 PM **Escape from the 21st Century** As shown at 11.40pm.
4.00 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
6.00 **Beetlejuice Beetlejuice** Comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★

6.00 Beetlejuice Beetlejuice

8.00 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min)

10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists take 300 hostages and an ex-soldier working as a window cleaner tries to rescue them. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
1.40 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
3.20 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
4.55 **to 7.00** AM **Omni Loop** Drama. (2024, 12, 112min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.00 AM **The Shamrock Spitfire**
7.50 **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
9.30 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
11.20 **Jules** Drama. (2023, 12) ★★★
1.05 PM **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
3.35 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
5.55 **Inferno** Suspense thriller. (2016, 12, 121min) ★★★

10.00 Vanilla Sky

8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are email lovers in cyberspace. With Parker Posey and Greg Kinnear. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a turn after he meets the girl of his dreams. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Color Purple** Musical starring Taraji P Henson. (2023, 12, 141min) ★★★
2.45 **Get Away** Comedy starring Nick Frost and Aisling Bea. (2024, 15, 100min) ★★★★
4.20 **to 6.20** AM **The Shamrock Spitfire** War biopic drama. (2024, 12, 108min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Miranda's Victim** (2023)
8.55 **She Came to Me** Comedy. (2023, 15, 102min) ★★★★
10.50 **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★
1.00 PM **Oppenheimer** Wartime biopic starring Cillian Murphy. (2022, 15, 180min) ★★★★★
4.10 **The Last Rifleman** Drama starring Pierce Brosnan. (2022, 15, 115min) ★★★

6.05 **Charlie Wilson's War** Satirical political comedy starring Tom Hanks and Julia Roberts. A Texas congressman manipulates the US political machine in a bid to arm the rebels in 1980s Soviet-occupied Afghanistan. (2007, 15, 97min) ★★★★
8.00 **Dunkirk** Drama with Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★

10.00 **Miranda's Victim** Drama with Abigail Breslin and Luke Wilson. (2023, 15, 127min) ★★★
12.20 AM **Burning an Illusion** Drama starring Cassie McFarlane. (1981, 15, 103min) ★★★
2.15 **Dunkirk** As 8.00pm.
4.10 **to 6.00** AM **The Last Rifleman**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Dark Skies** As 12.40am.
8.40 **Riddick** As shown at 2.25am.
10.45 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
12.35 PM **Men in Black II** Sci-fi action comedy sequel with Will Smith. (2002, PG, 88min) ★★★
2.10 **Constantine** Horror thriller. (2005, 15, 121min) ★★★
4.15 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★

6.10 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
8.00 **Dune: Part Two** Sci-fi drama sequel with Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.50 **MaXXXine** Thriller starring Mia Goth and Kevin Bacon. (2024, 18, 110min) ★★★

12.40 AM **Dark Skies** Paranormal thriller starring Keri Russell. (2013, 15, 97min) ★★★
2.25 **Riddick** Sci-fi thriller sequel starring Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
4.25 **to 6.10** AM **The Watched** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

6.50 AM **Dragon Rider** Animation. (2020, PG, 91 min) ★★★
8.25 **Legend of Tarzan** Adventure. (2016, 12, 110min) ★★★
10.25 **Pan** Fantasy. (2015, PG) ★★★
12.25 PM **Jack the Giant Slayer** Fantasy. (2013, 12) ★★★
2.30 **Dr Seuss' The Lorax** Animated comedy adventure. (2012, U, 86min) ★★★
4.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
6.00 **IF** Fantasy. (2024, U) ★★★

2.30 Dr Seuss' The Lorax

8.00 **Hook** Steven Spielberg's fantasy adventure starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. With Julia Roberts. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **The Amazing Maurice** Animated adventure with the voices of Hugh Laurie and Emilia Clarke. (2022, PG, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Adventures of Tom Thumb and Thumbelina** Animated fantasy adventure. (2002, U, 72min) ★★
1.30 **Fireheart** Animated adventure with the voice of Olivia Cooke. (2022, U, 92min) ★★★
3.15 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
4.45 **to 6.15** AM **Little Vampire** Animated family adventure. (2020, PG, 85min) ★★★

Sky Cinema Action

307 307 407 507 521

6.55 AM **Gods of Egypt** As 1.40am.
9.05 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
10.55 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★
1.20 PM **Kong: Skull Island** Action adventure with Tom Hiddleston. (2017, 12, 118min) ★★★★
3.25 **Hancock** Comedy fantasy. (2008, 12, 92min) ★★★
5.05 **Saving Private Ryan** Steven Spielberg's wartime drama. (1998, 15, 169min) ★★★★★

8.00 Charlie's Angels

8.00 **Charlie's Angels** Comedy thriller starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate the kidnapping of a computer magnate. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. The Angels run into a fallen former Angel when they seek to retrieve two silver rings containing top-secret information. (2003, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Shaolin Soccer** Hong Kong sports comedy. Subtitled. (2001, 12, 113min) ★★★
1.40 AM **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★
3.50 **to 6.00** AM **The Killer** Thriller. (2024, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Blackening** (2022)
7.50 **Relax, I'm from the Future**
9.30 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
11.10 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
1.00 PM **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
2.35 **The Money Pit** (1985) ★★★
4.15 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
6.10 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★

10.15 The Edge of Seventeen

8.00 **Shakespeare in Love** Oscar-winning romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. Struggling playwright William Shakespeare is inspired to write *Romeo and Juliet* by a headstrong young lady who yearns to act. (1998, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Edge of Seventeen** Comedy starring Hailee Steinfeld, Blake Jenner Haley Lu Richardson and Woody Harrelson. (2016, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Blackening** Comedy. (2022, 15, 97min) ★★★★
1.50 **Relax, I'm from the Future** Comedy starring Rhys Darby. (2023, 15, 94min) ★★★
3.25 **Am I OK?** Romantic comedy. (2022, 15, 86min) ★★★
5.00 **to 6.50** AM **The Boss** Comedy. (2015, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Ruthless** Action thriller. (2023, 15, 92min) ★★★
8.00 **A Sacrifice** As 4.15pm.
9.45 **Munich** Political thriller. (2005, 15, 164min) ★★★★
12.30 PM **The Cinema List**
12.45 **The Good Neighbour** Thriller. (2022, 15, 97min) ★★★
2.35 **Melancholia** As 12.30am.
4.15 **A Sacrifice** Drama with Eric Bana. (2024, 15, 94min) ★★★
6.00 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★

10.45 The Royal Hotel

8.00 **The Firm** John Grisham's legal thriller starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two backpackers take a job in an Australian pub and are confronted by the unruly locals. (2023, 18, 91 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Melancholia** Drama starring Jeroen Krabbe. (1989, 15, 85min) ★★★
2.10 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
4.10 **to 6.00** AM **Machete** Thriller. (2010, 18, 104min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Father Goose** Comedy. (1964, U, 116min) ★★★
1.30 PM **El Dorado** Howard Hawks Western starring John Wayne. (1966, PG, 126min) ★★★★
4.10 **The Fallen Idol** Drama starring Ralph Richardson. (1948, b/w, PG, 91 min) ★★★
6.05 **The Remains of the Day** Merchant-Ivory period drama starring Anthony Hopkins. (1993, U, 134min) ★★★★★

6.05 The Remains of the Day

The Remains of the Day (film started at 6.05pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise and Henry Cavill. Ethan Hunt, the IMF team and a CIA assassin attempt to prevent a disaster caused by a group of terrorists. (2018, 12, 147min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.55 **Werewolves Within** Horror comedy with Sam Richardson and Milana Vayntrub. The ranger of a remote town investigates violent incidents. (2021, 15, 97min) ★★★ **11 PM**
1.50 **to 3.40** AM **Benjamin** Simon Amstell's comedy drama starring Colin Morgan, Jack Rowan and Anna Chancellor. (2018, 15, 85min) ★★★

+1hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

6.30 AM **Do the Right Thing** Drama. (1989, 15, 120min) ★★★★★
8.45 **Babylon** Drama with Brinsley Forde. (1980, 15, 94min) ★★★
10.35 **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★
12.30 PM **Blade Runner** As 8.00pm.
2.40 **Friendship's Death** As 11.40pm.
4.10 **Star Trek II: The Wrath of Khan** Sci-fi adventure sequel. (1982, 12, 113min) ★★★★

6.10 **Star Trek III – The Search for Spock** Sci-fi adventure sequel. (1984, PG, 105min) ★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★
10.00 **Repo Man** Sci-fi thriller starring Emilio Estevez. An aimless young man discovers the thrills and spills of working for a car repossession company in LA. (1984, 18, 92min) ★★★★

11.40 **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
1.10 AM **Star Trek II: The Wrath of Khan** As shown at 4.10pm.
3.20 **Star Trek III – The Search for Spock** As shown at 6.10pm.
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

7.30 AM **Rear Window** As 2.25am.
9.30 **Hondo** As shown at 4.25am.
11.00 **It Came from Outer Space** Thriller starring Richard Carlson. (1953, b/w, PG, 81 min) ★★★
12.25 PM **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
2.00 **Stargate** Sci-fi adventure. (1994, PG, 125min) ★★★★
4.15 **Hudson Hawk** Action comedy. (1991, 15, 97min) ★★★

6.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
8.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a psycho killer assassinating the US President. (1993, 15, 127min) ★★★★
10.10 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood, starring Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★

12.40 AM **Hudson Hawk** As 4.15pm.
2.25 **Rear Window** Hitchcock suspense thriller starring James Stewart and Grace Kelly. (1954, PG, 112min) ★★★★★
4.25 **to 6.00** AM **Hondo** Western starring John Wayne. (1953, PG, 84min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Riverdance: The Animated Adventure** (2021, U) ★★★
7.35 **Two by Two** Animated adventure. (2015, U, 85min) ★★
9.05 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
10.45 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
12.25 PM **Sing** As shown at 5.45pm.
2.15 **The Garfield Movie** Animation. (2023, U, 101 min) ★★★

4.00 **Penguins of Madagascar** Animation. (2014, U) ★★★★
5.45 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
7.35 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
9.10 **Tom and Jerry: A Nutcracker Tale** Animated adventure. (2007, U, 47min) ★★★
10.10 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
11.40 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★

1.30 AM **Megamind vs the Doom Syndicate** (2024, U) ★★★
3.05 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
4.30 **to 6.05** AM **Curious George** Animation. (2006, U) ★★★★

Movies 24

312 313 419

7.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
9.00 **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★
3.00 **Love Hacks** Romantic drama with Annie Clark and Romaine Waite. (2022, PG, 90min) ★★

5.00 **Sense and Sensibility** Drama starring Deborah Ayorinde. (2024, U, 84min) ★★
7.00 **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
9.00 **A Pinch of Portugal** Romantic drama starring Heather Hemmens and Luke Mitchell. A cook finds herself unexpectedly hosting a TV show when the celebrity chef she works for abruptly quits. (2023, PG, 84min) ★★

11.00 **Falling Together** Romantic drama. (2024, U, 90min) ★★
1.00 AM **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **The Story of Love** Comedy. (2022, PG, 91 min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Love from a Stranger** Drama. (1936, PG, 90min) ★★★
8.15 **King of the Underworld** Drama. (1952, b/w, PG, 82min) ★★
9.50 **Bob's Your Uncle** War comedy. (1942, b/w, U, 71 min) ★★
11.20 **Send for Paul Temple** Mystery. (1946, b/w, PG, 83min) ★★
1.00 PM **Battle of the V1** Drama. (1958, b/w, PG, 109min) ★★

3.00 **Crown Court** 52-54/151. (S2)
4.30 **The Man Who Wouldn't Talk** Drama starring Anna Neagle. (1957, b/w, PG, 97min) ★★
6.25 **Four Star Theatre** 7/38. (S3)
6.55 **Those British Faces**
7.30 **The Cheaters** 12/12. (S1)
8.00 **The Brothers** 11/13. (S6)
9.05 **Travelling Man** 4/7. (S2)
10.10 **Time Without Pity** Thriller starring Michael Redgrave as a man seeking new evidence to prevent his son being executed. (1957, b/w, PG, 88min) ★★

11.55 **Bailout at 43,000** Drama with John Payne and Karen Steele. (1957, b/w, U, 78min) ★★
1.35 AM **Crime of Passion** Drama. (1956, b/w, PG, 86min) ★★
3.20 **Kings Go Forth** Romantic drama. (1958, b/w, PG, 109min) ★★
5.30 **to 6.00** AM **Four Star Theatre**

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's stories and a look at the back pages.
10.00 **Sky Sports News** Round-up of the latest sports news, with live analysis, comment and interviews.
10.30 LIVE **Women's State of Origin NSW Blues Women v Maroons.** Coverage of the final match of the series from McDonald Jones Stadium in Newcastle, Australia. Kick-off **10.45am**.
12.30 PM LIVE **One-Day International Cricket England v West Indies.** Coverage of the first ODI in the three-match series from Edgbaston, Birmingham, as Harry Brook makes his first appearance as captain of the white-ball squads.
7.00 LIVE **Premier League Darts** Coverage of finals night at O2 Arena in London, featuring semi-finals and the final, as the top four players in the standings battle it out.
11.00 LIVE **US Women's Open Golf** Coverage of the opening day of the second Major of the year from Erin Hills in Wisconsin.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Retro** Birmingham City v Aston Villa from 2002.
5.00 **Premier League Best Goals** A compilation of the best goals during the 2022/23 season.
6.00 **Premier League 100 Club**
6.30 **Premier League 100: Michael Owen** The striker's career.
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.30 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.30 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Manchester United v Arsenal from 2003.
3.00 **PL Greatest Games**
4.00 **Best Premier League Goals 2023/24** Memorable strikes.
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2022/23**
11.30 **EFL Trophy** Bolton v Plymouth.
12.00 NOON **EFL** League Two play-offs.
2.00 PM **EFL Highlights**
6.00 **Bundesliga** Season review.
7.00 **EFL Highlights** Highlights of the first Championship play-off semi-final first-leg match. **7.30** Highlights from Coventry City v Sunderland. **8.00** Highlights of Sheffield Utd v Bristol City at Bramall Lane. **8.30** Highlights from Sunderland v Coventry City. **9.00** Action from Sheffield United v Sunderland in the Championship play-off final.
10.00 **SPFL Highlights**
10.30 **WSL: End of Season Special**
11.00 **EFL Greatest Games**
12.00 M'T **Dundee United – Champions 83**
12.30 AM **Craig Brown: My Scotland**
1.00 **There's Only One Sauzee**
1.30 **SPFL Greatest Games**
3.30 **SPFL Highlights**
4.00 **SPFL Greatest Games**
5.00 **to 6.00** AM **1983: When Aberdeen Ruled Europe**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
8.00 **Test Cricket** England v Zimbabwe.
12.00 NOON **Best of ICC WT20** Action from England v West Indies in the 2016 final.
12.15 PM LIVE **One-Day International Cricket England v West Indies.** Coverage of the first ODI in the three-match series from Edgbaston in Birmingham, as Harry Brook makes his first appearance as captain of the white-ball squads. He'll be looking to get England's new one-day era under way with a positive start after taking over the role from Jos Buttler, who resigned from the role after a poor showing in the Champions Trophy in February.
9.00 **Ashes Greats** Player profiles.
9.30 **Best of ICC WT20**
10.00 **Best of England v Windies**
11.00 **One-Day International Cricket**
12.00 M'T **Best of England v Windies**
1.00 AM **Women's International T20 Cricket** England v West Indies: A chance to see he final T20 in the series at Ambassador Cruise Line Ground, Chelmsford.
5.00 **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Legends Tour**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour**
8.00 **DP World Tour**
8.30 **PGA Tour**
9.30 **Golf** The G4D Open.
10.30 **PGA Tour: The Cut**
11.00 **HotelPlanner Tour**
11.30 **DP World Tour**
12.00 NOON LIVE **DP World Tour** The opening day of the Austrian Alpine Open held in Salzburg.
5.00 PM LIVE **PGA Tour** Day one of the Memorial Tournament from Muirfield Village Golf Club.
11.00 LIVE **US Women's Open** Day one of the second Major of the year at Erin Hills in Wisconsin.
1.00 AM **Rose Ladies Series**
1.30 **HotelPlanner Tour**
2.00 **US Women's Open**
3.00 **PGA Tour** Highlights.
4.00 **US Women's Open**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis**
9.00 **ATP Tour This Week**
9.30 **WTA Tennis** Highlights.
11.00 **ATP Tennis** Recent finals.
1.00 PM **WTA Tennis** Highlights.
3.30 **ATP Tennis** Recent finals.
5.30 **WTA Tennis** Highlights.
7.00 **ATP Tour This Week**
7.30 **WTA & ATP Tennis**
9.30 **ATP Tennis** Rotterdam Open.
10.30 **WTA Tennis** Abu Dhabi Open.
11.30 **ATP Tour This Week**
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **Discovery Golf**
7.30 **UEFA Champions League – Classics** Manchester City v Bayern Munich from 2014/15.
8.00 **French Open** The fourth day.
9.30 **Court Side** Day five preview.
10.00 LIVE **French Open** Coverage of the second day of round two of the tournament staged at Stade Roland Garros in Paris.
1.00 PM LIVE **French Open** Further coverage of the second day of round two of the tournament at Stade Roland Garros in Paris.
6.00 LIVE **French Open** Concluding coverage of the second day of round two of the tournament staged at Stade Roland Garros in Paris.
11.00 **UEFA Champions League Magazine** News and updates.
11.30 **NBA Action** Highlights.
12.00 M'T **NBA Tip-Off** A look ahead to tonight's NBA matches.
1.00 AM LIVE **NBA** Coverage of a Conference final match.
3.30 **Inside the NBA**
4.30 **NBA Classic** Archive action.
5.30 **to 6.00** AM **Isuzu A-League Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Football Archives: UEFA Champions League**
7.00 **Serie A** Highlights from Italy.
9.00 **UEFA Conference League** Another chance to see Real Betis v Chelsea in the final.
10.30 LIVE **AFL Brisbane Lions v Essendon Bombers.** Coverage of the match at Brisbane Cricket Ground. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **NBA** A Conference final.
4.00 **One Day International Cricket** Ireland v West Indies in Dublin.
5.00 **UEFA Conference League**
6.30 **Premier League: Big Interview**
7.00 **The Fantasy Show**
7.30 **Premier League Netbusters**
8.00 **Premier League Stories**
9.00 **NBA** A Conference final.
10.30 **MLB Highlights**
11.30 LIVE **MLB Philadelphia Phillies v Atlanta Braves.** Coverage of the National League match from Citizens Bank Park. Start-time **11.45pm**.
2.45 AM **MLB Plays of the Week**
3.15 **MotoGP Rewind**
3.30 **UEFA Conference League**
5.00 **to 6.00** AM **One Day International Cricket**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League Highlights**
6.30 **State of Origin Rugby League**
8.30 **Women's State of Origin**
10.30 LIVE **Women's State of Origin New South Wales Sky Blues v Queensland Maroons.** Coverage of the final match of the series staged at McDonald Jones Stadium. Kick-off is at **10.45am**.
12.30 PM **Super League Highlights**
12.45 **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **State of Origin Rugby League**
5.00 **NFL Bitesize Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 LIVE **Super League Huddersfield Giants v Leigh Leopards.** Coverage of the match from the 13th round of fixtures staged at John Smith's Stadium. Kick-off **8.00pm**.
10.15 **Women's State of Origin** New South Wales Sky Blues v Queensland Maroons.
11.15 **Super League Highlights**
11.45 **My Icon** Maggie Alphonsi.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
3.45 **Women's State of Origin**
4.45 **My Icon** Maggie Alphonsi.
5.00 **to 6.00** AM **State of Origin**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show** A look at all the major stories making the football headlines this morning.
12.00 NOON **Lunchtime Live** All the sports stories making the headlines this lunchtime.
12.30 PM LIVE **PGA Tour Golf** Coverage of day one of the Memorial Tournament from Muirfield Village Golf Club in Dublin, Ohio, where Scottie Scheffler was victorious last year.
7.00 LIVE **Premier League Darts** Coverage of finals night held at O2 Arena in London, featuring semi-finals and the final, as the top four players in the standings battle it out. Luke Littler defeated Luke Humphries 11-7 in last year's final and the two have led the way throughout the current campaign. Littler defeated Michael Smith 10-5 in the semi-finals last year to progress to the showpiece event, while Humphries beat Michael van Gerwen by the same score in the other semi-final.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
8.00 **DP World Tour Golf**
8.30 **PGA Tour Golf** Recent action.
9.30 **WTA Tennis** Miami Open.
10.00 **Formula 1** Spanish Grand Prix.
12.00 NOON **EFL Greatest Games**
1.00 PM **Formula 1**
2.00 **State of Origin Rugby League**
3.00 **PGA Tour Golf**
4.00 **HotelPlanner Tour Golf Highlights** Recent action.
4.30 **DP World Tour Golf**
5.00 LIVE **US Women's Open Golf** Coverage of the opening day of the second Major of the year from Erin Hills in Wisconsin.
1.00 AM **HotelPlanner Tour Golf Highlights** Recent action.
1.30 **DP World Tour Golf**
2.00 **EFL Greatest Games**
3.00 **to 6.00** AM **Super League**

TNT Sports 3

413 415 523 410 432

6.00 AM **Motocross World Championship** In Ernée, France.
9.00 **MotoGP Highlights**
10.00 **IFSC Climbing World Cup**
11.00 **TNT Sports Reload**
11.15 **Premier League Reload**
11.30 **Cycling: Men's Giro d'Italia**
12.30 PM LIVE **Cycling: Men's Giro d'Italia** The 18th stage in Italy.
5.00 **NBA Action** Highlights.
5.30 **NBA** A Conference final.
7.00 **MLB Plays of the Week**
7.30 **Discovery Golf**
8.00 **Cycling: Men's Giro d'Italia**
9.00 **AFL** Lions v Bombers.
10.30 **Isuzu A-League Highlights**
11.00 **UEFA Conference League**
12.30 AM **Ultimate Pool**
2.00 **Cycling: Men's Giro d'Italia**
3.00 **Ultimate Pool** Finals night.
4.30 **UEFA Champions League Greatest Nights**
5.30 **to 6.00** AM **The Football Archives: UEFA Champions League**

TNT Sports 4

414 416 524 411 434

6.00 AM **T100 Triathlon World Tour Highlights** Recent action.
7.00 **Ultimate Pool** Finals night.
8.30 **British Speedway**
9.30 **Court Side** Day five preview.
10.00 LIVE **French Open** Coverage of the second day of round two of the tournament staged at Stade Roland Garros in Paris.
3.00 PM LIVE **French Open** Further coverage of the second day of round two of the tournament at Stade Roland Garros in Paris.
5.00 LIVE **French Open** Concluding coverage of the second day of round two of the tournament at Stade Roland Garros in Paris.
9.00 **MotoGP Highlights**
10.00 **British Speedway** Birmingham Brummies v King's Lynn Stars.
11.00 **French Open** The fifth day.
12.30 AM **One Day International Cricket** Ireland v West Indies.
3.30 **French Open** The fifth day.
5.00 **to 6.00** AM **HSBC SVNS**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **UK Independent Kart Racing**
8.30 **Euro Le Mans Highlights**
9.30 **Transworld Sport** Magazine.
10.30 **Indy Autonomous Challenge**
11.00 **DTM Highlights**
12.00 NOON **LaLiga Highlights**
1.00 PM **Scottish Football Social Club** The latest news and results.
2.00 **NASCAR Highlights**
3.00 **Michelin Le Mans Cup**
3.30 **Top 14 Rugby Union Highlights**
4.00 **British Minibikes**
6.00 **Viva LaLiga** The latest news.
7.30 **LaLiga Match Highlights**
8.00 **Transworld Sport** Magazine.
9.00 **DTM Highlights**
10.00 **Scottish Football Social Club**
11.00 **Africa Eco Race**
12.00 M'T **UK Independent Kart Racing**
1.30 AM **NASCAR Highlights**
2.30 **DTM Highlights**
3.30 **LaLiga Highlights**
4.30 **World Surf League**
5.30 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 552

6.00 AM **German Cup**
8.00 **Bike World** Magazine.
8.30 **Swedish Speedway**
10.30 **FastZone** Motorsports highlights.
11.00 **NHL Ice Hockey**
1.00 PM **Football's Greatest**
1.30 **GP Confidential** F1 news.
2.00 **LaLiga News**
2.30 **FastZone** Highlights show.
3.00 **IIHF World Championships**
5.00 **GP Confidential** F1 news.
5.30 **LaLiga** Another chance to see a Spanish top-flight game.
7.30 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
9.30 **FastZone** Highlights show.
10.00 **NHL Ice Hockey** Another chance to see a play-off match.
12.00 M'T **GP Confidential**
12.30 AM **NHL: This is Hockey**
1.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1** The Spanish Grand Prix from 2023 and 2024.
2.00 PM **F1 Drivers Press Conference**
2.40 **F1 Feature**
2.45 **Formula 1** Monaco Grand Prix.
3.45 **F1 Drivers Press Conference**
4.25 **F1 Feature**
4.30 **Formula 1** Spanish Grand Prix.
5.30 **F1 Drivers Press Conference**
6.10 **F1 Feature**
6.15 **Formula 1** Monaco Grand Prix.
7.15 **F1 Drivers Press Conference**
7.55 **F1 Feature**
8.00 **Formula 1** Spanish Grand Prix.
9.00 **F1 Drivers Press Conference**
9.40 **F1 Feature**
9.45 **Formula 1** Season highlights.
11.00 **F1 Drivers Press Conference**
11.40 **F1 Feature**
11.45 **Formula 1** Spanish Grand Prix.
12.45 AM **Formula 1** Season highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

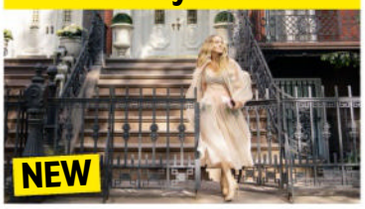
30 May

Evening Planner

Action Comedy

Old Guy
Sky Premiere, 12.35pm & 8pm
Christoph Waltz plays an ageing assassin who's being put out to pasture but has one last task – to train his replacement.

Comedy Drama



And Just Like That...
Sky Comedy & Sky Showcase, 9pm
Back for a third season, it's summer in the city, and Carrie (Sarah Jessica Parker) is still on a break from Aidan.

Comedy

The Power of Parker
BBC1, 9.30pm (box set, BBC iPlayer)
The 1990s-set comedy returns for a second series – and Martin Parker (Conleth Hill) has sunk to an all-time low.

OnDemand

tv+

Bono: Stories of Surrender
Available today
The U2 frontman tells stories about his life and performs some of the band's hits.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Lost and... †	8.00 Would I Lie to...	8.30 Alison...	9.00 Have I Got...	9.30 The Power of...	10.00 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Joanna Lumley's Danube		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Ibiza: Jewel of the Med		8.00 Cruising with Susan Calman		9.00 Billy Connolly: 30 Funniest Moments			
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 The F1 Show		9.00 And Just Like That...		10.00 Hacks	10.40 Sex...
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Gavin & Stacey		9.00 Freddie Flintoff: Field of Dreams on Tour		10.00 Driven: The Billy Monger Story	
	116 BBC4	7.00 TOTP: 1997		8.00 TOTP: 1988	8.30 TOTP: 1977	9.10 TOTP: 1985			10.10 Eurythmics at the BBC
	118 ITV2	7.00 Deal or No Deal: Celebrity Special		8.00 Ant & Dec's Limitless Win		9.00 Film: The Hitman's Bodyguard			
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Film: Little Fockers			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 The Last of Us		10.00 The Undoing	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...		10.15 Bottom Live: Weapons...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Wycliffe	
	120 ITV4	7.00 UEFA Women's Nations League – Live: England v Portugal (Kick-off 7.45)						10.00 Isle of Man TT	
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 Peacemaker		10.00 Hacks	10.40 Strike...
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Beyond Paradise			10.20 Father Brown
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Dolly Parton: Song by Song		9.00 Opry Live		10.00 The Highwaymen Live: American...	
	132 U&W	7.00 Nick Knowles' Big House Clearout		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Gold Rush: White Water		9.00 Expedition X		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Air Crash Investigation: Surviving...		9.00 Airport Security: Rome		10.00 Amsterdam Central 24/7	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strangest Things		9.00 8 Days That Made Rome		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	7.00 100 Foot Wave		8.00 David Frost Vs		9.00 Film: Touching the Void			
FILMS - Sky Cinema	301 PREMIERE	‹ 6.10 The Wild Robot		8.00 Old Guy			9.45 A Different Man		
	302 ROMANCE	‹ 6.00 How to Lose a Guy in 10 Days		8.00 Anyone But You			9.45 Crazy Rich Asians		
	303 BLOCKBUSTERS	‹ 6.00 Wonka		8.00 Twisters				10.05 The Fall Guy	
	304 GREATS	‹ 6.10 Congo		8.00 Blade Runner				10.00 The Lawnmower Man	
	305 ANIMATION	‹ 5.50 The Lego Movie 2...	7.40 Antz			9.10 Noah's Ark			
	306 FAIRYTALE	‹ 5.40 Shrek...	7.20 Shrek the Third			9.00 Stardust			
	307 KARATE KID	‹ 6.30 The Karate Kid Part II			8.30 The Karate Kid: Part III				10.30 The Next...
	308 COMEDY	‹ 6.20 David Brent: Life on the Road		8.00 Being John Malkovich				10.05 The Boss	
	309 THRILLER	‹ 5.55 Nightcrawler		8.00 Zero Dark Thirty					10.40 True...
	310 PRIDE	‹ 6.00 Spoiler Alert		8.00 Am I OK?			9.30 The Parenting		
	311 SCI-FI	‹ 6.25 Paranormal Activity: The Ghost...		8.00 Ready Player One					10.30 The Collector
	313 FILM4	‹ 6.35 The Karate Kid				9.00 Deadpool 2			
SPORT	401 MAIN EVENT	‹ 12.30 Women's International One-Day Cricket – Live: England v West Indies				9.00 US Women's Open Golf – Live: Coverage of day two			
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories		8.30 Gary Neville's...	9.00 Big Interview	9.30 PL Stories		10.30 PL Icons
	403 FOOTBALL	7.00 SPFL	7.30 Best Scottish...	8.00 Bundesliga	8.30 WSL: End of...	9.00 Women's...	9.30 Championship Season Review		10.30 EFL Rivalries
	404 CRICKET	‹ 12.30 Women's International One-Day Cricket – Live: England v West Indies				9.00 The Boy From...	9.30 Talking Cricket	10.00 Best of England v Windies	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the first day of round three of the tournament							
	411 TNT SPORTS 2	7.00 UEFA Magazine	7.30 PL Stories		8.30 PL Review		9.30 Grand Slam Track Athletics – Live		

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 NEW SERIES **Under the Vines** 1/6. Drama starring Rebecca Gibney and Charles Edwards. (S) **2.45** New episode 2/6. Daisy and Louis look for ways they can ease their financial woes. (S1) (S)(AD)
3.30 **Escape to the Country** (S)(R)
4.00 **Garden Rescue** New edition Creating a Mediterranean haven. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Alison Hammond's Big Weekend

7 PM

7.00 **The One Show** Roman Kemp and Clara Amfo present the topical show. (S)
7.30 **Lost and Found in the Lakes** A scuba team take on a family's epic 30-year search for a grandfather's mythical missing motorbike. (S)(R)(AD)

8 PM

8.00 **Would I Lie to You?** With guest panellists Liz Carr, Miles Jupp, Samson Kayo and Anneka Rice. (S)(R)
8.30 **Alison Hammond's Big Weekend** New edition 3/6. With actor Luke Evans. (S)
■ Entire series on BBC iPlayer

9 PM

9.00 **Have I Got News for You** New edition 9/10. Roy Wood Jr hosts, with Guz Khan. (S)
9.30 NEW SERIES **The Power of Parker** 1/6. Comedy starring Conleth Hill. *See feature, page12* (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 FILM **The Heat** Crime comedy starring Sandra Bullock and Melissa McCarthy. A strait-laced FBI agent and a brash Boston cop reluctantly team up in order to catch a drug lord. With Demián Bichir. (S) (2013, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM FILM **Shadow in the Cloud** World War Two horror starring Chloë Grace Moretz and Nick Robinson. A bomber transporting a female pilot with some top secret documents is haunted by a sinister presence. With Taylor John Smith. (S)(AD) (2020, 15, 80min) ★★★★
1.50 **Weather for the Week Ahead** (S)
1.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** London and Cambridgeshire. (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 LIVE **Gymnastics: European Championships** Coverage of the apparatus finals staged at Leipzig Trade Fair in Germany. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** The Amalfi Coast and Capri. (S)(R)

9.00 Hidden Treasures of the...

7 PM

7.00 **Villages by the Sea** Ben Robinson investigates how St Agnes became world-famous for tin mining. (S)(R)
7.30 **Beechgrove Garden** New edition Calum Clunie creates a lavender border. (S)

8 PM

8.00 **Gardeners' World** New edition Monty Don infuses drama into his jewel garden pots, Arit Anderson meets a determined cut flower gardener in Suffolk, and Rekha Mistry gives tips on producing tasty veg all year round. (S)

9 PM

9.00 **Hidden Treasures of the National Trust** New edition 3/6. Cameras focus on a peacock dress at Kedleston Hall in need of repair, and a painting at Dryham Park in need of some attention. (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **Red Dwarf** *Meltdown:* 6/6. Lister and the crew are transported to a giant theme park populated by sentient droids. (S4) (S)(R)
10.30 **Newsnight** (S)
11.00 FILM **The Power of the Dog** Western starring Kirsten Dunst and Benedict Cumberbatch. A rancher torments his brother's wife and her son until he finds himself exposed to the possibility of love. (S) (2021, 12, 120min) ★★★★
1.00 AM **Sign Zone: Who Do You Think You Are?** Aisling Bea finds out about her family history. (S)(R)
2.00 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD)
2.30 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Gary Barlow's Food and Wine Tour: Australia** New edition Gary goes horse-riding in the wine region of Margaret River, and meets comedian John Bishop for a night of laughter before the pair tour Freemantle Market. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Joanna Lumley's Danube

7 PM

7.30 **Emmerdale** Billy stands his ground, Kyle arrives with news, and it remains to be seen if the wedding will go ahead. (S)(AD)

8 PM

8.00 **Coronation Street** Eileen clashes with Tracy at Julie's wake, Mick informs Lou that Kit was behind his beating, Carl gets to work at the garage, and George pops the question just as Jason turns up. (S)(AD)

9 PM

9.00 **Joanna Lumley's Danube** New edition 2/3. The second leg takes the actor to Slovakia, where she traces the Danube tributaries to the top of the Tatras mountains, before she meets Hungary's cowboys. (S)
■ Entire series on ITVX

10 PM

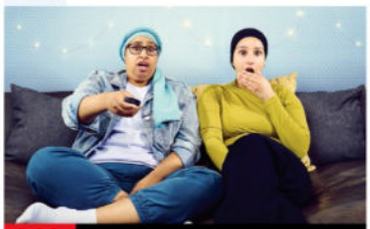
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **From Russia with Love** James Bond adventure starring Sean Connery. British secret service agent 007 helps a Russian woman defect from Istanbul. With Daniela Bianchi. (S) (1963, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM **Teleshopping**
3.00 **Ellie Simmonds: Should I Have Children?** The former Paralympic swimmer sets out to discover how her genetic condition could impact her starting a family, and looks at attitudes towards disabilities. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 22-25/26. (S5) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 9-12/24. (S10) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition In Cheshire, the cast rehearse the local panto on Kim's boat. (S)(AD)
5.00 **Chateau DIY** At Château de Saugé, Donna and Paul's Scottish-themed suite renovation is finally complete. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Spain, the owners of a premium B&B and property consultancy look to diversify. (S)



9.00 Gogglebox

7 PM

7.00 **News** (S)

8 PM

8.00 **Millionaire Hoarders** New edition Rita seeks advice on arranging, valuing and selling an inherited collection of clocks, while Kevin sets out to downsize his huge collection of dresses. (S)(AD) *Previously scheduled for16 May.*

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **Open House: The Great Sex Experiment** New edition 4/8. Claude and Amy head to the red room with resident Georgie, hoping to find the right blend between instant sexual gratification and deep emotional connections. (S)(AD)
11.05 **Joe Lycett: I'm About to Lose Control and I Think Joe Lycett** Stand-up comedy. (S)(R)(AD)
12.10 AM FILM **Fire Island** Romantic comedy starring Joel Kim Booster, Bowen Yang and Margaret Cho. (S) (2022, 15, 100min) ★★★
1.50 **Candy: A Death in Texas** Candy battles to tell her story. (S)(R)(AD)
2.50 **Sarah Beeny's Little House, Big Plans** Property series. (S)(R)(AD)
3.45 **to 6.00** AM **Come Dine with Me**

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Danger in the House** Thriller starring Kathryn Kohut. A wealthy man hires a woman to look after his sick mother, but the caregiver tries to make herself a permanent fixture. (S) (2022, PG, 100min) ★★★
4.00 **Bargain-Loving Brits in the Sun** New edition A hotelier prepares for a wedding. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** An Irish terrier guards its front door like a bouncer. (S)(R)
6.55 **News** (S)

7.00 Ibiza: Jewel of the Med

7.00 NEW **Ibiza: Jewel of the Med** Exploring the Balearic 'white island', known for its nightlife and rich history, and meeting the dancers who work to keep the region's culture alive. (S)
7.55 **News** (S)
8.00 **Cruising with Susan Calman** New edition The comedian sets sail on a cruise around Australia, taking in the sights of Melbourne, visiting the coastal vistas of Portland and meeting a kangaroo. (S)
9.00 **Billy Connolly: 30 Funniest Moments** A celebration of the comedian's career, featuring a selection of stand-up routines from live shows as well as memorable appearances on chat shows. With contributions by Shaparak Khorsandi, Shazia Mirza, Suzi Ruffell, Chris McCausland, Dave Gorman, Richard Herring, Richard Digance, Seann Walsh and Jimmy Tarbuck. (S)(R)
11.05 **Bradley Walsh's Comedy Heroes** 1/3. Bradley celebrates his favourite sitcoms, including *Steptoe and Son*. (S)(R)
12.35 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
4.35 **The World's Greatest Bridges** The Brooklyn Bridge. (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** 11/22. (S1) (R)
4.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Fan-lly Feud:* Homer faces the wrath of a pop star's vengeful fans. (R) **5.30** *Game Done Changed:* Bart discovers a profitable glitch in an online game. (R)
6.00 **The Office (US)** 20/28. Michael makes plans to celebrate his 15th anniversary at Dunder Mifflin with a party. (S)(R) **6.30** 21/28. Michael is careless under pressure. (S5) (S)(R)

9.00 And Just Like That...

7.00 **The Simpsons** *Write Off This Episode:* Marge and Lisa decide to launch a charity together. (R) **7.30** *Very Hungry Caterpillars:* A plague of insects force the family into lockdown. (R)
8.00 **The F1 Show** The show positions itself at the centre of the Spanish Grand Prix, providing a sneak peek of the paddock and the personalities involved at the heart of the race. (R)
9.00 NEW SERIES **And Just Like That...** *Outlook Good:* 1/12. Carrie and friends continue to navigate the complicated reality of life, love and relationships in New York City. *See feature, page 11.* (S3)
10.00 **Hacks** Series finale 10/10. Comedy drama starring Jean Smart and Hannah Einbinder. (S4)
10.40 **Sex and the City** *Plus One Is the Loneliest Number:* 5/8. Carrie prepares for her book-launch party. (S5) (S)(R)
11.20 **Sex and the City** 6/8. Carrie starts to worry about Aidan's emotional stability. (S5) (S)(R)
12.00 M'T **The Force: North East** Police deal with a samurai sword attack in Northumbria. (R)
1.00 AM **Road Wars** Double bill. (R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
3.30-4.30pm Escape to the Country (S)(R) **7.30-8.00pm** Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Suzie Lee's Great Food Made Simple New edition (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking: The Mid-West New edition (S) **10.40** Rewind: 60 Years of Welsh Pop (S)(R) **11.10** FILM The Heat (S)(AD) (2013, 15, 110min) ★★★ **1.00am** Blankety Blank (S)(R) **1.35-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
6.00pm LIVE Match of the Day (S) **8.20** A to Z of TV Gardening (S)(R) **8.30-9.00pm** Richard Osman's House of Games (S)(R)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Vanished Wales New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **10.30** Eisteddfod yr Urdd New edition **12.00noon** Newyddion a'r Tywydd **12.05pm** Eisteddfod yr Urdd New edition **1.55** Newyddion a'r Tywydd **2.00** Seremoni'r Dydd: Y Coroni New edition **2.30** Eisteddfod yr Urdd New edition **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Eisteddfod yr Urdd New edition **9.30** Newyddion a'r Tywydd **9.35** Pêl-Droed Rhyngwladol **10.35** Der' Dramor 'Da Fi! (AD) **11.35pm-1.10am** Eisteddfod yr Urdd

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Mark Wahlberg is the Star in a Reasonably Priced Car.
7.55 **The Catch Up**
8.00 **Gavin & Stacey** 6/8. The newlyweds begin leading separate lives. **8.30** 7/8. Nessa goes into labour a month early. (S2)
9.00 **Freddie Flintoff: Field of Dreams on Tour** 1/4. The former England captain takes his team on a cricket tour in one of the most revered cricketing nations in the world, India.
10.00 **Driven: The Billy Monger Story** An 18-year-old tries to get back into motor racing after losing both legs.
11.00 **Glow Up: Britain's Next Make-Up Star** The MUAs do the dancers' make-up for rock duo Nova Twin's latest music video.
12.00 M'T **Top Gear** As 7.00pm.
1.00 AM **Gavin & Stacey** (S2)
2.00 **Daddy Issues** (S1)
2.50 **Spud** Comedy drama.
3.10 **to 4.00** AM **I Kissed a Boy**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** Featuring performances by Eternal, Hanson, Chumbawamba, Gala and Sarah Brightman.
8.00 **TOTP: 1988** Music by Aztec Camera, Belinda Carlisle, Rod Stewart and Tiffany.
8.30 **TOTP: 1977** With Elkie Brooks, The Muppets, Twiggy and Jesse Green.
9.10 **TOTP: 1985** Performances by Don Henley, Bryan Adams, and Elaine Paige & Barbara Dickson. **9.40** Performers include Madonna, Feargal Sharkey, The Cure and Eurythmics.
10.10 **Eurythmics at the BBC** A selection of archive performances by the duo.
11.45 **TOTP2: Genesis**
12.30 AM **The Human League: Young Guns Go for It**
1.00 **The Smiths: Young Guns Go for It** Documentary.
1.30 **The 80s – Music's Greatest Decade? With Dylan Jones**
2.30 **Top of the Pops**
3.30 **to 4.00** AM **TOTP: 1988**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me**
3.10 **Four in a Bed** From the Wharfe House in Wetherby. **3.40** The B&B owners visit Wortwell Hall Barn, Norfolk. **4.15** At Bath Lodge Castle. **4.50** From the Old Lodge Hotel in Gosport, Hampshire. **5.20** The winner is revealed.
5.50 **Car S.O.S.** Fuzz Townshend and Tim Shaw transform a Lexus IS200 into a drift car.
6.55 **Car S.O.S.** Tim and Fuzz restore Adam's Datsun 240k Skyline, a rare Japanese classic from the 1970s.
7.55 **Kirstie and Phil's Love It or List It** A couple decide whether to sell their three-bed house in Birmingham or renovate it to suit their needs.
9.00 **Panda** New episode *Panda Splash:* 5/6. At the water park, a corpse is found by the Enchanted River, a baby is abandoned in the changing rooms and a cleaner goes missing. In French. (S1)
10.00 **24 Hours in A&E** The team treat a man injured in a collapsed garage incident.
11.05 **24 Hours in A&E** A woman who suffered a broken leg when a horse kicked her.
12.05 AM **999: On the Front Line**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The Kids Are All Fight:* Animated comedy.
7.00 **The Simpsons** *The Man from GRAMPA:* A secret agent arrives in Springfield. **7.30** *Grampy Can Ya Hear Me:* Bart helps Lisa break into school.
8.00 **Below Deck Down Under** New edition A dinner service for the guests goes awry.
9.00 FILM **Little Fockers** Comedy sequel with Ben Stiller. A male nurse must prove to his father-in-law that he is worthy of taking his place as the family patriarch. (2010, 12, 94min) ★★★
10.55 **Naked Attraction**
12.00 M'T **The Big Bang Theory**
1.00 AM **Brooklyn Nine-Nine**
2.00 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 1/19. A bomb detonates at a restaurant. (S2)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

10.00 Chicago PD

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Chicago Med** New episode *Bad Habits:* 5/22. Charles clashes with nurse Jackie on a psych case. (S10)

9 PM
9.00 **Chicago Fire** New episode *Down The Rabbit Hole:* 5/22. Kidd and Severide investigate a trucking company. (S13)

10 PM
10.00 **Chicago PD** New episode *Water And Honey:* 5/22. Officer Cook and her partner disagree about an investigation. (S12)
11.00 **The Rookie** 10/10. (S6)
12.00 M'T **FBI** 3/15. (S3)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Good Doctor** 1/18. (S5)
3.00 **The Cleaning Lady** 9/12. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **The Sopranos** (S1)
10.05 **Billions** 5&6/12. (S5)
12.20 PM **Game of Thrones** (S4)
1.25 **Gangs of London** 7&8/8. (S3)
3.30 **The Sopranos** 11/13. Junior conspires with Livia.
4.35 12/13. AJ is stressed over a formal dance. (S1)
5.35 **Billions** 5/12. Chuck plots against Axe with the help of some old associates.
6.50 6/12. Axe's plans are threatened and Chuck wages war on a new front. (S5)

10.00 The Undoing

7.55 **Game of Thrones** *The Laws of Gods and Men:* 6/10. Tyrion's trial begins in the throne room and he is stunned by the identity of one of the witnesses. (S4)

9.00 **The Last of Us** 7/7. Post-apocalyptic drama with Bella Ramsey. (S2)

10.00 **The Undoing** *See No Evil:* 4/6. Attorney Haley Fitzgerald begins to shape the narrative of the case. (S1)
11.00 **Homicide: Life on the Street** 21/22. The team are thrown into turmoil. (S5)
11.55 **The Wire** 1/10. (S5)
1.00 AM **Gomorrah** 1&2/12. (S1)
3.10 **The Pacific** 9/10. (S1)
4.15 **Game of Thrones**
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 14/18. (S7)
9.00 **Stargate SG-1** 7&8/20. (S8)
11.00 **Supergirl** 4/22. (S4)
12.00 NOON **The Flash** 15/18.(S7)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 11/22. (S1)
4.00 **S.W.A.T.** 7/21. The team look for thieves on the run with a hi-tech thermal lance. (S3)
5.00 **Supergirl** 3/22. The story of how Ben Lockwood became Agent Liberty. (S4)
6.00 **Stargate SG-1** 7/22. Teal'c is accused of murder. (S8)

9.00 Hacks

7.00 **Stargate SG-1** *Covenant:* 8/22. A businessman threatens to expose all the secrets of alien life to the world. (S8)

8.00 **Rob Beckett's Smart TV** 3/8. With guests Kiell Smith-Bynoe, Roman Kemp and David Morrissey.

9.00 **Peacemaker** *Monkey Dory:* 5/8. The undercurrent of tension within the team reaches breaking point. (S1)

10.00 **Hacks** Series finale *Heaven:* 10/10. Comedy starring Jean Smart and Hannah Einbinder. (S4)
10.40 **Strike Back: Silent War** 6/10. Section 20 reunite to launch an assault. (S7)
11.40 **The Force: North East**
12.40 AM **Road Wars**
1.35 **Hawaii Five-0** 6/25. (S6)
2.30 **Road Wars** Vehicle crime.
3.00 AM **SEAL Team** 11/22. (S1)
4.00 **S.W.A.T.** 7/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal: Celebrity Special**
2.00 **Ant & Dec's Limitless Win**
3.00 **Hart of Dixie** 19/22. (S2)
4.00 **Gilmore Girls** 19/22. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Sally Dynevor, Barney Walsh and Zoe Williams.

7.00 Deal or No Deal Celebrity...

7.00 **Deal or No Deal: Celebrity Special** Heptathlete Katarina Johnson-Thompson takes on the ruthless Banker.

8.00 **Ant & Dec's Limitless Win** 1/6. The duo hosts as Joe and sister-in-law Jo are the first to take on the Limitless Ladder.

9.00 **FILM The Hitman's Bodyguard** Comedy thriller with Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman who is about to testify at the International Criminal Court against the president of Belarus. (2017, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Family Guy** (S10&9)
12.25 AM **American Dad!** (S7)
1.25 **Bob's Burgers** 12&13/22. (S12)
2.20 **World's Funniest Videos**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.30 **The Royal**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Downton Abbey** 9/9. Robert and his family visit his Scottish cousins. (S3)
6.00 **Heartbeat** *It Came from Outer Space:* An explosion in the woods is linked to the activities of a dangerous criminal.

8.00 Midsomer Murders

7.00 **Heartbeat** *You Never Can Tell:* Veteran music manager Stan Sparrow is found dead the day after his wedding reception.

8.00 **Midsomer Murders** *The Ghost of Causton Abbey:* A disused abbey that is believed to be cursed is about to be turned into a pub – but someone is found murdered in a similar manner to a famous historical execution.

10.00 **Wycliffe** *Dance of the Scorpions:* 9/9. The murder of a building society manager and his wife leads to Wycliffe clashing with his superiors when he investigates a licensed gun dealer. (S4)
11.35 **Cracker** *Nine Eleven.*
1.35 AM **Where the Heart Is**
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** 2/8. Nick Nairn and Dougie Vipond focus on wild food, cooking gnocchi with smoked haddock and wild greens.
8.00 **Inside Central Station** 2/6. Staff help to arrange a marriage proposal under the station's famous clock.
9.00 **Scotland's Game** 2/4. The dual drivers of money and media that transformed football.
10.00 **Still Game** 5/6. Jack and Victor enter a competition. (S1)
10.30 **Sacked in the Morning** New edition With former Manchester United striker Andrew Cole.
11.00 PM **to 12.00** M'T **TRNSMT 2024** With Sugababes, Rick Astley and Liam Gallagher.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S1)
10.15 **Entourage** (S3)
2.55 PM **High Maintenance**
4.15 **Insecure** (S5)
5.35 **The Office (US)** (S5)
6.35 **The Conners** (S1)
7.35 **Ballers** 5/10. Reggie looks to cheer Vernon up with an unusual pet.
8.20 6/10. Reggie looks to cheer Vernon up with an unusual pet, and Ricky bumps into an old flame. (S2)
9.00 NEW SERIES **And Just Like That...** *Outlook Good:* 1/12. Carrie and friends navigate the reality of life and love. *See feature, page 11.* (S3)
10.00 **Katherine Ryan – Missus** Stand-up show.
11.15 **Jerrod Carmichael: Don't Be Gay**
12.20 AM **Sex and the City**
1.40 **Barry** 7&8/8. (S3)
3.05 **to 5.00** AM **High Maintenance**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **HMS Pinafore with ENO** Comic opera.
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **Battle of the Bagpipes**
3.00 **The Directors**
4.00 **Discovering: Ed Harris**
5.00 **Landscape Artist...**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Dolly Parton: Song by Song** Double bill.
9.00 NEW SERIES **Opry Live**
10.00 **The Highwaymen Live**
12.30 AM **Brendan Gleeson's Farewell to Hughes's**
1.50 **From the Artists Den**
2.50 **Classic Albums**
4.10 **Landmark**
5.05 **to 6.00** AM **National Treasures: The Art of Collecting**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Inside Man:* 6/26. The crew are fooled by a Ferengi plan. (S7)
8.00 **Star Trek: Deep Space Nine** 10/20. (S1)
9.00 **Forensics: Catching the Killer** True-crime.
10.00 **S.W.A.T.** 9/23. (S2)
11.00 **Grimm** 6/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.40 AM **Buying the View**
8.10 **Georgia and Tommy: Baby Steps**
9.10 **Gary Barlow's Wine Tour: South Africa**
10.10 **The Real Housewives of Miami** Reality series.
11.10 **The Real Housewives of New York City**
12.05 PM **Georgia and...**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Gary Barlow's Wine...**
8.00 **Dinner Date**
9.00 **Botched** Double bill
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
1.00 AM **Backyard Builds**
1.25 **Unwind**
1.30 **Teleshopping**
2.30 **to 5.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 6/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 15/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 11/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/24. (S2)
9.00 **Randall and Hopkirk (Deceased)** *But What a Sweet Little Room:* 13/26. Hopkirk reveals that the medium a missing woman visited is actually a fake. (S1)
10.00 **The New Avengers**
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Great Racehorses**
- **6.20** **The Protectors**
- **6.55** **The Professionals**
- **8.00** **Dempsey and Makepeace**
- **9.05** **Magnum, PI**
- **10.00** **Kojak**
- **11.05** **Giant Lobster Hunters**
- **12.05** PM **Dempsey and Makepeace**
- **1.10** **Magnum, PI**
- **2.15** **Kojak**
- **3.20** **Minder**
- **4.25** **The Professionals**
- **5.30** **British Touring Car Championship Highlights**

7.00 Women's Nations League

7.00 **LIVE Football: Women's Nations League** England v Portugal: Katie Shanahan presents coverage of both teams' third and penultimate match in Group A3 held at Wembley Stadium. Kick-off is at 7.45.

10.00 **Isle of Man TT** A review of a week of practice and qualifying, and a look ahead to the races in the motorcycling event.

11.05 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.

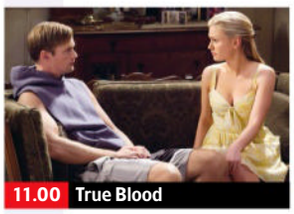
- **1.00** AM **Isle of Man TT**
- **1.55** **Minder**
- **2.45** **Unwind with ITV**
- **3.00** **Teleshopping**
- **5.00** **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted US**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: Enterprise** (S2)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: The Next Generation** 3/26. (S6)
- **2.00** **Blood & Treasure** 9/13. (S1)
- **3.00** **Stargate Universe** 14/20. (S2)
- **4.00** **Star Trek: Voyager** (S5)
- **5.00** **Star Trek: The Next Generation** 3/26. (S6)
- **6.00** **Star Trek: Enterprise** 14/26. The crew attend a medical conference. (S2)



11.00 True Blood

7.00 **Blood & Treasure** *The Shadow of Projekt Athena:* 9/13. Danny and Lexi seek out a famed Nazi hunter. (S1)

8.00 **Stargate Universe** *Hope:* 14/20. Volker discovers he needs a kidney transplant to save his life. (S2)

9.00 **Grimm** *Silence of the Slams:* 13/22. A local maskmaker targets Wesen to create masks with great power. (S5)

10.00 **The Walking Dead** *The Damned:* 2/16. The joint plot by the Alexandrians, the Hilltoppers and the Kingdommers unfolds. (S8)

11.00 **True Blood** 5/12. Bill gets himself personally involved in the necromancy crisis sweeping through Bon Temps. **12.00** M'T 6/12. Sookie sets out in search of Jason under the light of the full moon. (S4)

- **1.00** AM **Wynonna Earp** (S2)
- **3.00** **Blood & Treasure** As 7.00pm.
- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries** (S17)
- **9.00** **Father Brown**
- **10.00** **Miss Fisher's Murder Mysteries** 8/8. (S3)
- **11.00** **Hudson & Rex** 2/16. (S2)
- **12.00** NOON **Shakespeare & Hathaway: Private Investigators** 9/10. (S1)
- **1.00** PM **Death in Paradise** (S10)
- **2.00** **Murdoch Mysteries** (S17)
- **4.00** **Father Brown**
- **5.00** **Hudson & Rex** 2/16. (S2)
- **6.00** **Body of Proof** 13/13. The coffin of Megan's father is found to be empty. (S3)

10.20 Father Brown

7.00 **Shakespeare & Hathaway: Private Investigators** 9/10. The duo look into a campaign of culinary sabotage. (S1)

8.00 **Death in Paradise** *Lucky in Love:* 3/9. A lottery winner is found dead at her villa and her body vanishes. (S10)

9.00 **Beyond Paradise** 5/6. A woman is found face down on the ground, with an arrow through her shoulder. (S2)

10.20 **Father Brown** *The Sins of Others:* Sid vows vengeance on his former defence barrister.

- **11.20** **Body of Proof** As 6.00pm.
- **12.20** AM **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
- **1.20** **FILM No One Would Tell** Drama with Shannen Doherty. (2018, PG, 90min) ★★
- **3.10** **to 4.00** AM **Death in Paradise**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.15** AM **Highlights**
- **8.20** **The Green Green Grass**
- **9.00** **My Hero**
- **9.40** **Hi-de-Hi!**
- **10.20** **Only Fools and Horses**
- **11.00** **Last of the Summer Wine**
- **12.20** PM **The Green Green Grass**
- **1.00** **Dad's Army**
- **2.20** **Only Fools and Horses**
- **3.00** **Hi-de-Hi!**
- **3.40** **Last of the Summer Wine**
- **5.00** **The Green Green Grass**
- **5.40** **Hi-de-Hi!**
- **6.20** **Only Fools and Horses**

10.15 Bottom Live

7.00 **Dad's Army** Captain Mainwaring sets about trying to get equipment for the platoon.

7.40 **The Good Life** Barbara harvests the crops on her own when Tom gets hurt. **8.20** Tom tries to market his garden produce – with disastrous results.

9.00 **Still Open All Hours** Granville thinks the shop is haunted by Arkwright.

9.40 **Harry Enfield's Television Programme** Including forgetful pub landlord Les Norris.

10.15 **Bottom Live: Weapons Grade Y-Fronts Tour** Stage show of the sitcom.

- **12.25** AM **The Good Life** As 7.40pm.
- **1.00** **Not Going Out** Lee imagines a perfect life with Lucy.
- **1.40** **Harry Enfield's Television Programme** As 9.40pm.
- **2.15** **Still Open All Hours** As 9pm.
- **2.55** **to 4.00** AM **Live at the Apollo: Christmas Special**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Cops on the Rock**
- **8.00** **Border Force: America's Gatekeepers** Double bill.
- **10.00** **Our Guy in China**
- **11.00** **Rick Stein's Long Weekends**
- **12.00** NOON **Celebrity Storage Hunters** Double bill.
- **2.00** PM **Our Guy in Latvia**
- **3.00** **Top Gear** Double bill.
- **5.00** **The Hairy Bikers' Asian Adventure** Dave Myers and Si King head off to Japan.
- **6.00** **Rick Stein's Long Weekends** The chef visits the city of Bologna in northern Italy.

7.40 House of Games

7.00 **Would I Lie to You?** With Greg Rutherford, Kirsty Young, Joanna Scanlan and Henning Wehn.

7.40 **Richard Osman's House of Games** With Roo Irvine and Claire Richards. **8.20** With guests Rick Edwards, Scarlett Moffatt and David O'Doherty.

9.00 **QI XL** Guests Jo Brand, Marcus Brigstocke and Danny Baker join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Martin Lewis hosts the quiz, with guests Ignacio Lopez and Steph McGovern.

- **11.00** **8 Out of 10 Cats** With Pamela Anderson, Kerry Godliman, Ella Eyre and Joe Wilkinson.
- **11.50** **Mock the Week**
- **12.30** AM **Would I Lie to You?**
- **1.50** **Australian Ninja Warrior**
- **3.15** **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

Friday

7 PM **8 PM** **9 PM** **10 PM**

4seven

137/138 163 143 49 127 16

- **9.00** AM **A New Life in the Sun: Where Are They Now?** From Andalucía.
- **10.00** **Chateau DIY**
- **11.00** **Help! We Bought a Village** From Italy.
- **12.00** NOON **A Place in the Sun** Double bill.
- **1.30** PM **Narrow Escapes**
- **2.30** **Chateau DIY**
- **3.30** **Come Dine with Me**
- **6.00** **Location, Location, Location** Double bill.
- **8.00** **Britain's Most Expensive Houses** Jersey's most exclusive properties, including a £21 million mansion.
- **9.00** **24 Hours in A&E** A 74-year-old man has suspected sepsis.
- **10.00** **Night Coppers**
- **11.05** **Gogglebox**
- **12.05** AM **Celebrity Gogglebox**
- **1.10** **Taskmaster**
- **2.15** **Open House: The Great Sex Experiment**
- **3.20** **Millionaire Hoarders**
- **4.15** **to 4.45** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Murder, She Wrote**
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Lifeline:* 3/10. Kasie receives an urgent mystery message. **7.00** *Left Unsaid:* 4/10. A petty officer disappears during his marriage proposal. **8.00** *The Plan:* 5/10. The team work to unravel the mystery of a recently used service weapon belonging to a missing agent. (S21)
- **9.00** **Person of Interest** *Root Cause:* 13/23. An unemployed man appears to be planning to kill a congressman. **10.00** *Wolf and Cub:* 14/23. Reese helps a teenager whose brother was murdered. (S1)
- **11.00** **Law & Order: Special Victims Unit** (S24&23)
- **2.45** AM **The Good Wife**
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Shoplifters: Caught Red Handed**
- **11.00** **Traffic Cops**
- **2.00** PM **Police Interceptors**
- **5.00** **Bank Scams: Don't Get Caught Out**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts**
- **9.00** **999: Emergency Call Out** Cases include dangerous driving.
- **10.00** **Trauma Room One**
- **11.00** **Adults Only: Kinky for Cash**
- **12.00** M'T **Adults Only: Threesomes Are More Fun** Documentary.
- **1.00** AM **The Girl in the Cellar: 8 Years Underground**
- **2.45** **Police Interceptors**
- **3.35** **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Trucking Hell**
- **10.15** **Traffic Cops**
- **11.15** **Police Interceptors**
- **12.20** PM **FILM Rage at Dawn** Western with Randolph Scott and Forrest Tucker. (1955, U, 90min) ★★
- **2.05** **FILM Whispering Smith** Western starring Alan Ladd, Robert Preston and Brenda Marshall. (1948, PG, 90min) ★★
- **4.00** **Trucking Hell**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **9.00** **Police Code Zero: Officer Under Attack**
- **10.00** **The Motorway**
- **11.00** **Yellowstone** 10/10. (S3)
- **12.00** M'T **FILM Universal Soldier: Regeneration** Sci-fi action thriller sequel starring Jean-Claude Van Damme and Dolph Lundgren. (2009, 18, 97min) ★★★
- **2.05** AM **Trucking Hell**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **MasterChef Australia** Culinary show.
- **7.30** **Simply Nigella**
- **8.00** **Tipping Point**
- **11.00** **DIY SOS: The Bigger Build Ireland**
- **1.00** PM **Tipping Point**
- **4.00** **My Dream Home**
- **6.00** **DIY SOS: The Bigger Build Ireland**
- **7.00** **Nick Knowles' Big House Clearout**
- **8.00** **Inside the Ambulance: Coast and Country** A woman falls from her horse onto some unsafe boggy ground.
- **9.00** **999 Rescue Squad** A worker is trapped after a landslip. **10.00** A car crash victim has to be put into an induced coma.
- **11.00** **Miranda** Triple bill.
- **1.00** AM **Louis Theroux's Forbidden America**
- **2.00** **to 3.00** AM **Reclaiming Amy**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.30** AM **Pie in the Sky**
- **8.25** **Doctors**
- **9.35** **Holby City**
- **10.35** **Classic Casualty**
- **11.40** **The Bill**
- **12.40** PM **Classic EastEnders**
- **2.00** **Pie in the Sky**
- **3.00** **Hamish Macbeth**
- **4.05** **Lovejoy**
- **5.25** **Keeping Up Appearances**
- **6.00** **Birds of a Feather**
- **6.40** **Last of the Summer Wine** Double bill.
- **8.00** **Father Brown** *The Island of Dreams:* A visit to a holiday camp leads to a murder mystery. **9.00** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at a girls' borstal.
- **10.00** **New Tricks**
- **11.20** **Bergerac** 3/11. (S8)
- **12.30** AM **Sister Boniface Mysteries**
- **1.30** **Rebus**
- **3.20** **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House**
6.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 NEW SERIES **Yorkshire Air 999** The Yorkshire Air Ambulance race against time to save lives.
10.00 **Ambulance** An emergency call to help a patient threatening to jump off a bridge needs an urgent response during a busy day shift.
11.00 **Helicopter ER**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?** Quiz.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Sara Pascoe, Angela Scanlon, Rick Edwards and Clive Myrie test their skills.
8.00 **The Chase** Double bill.
10.00 **Tenable** Five friends from Surrey compete.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **The War in Europe**
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **The Longest Drive** Western. (1976, PG, 93min) ★★
3.05 FILM **King of Texas** Western starring Patrick Stewart and Julie Cox. (2001, PG, 90min) ★★
5.20 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 FILM **Rio Lobo** Western starring John Wayne. (1970, PG, 110min) ★★★
10.30 FILM **Outlaws and Angels** Western starring Luke Wilson. (2016, 18, 90min) ★★
12.20 AM FILM **Supercell** Action adventure. (2023, 12, 100min) ★★
2.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 FILM **Foster** Comedy. (2012, PG, 90min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM FILM **Killer on the Island** Crime thriller. (2018, PG, 86min) ★★
2.55 FILM **Fatal Memories** Thriller. (2014, 12) ★★
5.05 FILM **Lost Letter Mysteries for Christmas** Festive comedy. (2014, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 FILM **The Mountain Between Us** Adventure. (2017, 12, 112min) ★★
11.30 FILM **Ain't Them Bodies Saints** Romantic crime drama. (2013, 15, 95min) ★★★★
1.45 AM FILM **Swelter** Drama. (2013, 15, 96min) ★★
4.00 **to 6.00** AM FILM **Murder at the Mansion** Thriller. (2018, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **Forever in My Heart** (2019, PG) ★★
10.05 FILM **Raise a Glass to Love** (2021, PG) ★★
12.00 NOON FILM **A Perfect Match** Romantic drama. (2021, PG, 84min) ★★
2.00 PM FILM **Picture Perfect Romance** Drama. (2022, U, 89min) ★★
4.00 FILM **The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
6.05 FILM **South Beach Love** Comedy. (2021, PG) ★★
8.00 FILM **Maid in Manhattan** Comedy. (2002, PG, 105min) ★★★
10.15 FILM **A Feeling of Home** Romantic drama. (2019, PG, 90min) ★★
12.10 AM FILM **Home by Spring** Drama. (2018, PG, 83min) ★★
2.05 **Highway to Heaven**
3.00 **to 5.00** AM FILM **Picture Perfect Romance** As 2.00pm.

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 6/8. (S2)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Lucky Feller**
1.30 **You're Only Young Twice**
2.00 **Brass** 6/13. (S1)
2.30 **Thick as Thieves** (S1)
3.00 **Mapp and Lucia** (S1)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 6/8. (S2)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 6/13. (S1)
7.30 **Thick as Thieves** (S1)
8.00 **Lucky Feller**
8.30 **You're Only Young Twice**
9.00 **In Loving Memory** (S2)
9.30 **Soap** (S1)
10.00 **Carry On Laughing** (S1)
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 2/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Motor Pickers** Paul and Helen hunt down bargain coupes. **9.30** A customer wants to find a hot hatchback. **10.00** A young dad wants to mix practicality and performance. **10.30** A business-minded driver looking for a family-friendly SUV.
11.00 **Aussie Gold Hunters: Mine SOS** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya Bakes**
7.00 **30 Minute Meals**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Nigel's Dish of the Day**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the...**
1.30 **Nadiya Bakes**
2.00 **James Martin: Sweet**
3.00 **30 Minute Meals**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Nigel's Dish of the Day**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **Simple Comforts**
10.00 **City Bakes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 7/24. (S2)
11.00 FILM **Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
1.00 PM FILM **Charro!** Action Western. (1969, U, 98min) ★
2.55 FILM **Sitting Bull** Western. (1954, U, 106min) ★★
5.00 **Star Trek** 19/30. (S1)
6.00 **Knight Rider** 8/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **The Abyss** Sci-fi adventure. (1989, 15, 134min) ★★★
11.40 FILM **Runner Runner** Crime thriller. (2013, 15, 91min) ★★★
1.30 AM FILM **Sword of Vengeance** Adventure. (2014, 15, 83min) ★★
3.15 **to 5.00** AM FILM **Stake Land II** Horror sequel. (2016, 15, 85min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **The Day the Earth Stopped** (2008)
8.00 FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
10.00 **The Lost World** (S1)
11.00 FILM **7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
1.00 PM FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 12/23. (S2)
5.00 FILM **The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 13/23. (S2)
9.00 FILM **Assassination Games** Action thriller. (2010, 18, 95min) ★★
11.00 FILM **A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
1.00 **to 3.00** AM FILM **Assassination Games**

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Mysteries from Above** Caverns.
1.05 **Pawn Stars**
2.05 **Storage Hunters**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** Malham Cove.
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** *Murder by the Book:* A novelist kills his former partner.
5.30 **Walking Wartime Britain** South Devon.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities**
8.00 **Ben Fogle: New Lives in the Wild**
9.00 **Dalgliesh** 1&2/6. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **The Teacher**
3.00 **Yorkshire Great and Small with Dan and Helen** Malham Cove.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
12.30 PM **My Lottery Dream Home International**
2.00 **Love Your Garden**
3.00 **Beach Hunters**
4.00 **Escape to the Country**
6.00 **The Great British Bake Off** Patisserie Week.
7.00 **A Place in the Sun**
8.00 **Love Your Garden** Creating a car-themed garden in Chessington.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **My Lottery Dream Home** From Texas.
3.30 **to 4.00** AM **My Lottery Dream Home International**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
7.30 **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Dr Mercy** Medical series.
8.00 **My 600lb Life** A man who weighs 900lbs with a 100-lb lymphedema mass on his leg. **10.00** A woman heads to Houston for help with her weight problem.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing** (S1)
11.00 **The Comedy Bus**
12.00 NOON **The Ren & Stimpy Show** (S2,3&4)
1.45 PM **Friends** (S9&10)
8.30 **Friends** 2/18. Monica and Chandler learn more about adoption. (S10)
9.00 **Michael McIntyre's Big Show** With Jessie J.
10.00 **Whose Line Is It Anyway? USA** New edition Stand-up.
10.30 **Whose Line Is It Anyway? USA**
11.00 **Key & Peele** New edition Sketches.
11.30 **8 Out of 10 Cats**
12.30 AM **Rhod Gilbert: The Book of John**
2.05 **South Park** (S4)
3.30 **Reno 911!** 6/11. (S8)
3.50 **Key & Peele**
4.10 **The Comedy Central Chart Show**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 17&18/24. (S2)
11.00 **Friends** (S8&9)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 1&2/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 17&18/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** (S1)
9.00 **New Girl** 19/22. Jess crashes a funeral. **9.30** 20/22. Winston lies about being a cop. (S4)
10.00 **Friends** (S8&9)
12.00 M'T **Jack Whitehall Gets Around**
2.00 AM **Al Murray: The Pub Landlord – Live at the Palladium**
3.35 **Michael McIntyre's Very Christmassy Christmas Show**
4.20 **Beavis and Butt-Head**
4.30 **Ahir Shah: Dots**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** Triple bill of the crime drama, including at: **8.00** *The Crown:* 10/10. Thony tries to make a deal with Garratt. (S1)
9.00 **Brit Cops: Law & Disorder** Double bill.
11.00 **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom 2**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: The Dramatic** Reality series.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Fresh Out Live**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Skin A&E** Dr Adil operates on a model with seborrheic keratosis.
10.00 FILM **Resident Evil: The Final Chapter** Action horror sequel starring Milla Jovovich, Ali Larter and Shawn Roberts. (2016, 15, 107min) ★★★
12.10 AM **MTV Unplugged: Lenny Kravitz**
1.10 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Rush: Mine Rescue with Freddy & Juan**
5.00 **Building off the Grid** A family build their own underground home in the hills of Virginia.
6.00 **Junkyard Empire** Featuring a 1968 RS SS Camaro which has not run in more than 20 years.

9.00 Expedition X

7.00 **Wheeler Dealers: Dream Car** Mike and Marc help farmer Tom trade up an old Jaguar and a tractor to a DeLorean.

8.00 **Gold Rush: White Water** For Dustin and his crew, exhaustion and lack of gold at The Wall pushes them to the boiling point.

9.00 **Expedition X** New edition Phil and Heather journey deep into the Kentucky wilderness, searching for intelligent sasquatches.

10.00 **Blowing Up History** Experts investigate the buried secrets of this lost city to uncover the first origins of royalty.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** Russell uses a robotic dog to explore an abandoned mine.
1.00 AM **Expedition X**
2.00 **Blowing Up History**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A large aquarium.
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Life at Vet University**
2.00 **Flying Wild Alaska**
3.00 **Pit Bulls & Parolees** A couple struggle to choose a dog.
4.00 **Bad Dog!** A cat that rides a skateboard to the beach.
5.00 **Animal Cops Philadelphia** Vets try to save a dog's leg.
6.00 **Tanked** Alyssa Milano seeks an elegant aquarium complete with a built-in wine rack.

9.00 Legends of the Wild

7.00 **Pit Bulls & Parolees** A woman travels to offer a senior dog a home, while Lizzy and Marcel look for a lost puppy.

8.00 **Legends of the Wild** Brazilian ranchers are being attacked by an unknown creature.

9.00 **Legends of the Wild** Investigating endangered ridley sea turtles turning up dead along the beach in Costa Rica.

10.00 **Alaska: Surviving the Last Frontier** Carolyn Wise heads out on a moose hunt, and the Flower Lake group stalk squirrels.

11.00 **Meet the Orangutans** Toddlers are wheelbarrowed in. **11.30** The babies are at high risk from parasites.
12.00 M'T **Meet the Penguins**
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **The Forever Walk: China**
10.00 **Air Crash Investigation**
12.00 NOON **Drain the Oceans: Deep Dive** Lost graves.
1.00 PM **Dark Secrets of the Lusitania** Documentary.
2.00 **Inside the SS** Double bill.
4.00 **Mutant Weather**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore an Aston Martin DB6.
6.00 **Nazi Megastructures** The construction of Hitler's mountain retreat in the Alps.

9.00 Airport Security: Rome

7.00 **Air Crash Investigation** An investigation into the crash of Continental Connection Flight 3407, which killed 51 people.

8.00 **Air Crash Investigation: Surviving Disaster** Investigating a collision between two aircraft that killed 21 passengers.

9.00 **Airport Security: Rome** At Fiumicino Airport, Border Police stop a father and son travelling with fake passports.

10.00 **Amsterdam Central 24/7** The incident response team search for three illegal rail runners, and the Orient Express arrives.

11.00 **Air Crash Investigation**
1.00 AM **To Catch a Smuggler: Tropical Takedown**
2.00 **Lords of War** A look into one of World War Two's most expensive weapons.
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Swamp People**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Mountain Men** Double bill.
4.00 **Rust Valley Restorers** Mike restores a 1968 Beaumont.
5.00 **Pawn Stars** An antique heater gets Chum's temperature rising.
6.00 **American Pickers** A property in Arizona with steam engines.

10.00 Ancient Aliens

7.00 **Forged in Fire** Two bladesmiths head back to their home forges, where they must recreate the deadly Maasai lion spear.

8.00 **Strangest Things** A look at a perplexing and unusual metal sphere, just seven-hundredths of an inch across.

9.00 **8 Days That Made Rome** Exploring eight key days that defined the Roman Empire, beginning with the Battle of Zama.

10.00 **Ancient Aliens** New edition The mysteries of the Aztecs, who built one of the world's most feared empires.

11.00 **Secrets of the Hells Angels** Former Hells Angels Presidents provide insights into Sonny Barger, the commander of the world's infamous biker gang.
12.00 M'T **Royal Kill List**
1.00 AM **Pawn Stars** As 5.00pm.
1.55 **Mengele Unveiled**
3.05 **Forged in Fire**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys Goes to Ireland**
6.35 **Great British Railway Journeys** Triple bill.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis**
11.00 **War Factories** As 5.00pm.
12.00 NOON **Vintage Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis**
5.00 **War Factories** The exploitation of the Baku Oilfields, which led to the battle of Stalingrad.
6.00 **Vintage Antiques Roadshow**

8.00 Warbird Workshop

7.00 **Great American Railroad Journeys** Michael Portillo examines the history of the American rail network.

8.00 **Warbird Workshop** Engineers rebuild a US Army Air Force C47 that dropped paratroopers on D-Day.

9.00 **Porridge** Fletcher helps new inmate Godber settle in to prison life. **9.40** Betting fever sweeps Slade Prison, but it is not long before the stakes rise too high. **10.20** Fletcher helps cellmate Godber make it through the night.

11.00 **Bangers & Cash** Derek gets a tour of Hadlow Castle in Kent when he arrives to collect the owner's pre-war Alvis.
12.00 M'T **Retro Electro Workshop** Shamil buys an '80s Atari, which is a more complex fix than it first appears.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Giro D'Italia Highlights**
8.00 **Shed and Buried**
9.00 **The Repair Shop** Electronics expert Mark and bookbinder Chris fix up a radio hidden inside a book. **10.00** Musical expert David attempts to bring a beloved pump organ back to life.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Becky Watts.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Gary Nelson.
8.00 **Murder on CCTV**
9.00 **The Playboy Murders** New edition
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Caroline Crouch: A Faking It Special**
1.00 AM **Boris Johnson: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **The Black Widow Murders** A voice from beyond the grave helps investigators solve a crime after a Sunday school teacher loses two husbands in a row.
8.00 **Murder She Solved** Detectives investigate when a young woman is murdered in broad daylight by a predator.
9.00 **Storm of Suspicion** New edition A woman is found dead in the woods behind her home.
10.00 **Secrets of a Psychopath** An investigation into Elaine's murder begins and police discover an obsessive relationship.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **Secrets of a Psychopath**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** The capture of American serial child murderer John Joubert. **4.30** A sex offender and murderer attacks in a terrifying rage. **5.00** A look at computer image enhancement in forensic science. **5.30** A 77-year-old on a road trip is attacked by a thief and shot to death. **6.00** A housewife is found dead, but police initially rule out foul play. **6.30** A college student is stabbed to death in her own apartment.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Forensics: Catching...**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **The Girl on the Milk Carton** Double bill.
12.20 AM **World's Most Evil...**
1.20 **Killer in My Village**
2.15 **Murder Uncut**
3.10 **Love You to Death**
4.05 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Immortal Egypt...**
9.20 **Henry VIII's Enforcer: The Rise and Fall of Thomas Cromwell**
10.30 **Dad's Secret War: France 1944**
11.45 **Italy's Invisible Cities**
1.00 PM **Immortal Egypt...**
2.20 **Henry VIII's Enforcer: The Rise and Fall of Thomas Cromwell**
3.30 **Dad's Secret War: France 1944**
4.45 **Italy's Invisible Cities**
5.55 **Immortal Egypt with Joann Fletcher**
7.15 **Henry VIII's Enforcer: The Rise and Fall of Thomas Cromwell**
8.20 NEW **Dad's Secret War: France 1944**
9.35 **Italy's Invisible Cities**
10.55 **Henry VIII's Enforcer: The Rise and Fall of Thomas Cromwell**
12.00 M'T **Dad's Secret War: France 1944**
1.15 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Gregory Peck**
8.00 **The Directors** The life and career of actor Orson Welles.
9.00 **Urban Secrets**
12.00 NOON **Pee-Wee As Himself**
4.00 PM **The Directors**
5.00 **Discovering: Gregory Peck**
6.00 **100 Foot Wave** The waters in Nazaré prove devastating. **7.00** Tony finally gets an opportunity to compete.
8.00 **David Frost Vs** A look back at the journalist's interviews concerning the Middle East.
9.00 **FILM Touching the Void** Dramatised documentary based on the book by Joe Simpson. In 1985, two mountaineers set out to climb the previously unscaled west face of Siula Grande in Peru. (2003, 15, 106min) ★★★★★
11.00 **I am Richard Pryor**
12.50 AM **Adam Hills: Foot Fault**
2.00 **100 Foot Wave**
3.00 **Documentary Feature**
5.00 **to 6.00** AM **Discovering: Gregory Peck**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Deep in the Heart**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand**
9.00 **Survival of the Beast**
10.00 **Mysteries of the Mekong** The wildlife of Vietnam, the final country on the Mekong's journey.
11.00 **Deep in the Heart** A celebration of Texan wildlife.
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **Wildlife Rescue New Zealand**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Sand**
9.00 **Hitler's Engineers**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Egypt's Unexplained Files**
2.00 **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Hitler's Engineers**
5.00 **Ultimate Mysteries**
6.00 **National Park Mysteries**
7.00 **Close Encounters Down Under** Investigating UFO sightings in New South Wales.
8.00 **Greatest Heists with Pierce Brosnan** Gardner Museum Heist.
9.00 **The Rise and Fall of Pablo Escobar** A look into the search for Pablo Escobar as told by US Drug Enforcement Administration agents.
11.00 **Sex: A Bonkers History**
12.00 M'T **Ancient Aliens**
2.00 AM **Al Murray: Why Does Everyone Hate the English?**
3.00 **Empire Builders**
4.00 **Close Encounters Down Under**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown** Martin Decker.
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Killer in Plain Sight**
3.00 **Murdertown** Rosie Darbyshire.
4.00 **Buried in the Woods: Secrets of the Hollywood Hills**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** True-crime.
8.00 **Killer in Plain Sight**
9.00 **NEW SERIES Fugitives Caught on Tape** Double bill.
10.00 **Undercover: Caught on Tape**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Files**
2.30 **Interrogation Cam**
3.00 **Green Eyed Killers**
4.00 **Murdertown** Rosie Darbyshire.
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **National Parks: USA**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **The Last Orangutan Eden**
3.00 **America's Wild Southwest**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** The zoo hopes for a polar-bear pregnancy.
8.00 **Mega Piranha** Investigating piranhas in the Amazon Basin.
9.00 **Return of the Hunters** After 30 years of war, Gorongosa National Park in Mozambique is being restored.
10.00 **Alaska: The Next Generation** Temperatures drop to new lows.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Revealed: Humayun's Tomb** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Revealed: Humayun's Tomb** Exploring the world of the early Mughal Empire.
9.00 **Secrets Underground** A train filled with stolen Nazi gold said to be hidden in Poland.
10.00 **How Do They Do It?** A look into how tunnels are built. **10.30** Pistachio production.
11.00 **The 1980s: The Deadliest Decade** Linda Culbertson.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Bill**
9.35 **Doctor Who** Four episodes.
11.50 **Parkinson** Four editions.
4.55 PM **Doctor Who** *The Daemons – Part Two:* 22/25. The Master sends Azal to destroy the Doctor. **5.30** *The Daemons – Part Three:* 23/25. The villagers become terrified when they mistake the Daemon for the devil. **6.05** *The Daemons – Part Four:* 24/25. Jo and Yates are offered as sacrifices. **6.40** *The Daemons – Part Five:* 25/25. The Doctor takes on the Master in Devil's End. (S8)
7.10 **Parkinson** Featuring guests Kevin Spacey, Lenny Henry and Donny Osmond. **8.30** With Jeremy Clarkson, Neil Morrissey and Denise Van Outen. **9.50** Featuring guests Des O'Connor, Matthew Perry and Hugh Jackman. **11.00** With Helen Mirren, Jo Brand and Cilla Black.
12.20 AM **Doctor Who**
2.40 **to 6.00** AM **Parkinson**

+1 hour 266 376

ID

154 141 166

8.00 AM **Killer Unknown**
9.00 **A Killer's Mistake**
11.00 **Obsession: Dark Desires**
1.00 PM **Reasonable Doubt**
3.00 **Mean Girl Murders**
5.00 **Murder in the Heartland**
7.00 **I'd Kill for You** A marriage concealing deceit and danger. **8.00** Recounting how temptation and greed later led a New Orleans police officer down a dark and deadly path.
9.00 **Lost Women of Highway 20** When 13-year-old Rachanda Pickle goes missing, suspicion falls on her father. **10.00** Detectives discover that Rachanda's disappearance connects to other crimes. **11.00** Detectives are close to nabbing their suspect.
12.00 M'T **The Playboy Murders** The story of Paula Sladewski. **1.00** AM Melonie Haller heads to a party in the Hamptons that takes a violent turn.
2.00 AM **Murder in the Heartland**
4.00 **to 6.00** AM **I'd Kill for You**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Motoring series.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers: Dream Car**
3.00 **World's Greatest Motorcycle Rides** From St Petersburg.
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Last Chance Garage**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** From Johannesburg.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Shed and Buried: Classic Cars** A Model A Ford pickup.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

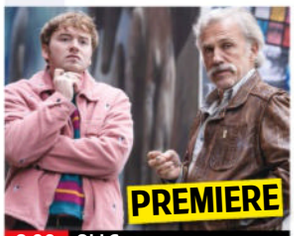
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Bookworm** As 3.45am.
8.50 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
10.45 **The Wild Robot** As 6.10pm.
12.35 PM **PREMIERE Old Guy**
2.20 **Speak No Evil** As 11.45pm.
4.20 **Beetlejuice Beetlejuice** Comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
6.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★



8.00 Old Guy

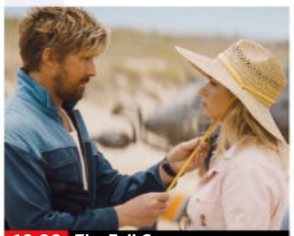
8.00 **PREMIERE Old Guy** Comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. (2024, 15, 94min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **A Different Man** Thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. (2024, 15, 112min)
11.45 **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★
1.45 AM **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★
3.45 **Bookworm** Comedy starring Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★
5.40 **to 7.15** AM **Sneaks** Animation. (2025, PG, 92min) ★★

Sky Cinema Blockbusters

303 303 403 503 517

6.20 AM **Hancock** Action comedy. (2008, 12, 92min) ★★★
7.55 **Mission: Impossible II** (2000)
10.05 **Mean Girls** As 5.20am.
12.00 NOON **Meg 2: The Trench** Action adventure sequel. (2023, 12, 115min) ★★★
2.00 PM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
4.00 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★



10.00 The Fall Guy

8.00 **Twisters** Disaster sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
2.10 **Mission: Impossible II** Thriller sequel starring Tom Cruise. (2000, 15, 124min) ★★★
4.25 **Sky Cinema Preview**
5.20 **to 6.15** AM **Mean Girls** Musical starring Angourie Rice. (2023, 12, 112min) ★★★

Sky Cinema Pride

310 310 410 510 524

6.00 AM **Problemista** As 2.20pm.
8.00 **The Persian Version** As 4.10pm.
10.00 **Wildhood** As shown at 3.50am.
11.50 **The Glorias** As 12.40am.
2.20 PM **Problemista** Comedy. (2024, 15, 104min) ★★★
4.10 **The Persian Version** Comedy drama. (2023, 15, 107min) ★★★
6.00 **Spoiler Alert** Comedy starring Jim Parsons and Ben Aldridge. (2022, 15, 112min) ★★★
8.00 **Am I OK?** Romantic comedy drama starring Dakota Johnson and Sonoya Mizuno. Two friends face a test when one of them embarks on a personal journey. (2022, 15, 86min) ★★★
9.30 **The Parenting** Horror starring Nik Dodani. A couple rent a house for a weekend with their parents, but then discover it's inhabited by a poltergeist. (2025, 15, 94min) ★★★
11.10 **The Man with the Answers** Drama. (2021, 12, 80min) ★★★
12.40 AM **The Glorias** Biopic drama. (2020, 12, 139min) ★★★
3.20 **The Cinema List: Black British Actors**
3.50 **Wildhood** Drama with Steve Lund. (2021, 15, 108min) ★★★
5.50 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **Aeon Flux** As 12.40am.
7.50 **The Collector** As 10.30pm.
9.55 **Dune: Part Two** Drama sequel. (2024, 12, 166min) ★★★★★
12.40 PM **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
2.30 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
4.20 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
6.25 **Paranormal Activity: The Ghost Dimension** Horror sequel starring Chris J Murray. (2015, 15, 88min) ★
8.00 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.30 **The Collector** Thriller starring Terence Stamp and Samantha Eggar. A disturbed young butterfly collector kidnaps a beautiful art student. (1965, 15, 119min) ★★★
12.40 AM **Aeon Flux** Sci-fi action thriller starring Charlize Theron. (2005, 15, 93min) ★★
2.25 **Abigail** Horror thriller. (2024, 18, 105min) ★★★★
4.25 **to 6.20** AM **Ex Machina** Drama starring Domhnall Gleeson. (2014, 15, 104min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

6.15 AM **The Swan Princess**
7.50 **Hook** Fantasy. (1991, U) ★★★
10.15 **NeverEnding Story** Fantasy. (1984, U, 94min) ★★★
12.05 PM **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
1.50 **Stardust** As 9.00pm.
4.00 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★
5.40 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
7.20 **Shrek the Third** Animated sequel. (2007, U) ★★★★

4.00 Shrek

Shrek the Third (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

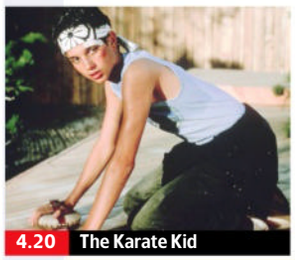
9.00 **Stardust** Comedy adventure starring Claire Danes and Charlie Cox. A man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. With Michelle Pfeiffer. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
12.40 AM **The Adventures of Baron Munchausen** Fantasy. (1988, PG, 126min) ★★★★
2.55 **The Swan Princess** Animation. (1994, U, 89min) ★★★
4.35 **to 6.00** AM **The Swan Princess: The Secret of the Castle** Animated adventure sequel. (1997, U, 89min) ★★

Sky Cinema Karate Kid

307 307 407 507 521

6.00 AM **The Karate Kid** (1984)
8.10 **The Karate Kid Part II**
10.05 **The Karate Kid: Part III**
12.00 NOON **The Next Karate Kid**
1.55 PM **The Karate Kid** (201)
4.20 **The Karate Kid** Martial arts adventure with Ralph Macchio and Noriyuki 'Pat' Morita. (1984, 12, 127min) ★★★★
6.30 **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio. (1986, PG, 113min) ★★



4.20 The Karate Kid

8.30 **The Karate Kid: Part III** Martial arts adventure sequel starring Ralph Macchio as young karate champion Daniel LaRusso and his mentor Mr Miyagi, who tangle with their old enemy. With Noriyuki 'Pat' Morita. (1989, PG, 111 min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Next Karate Kid** Martial arts sequel starring Noriyuki 'Pat' Morita and Hilary Swank. A rebellious teenage girl is taken under the wing of a wise karate instructor. (1994, PG, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Karate Kid** Martial arts family drama with Jaden Smith, Jackie Chan, Taraji P Henson and Wenwen Han. (2010, PG, 140min) ★★★
2.45 **The Karate Kid** As 4.20pm.
4.55 **to 6.55** AM **The Karate Kid Part II** As shown at 6.30pm.

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Fletch** As 11.50pm.
8.35 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
10.35 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
12.30 PM **Shakespeare in Love** Comedy. (1998, 15) ★★★★
2.45 **Am I OK?** Romantic comedy. (2022, 15, 86min) ★★★
4.20 **Tropic Thunder** War comedy. (2008, 15, 107min) ★★★★
6.20 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★

10.05 The Boss

8.00 **Being John Malkovich** Surreal comedy starring John Cusack, Cameron Diaz and Catherine Keener. A frustrated puppeteer turned filing clerk finds a portal into the mind of actor John Malkovich. (1999, 15, 112min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Boss** Comedy with Melissa McCarthy and Kristen Bell. A disgraced entrepreneur looks to launch a comeback with the reluctant help of her former assistant. (2015, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Fletch** Comedy starring Chevy Chase and Joe Don Baker. (1985, PG, 96min) ★★★
1.35 AM **The Back-Up Plan** Comedy starring Jennifer Lopez. (2010, 12, 100min) ★★
3.30 **Sasquatch Sunset** Comedy. (2024, 15, 88min) ★★★★
5.05 **to 6.55** AM **Tropic Thunder**

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **TBA**
8.00 **Ruthless** (2023, 15) ★★★
9.45 **Caddo Lake** Crime thriller. (2024, 12, 99min) ★★★
11.35 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
1.25 PM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
4.10 **Retribution** Action thriller. (2023, 12, 91min) ★★
5.55 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★

10.40 True Romance

8.00 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain. After the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for the al-Qaida leader. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **True Romance** Thriller starring Christian Slater and Patricia Arquette as a couple on the run from mobsters pursuing a $5million stash of cocaine. (1993, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
3.00 **Machete** Action thriller. (2010, 18, 104min) ★★★
5.00 **to 7.15** AM **To Catch a Killer** Thriller with Shailene Woodley. (2023, 15, 119min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Born Free** Adventure. (1965, U, 95min) ★★★★
12.55 PM **Gunman's Walk** Western. (1958, PG, 95min) ★★
2.45 **Gideon of Scotland Yard** Drama. (1958, PG, 91 min) ★★
4.35 **Prince Valiant** Adventure. (1954, PG, 100min) ★★★
6.35 **The Karate Kid** Martial arts adventure with Ralph Macchio and Noriyuki 'Pat' Morita. (1984, 12, 127min) ★★★★

9.00 Deadpool 2

The Karate Kid (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Old** M Night Shyamalan's horror with Gael Garcia Bernal, Vicky Krieps, Rufus Sewell and Thomasin McKenzie. (2021, 15, 108min) ★★
1.30 **to 3.45** AM **The Thing** John Carpenter's remake of the 1951 sci-fi thriller, starring Kurt Russell, Richard Dysart and Wilford Brimley. (1982, 18, 108min) ★★★★

+1hour 314 430 47 301 257

8 PM **9 PM** **10 PM** **11 PM**

Sky Cinema Romance

302 302 402 502 516

6.00 AM **What Happens Later** Comedy. (2023, 15, 99min) ★★★
7.50 **Book of Love** As 3.35am.
9.40 **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
11.20 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
1.00 PM **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
2.40 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
4.20 **Wimbledon** Romantic comedy. (2004, 12, 98min) ★★★
6.00 **How to Lose a Guy in 10 Days** Comedy starring Kate Hudson and Matthew McConaughey. (2003, 12, 116min) ★★★
8.00 **Anyone But You** Romantic comedy with Sydney Sweeney. (2023, 15, 103min) ★★★★
9.45 **Crazy Rich Asians** Comedy with Henry Golding and Constance Wu. (2018, 12, 120min) ★★★★
11.50 **The Five-Year Engagement** Romantic comedy with Jason Segel. (2012, 15, 119min) ★★★
1.55 AM **Just Friends** As 1.00pm.
3.35 **Book of Love** Comedy. (2022, 12, 106min) ★★★
5.25 **to 7.00** AM **My Big Fat Greek Wedding 3** As 11.20am.

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Rashomon** As 4.50am.
7.30 **Marnie** As shown at 12.25am.
9.55 **Serpico** As 2.40am.
12.20 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
2.30 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
4.40 **Friendship's Death** Sci-fi thriller. (1987, 15, 78min) ★★★
6.10 **Congo** Adventure starring Laura Linney. (1995, 12, 108min) ★★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. (1982, 15, 130min) ★★★★★
10.00 **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan as an ambitious scientist who uses a mentally-impaired gardener as a guinea pig in his virtual reality experiments. (1992, 15, 105min) ★★★
12.25 AM **Marnie** Hitchcock's thriller. (1964, 15, 130min) ★★★★
2.40 **Serpico** Fact-based crime drama starring Al Pacino, John Randolph and Cornelia Sharpe. (1973, 18, 130min) ★★★★
4.50 **to 6.20** AM **Rashomon** Akira Kurosawa's Japanese period drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **Dragon Rider** As 5.30am.
7.40 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
9.15 **The Garfield Movie** Animation. (2023, U, 101 min) ★★★
11.00 **Antz** As shown at 7.40pm.
12.35 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.15 **Transformers One** Animated family sci-fi fantasy adventure. (2024, PG, 104min) ★★★★
4.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
5.50 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.40 **Antz** Animated comedy. (1998, PG, 83min) ★★★
9.10 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
10.50 **Curious George** Animation. (2006, U, 87min) ★★★★
12.20 AM **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
1.40 **The Inseparables** Animation. (2023, U, 90min) ★★★
3.15 **Canterville Ghost** Animation. (2023, PG, 89min) ★★
4.45 **Sky Cinema Preview**
5.30 **to 7.05** AM **Dragon Rider** Animated family adventure. (2020, PG, 91 min) ★★★

Movies 24

312 313 419

7.00 AM **The Real West** Romantic comedy. (2024, PG, 84min) ★★
9.00 **Love and the Radio Star** Comedy. (2022, PG, 90min) ★★
11.00 **Sweeter Than Chocolate** Comedy. (2023, PG, 84min) ★★
1.00 PM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **The Marry Me Pact** Romantic comedy starring Meggan Kaiser. (2023, PG, 88min) ★★
5.00 **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
7.00 **Hidden Gems** Romantic comedy starring Hunter King. A woman rediscovers her love of the sea while searching for her grandmother's ring in Hawaii. (2022, PG, 85min) ★★
9.00 **Journey to You** Drama starring Erin Cahill. A nurse takes her first holiday in years, walking the Camino de Santiago pilgrimage where her parents first met. (2025, PG, 84min) ★★
11.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
1.00 AM **My Dreams of You** Drama. (2024, PG, 120min) ★★
3.00 **to 5.00** AM **Two Tickets To Paradise** (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Case of Charles Peace** Biopic. (1948, b/w, 12, 88min) ★★
7.45 **The Madame Gambles** Comedy. (1951, b/w, U, 80min) ★★
9.25 **Four Star Theatre** 28/38. (S3)
9.55 **I Remember Mama** Drama. (1948, b/w, U, 134min) ★★★★
12.30 PM **Mon Oncle** French drama. Subtitled. (1958, U, 117min) ★★
2.45 **Look at Life** Documentary.
3.00 **The Writing on the Wall**
3.45 **Miss Robin Hood** Comedy. (1952, b/w, U, 78min) ★★
5.15 **The Ghost Goes West** Fantasy. (1935, b/w, PG, 85min) ★★
6.55 **The Disappearance of Flight 412** Sci-fi mystery with Glenn Ford. (1975, U, 72min) ★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 12/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Demons of the Mind** Horror. (1971, 18, 89min) ★★★
11.55 **Cellar Club with Caroline Munro**
12.00 M'T **Confessions of a Driving Instructor** Comedy. (1976, 18) ★
1.45 AM **The Whole Truth** Drama. (1958, b/w, PG, 85min) ★★
3.25 **The Diamond Wizard** (1954)
5.05 **A Lifetime Ago with the Baim Collection**
5.30 **to 6.00** AM **Time to Remember**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories and a tip on today's racing.
10.00 **Sky Sports News** Round-up of the latest news with live analysis, comment and extended interviews.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM **LIVE Women's International One-Day Cricket England v West Indies.** Coverage of the first ODI in the three-match series from the County Ground, Derby. The last time these two sides met in a white-ball match was at the T20 World Cup in October last year, as a poor performance from England saw the visitors win a group game by six wickets. That result knocked England out of the tournament at the group stages and put further pressure on former captain Heather Knight.
9.00 **LIVE US Women's Open Golf** Coverage of the second day of the second Major of the year staged at Erin Hills in Wisconsin.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
8.30 **Best PL Goals 2018/19**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Retro** Manchester City v Manchester United from 2018.
5.00 **Premier League Best Goals** A look at the 2020/21 season.
6.00 **PL 100: Petr Cech** A look at the former goalkeeper's career.
6.30 **PL 100: Paul Scholes** An interview with ex-Manchester United midfielder Paul Scholes.
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.30 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.30 **Premier League Icons** A profile of midfielder Yaya Toure.
11.00 **Premier League Years** A look back at the 2022/23 campaign.
1.00 AM **PL Retro** Manchester United v Manchester City at Old Trafford.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **SPFL Highlights**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2023/24**
11.30 **EFL Trophy** The 2023/24 final.
12.00 NOON **Retro League One**
2.45 PM **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Bundesliga** Season review.
6.00 **SPFL Highlights**
7.30 **Best Scottish Premiership Goals 2024/25** A look at the finest strikes of the season.
8.00 **Bundesliga** Ruhr Valley.
8.30 **WSL: End of Season Special**
9.00 **Women's Championship Show**
9.30 **Championship Season Review** A look back at the 20/21 season.
10.30 **EFL Rivalries** The rivalry between Birmingham City and Aston Villa.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** A replay of Derby County v West Bromwich Albion.
2.00 AM **Best Goals: EFL Cup 23/24**
2.30 **EFL Trophy** The 2023/24 final.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
7.00 **One-Day International Cricket**
8.00 **Best of England v Windies**
9.00 **One-Day International Cricket**
10.00 **Talking Cricket**
10.30 **The Boy From Baracara**
11.00 **One-Day International Cricket**
12.00 NOON **Best of ICC WT20**
12.30 PM **LIVE Women's International One-Day Cricket England v West Indies.** Coverage of the first ODI in the three-match series from the County Ground, Derby. The last time these two sides met in a white-ball match was at the T20 World Cup in October last year, as a poor performance from England saw the visitors win a group game by six wickets. That result knocked England out of the tournament at the group stages.
9.00 **The Boy from Baracara**
9.30 **Talking Cricket**
10.00 **Best of England v Windies**
11.00 **Women's International One-Day Cricket**
12.00 M'T **Test Cricket**
4.00 AM **Women's International One-Day Cricket**
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
9.00 **US Women's Open**
10.00 **Legends Tour**
11.00 **US Women's Open**
12.00 NOON **LIVE DP World Tour** Coverage of day two of the Austrian Alpine Open at Gut Altentann Golf Club in Salzburg.
5.00 PM **LIVE PGA Tour** Day two of the Memorial Tournament from Muirfield Village Golf Club in Dublin, Ohio, where Scottie Scheffler was victorious last year.
11.00 **LIVE US Women's Open** Coverage of the second day of the second Major of the year staged at Erin Hills in Wisconsin.
1.00 AM **Golf Academy**
2.00 **US Women's Open**
3.00 **PGA Tour** Highlights.
4.00 **US Women's Open**
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis** Miami Open.
9.30 **WTA Tennis** Highlights.
10.00 **ATP Tennis** Recent finals.
1.00 PM **WTA Tennis** Highlights.
2.30 **ATP Tennis** Recent finals.
5.30 **WTA Tennis** Merida Open. **6.30** Madrid Open review.
7.00 **ATP Tennis** Miami Open final.
8.00 **WTA Tennis** Miami Open.
9.00 **ATP Tour This Week**
9.30 **ATP Tennis** Rio de Janeiro Open.
10.30 **WTA Tennis** Merida Open final.
11.30 **WTA Tennis** A review of the Internazionali BNL d'Italia.
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: Men's Giro d'Italia Highlights** Action from the 18th stage of the tournament.
7.00 **Discovery Golf** Featuring the latest news from the world of golf.
7.30 **TNT Sports Reload** The best bits from TNT Sports over the last week, including exclusive interviews and the best action.
8.00 **French Open** Action from the fifth day of the tournament.
9.30 **Court Side** Analysis ahead of the sixth day of the tournament.
10.00 **LIVE French Open** Coverage of the opening day of round three of the tournament staged at Stade Roland Garros in Paris.
4.00 PM **LIVE French Open** Further coverage of the opening day of round three of the tournament at Stade Roland Garros in Paris.
11.00 PM **French Open** Action from the sixth day of the tournament.
12.30 AM **NBA Action** A round-up of the latest action from the NBA.
1.00 **NBA on Fire** The latest news from the world of the NBA.
1.30 **LIVE NBA** Coverage of a Conference final match.
4.00 **French Open** The sixth day.
5.30 **to 6.00** AM **Serie A: Full Impact**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **Formula E Highlights**
9.00 **LIVE Formula E** The Shanghai ePrix first free practice session at Shanghai International Circuit.
10.00 **TNT Sports Reload**
10.30 **LIVE AFL Collingwood Magpies v Hawthorn Hawks.** Coverage from Melbourne Cricket Ground. Bounce-up **10.40am**.
1.30 PM **MLB Highlights**
2.30 **British Speedway**
3.30 **NBA** A Conference final.
5.00 **NBA on Fire** The latest news.
5.30 **UEFA Conference League**
7.00 **UEFA Champions League**
7.30 **Premier League Stories**
8.30 **Premier League Review**
9.30 **LIVE Grand Slam Track Athletics** The first day of the third round of the competition at Franklin Field, Philadelphia.
11.30 **Discovery Golf**
12.00 M'T **Ultimate Pool**
1.30 AM **One Day International Cricket** Ireland v West Indies.
2.30 **AFL** Magpies v Hawks.
4.00 **to 7.00** AM **LIVE AFL Gold Coast Suns v Fremantle Dockers.** From People First Stadium. Bounce-up **4.20am**.

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Highlights.
8.00 **LIVE Super Rugby Highlanders v Chiefs.** From Forsyth Barr Stadium in Dunedin, New Zealand. Kick-off **8.05am**.
10.00 **Super League Highlights**
10.30 **LIVE Super Rugby Brumbies v Crusaders.** From GIO Stadium. Kick-off **10.35am**.
12.30 PM **Super League Highlights**
1.00 **Good Morning Football**
3.00 **Fight Night International**
4.00 **NFL Highlights**
5.00 **NFL Bitesize Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 **LIVE Super League Hull Kingston Rovers v St Helens.** Coverage of the match in the 13th round of fixtures at Sewell Group Craven Park. Kick-off **8.00pm**.
10.15 **Women's State of Origin**
10.30 **Super League Highlights**
11.30 **One Championship Weekly**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
4.00 **Fight Night** Buatsi v Azeez.
5.00 **Super League Highlights**
5.35 **to 7.35** AM **LIVE Super Rugby Blues v Waratahs.** Coverage from Eden Park in Auckland, New Zealand. Kick-off is at **5.35am**.

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live**
12.30 PM **LIVE PGA Tour Golf** Coverage of day two of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio, where Scottie Scheffler was victorious last year. The golfer finished one stroke clear of fellow American Collin Morikawa to end on eight-under-par and claim his first win at this event.
6.25 **LIVE Vitality T20 Blast Cricket Somerset v Surrey.** Coverage of the South Group match at the Cooper Associates County Ground in Taunton. These teams met in the semi-finals last year, with Somerset prevailing by six wickets at Edgbaston, but losing out to Gloucestershire in the final.
9.45 **Best of T20 Blast Finals Day** A look back at the best ever finals.
10.00 **Sky Sports News at Ten** Round-up of the day's sports news, featuring interviews and highlights.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's State of Origin**
8.00 **State of Origin Rugby League**
9.00 **Premier League Darts**
1.00 PM **PDC Classics** Archive action.
3.00 **Formula 1** Monaco Grand Prix.
4.00 **US Women's Open Golf**
5.00 **LIVE US Women's Open Golf** Coverage of the second day of the second Major of the year staged at Erin Hills in Wisconsin.
1.00 AM **Women's State of Origin**
2.00 **State of Origin Rugby League**
3.00 **to 6.00** AM **Super League**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Lewis's Secret Cinema**
6.30 **Formula 1** Monaco Grand Prix.
7.30 **F1 Features**
8.50 **LIVE Formula 3** The Spanish Grand Prix practice session.
9.45 **Formula 1** Season highlights.
10.00 **LIVE Formula 2** The Spanish Grand Prix first practice session.
11.00 **Formula 1** Highlights.
11.15 **F1 Drivers Press Conference**
12.00 NOON **LIVE Formula 1** Spanish Grand Prix first practice session.
2.00 PM **LIVE Formula 3** The Spanish Grand Prix qualifying session.
2.45 **Formula 1** Highlights.
2.55 **LIVE Formula 2** The Spanish Grand Prix qualifying session.
3.40 **LIVE Formula 1** The Spanish Grand Prix second practice session.
5.15 **The F1 Show** Spanish Grand Prix.
6.15 **Chasing the Dream**
6.35 **Formula 1** Highlights.
7.00 **The F1 Show** Spanish Grand Prix.
8.00 **LIVE Indycar** Chevrolet Detroit Grand Prix first practice session.
9.30 **The F1 Show**
10.30 **Formula 1** Recent highlights.
1.15 AM **Chasing the Dream**
1.35 **Formula 1** Highlights.
2.00 **to 6.00** AM **The Home of F1**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
6.30 **UEFA Conference League**
8.00 **Premier League Netbusters**
8.30 **The Fantasy Show**
9.00 **MotoGP Highlights**
10.00 **Cycling: Men's Giro d'Italia**
11.00 **LIVE Cycling: Men's Giro d'Italia** The 19th stage in Italy.
5.00 PM **Discovery Golf**
5.30 **MLB** All the latest action.
7.00 **LIVE MLB Chicago Cubs v Cincinnati Reds.** From Wrigley Field. Start-time is at **7.20pm**.
10.15 **MLB: Off the Bat**
10.45 **Premier League Reload**
11.00 **Cycling: Men's Giro d'Italia**
12.00 M'T **TNT Sports Reload**
12.30 AM **Formula E Flashback**
1.00 **LIVE Formula E** The Shanghai ePrix second free practice session.
2.00 **Serie A – Full Impact**
2.30 **TNT Sports Reload**
3.00 **LIVE Formula E** Shanghai ePrix.
5.00 **Formula E Flashback**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **MLB Plays of the Week**
6.30 **NWSL** Recent highlights.
8.30 **IFSC Climbing World Cup Highlights** From Salt Lake City.
9.30 **Court Side** Day six preview.
10.00 **LIVE French Open** Coverage of the first day of round three staged at Stade Roland Garros in Paris.
3.00 PM **LIVE French Open** Further coverage of the first day of round three at Stade Roland Garros.
8.00 PM **MLB: Off the Bat**
8.30 **NBA on Fire** The latest news from the world of the NBA.
9.00 **AFL** A replay of Collingwood Magpies v Hawthorn Hawks.
10.30 **NBA on Fire** The latest news.
11.00 **MotoGP Highlights** Action from the British Grand Prix.
12.00 M'T **UEFA Conference League**
1.30 AM **French Open** The sixth day.
3.00 **Discovery Golf**
3.30 **Cycling: Men's Giro d'Italia**
4.30 **Men's Cycling Pro Series**
5.30 **to 6.00** AM **Discovery Golf**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** From Whilton Mill.
9.00 **Michelin Le Mans Cup**
9.30 **Trail Menorca** Highlights.
10.00 **World Surf League**
11.00 **LaLiga Highlights**
12.00 NOON **NASCAR Highlights**
1.00 PM **DTM Highlights**
2.00 **Top 14 Rugby Union Highlights**
2.30 **UK Independent Kart Racing**
4.00 **Scottish Football Social Club**
5.00 **World Surf League** Action from the Rip Curl Pro Bells Beach.
6.00 **URC in 60** Recent highlights.
7.00 **LIVE United Rugby Championship** Coverage of the first quarter-final.
10.00 **DTM Highlights**
11.00 **Transworld Sport** Magazine.
12.00 M'T **Scottish Football Social Club** The latest news and results.
1.00 AM **Top 14 Rugby Union**
1.30 **UK Independent Kart Racing**
3.00 **NASCAR Highlights**
4.00 **to 6.00** AM **DTM Highlights**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Scottish Cup Football**
8.30 **Football's Greatest**
9.00 **NHL Ice Hockey**
11.00 **Champions Cup** Northampton Saints v Bordeaux Begles.
1.00 PM **Temples of Sport**
2.00 **LaLiga News**
2.30 **GP Confidential** F1 news.
3.00 **LaLiga** Spanish top-flight game.
5.00 **EPCR Challenge Cup** Another chance to see the final.
7.00 **FastZone** Motorsports highlights.
7.30 **LaLiga** Spanish top-flight match.
9.30 **GP Confidential** All the latest Formula One news.
10.00 **NHL Ice Hockey** Another chance to see a play-off match.
12.00 M'T **Temples of Sport** Iconic sporting venues.
12.30 AM **NHL: This is Hockey**
1.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **to 6.00** AM **Football's Greatest**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

Lulu Is a Rhinoceros

Available from Friday, Apple TV+

Based on a children's book by father and daughter Jason and Allison Flom, this musical animated special is about a lovable character called Lulu, who may look like a bulldog to everyone on the outside, but when Lulu looks in a mirror, she sees a rhinoceros!

And so Lulu sets off on an adventure to unleash her true identity, spreading kindness and learning that if she believes it enough, she can be whoever and whatever she wants to be.

A lovely story about diversity and acceptance.

Shaun the Sheep

Saturday, 3.30pm, BBC1, CBBC & BBC iPlayer

This year marks 30 years since we first met Shaun the Sheep in *Wallace & Gromit: A Close Shave*. To mark the momentous occasion, we're being treated to a seventh series of *Shaun the Sheep*, which kicks-off this weekend with a special double episode, before the series proper airs weekdays at 7am, on CBBC.

Shaun the Sheep fans have plenty to look forward to, as a new film, *The Beast of Mossy Bottom* is also in the works – and is due to be released next year.

More great shows to watch this week...

Space Explorers NEW

Weekdays, 9am, Milkshake! on 5

Viewers are invited on board the Milkshake! rocket with Captain Olivia to explore space. First stop is the Moon – to learn why sometimes we can see the whole of the moon and sometimes only part of it.

The Summer I Turned Pretty

S1-2 available now, Prime Video

As half term can be the perfect time for a bingewatch, how about catching up on this teenage drama before series three drops this summer?

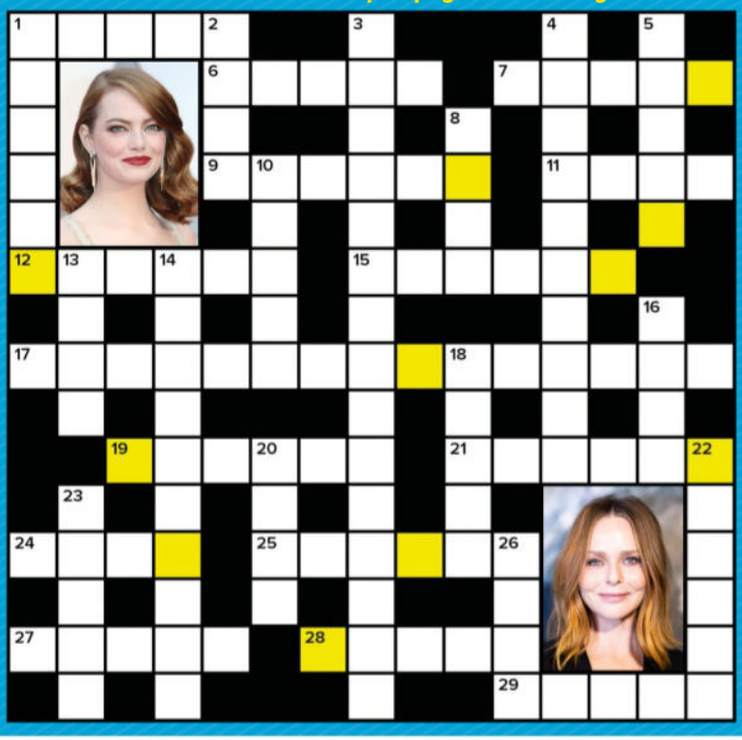
Rubble & Crew

Weekdays, Milkshake! on 5

New adventures of the *PAW Patrol* spin-off, featuring builder pup Rubble and his construction crew. Projects for the pups include a rollercoaster and a train station.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out an English comedian (4,7). Answers at the bottom of the page – no cheating!



ACROSS

1 ----- screwdriver, gadget used in *Doctor Who* (5)
6 Actor in 1999 remake of *Psycho*, Anne ----- (5)
7 2006 comedy drama with Anne Hathaway and Emily Blunt, *The* ----- *Wears Prada* (5)
9 See picture clue: Fashion designer and activist, ------ McCartney (6)
11 Two-part film written and directed by Quentin Tarantino, ---- *Bill* (4)
12 1978 teen musical set in and around Rydell High School (6)
15 Plays Sean Tully in *Coronation Street*, ------ Cotton (6)
17 *The* ----- ----------, 2002 film starring Bill Murray and Gene Hackman (5,10)
19 ------ Washington, star of 2014 film *The Equalizer* (6)
21 *Fool Me Once* and *Our Girl* star, Michelle ------ (6)
24 British political journalist and broadcaster, Andrew ---- (4)
25 1990s ITV game show based on a popular board game (6)
27 2013 sci-fi epic starring Tom Hanks and Halle Berry, *Cloud* ----- (5)
28 *Nine Perfect Strangers* actor, ----- Keddie (5)
29 Julia Roberts film from 2004, *Mona Lisa* ----- (5)

DOWN

1 Plays Merlin in the *Kingsman* movies, Mark ------ (6)
2 Lucy Pargeter's role in ITV1 soap *Emmerdale*, ---- Dingle (4)
3 Movie roles played by Geena Davis and Susan Sarandon (6,3,6)
4 Star of 2003's *Underworld*, Kate ---------- (10)
5 Film from 2000 starring Jamie Bell, ----- *Elliot* (5)
8 Brother of Maggie and Lisa in cartoon series *The Simpsons* (4)
10 Frontman of rock band Nine Inch Nails, ----- Reznor (5)
13 BBC daytime show hosted by actor Nigel Havers, *The Bidding* ---- (4)
14 Actor in 2019 murder mystery film *Knives Out* (3,2,5)
16 See picture clue: Star of 2021's *Cruella*, ---- Stone (4)
18 Sitcom starring Téa Leoni, *The* ----- *Truth* (5)
20 US actor in 2009 comedy *The Hangover*, ---- Galifianakis (4)
22 French model and actor, ------ Lenoir (6)
23 Mary Taylor in long-running soap *Coronation Street*, ----- Clare (5)
26 Comedy from 1968 starring Lucille Ball and Henry Fonda, *Yours, Mine and* ---- (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, APPLE TV+, BBC, MILKSHAKE! ON 5.

CROSSWORD SOLUTION

ACROSS: 1 Sonic 6 Hecht 7 Devil 9 Stella 11 Kill 12 Grease 15 Antony 17 Royal Tenenbaums 19 Denzel 21 Keegan 24 Marr 25 Cluedo 27 Atlas 28 Asher 29 Smile
DOWN: 1 Strong 2 Chas 3 Thelma and Louise 4 Beckinsale 5 Billy 8 Bart 10 Trent 13 Room 14 Ana de Armas 16 Emma 18 Naked 20 Zach 22 Noemie 23 Patti 26 Ours

Coming soon

The Hack

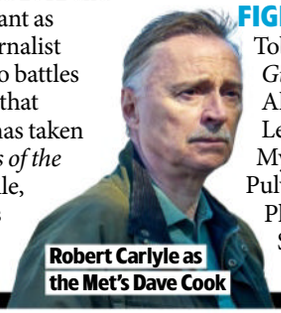
FIRST LOOK

Nick Davies (David Tennant) and Alan Rusbridger (Toby Jones)

David Tennant headlines a drama about the newspaper hacking scandal

ITV1's star-studded upcoming series *The Hack* explores the far-reaching impact of the phone-hacking controversy.

Created by Jack Thorne, the seven-part drama follows events between 2002 and 2012 and sees David Tennant as investigative journalist Nick Davies, who battles to find evidence that proves hacking has taken place at the *News of the World*. Meanwhile, Davies' inquiries are entwined with the story of former Met Police Detective Chief Superintendent Dave Cook (Robert Carlyle), who leads an investigation into the unsolved 1987 murder of private investigator Daniel Morgan.



Robert Carlyle as the Met's Dave Cook

FIGHT FOR TRUTH

Toby Jones co-stars as *The Guardian*'s one-time editor Alan Rusbridger, while Rose Leslie, Dougray Scott, Eve Myles, Katherine Kelly, Lara Pulver, Robert Bathurst, Phil Davis, Lee Ingleby, Sean Pertwee and Steve Pemberton also appear.

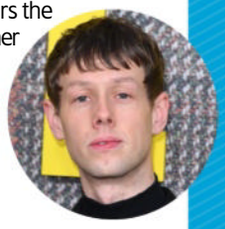
'This is a strange, deceptive piece of recent history – one with many layers. As someone who is interested in politics, I thought that I understood everything that happened. I did not,' says Thorne.

'It's a fight for the truth that really shocked me. That is why it matters to tell this story now in an age where the truth seems more in danger than ever. It is a true honour to be bringing this story to the screen. I hope we find a way to do justice to the complexity of what happened and of celebrating the incredible reporting that sits underneath it.'

WHAT'S NEXT FOR...

Josh Finan

BBC1 drama **Waiting for the Out**, adapted by Dennis Kelly from Andy West's memoir, stars the actor as a philosopher who teaches men in prison, but his own past casts a shadow. Gerard Kearns and Phil Daniels co-star.



Sean Bean

In Sky History docuseries **Original Gangsters with Sean Bean**, the actor will examine the lives of key figures in the criminal underworld from Al Capone and the Krays to the real-life Peaky Blinders.

Coming Back

Filming is under way on a two-part festive special of BBC1 drama **Call the Midwife**, which sees the gang head to Hong Kong. Meanwhile, a 15th and 16th series, a wartime prequel, and a film set overseas in 1972 are also in the works.

Ralf Little and Will Mellor will return for a second run of U&Dave's **Will & Ralf Should Know Better** as they face new challenges from performing stand-up comedy to staying in a haunted pub and orienteering.

Next week *On sale Tuesday 27 May*

St. Denis Medical

The BBC1 comedy, with Wendi McLendon-Covey, centres on staff at a struggling US hospital.

Stick

Owen Wilson in Apple TV+'s comedy about a has-been golfer who takes on a young protégé.

When Bruce Springsteen Came to Britain

BBC2 marks The Boss' first UK gig.

Mountainhead

Jesse Armstrong's Sky Atlantic satire, with Steve Carell, follows billionaires during a global crisis.

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